

Joan: Well, in this session, Melainah and I would like to refresh your memory about how far you have come in the last several years of our time. And I'd like to talk just briefly about this 12th anniversary of the return of the Christed Matrix. Many of us were present at that 11-11-11 Conference, when Yeshua, Sanat Kumara, and Lord Maitreya returned that Christed Matrix to the Earth and to Humanity. It was a very auspicious occasion. And little did we know what would transpire in the many years following that Conference. Even though that Matrix was returned at 11-11-11, it was not active. And many of you not only helped the Earth receive it, but you received it within your Sacred Heart Center. And you also received it for all Humanity that was still asleep. So, I wanted to remind you of that, because so much has happened on our Journey into Mastery in the last several years.

Melainah: Just a reminder that yesterday was the 11-11 of 2023. And each of these Portal openings increases the Light and the frequency coming to the Planet and to each one of us and to the Light Codes that we all hold in our Field. They're all enhanced through these Portal openings.

Joan: Well, you know, another thing is we really want to make you aware of not only how far you have come since that 11-11-11 Conference, but since the ending of our Journey with Mastering Alchemy and the opening of Ascending Masters, but also that Seating of the Divine Image, which prepared us for the starting of this Ascending Masters project. So, a *lot* has changed. You have individually and Collectively changed in your Consciousness, in your state of Being, in your ability to hold the Light that you are now capable of holding.

Melainah: So, this year alone has been massive in the Energetics that we have received. So, to that end, Joan and I thought we would do just a summary of what has occurred in these Sessions this year, because when you put it all together in a collective way, you can see how massive it has been.

So, we're going to do a little review of each Session.

And when we're done, we're going to open it up for discussions and see how these Energies this year have resonated with you and how you're doing with them.

Joan: I just was going to say I think that in this review, from the perspective of that 11-11-11 Conference and then as you have moved forward over the years, since 2012..13..14..15..16: how different you are! And I think that is really important for us to recognize the state of Consciousness that we are capable of holding right now.

[Note: Please also see the document: History of the Christed Matrix.

The discussion following the review is not transcribed but is available as recording E]