

[**Note:** Conversations may be slightly edited for readability.]

Melainah: Joan and I are going to have a little discussion with you before we go into the process for today.

It was mentioned in an earlier session a little bit about these dark implants that have begun to surface. We want to tell you why this is coming up now, why we are addressing this now, so you will know.

The term dark implants, I don't know if any of you receive any kind of charge off of those words, like "Oh no! dark implants!" Well, that was programmed into what they are. So, we look at them that way – something to push away, to try to ignore, to be afraid of.

But we want to reframe all of this today.

The Council and the Beings of Light have been talking with Joan about this for a number of weeks now. And they were prepared for these dark implants to begin to surface at this time.

Now, we have those that we have come in with, since the fall of consciousness, into our different incarnations. So, these, too, are coming into play. But, also, there were those that were created to activate as humans began to expand their consciousness, raise their vibrations, and hold higher frequencies of Light. And these are the main concerns for us now going forward as a group doing the work we're doing, because we are increasing our Light Quotient and our vibrations higher and higher.

So, these are sort of like time-released little blocks. And so, we're going to address those today. And again, the powers that be saw, were aware of these, and then created and gifted us a way to circumvent, remove, release, change those energetics – for you and us as a group.

Our group has been given a special assignment to do this. We're doing this for yourself, of course, but also for the Earth and all of humanity, for those who choose to make a difference.

So, with that, Joan, what else would you like to say?

[3:24] **Joan:** Well, I don't have too much more to say, other than we reach a different pinnacle. It's like anything that has a timer on it. And so, when we reach a certain frequency and a certain state of consciousness, these implants are scheduled to manifest.

And many times, they cause us really a lot of emotional upheaval, because that's where it hits you, in that fragmented mental-emotional body. And so how you are able to respond is really, really important. And to reject the fear that is playing out in the outside world. And there's a lot of that in one way or another.

And sometimes, it's just a minor thing, and you can say, "Oh well, I see that for what it is and I just not going to buy into that." And other times it really takes you a number of days, because it affects you so much in that mental-emotional body that it takes time for the emotions to calm down in order for you to create the stableness that is required.

Now, one thing about these implants – they work! The Beings that created them and set those timers are very dark. And their intention was to keep us in 3rd and 4th dimension, and completely recycling us: so, every time we reach a stableness of 5th Dimension or Consciousness, one of those implants goes off to distract you.

And how you respond to it is key here, because if you respond in fear and you allow that to continue for weeks on end, you will drop into 4th dimension and then into 3rd. And you won't be able to hold the stableness of 5th Dimension. And that was the intention of the whole thing – it keeps you cycling.

And we've noticed that back when we were working with the Rays of Creation. "Well, I thought I took care of that!" Well, there was another aspect of it, but the other part of that is that we didn't have the Light Templates activated. We didn't have those Light Templates unlocked. They were locked away to keep us in 3rd dimension.

But now that they've been unlocked, we have the freedom to create.

So, we aren't constantly being recycled between 5th back into 4th back into 3rd.

So, I wanted to really stress to you that the things that you've been given today are really, really important.

And so, it is all about your response. And, yeah, sometimes these implants are really going to do a number on you. And understand that it may take you several days to calm your emotions. That's OK. But, once they start to calm, then you have to act. Then you have to do something about it. Otherwise, you are going to drop into 4th dimension. And if you allow yourself to stay there for any length of time, you're going to have a hard.... it will be difficult to get back up to where you are at this very moment.

I don't want to frighten anybody, but I want to tell you what's on the table.

[7:55] **Melainah:** They are designed to hit you right in that emotional body. And, sometimes it doesn't come directly through you. It can come in circumstances surrounding you.

So, again, in the moment when it first hits you, you may fall into 3rd dimension. And go, "Oh my God!" But you still are human. So, allow that and nurture yourself.

But then, after it comes, as Joan said, you know you have the tools. And start pulling yourself out of it, because it is meant to distract you. It is meant to make you question what are you doing. "What is all of this Ascension Path been about when I keep falling to what feels sometimes like a dark hole?" But, we are still human. But we have many tools.

Today, we are going to be given even more.

And so, we're going to have a chance to rewrite the narratives, the narratives that we've been telling ourselves, that others have been telling us for eons of time.

So, we haven't been out here all alone.

So, we've been given this remarkable gift that we're going to be receiving today. And so, it's to put you back firmly in your power of who you ARE as that Master Being of Light.

So, if you're ready, we will begin.

And know that when we finish this day, you will not be the same.

So, take a deep breath or two.....