

**Joan:**

OK, if everybody will get centered now..... in their Sacred Heart Center.....  
Be very present in this moment.....

**The Four Archangels (through Joan):**

Greetings, Beloveds, we are the Four Archangels.  
And we are here with you today in that Quadratic Configuration.

We are here with purpose and intent. It is for the purpose of meeting in such refined Energetic Frequencies that everything that is brought through today can be received and integrated easily.

So, we, as the Four Archangels who have been with you, now, for a few years, to not only support you, guide you, teach you, but to form a boundary of protection, so that you can stay in that stablyness in your Sacred Heart.

So, you were asked, today, to come prepared..... And that you have done.  
And this is so important, as we move forward in these Teachings and in this process.

This year is drawing together everything that we have taught to you,  
all of the Energetics that we have dispersed to you,  
throughout the last five years of Seating of the Divine.

And we are taking each part of that  
and upgrading it into who you ARE in the present moment.

So, with that said.....

Know yourself in this moment... in your Light Body.  
See the Brilliance of that Light Garment,  
very distinctly marked with the Sacred Letters of the Source of your Being:  
Yod... Heh... Vav... Heh.....

And, in your Brilliance, enter now into your Merkaba Vehicle of Light.....  
And go to the Center, that valuable Center of the Merkaba.....  
See yourself... Know yourself... in this very moment, holding a frequency of 150% Light.  
For you truly ARE a Being of Great Light.....

Take a deep breath.....

Be that Light..... Holding that Light.....  
So now, let us begin this Session.