

Let us now practice together the process that I have just described to you.

Another deep Breath.....

Now, as you are very centered in your body, in this moment,
Be aware of your Higher Mind that is present
within the complexity of your energetic makeup.

Draw your attention to the 3rd Triad that is spinning in a refined velocity of Creative Light.

The Crown chakra is open and spinning.
The 8th chakra that holds Streams of Consciousness of the Higher Mind of Source
spins and spins in a refined velocity,
as does the Soul Star that contains your Soul-Spirit.

Take a deep breath.....

Now notice how these magnificent rotations of Energies envelope your entire Unified Field
in ways that have a significant impact on your Consciousness. [Pause]

Move your Higher Mind that is already merged
with the Stream of Consciousness of the Creative Mind of Prime Creator
into your Soul Star,
where it receives communication and Wisdom of your Spirit.....

Transmit these Creative Energetics down the Center Channel of your body
where they are anchored into your Sacred Heart Center of the 1st Triad,
which is also spinning in refined rotations.

Draw your Higher merged Mind from your Sacred Heart Center
and place it in the spinning 2nd Triad.

Create an Intention to alter the present 3rd dimensional physical body
into a 5th Dimensional physical state.

Draw a stream of Undifferentiated Light from the 11th Chakra
and differentiate it so that it is fully representative of your Creative Intention. [Pause]

Bring in the Consciousness of your Light Body.
Add the 5th Creative Element,
as well as the necessary physical Elements that you might need.....

[4:58] Be aware of the Magenta Eternal Flame that burns radiantly in your Sacred Heart center and also in your Pineal center.

Notice how the Creative Energies of these two Flames are merged and functioning to assist you in creating with perfection.....

Notice how the Seed Crystals in this center of your head are now radiating in a refined Light that you had not noticed.....

Notice that there is a Current of Sound that is vibrating in this center, in this Creative Center.....

This Creative action assists your Light Body to function with refined Creative Energetics and knowledge that will be usable, as we proceed in these Teachings.

Take a deep breath.....

Repeat this Creative Process often to assist your dense physicality to transform into a 5th Dimensional refined State of Being, holding a State of 5th, 6th, 7th Dimensional Consciousness.

This Creative Process is an *extremely* important creation that you can manifest before the end of 2023, if you will do this practice daily.

It is short and will not take a great deal of your time.

We suggest it is best done before you go into the sleep state,
and it should be followed by the declaration:

I AM Light.

I AM the Light of the Creator,

created in the Image and Similitude of my Creator.

I AM a creator that creates form within form.

[Pause]

Sit with us in this magnificent Crucible

and embody this entire process into your physical body itself..... [Pause]

Stay within this vast Crucible of yours, embodying all of these Energetics, supported fully within your Crucible.

Sit for a while longer in this Crucible, where you are fully supported in your creation.

We will close this Teaching.

Stay as long as you wish within this Crucible
and receive all that we have just transmitted to you.

Blessings!