

[Note: conversations are sometimes summarized or edited for clarity]

Joan: We thought it would be a very good time to check in with everyone, to see how the rest of your day went yesterday and how you received that last awesome meditation.

Unlocking that 8th Dimensional Time Lock and unlocking that 8th Dimensional Light Template, even though all Iterations have not been fully unlocked and engaged -- It changes everything -- sometimes in very subtle ways. And it will take us a few days in our meditation states throughout the rest of the week and the rest of the time, as we go into our downtime. Things will occur to you that you never ever considered before.

So, each time I do that meditation, it puts me in a space where I just have to sit. That's how it has affected me. Melainah was receiving all of the downloads early on, as we were preparing for this Conference, so she's been working with it longer than I have.

Melainah: Yeah, they started taking me into it probably a couple of months ago. And they would just take me into that frequency and that was just it. If there was anybody saying anything, I couldn't retain it. They would just take me in and then come out, and I couldn't really remember anything that happened. So, they kept taking me back, over and over, almost daily -- well, it was daily. And first thing when I woke up or last thing before I went to sleep, they would take me in, bring me out. And it took going in and out of it probably several weeks before I could even begin to hold any aspect of it. And slowly it built, as I became more acclimated to it and could hold those frequencies.

Then, when they started, I could remember being in that Realm and I could remember communication happening. But it was the same thing. It took days before I could start retaining anything that was said, because it's just such a different frequency.

And then, when I finally got to the point where I received that luminous 8th Dimensional Field for myself, everything changed -- everything!

I came back and I told Joan and I said, "This has happened; I've got to take you in here, so you can experience this". And I said, "But I don't want to come back when I'm there!".....

Because it's a place we know. It resonates with our Soul. And we know it so well, and we know those beautiful Beings so well. But, in that place, there was a clear separation between being in that frequency and the world that we still operate in every day. And it's a tangible thing. And the more you go into it, the more you will be able to feel it.

I want to tell you a little bit about it. But first, we want to know does anybody want to talk about *their* experience and what *you* saw, what *you* felt?

[4:02] **Mark:** So, whatever was it was that I received during the morning, I felt that very strong the rest of the day. It was just there. That's the only way I can describe it. It was just there. I knew that I was within it and it was very powerful. Heidi and I went to the beach yesterday after this morning session. And I could feel it there. No matter where we went, it was just with me. That's the only way I can describe it.

Melainah: Well, it is a part of you. And it's just remembering, which is where we are – we're being given the Gift of remembering these other aspects of ourself.

Jody: Back years ago, I had died and come back. I wasn't gone long. But this is the closest time I've gotten to that was through that meditation yesterday. In that Nothingness but yet structure, but yet still Nothingness. And just that Joy.

I was in a pissing mood all afternoon, because it's so dense here. And I had to remind myself that, because that's what I experienced 30 years ago, same thing – is that when I did come back, it was dense, it was tough. It was like those near-death experiences. They form our life here. And so, when I went back there yesterday, it was like WOW!!!!!!

I was lucky enough, fortunate enough, to have that reference. So, I kept then recentering. And not bringing back that information. And here, just looking at it, touching it, not wanting to integrate, because they said not to draw from it. But yet, the Pathway was so quick and so clear, that I was able to get back there very easily. It eased that irritation of being in the density.

Melainah: Well, you know what's been helpful for me. And this is something that we hope that each one of you will do every day until we meet for our post-Conference meeting. But just take a few minutes every day and just center yourself and look to that furthest edge of your Field and see that luminous Radiance. And if you will just do that, because it's influencing you immediately. The moment they reconnected it, it began influencing who you are. And I'm telling you, it's going to change YOU. And you will know it within yourself. I can tell a huge difference within me. And even though I have to still operate in this world of noise, it has helped to insulate me somewhat from it. And so, just put yourself in that space at least once a day. And you will notice, by the time we meet in three weeks for our post-Conference and we will check in with you, I will expect most of you will be able to notice a shift within yourself.

Joan: [Update on posting raw audios of the Conference]

Every time you hear [this 8th Dimensional Mediation], things happen energetically. I'm here to tell you that.

[9:21] **Randy:** Yeah, two things. One comment was on the earlier information about the Torus, the Tube Torus and all the Energetics and that information – it's fascinating, because over the last two or three weeks, I've been looking at that information. I just watched that show *Black Hole* by Nassim Hamein. And then I come to the Conference and this is what we are talking about.

Joan: It's amazing how people have had energetic pushings to look at something or consider something. And then, all of a sudden we get into this Conference, and there it is!

Randy: Yeah, I know. It's just like the timing is just impeccable, as usual. That is fantastic. And then, my experience yesterday in the 8th Dimension -- fascinating. I guess one of the more powerful pieces is where, I can't remember all of it, but where we went into the 2nd Triad with the Infinity symbol. And it started to spin and rotate. And then the 13th Dimensional Being put that Blue Star in there [Diamond!]. And then it was like a download, like pictographs just hitting me. It was almost physical. That was pretty intense.

And I guess my last comment is, what is interesting is that when I'm looking to the edge of my Field with this new, or this old, Template engaged, I'm seeing almost a jet blackness with a sparkle to it. I don't know. It's just kind of how I see it. It's kind of interesting.

Melainah: Right. But we all will perceive it different. But, for me, it is this luminous Field of the sparkling, beautiful, luminous Light. But everyone will perceive it differently for sure.

[11:55] **Imhotep:** For me, it is a state of Nothingness. It is a state of ever-lasting Peace. It is a state of warmth. And it is who you ARE. And you just absorb and become that Nothingness. There is no limit. You are totally expanded. There is no limit. You ARE the All That Is. You have become the Source. And, as they say, as Melainah said, a state that you don't want to leave. And you hold that. Yesterday, the downloads, the Torus, and you experiencing yourself and the Torus holding it inside of you – some of the things that I have experienced before -- I just couldn't describe it like that. But that ton[e] of Light just flourishes within you, out of you, around you. So, as it comes in, you share it going out. And you become that Radiant Being of Light and of Love..... And you are One with the Father in you, He in me and I in you. One Source. And that's my part.

Joan: Thank you, beautiful! And yeah, we did forget that we are One.

Melainah: Beautiful! Right. And remembering that 2020 Conference, when we went deep into the Void, that Prime Directive, to Prime Creator and received that Prime Directive – we were in the Nothingness, which we were told was the Everything.

Imhotep: And that's your whole purpose. Be that Nothingness and hold that Light and be that vibration and continue to expand and grow in Light and that vibration. And there you become the Blueprint of the Kingdom of God on this Planet. For me, that is my Prime Directive.

[15:04] **Colleen:** I cannot tell you what I experienced yesterday in the meditation, because I don't remember it. I remember the feeling more than anything. And it was very powerful.

I was moved after we closed out to pick up those *Flower of Life* books again and I wanted to finish reading about the Tube Torus. When I first got the books, I wasn't able to read them too much. It was stuff way over my head. I wasn't in a place where I could understand it. Yesterday, as I'm reading it, I understood it! And in talking about the Tube Torus, it also talked a little bit about the Merkaba, and it talked a little bit about Metatron's Cube and how they all interact with each other.

It's all about life. It's what created us, all of it together. That's the part that I missed before. I missed it! I knew that it was important. I knew it was Sacred. But I missed the part about how they all interact with each other. He even went through and described each one of the Sacred Geometries and their part in all of it. It's all connected. It's all about creation. It's all about life.

He said that each Soul brought into this Planet was brought here for a purpose. We all have our part to play. And without every single one of those Souls that came in, it would all collapse and fall apart. That's how important every one of us is. I mean every human being on this Planet. And it doesn't matter if you understand that or not. It's the way it is. It's the Universe.

I think I'm going to have to take some time and read some more of these books, because I'm now in a place where I can understand it and feel it in my Heart, as I read it. I just don't want to miss any more. It's so powerful. And I will be listening to the meditation every day, because I remember feeling the Joy and the Energy. And that might be a reason why I didn't sleep well last night, because I forgot to bring myself down out of the 151% that I was in. [Laughter – That will do it!] I won't do that again! I remembered that this morning.

Melainah: Well, I think it did. It pushed us; everything that happened yesterday pushed us all to what we have known our limits to be. And that's intentional. We're now ready to move beyond that.

Kelly: So, what I want to bring up is I'm having a little trouble with the concept of Nothingness. That sounds sort of silly, but it's now. For me, I mean I know what the Void is. I've been studying and playing with that since the '80's. But this concept of Nothingness, as I felt it in yesterday's work – I had trouble wrapping myself around it, because, for me, Light is not Nothingness. Energy is not Nothingness. Frequency is not Nothingness. And I felt and saw all those things during yesterday.

[19:41] **Kelly, cont'd:** So, I'm trying to figure out what I feel or experience, when I'm hearing you guys talk about that this is going into the Nothingness, because for me, it's not Nothing. It's just a lack of form. So, I'm not sure if that is what Nothingness is supposed to mean in this context?

Randy: Kelly, I would suggest watching *The Black Hole* video on Gaia.

Kelly: Well, I watched that 10 years ago. I know what Nassim Naramain thinks and believes.

Imhotep: I think you said it. Nothing is No Things! So it is the pure Essence of the Creator and Nothingness. Because from No-thing all Things were created.

Randy: Nothingness isn't empty. I think that's the key. It's the unlimited potential.

Imhotep: It's the purest Essence of the Creator.

Kelly: Yeah, and I don't see that or feel that.

Imhotep: Let there be Light! But the Light came from the Nothingness.

Joan: I think what you miss when you try to use a 3rd dimensional language of "nothing", you have to change. And we don't have words yet to describe what that really IS. And I think people are giving you some ideas about that it is Everything.

Kelly: Everything makes more sense than Nothing.

Joan: Yes! And it's just, as you all know, in that 3rd dimensional paradigm, we were so limited. And we forgot so much of ourselves. So, just change the Word..... to something that kind of represents the Energy that you're feeling.

Kelly: That's why I like the Words Light, Frequency, Energy – all those to me are a lack of "things", but it's definitely not a "nothing", and Light is everything. So, I guess I can work with that.

Kelly: What I felt yesterday – I actually... I just want to throw out that it felt 'different'. It's hard for me to come up with a word. I wanted to find a word, listening to other people share. But I didn't have any good words other than it felt different.

And I really didn't/ couldn't tell any difference between 150% and 151% or 152%. I couldn't tell any difference. But then again, maybe I don't need to "tell", just do it.

Joan and Melainah both: Just BE!

Suzy: I think that the best way that I can feel the Nothingness is when I'm out in Nature. And there's birds and animals, the trees, and the wind. And everything is alive. And yet..... it's soooo still..... It's so quiet..... And it's just like Nothingness to me. It's just this place of losing yourself in it.

Kelly: And that Nothingness I feel in Nature to me feels like Love. And that's not Nothing in my mind. So, it's just semantics, I think, like Joan said. The 3rd dimensional words....

Joan: Yeah, just drop it. Don't use that word....

Kelly: Yeah, OK!

Melainah: You know, in the 8th Dimensional space, for me, it's definitely not Nothing. But there's a fullness there that's indescribable and that I don't necessarily.... Now that I've been in that space enough, that is probably the best descriptive word I can give you between what I experience in the everyday 3d world versus where we were yesterday in that 8th Dimension. There is a Fullness there. There was nothing lacking there. I needed nothing more than to be in that space and that Energy.

Kelly: Fullness. That's another good word. Yes.

Melainah: And that's why I've told Joan repeatedly, "I don't want to come back. I Like it here! I'm happy here." There is not a thing I require when I'm in that space, because it's FULL.

Kelly: Thank you so much.

I want to thank everybody else for their ideas and suggestions. They were all good.

[25:18] **John Carroll:** I wanted to say I was glad to be reminded of bringing the Christ up and the 4th Triad Energy down. It allowed me to expand my Field quite a bit, a lot.

I was glad to hear, when you said there was no turning back, I was really happy to find out I could stay. And my experience was somersaults and playing hide and seek with the Beings. I just had a great time. It was fun. It was Full, like you say; and it was Nothing, like you say. But, it was all those things and a lot of fun. That's all.

Katriona: My experience yesterday, I'm sure, was like so many others. I was moved to tears because I did remember. And when I came back, I was very grumpy. So thank you, Jody, because I didn't understand why I was grumpy. But, of course, that's why I was grumpy! I had to work through that and kind of redo the meditation in my head.

But I also want to tell you guys what I'm experiencing right now, in case it's of use. Because I'm experiencing it during this group chat, I think I'm supposed to share it.

I'm having a funny time experience. I'm right here in present time. In fact, I'm writing down everyone's name as they speak, so that when I transcribe, I don't have to trust my knowledge of the sounds of your voices..... So I'm here.

And I'm also in linear time we'd call the future. In 4d time, we'd call it another point of the circle. I am also looking at and experiencing this Conference from when it has already happened. And, especially this talk. So, there may be a reason why I needed to bring that concept to this group or something that happens during or after the Conference.

So, I thought I would bring that up.

[28:07] **Sandee:** Hi! Yesterday was pretty amazing. And when we were with the Luminous Beings in the 8th Dimension, a tear came in my eye. And I'm thinking – "Oh" – it was that I remembered them. And then when we have our personal (that's the only way I could call it), that one Being, One Luminous Being that will be with us throughout this Conference, I could feel that Being with me all day yesterday, and in the evening, and then in my dream space for a little while.

But I haven't been sleeping much, because I have to get up every so often and put wood in the fire. And last night I had about seven hours of sleep. And that was sweet!

But this 8th Dimension – all I can say is the Luminous Beings really touched my Heart, a lot.

Melainah: For me, the Luminous One, she presented for me definitely in a feminine expression. For some of you, it may not have been a feminine expression. So, it was for me. So, that's why I used the word "she". For some of you, it might have been a "he". And for some of you, it might have been gender neutral. I don't know. But it's definitely that for me.

But she did say not just that she would stay close by during this Conference, but that she would be with you now until you decided to cross the Rainbow Bridge Home from this incarnation.

Sandee: Yeah. That was familiar and probably why the tear was in my eye all the rest of the afternoon. It was very quiet. And I knew something was going on, because my dog was quiet!

Melainah: Well they're sensitive to these Energies, too, for sure!

Joan: Yeah! It's affecting the animal community! [Laughter]

[30:39] **Kathleen McG:** I hope I can get through this without crying. I was in tears the minute we got into the Crucible, into the Temple. But then, when we did the work into the 8th Dimension, all I can think of is – do you remember when we were kids and we would get those jumping beans and they'd be in the can. And they kept jumping and jumping, but they'd still end up at the bottom of the can. Right! I feel like I've been a Mexican jumping bean trying to get up to 8th Dimension for God knows how many lifetimes. And yesterday, we made it! And I can't put into words how deeply moved and grateful I am, to be a part of this group, to have done all this work, to be privileged enough to step into this at this time. It just feels like it touches a Soul Memory commitment that's back to the zero point for me of like, "OK, I'm going to do this Journey and I'm going to jump and I'm going to jump and I'm going to jump..... And eventually I'll make it." But I know there's times when I really doubted that I would make it or that any of us could get out.

[32:03] **Kathleen, cont'd:** I'm so struck by the number eight, because you brought in the 11, but also the 8-8-8 and that Lion's Gate Portal that was opened. And then the fact that the 8th Session that we did was about clearing those anomalies. And I keep going back to it, where we go and we get those crystalline bars from our future Self.

So, my experience of this like Infinity is just – there's something so encoded for me that I can't even put it into words. But that 8 is so, so powerful.

And I felt so welcomed into that space by that Luminous One. And it was actually male, more male than female, actually androgenous but more on the masculine side.

And then when I came out, I also dropped into some incredible physical pain in my body throughout the night. And my dog felt it; she was up and down, in and out, outside. And then I did the 8th Session again and brought the bars into my body where it was hurting. And the pain was gone this morning. So, it probably was just stirring up something. To me, it felt like it was in the reproductive area of my body, that some part of my feminine energy was clearing like eons of lifetimes. Because when I dropped back here, it was like, "Uhhhh, it doesn't feel safe here!" And so, then all of that contraction comes in. And the Energy just filled my body and I was back in my Power and my Strength. And I feel like I had a great night's sleep.

But this is just so amazing, what we are doing! I feel like that crossing that threshold into the 8th Dimension is..... a gamechanger.

Melainah: I think it absolutely is. And we'll guarantee that.

And I want to mention to you, you know, in the past, when we have traveled to these Higher Realms, we've done so with a lot of assistance from all of these Grand Beings. And even when we've gone to Sirius, as many times as we've gone, you remember those axiatonal lines we set in place way back when. And, along with that, for our group as we grew in our Consciousness, and that invitation was opened for us to visit any time we wanted, there was actually like an energetic corridor created for our group to be able to travel that in a stepped-down frequencies, so we could come back and forth. And that's kind of been part of our training, if you will.

So, even when we in 2020 in our Conference, if you remember, when we did that Journey, and we went through the Rainbow Bridge and received our Color Code and our Sound Code. And then we traveled again to the 8th Dimension to the edge of the 9th Dimension to that ancient crystalline grotto. And all of that was possible because of all these magnificent Beings and these Stargates all worked together to create. And we were escorted all the way.

[35:48] **Melainah, cont'd:** But yesterday, something else happened. When the Archangels, they escorted us to that Gateway, to open that 8th Dimension. Once you stepped through that Gateway, it was not being held open by anyone. It was being held open and you walked through in your own Light, in your own Consciousness.

So, it was beginning into the 8th Dimension.

But Congratulations! Because YOU did that! No one held that open for you.

So, I think that is a pretty big deal!

[36:27] **Beth:** I'd just to add on something here. Colleen mentioned the Flower of Life, which many of us back in the 80's, 90's we investigated that a lot. And I remember in one of our last Conferences, we were given the Order of Melchizedek. We were made members, if I remember correctly [Uh huh]. So, because all of that was trying to get us up to a certain speed, I think, and the changes we are all experiencing.

But it is true that when we got to that 8th Dimension this time, it put us into such an amazing, amazing Energy. And when I try to look for the edge of this new aura, I can't quite find it yet. But maybe my eyes aren't working. I don't know!

But I have a feeling that what is happening is we are converging so many Teachings; Wisdom Teachings are converging right now. It's as if we're in an orchestra. And we're all playing a part. Some are playing this part of trying to teach the new physics and so on. And others are in the more spiritual realm. But it's all converging: science and spirituality are meeting.

It's just wonderful that we are surrounded by these Beings, the Beings of Light that are accompanying us. And I was extremely comforted by the fact that we are being accompanied until we decide to cross the Rainbow Bridge.

So, I just wanted to share that.

[38:33] **DiAna:** Hi. First of all, I am so humbled by the background that some of you had up, what came through. And I thank Melainah for asking me. There has been a thread for so long coming in from many lifetimes, not of unworthiness, but I go back to Mastering Alchemy – capable. And it has been a strong thread. And it began to really break down when Melainah had accepted this Code.

But going to that 8th Dimension and meeting again this Luminous One. And she giving me her name! The feeling of Home is not even adequate enough to explain what I felt.

But most of all, I found ME – the fullness and the completeness in this Now Moment I found ME! In all the strength and sovereignty and power of who I AM.

And that is never going to leave me. And with that I am truly, truly grateful.

So, thank you so much Melainah – Thank you!

Melainah: And so it is! For all of us.

[41:01] **Ruth:** The experience I had was like “Wow! This is how my mom and everyone else has passed!” They went over the Rainbow Bridge. And this is just absolutely wonderful for me to feel that. Yes! Just wonderful!

Melainah: Beautiful!

Soile: [pronounced So ee lay ☺]

I just want to share. It was beautiful, so beautiful that I really suffered to come back.

And I was crying and thinking, “What the hell am I doing here?”

And what has helped me to integrate that into my mind, because I think that was my mind that can’t understand what is going on – I had to repeat all again the Kuthumi’s Prayer: again, again, and again. And it’s helped. I am Creator. I create my life.

Joan: It brings new meaning to Kuthumi’s Prayer when you say “I AM” and follow it by “Light, luminous Light”. You ARE THAT.

I am grateful that that Prayer came into my life. And I’m sure everyone is that uses it. So, thank you, Soile, for sharing.

For most of us, I think, there were some deep emotions that came up for us, when we entered that Dimensional Time Lock.

Melainah: And you definitely want to return there often. Once the recordings are up, take yourself back through it, because every time you go, well if you go back through this process, you’ll gain even more understanding of some of the things that did occur in there. And, I’m here to tell you that it changes *everything* for you. It truly does.

So you are that Luminous Field. You are that Luminous Light. And you can see it. It is part of you. You have reclaimed it. And it’s a beautiful thing.

Randy: So, when you go back through the recording, and you go back through the Time Lock and all that, it feels a little strange to me because we’ve already done it and it’s installed. So, it’s already happened. I don’t know. To repeat it seems a little awkward.

Melainah: I just like being in that space. So, you can go there on your own. But if it helps you to be guided in, by all means use the meditation. Whatever works for you.

Randy: I was just wondering if anyone had a perspective on that? Thank you.

Imhotep: Absolutely. I’ll say yes to that. Once you’ve been there, the tools have been given to you. When you go into your meditation, you automatically find the space within. So, all these things that they’ve given us and all these Teachings and all these lessons, like the Deca-Delta Manifold, the Epi-Kinetic Body, the Eka Body – all those things are part of you. You’ve already absorbed those into your Beingness. So, your Beingness already holds those Templates and those Lights within. So, you carry those. And in your meditation, you find that space and you dwell within.

[45:37] **Melainah:** We don't necessarily have to open Time Locks again, I think, but just being in that space. Well for me, because I've been in it dozens and dozens of times. And it's different for me everything single time.

Randy: No, that's a good confirmation. I appreciate it, everybody.

Joan: I think it's a very personal thing for each one of us, as we awaken into the significantness of who we ARE. Because we never considered that before.

And this was one of those changes that very subtly come upon you, when you get in that space of that 8th Dimensional Light Template, because it puts it into you at a deeper level every time you are able to access it.

And however that is for you, that's important for you to honor. Whether it's to listen to the meditation or to go there because you *remember* that space.

Kelly: I've been listening to everybody and listening to you and listening to Melainah, and it's like I didn't feel like I was going Home. I didn't feel like I remembered anything. And I have felt much deeper meditations from other sessions that we've done. I enjoyed it, but it didn't feel like this big Aha that I'm hearing everybody else say. And I'm trying to figure out why. It didn't resonate with me as much as many of the other ones that we've done. I'm trying to figure out what I mean by all that, because it just felt very different. But it didn't feel like this huge, beautiful, wonderful thing, like I've felt in many others.

Joan: I think it just takes time, because it integrates. Like I said, it's a very personal thing, and at different levels. And you just have to go with whatever it is.

Kimberly: Kelly, for me, maybe this will help. When I was there, it was like they said, "You've always had it. It's always been with you. We just released it and now you have full access to it. You've always remembered it. You always knew about it. But within a 3d body, you couldn't comprehend it. And now you can." It wasn't an Aha moment for me, either. It was just a confirmation.

Kelly: Yeah, that makes way more sense for me, because when I hear people say they are so happy, they feel so honored to get this, I'm like – for me, it felt like well, that makes me feel like well then at some point I must not have been able to have that or not been honored to have that. It's like there's the other side of the coin. It's kind of what you said, Kimberly. It like it was not ever gone; it's just now somebody took the sunglasses off.

Kimberly: Right! Exactly!

[49:32] **Becky:** I wasn't going to talk, but since Kelly has stated what she stated.

I was unconscious yesterday for the whole thing. I didn't get any of it.
But I was very tired all day. And just like some of you have said, probably because we're coming back to the dense 3d. So, I got today that that was very dense for me. So, I was tired all day.

Then I went to bed last night. I woke up at 2:30 this morning and couldn't go back to sleep. Around 6 I got up and my body was hurting. And I feel a lot of my pain in my neck. So, I know for me that I was still integrating and still releasing that, because that's how I do that for me.

So, I'll be anxious to go back to be able to listen to the recordings to get the rest of that for me.

I wanted to thank Suzy for talking about her Nothingness, because when she stated how she gets her Nothingness, that made a lot of sense to me. And now I know what that is.

So, I appreciate everyone's input and that really has helped me a lot. Thank you!