

Is everybody ready to begin?

Get yourself centered.....

Take a deep breath.....

So travel, now, in your Merkaba, to our Light Temple Vortex.....

And when you arrive, make your way to the steps.....

taking slow, deep breaths, begin your ascent.....

And, as you ascend to the top of the stairway,

and walk the pathway into the Light Temple,

take this time to be aware that we have entered the Equinox Energies.....

This is a time of reflection, of turning and tuning inward.....

Enter our Inner Chamber and take your seat.....

Return your attention to your breath – slow, deep, calming breaths.....

You may have noticed that the feel within our Chamber is different today.....

The brilliant and clear crystalline environment has a warm, Golden, radiant quality
about it today.....

The Flame in the fire pit which is usually White is also Golden, with orange and red flames.....

This environment has been created for us and will remain in place for the next few weeks
to provide us with a safe, supportive, and nurturing space,
as we move further into this season of change that we call fall.

And you are invited to return often to sit in contemplation and reflection.....

Your Guides and the Beings of Light will be here to assist you.....

This environment will also support you in integrating more deeply the many Energetics
we have received this year,
as we are preparing for the Light Conference.....

Take a breath... and be very present in this moment.....

Feel the Peace and tranquility surrounding you.....

allowing the merging with your Unified Field.....

So, take another breath...

continuing to hold this peaceful space while being aware.....