

Council of Twelve (through Joan):

And now, we come to you, which we extend to you on a couple of different equations. But we haven't dwelled on it, because you weren't ready until now to take the step that we are leading you to take. And that is to alter your physical body, out of 4th dimension into 5th Dimension – your physical body at a cellular and molecular level. It's a game changer!

So, when you use that 2nd Triad, you use it so effectively that at first it will frighten you. That 2nd Triad is an invaluable part of what the Source of you gave to you when you embodied in your current form. And we talked about creating form in form.

We cannot attempt to help you activate the 5th Triad until we get some of this in play and the process of changing your physical body into a 5th Dimensional body. It requires of you to have a 5th Dimensional body in order for you to have a fully functioning and active Light Body.

So, these are things we must attend to. So, you will be using that 2nd Triad a lot to change your cells, to change your self at a molecular level.

Several years ago of your time, Metatron came to this specific group and said, "Your intention for coming into this embodiment was to change the body into a 5th Dimensional body at a cellular and molecular level". And you could hardly believe what Metatron had just said to you. Some of you doubted it. Some of you are no longer with us, because it was not your full path. But YOU are now at the juncture where it not only is needed but it will be required for you to have more access to your Light Body in a functioning way.

One of our members of this Council you know very well as Yeshua. Yeshua came into a very dense time in a 5th Dimensional body. So, if you can imagine the difficulties of that life....

After the Crucifixion, when he came into that incarnation in a 5th Dimensional body, his Light Body was not fully functioning until after the Crucifixion. So, once that was completed and he was in possession in his physicality with that Light Body and could travel in his Merkaba Vehicle elsewhere, so that he could come and go at his leisure for several years after that Crucifixion.

So, this is your model: a member of our Crucible, of your Crucible, a member of your Council of Twelve, who actually showed you the way. It does not mean that you will be crucified! That has already been done. And we have moved beyond that.

F: Altering the Physical Body

[4:57] But, it does mean that as we work with this Light, in these particular frequencies, that there will be certain implants that were put in play when you took on this body. They were put in play at the fall of Atlantis, when all the time locks were put in various places.

But there were certain challenges that happened with the dark forces at that fall, because they had all but taken hold of the Earth. And it was a Christed Planet slated to be totally destroyed. And Sanat Kumara, to the dark forces' (the archons') surprise, even though it had to be in 3rd dimension, saved the Beloved Christed Planet.

Now, those implants, just like the time locks, were still there. And as you hold certain frequencies of Light -- and this is not to make you fearful, because you must hold them, Dear Ones, you MUST! And you must change your physical body into a functioning 5th Dimensional body with the full use of your Light Body.

But, as those dark imprints were part of the 3rd dimensional world, part of a 3rd dimensional body, at certain sequences of frequency of Light, they will automatically open. And you will have to work with them. Some of you have already experienced those openings.

So, what you are required to do is to first of all reject them and break that bond, or that particular imprint, and say,

"I do NOT agree to this.

I am no longer a citizen of the 3rd dimension.

I AM a 5th Dimensional Being of Light.

And I feel the void.

I remove the imprint.

I fill the void with Light!" [Pause]

So these are things that you must know, moving forward.

So, can you understand why we have asked you to put this service project, that you have been so dedicated to performing, on hold, until we get this firmly in place with you? And you are well on your way of creating a better life, not only for Humanity but for the Earth. Then, it will be time to resurrect your service project in a much different way. And we look forward to that time when you will all participate in facilitating that, because you will be very capable of doing just that.

Now, I know you have a lot of questions that you will have moving forward. But we will begin in the next session, on the 12th of June of your time, to continue with this conversation and put in place very direct exercises to begin this process.

F: Altering the Physical Body

[9:47] So, until then we have a bit of homework for you to practice.
And that is that 2nd Triad function.

So, it will take some time to research where all of that material is in your file.
But most of you remember, although you haven't used that process in quite some time,
because we haven't been using it in our classes.

But that is an essential process that you could benefit from.
Many of you have aging bodies.
And I assure you that this will be of great benefit at a cellular level.

It not only... The fact that you will have a 5th Dimensional body, physical body, and a fully
functioning Light Body, in this environment – by then you will have all of those dark
implants filled with Light.

It will not happen this year. The process, the foundation, as we have told you, began this
year. It will take through at least the 3rd year of this session, these sequences of
Teachings.

However, you will make great strides and headway because of the Light Packets, the
changes to the DNA structure, the use of the 2nd Triad, the use of the 3rd and 4th Triads --
where Ze'On particles, not only Ze'On particles that you have struggled with creating, but
you will create those. And that makes a..... is another gamechanger.

But we will talk about those things in their proper time sequence.

For now, USE this 2nd Triad to help your cellular system repair itself with the great Golden
Nectar. Help your blood with the Liquid Light streaming that through all of your blood
system, through your Heart, the functioning of your Heart. Stream it into all of your
endocrinal system, through your glandular system, so your glandular system functions
not only efficiently but coherently with the other glands in your body.
So, everything in the physical body is functioning coherently and in great Light.

This you will find: you have more energy, your health is much different, because some of
these diseases that over the years humanity has struggled with cannot exist in a
functioning Light Body or in a functioning 5th Dimensional body.

Will you still have anomalies occur? Yes. Will you still have some illness in the course of
these changes that we are going to help you make? Yes.

[34:08] But, you have a solution.

You are a Creator in form. And you are capable of creating form within form, which is creating a different cell or regenerating a cell, creating chemicals in your body, in your endocrinal system that supports the function of your body.

So, practice this on simple little things. Do not have unexpected realizations. It is not going to happen overnight. It is a huge project in flux, in movement.

But I assure you, you are so dedicated, you are so Light-filled, that it will be accomplished. It will require a lot of your time and attention.

So, with that, Beloveds, we will close this session.

But, we would like to close it from your Sacred Heart Center.

So, take a deep breath, as you sit in this magnificent Crystal Vortex of Light,
that supports you immeasurably,
all of the Beings sending you great Love and Christed Energy within this Crucible.

All, every member of this Council of Twelve join together,
those in form and those of us who have long since ascended into Realms of the All.

FEEL the Christed Energy pulsing through every part of your body.....
FEEL that Christed Energy pulsing through every particle of your Light Body.....

See how brilliant your Light Body is at this very moment.....

You are a magnificent vision of Light, Beloveds.
Do not ever let that escape from your notice.

Blessings, Beloveds!
Until we meet again, Blessings!