

Joan: We thought we would start off this session with a group discussion. I think it's important that we have these discussions regularly in our sessions. It's important to get not only input from you, but for you to give your input. So, Melainah.....

Melainah: Right. So, we thought we'd start by asking all of you, "How are you experiencing the Council of Twelve? And what have you noticed for yourself in the last two weeks?"

Ann: It has been just the most delicious, powerful, yummy, fabulous – I could go on all day. There just aren't enough superlatives for this. It's just off the charts. Wonderful. A friend of mine in Turkey has covid. And, after one of my meditations, I just blasted her with Light. And she texted me, "Did you do something? Did you send something to me?" And I said, "Yes, I did."

To me, the Council of Twelve is just... it's just beyond words. They're right here. They're here all the time. They're, for lack of a better word, beaming all the time in the three Star Tetrahedrons. I'm so grateful, so grateful. Thank you!

John: Cool! Cool! Cool!

Melainah: Great description!..... Anyone else like to share something?

Kelly: Well, I could say a couple of words. It's been... I feel calmer, I feel happier, I feel lighter, I feel... You know, I felt like I connected with in a bigger way the very first time I met them, when Joan brought them in on a call, I think it was in December? And it felt bigger then. And now, maybe it's just because I've gotten more familiar with them, it doesn't feel as big. I'm not sure, but I really like their Energy, as Ann shared.

Melainah: Right. And it's you're getting more familiar with them. But it's also that you are in that Stream of Consciousness as well, and you are opening more and more to receive.

Joan: You know, they've been prepping us for this for a long time, introducing us to different Collective Consciousnesses, such as the Triad, and then that Quadratic Configuration that Metatron started to come forth through. So, it's about accustoming us to not only being part of a Collective Consciousness, but interfacing with a very vast Collective Consciousness.

[3:22] Charlotte: What I've experienced is there's a couple of times through the day that I just want to sit down and close my eyes, because I see all the geometries coming in. And the Rays of Light that come in that are from my personal agenda and plan, I can see the 7-pointed Star in it. And then, the stuff that is more for everyone or the whole thing will come more in with that design that we would see in the Flower of Life.

And so, then I kind of just want to, oh it's kind of like, "Oh I'm getting a message!" And I want to sit down and see what's coming in, you know. You know, it's like walking in the house and you see a little blinky on your phone messenger. And you want to know who called. So, I've been doing what I call kind of a 20-10: I go do something for about 20 minutes and I sit down for 10 minutes, and then go do something for 20 minutes, then sit down for 10 minutes. Sometimes 10 minutes becomes a 20 minutes. But it's a constant flow. And, like what they said, I can be doing it whether I'm sitting still in that more meditative state. Or it can be flowing while I'm washing the dishes. It doesn't seem to really matter. It almost is that feeling of having the radio on in the background. And then you pick up on certain songs, kind of a constant flow. It is very delightful.

John: Cool!    Melainah: Exactly

[5:17] Linda: I've been having the time of my life! I've been blissed out a lot. Going to 140% Light, or the speed of Light, is like amazing, and it's a game changer to me. For the last year or so, I've seen my Pillar as beaming out Pixie Dust of Light, which had Codes in it, you know. And it was a gift to the World. And I've been stably doing this 24/7. I'm assuming 24/7. I don't know what I'm doing when I'm asleep.

When we went to 140%, they showed me that my Pixie Dust became Star Dust. And that it is just continuing on. And then I have a VR set, a virtual reality. And they actually – I don't know how the Masters did this, but they created one specifically for me, to show me my progression. And the last view was the Eye of God. [Joan: Oh my!] And I'm like, "Oh my God!" And I've spoken forever that I'm a sparkle of Light in his Eye. And there was this sparkle of Light – and there I was. I'm like, "Oh, my God!"

But, I do have a question, though. Is there a difference between 140% of the speed of Light and 140% Light? Is there a difference or is that just my mind.....

Joan: No. It's Light. 140% Light. The speed of Light is different. It relates to physical speed.

Linda: O.K. So, 140% Light. Thank you. I've had that question for a while now.

But I just wanted to say that it's just like "WOW!" This is such a game changer. And our mind is expanding so easily, or my mind is expanding so easily to more of a Quantum Field. It's a whole lot more limitless than it used to be. That's the best way I can put it. So, thank you all, for you're part of that Field.....

[8:02] Imhotep: Greetings. I guess I'll add my two cents.

It's been amazing. I had a couple of different experiences. Like I say, just at any time you can just pop into that space, you know, where there's no time, there's no space. It's that instant where there's no boundaries. It's boundless space. You have no concept of time. It's just the freedom of it all.

And like the first session, we learned these tools: tetrahedron, your own key, your own color, your own sound. All these things are tools. And it's putting us on our own path. The essence of this all is reaching and holding that vibration. And then using those tools, sometimes those tools help you find it. Sometimes you just pop in to it.

Or I would just think of my kids, how much I Love them. And it was just Joy that was coming in from my Heart. It would just start overflowing. It just became all the space, you know.....just became Joy. It was just like some kind of fountain, just filling my whole Soul with Joy, just experiencing that Joy. So, it's a different experience in that respect. So, that was definitely different... wonderful.... amazing... incredible. I definitely look forward to more of this.

Melainah: There's a LOT more coming. And I like what you said: we are always connected to that Stream. And it's not even that we have to pump[?] into it now. It's just shift your awareness to it. And then you're there, in that present moment.

Imhotep: Exactly. Whenever you focus on it sometime, we can just pop right in it.  
Melainah: You're in it.

Imhotep: It's your Attention.

Melainah: You're already there. It's just become new in to the Center of your awareness. Yeah! A whole different way of Being.

Imhotep: Oh yeah!  
And so you concentrate on those things that you want and that Light, that Energy getting into the DNA and changing your body to that 5<sup>th</sup> Dimension, so I think that's what our grand focus is right now – is raising the vibration and holding that vibration so that it affects the body to hold that 5<sup>th</sup> Dimensional line and change that body. So, I'm looking forward to that part.

Melainah: Yup, yup, you're right on.

[11:20] Randall: I could share something.

So, yesterday in meditation when I was connecting with these Energies, I had an interesting experience. My Spirit Guide handed me a pipe bundle, of the Native American tradition. And then, it had to do with how the Council talked about how the Twelve Streams of Consciousness were really kind of bundles of thousands of different Streams of Information and Consciousness. And it was explained to me that the original pipe that was passed on from White Buffalo Calf Woman and then handed down, and all the pipes, all the pipe-carriers, that is one Stream of Consciousness that comes through the Council of Twelve. And that every individual that has been a pipe-carrier in this life or past has that frequency embedded in them, that they are connected to, that they bring in to the world. So, that was kind of unexpected little piece of information that just sort of appeared. I thought that was pretty cool.

Joan: That's really cool!

[12:55] Suzy: I can say something.

I've also been feeling this instant connection when I focus on things. It's just, since we began even in December when the Council of Twelve came in, I felt that connection. And now when I focus on the Quadratic Archangels or the Star Tetrahedrons or whatever it is, it's like he said – it's just there. And it's just the most Loving, gentle, calming feeling.

And I was out at Safari one day and I was watching the wolves. We have red wolves that are critically endangered. And this guest, a young woman and her son, a little boy about five, came by. And I asked if she saw the wolves down below. And she said, "No". So, I told her, "Back up". And I told her where they were. And I told her a little about them. So, they went back down there and then came back. And she says, "Thank you so much".

And I had just been in this Flow. And this little boy turned out the window and went, "I Love you!" And mama kind of gasped like that wasn't normal for him. And I could just feel that he had tapped into my Energy Stream. He just felt the Love in me. "I Love you!" I felt so good about that.

It was really nice, 'cause I was just feeling Love and I'm tapping in more. I've always wanted to communicate with animals. But instead of trying to tap into something specifically, all of a sudden I'm just feeling them more, which is really nice.

Melainah: Wonderful! Thank you.

John: Yeah, thanks!

Joan: Well, we've really appreciated all of your comments. And we will offer this consistently, as we move on, because it's important for our Community to be incorporated into these Sessions.

The first six are just so foundational that we have to really get those positions. And you're already absorbing that first Session. It is integrating within you and has been the whole time. And that's what these foundational Energetics and concepts are all about, so that you function consciously as you move through your day. And know who you are.

So, Melainah, do you have anything to add before we get started here?

Melainah: No, I think we're good. And we've enjoyed this conversation. It is great. And it helps us all anchor and ground these Energies by communicating with one another and sharing. So, as Joan said, we will do more of this in the future.