

Joan Review of 1st Triad:

During this part of our session, we will be revisiting the Triadic system, not just in this session but throughout the sessions at various times. We will make some upgrades in the 1st Triad. This is a really important Triad.

And before we do this, we think it is appropriate that we give you a few reminders of how and why this system was designed.

The Triadic system alters the energetic function of the chakra system. It is a unifying principle of the entire chakra system, both your physical chakras as well as your non-physical chakras. This enables us to experience life in a body through a spiritually based conscious awareness of self.

Our next upgrade begins with the 1st Triad. Some time ago, we merged an upgraded version of the first three chakras into our heart chakra. All four chakras began to spin in a unified sequence of self- love and appreciation for what Source created in us. Now we proceed to another upgrade that must take place within this 1st Triad.

The 1st Triad is the base that holds the entire Triadic system. As you remember, one folds into another and into that base Triad.

The chakras that compose the 1st Triad are very important chakras that relate to how we experience the physical world as we journey through life in a body on Earth. And, as you've all discovered, this Journey has not been easy. It is an essential part of our Ascension process. And this requires constant upgrades as we open our consciousness to the more refined levels.

So let us begin.....

Take a deep centering breath from the interior of your Sacred Heart...

Be aware of yourself in your Light body – what a beautiful body it is.....

And that Light Body is within your Merkaba Vehicle of Light.....

Notice that all three Star Tetrahedrons are spinning in unison at 130% Light. Wow!

Take another deep breath.....

And with your intention increase the Light to 140%... Notice how quickly that occurred...

Another breath.....

Now increase the Light to 150%.

Be in this frequency of Light for a few moments.

Enjoy the beauty and the peace that's within the Inner Chamber of your vehicle.....

Deep Breath..... Present and alert.....

Welcome a Stream of Consciousness from the Council of Twelve.

[4:20] **Council of Twelve Prime Directive Upgrade of the 1st Triad [through Joan]:**

We are the Council of Twelve.

Our purpose today is to support you as you bring your individual Prime Directive into the chakras of your 1st Triad.

This enables each of you to access a whole different Sacred Heart Consciousness about your individuality as well as your personal and collective membership within the Council of Twelve.

Our Council is a massive stream of Collective Consciousness whose purpose is to initiate an Ascension process that brings about the ability for those in a human body to function consciously within many sequences of many dimensions through the 8th Dimension. We will guide you through these many Dimensions until you begin to push on the beginning stages of 9th Dimension, which is the dimension where you begin to lose all form and become a pure creative Spirit.

You are now at a lower level in this Ascension process, because you came from a substantially dense state of consciousness. In the coming months and years, you will enter into a Collective Consciousness and become a pure Creative Consciousness. When you stay conscious of your Prime Directive as well as your various Color Codes and Harmonics, you become aware of your value as a Stream of Consciousness. Be aware of your personal Energetics that you continually upgrade and contribute to the Ascension Energetics of the Council of Twelve.

There is no involvement of ego in this state of consciousness. Your ego is transformed by the pure Energetics of your Prime Directive, your Color Codes, and your Harmonics.

The reason for imprinting the Prime Directive on the chakras of the 1st Triad is because these chakras relate to your human physical self. Your personal Prime Directive introduces another Stream of Consciousness into your body.

As you maneuver through your physical world, you can remain conscious of the fact that your Prime Directive is part of your make-up. The Divine Wisdom of your Soul-Spirit is the force of the manifestation of your creations because of the integration of your personal Prime Directive, your personal Light Codes, and your personal Harmonics into all chakras that pertain to form. This alters how you think, how you feel, and how you function from the Mental-Emotional Body, which is your human creative center.

Humans are unlike any other species in other Universes and Galaxies because of your power of creativeness. The ability to feel separates you from all other body types. Your Mental-Emotional Body is what makes you uniquely human. It's that feeling that makes you unique. Your Mental-Emotional body.... that combination makes you a unique human.....

The first step that we will guide you through is to open a more refined function of your heart chakra. The refined heart chakra opening shows you that you have value. This is an opening of Consciousness that is beyond any egoic influence. This is where you become aware of your purpose and your creative power. It affects the mental body's fracture that has caused self-doubt and unworthiness to play out in your life experience.

[9:33] Take a deep breath... conscious... aware... and present in your Light Body...
Notice your Presence within the Inner Chamber of your Merkaba vehicle
which is now functioning at 150% Light.

Your Crystal Key is in the lock on the dashboard.

All has been prepared for this next step that you are about to take.

Open your 1st chakra. See it spinning in brilliant red colors of Light.
Now insert your Prime Directive, its Color Codes and Harmonics.
Notice how the rotations of the spinning chakra have increased substantially.
As it spins, all of the different Color Codes begin to reflect a brilliant Light
throughout the 1st chakra.

There are also various Harmonics that can be subtly heard and felt.
Notice how the Prime Directive becomes your main focus and
the Color Codes and Harmonics support that focus and create a new Knowing of Self.

Next, we direct your attention to your 2nd chakra,
which is spinning in a bright orange color of Light.

This is also home to your emotional body.

Insert your Prime Directive, your Color Codes and your Harmonics into this chakra
with intention and purpose.

Be aware of how the spinning has increased
and that there are many brilliant Colors that are now within this chakra.

There are also familiar Harmonics that you can hear as well as feel,
as this chakra spins through the Guidance of your Prime Directive.

Your ability to use your emotions improves,
as you create and manifest what is needed in a precise manner.

Move your attention to your 3rd chakra... See it spinning in a field of vivid yellow....
Insert your Prime Directive, your Color Codes and your Harmonics

into the spinning yellow chakra.

Notice how the spin of this chakra has begun to increase
under the direction of your Prime Directive...

The primary color of this chakra remains yellow,
but your Color Codes reflect onto this clear yellow disc as it spins.

The reflection of your personal colors enhances the function of the emotions.
You can hear and feel the soft personal Harmonics,
as they also enhance the function of this chakra.

[14:16] Your ability to draw precisely from the Central Sun is enhanced.....
The imprints that you receive from the Central Sun enhance a balanced function
within your personal power center, because it is now in alignment
with the original Intention of Source when your SoulSpirit was created. [Pause]

Direct your attention to your heart chakra,
which has now become one of the base chakras of the 1st Triadic system.....
It is an important base...
Notice how this chakra contains a new, improved, merged first three chakras.
The Energetics of the upgraded first three chakras now merge into the heart chakra...
Your Prime Directive, your Color Codes and your Harmonics become part
of the functioning of these chakras...
Your Prime Directive is guiding and influences these important four chakras.....

There is another valuable merge that is taking place through these Energetics.
This merge creates the beginning of a seal that starts to fill the fracture
in your mental-emotional Body.
It is not yet complete, until certain upgrades are accomplished.
But it IS a beginning stage
that is overshadowed by the Energetic components of your Prime Directive.....

Next, we want to direct your attention to your Sacred Heart Center,
which is where we began this upgrade.
Your Prime Directive is already imprinted within this center of Consciousness.
It was not available until certain events took place
that allowed states of a developing Consciousness to be seen and known.....

Now we move into a final upgrade of the throat chakra.
An upgrade was taken previously in this chakra.
You made this upgrade when you merged your personal creative intention or will with
the original Intention of Prime Creator at the moment that your Spirit was created.
This upgrade enabled you to speak your truth appropriately.

Focus your attention on the beautiful blue spinning throat chakra.
Notice how brilliant the blue color is, radiating through this chakra.
Now, with your intention add your Prime Directive,
your personal Color Codes and Harmonics to the spinning disk.....
The rotation of the throat chakra has increased substantially...
See the various colors that now play throughout the spinning vortex.....
Hear or feel your personal Harmonics
softly adding to the energetic function of this very valuable chakra.....

[19:31] The upgrades that you have just created within the 1st Triad have been added and increased the rotational spinning sequence of the foundational complex of the Triadic system.

You have prepared this Triad to receive more Ascension Codes when they are needed.

Take a deep breath... be present and aware.....

Take a moment now before we continue..... [Pause]