

[Transcribers note: Audio F contains all of Audio E, then continues on beyond E at F 6:08]

E&F: Melainah: Take a couple of deep breaths.....

Be conscious.....

I'm still vibrating. I'm sure you are, too!

We want to take a couple of minutes here to talk to you about why we are upgrading the Merkaba now.

To begin with, these upgrades will help us to hold those 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensional frequencies stably, more stably, in our Light Bodies, our entire Unified Fields.

Joan: These Light Templates, as you will remember, affect the Electro-Magnetic Field of your body and of the Earth. So, when you hold these Templates and you upgrade the Templates into more refined frequencies of Light that you are developing through your Merkaba Field, you then begin to very subtly transmit those more refined frequencies of Light.

So, as we proceed, and we are upgrading our bodies, we are upgrading our Consciousness, we are upgrading our Light Body – many things change. So therefore, we had to have an upgraded Vehicle to travel interdimensionally.

As well as it is helpful for us to walk the Earth, experience it fully, but yet stay centered in the more refined frequencies of Light, because they are very stable. And they function through the 6<sup>th</sup> and 7<sup>th</sup> Dimensional Light Templates in Equilibrium.

So, our thoughts that are thought in the creative process and the emotions have a vaster Equilibrium and Balance. And so, therefore, we can easily manifest what is desired and needed at any given time.

So, this is a HUGE upgrade that we are all receiving at this time.

Melainah: And, another reason for the importance in this upgrade is so that you personally have your own personal space and your Light Field in your Merkaba to help you move through all these Energetics we are receiving and acclimating for.

But, to add to that, it is now time that we must upgrade our Crucible! And it needs to be upgraded to higher frequency ranges that can help us maneuver through the next three years of this process.

[4:04] Melainah, cont'd: So, I wanted to talk to you a little bit about what happened to our Crucible in our 2020 Light Conference. And I'm sure all of you remember the off-the-chart frequencies of that Light Conference, that we are still integrating today.

Well, our Crucible was originally created in the 5<sup>th</sup> Dimension. It had been upgraded a time or two to help us move into those 6<sup>th</sup> and 7<sup>th</sup> Dimensional Fields, where we could unlock those Light Templates. And it has served us well. But it was never built or intended to take us to the places we went in that 2020 Conference.

We went, if you remember, to the 8<sup>th</sup>, to the edge of the 9<sup>th</sup> Dimension. And we went deep, deep, deep into the Void, back to Source Point.

What happened – our Crucible actually fractured on that Journey. It did not shatter, but it did fracture. And it took all the Beings of Light to keep it intact.

So now, it is time that we upgrade it....

Melainah: Joan, is there anything that you would like to say to that before I go on?

Joan: No, I think it's so exciting!!!!

Melainah: We're so excited! [Laughter]  
We can't tell you how excited we are.....

Joan: We had NO idea this was coming down the pike.  
I'm telling you.....  
It is sooooo exciting!

Melainah: Yeah, I mean, what's to come is just.....

You know, we've done some pretty darn amazing things together over these years.  
Well, it's just...

What's coming down and what we're going to be doing and seeing and creating  
is beyond almost [F6:08 continues beyond E here] our ability to conceive it.

[F6:11] Melainah, cont'd: So anyway, with that, I want to take you back to when we first received our Crucible.

It came in in a Pre-Conference call, right before our 2017 Crystal Conference.  
So, I'm going to read to you what was said. So--

We were directed to focus our awareness out in front of us  
and together to step into that space and form a large circle.....  
Filling the entirety of our circle, was a very large sphere, many times taller than we are.  
This Holographic Sphere was projected to us by the Triadic Collective of Lord Metatron,  
Archangel Michael, and Lord Melchizedek.

We were invited to step inside the Sphere for the first time and to greet one another.

We were told that the goal of the Holographic Sphere was to hold in place the Energetics  
needed, to bring our Collective Group into Harmonic Cohesiveness at a much higher and  
refined state, as we prepared for and attended our Crystal Conference.

It was said that this Holographic Sphere would remain open and active until we closed the  
Conference in June. And we fully expected that they would remove the Holographic  
Sphere at the end of the Conference.

But those of you who were there might remember -- Metatron came in on the last day of  
that Conference and said, "Oh! Wait a minute!"

Our Teachers of Light were so impressed and so pleased after seeing what we were able to  
accomplish, with those Energetics being focused and amplified in that Holographic Sphere,  
that they decided they would keep it in place. And it has been used since that time.

And a short time after that Conference is when they began calling it the Crucible.

So – a little bit of history as we prepare to go into a whole 'nother dynamic.....

So, with that, once again, get comfortable.....  
Take a couple of deep centering breaths.....  
Be in that Sacred Heart.....  
And feel the Element of Love.....