

So now let's review Session 7 through 13.

### **Session 7:**

In Session 7, we upgraded the 6<sup>th</sup> and 7<sup>th</sup> DNA Strands,  
which are now operating from the Quantum Cosmic level.  
Every step was so precisely orchestrated.

And we also reclaimed our sovereignty in the body.  
We began alchemizing our *physical* body,  
bringing harmony to our Unified Field, as our entire Being was upgraded.

You know, that upgrade of reclaiming our sovereignty in the body was also a big energetic download, because it's in that sovereignty from Soul-Spirit that we are no longer limited by matter, by form, that we have the opportunity to change all previous misconceptions about matter that we cannot do anything about the way the twists and turns our lives take. And this is totally incorrect, as you well know.  
So, it was in reclaiming that sovereignty of your Soul-Spirit over the body of matter.

### **Session 8:**

In the 8<sup>th</sup> Session,  
we energetically became unified with the entire Community of the Council of Twelve.  
We filed in together, and we took our seat in a section,  
surrounded by every Member of the Council.

We brought our primary Color and Sound Codes into the body and the Chakra system.  
Our primary Color and Sound were mandatory  
for the body's Energy Centers to come into a multi-Dimensional state.  
This upgrade was imperative for the body to receive and alchemize  
the influence of the ever-increasing Energetics that followed in the next Sessions.

Nothing could have been accomplished without that 8<sup>th</sup> Dimensional Light Template.  
The 8<sup>th</sup> Dimensional Light Template will continue to be a huge game changer.

Here again, as Members, working Members of the Community of the Council of Twelve, all of these upgrades, all of these energetic adjustments make us more fully Members of the Council, working Members, because we represent the Energetics of the Human form and the Consciousness that is bringing that form back into its original state as it was intended.

**[3:55] Session 9:**

In Session 9, the Council of Twelve brought the 1<sup>st</sup> through the 5<sup>th</sup> Light Packets into the present time.

The 5<sup>th</sup>-6<sup>th</sup>-7<sup>th</sup> Dimensional Light Packets began to emanate from the Quantum Cosmic Field.

Take a deep breath.....

These Energetics that we are speaking about in this review are being upgraded at this very moment.

We placed the 6<sup>th</sup> Light Packet in the 9<sup>th</sup> Strand of DNA.

And we incorporated the 8<sup>th</sup> Dimensional Light Template into the 9<sup>th</sup> Strand of DNA. It created a golden glow that was not present in the other Strands of DNA.

The 8<sup>th</sup> Dimensional Light Template greatly influences all the Light Packets and continually upgrades the Seed Crystals and the Pineal Center through the constant Sound Codes that emanate from the Light Prisms.

You activated your primary element and placed it in your Earth Star.

These, again, were massive energetics Sessions and bear your review more than once In the time of rest.

**Session 10:**

In Session 10, we welcomed many Master Beings of Light.

And we downloaded the Light Codes that emanated from our Central and Spiritual Sun during the opening of the 8-8 Lions Gate Portal.

These Light Codes are supercharged and the most powerful we have received thus far.

The Portal opening provided the opening of a new passageway from Lyra to Sirius and then to us, by passing through Sirius to the Earth.

The re-opening of this passageway has been a long-awaited opening by the Inner Earth Communities.

**[6:50] Melainah continued the Session 10 review of the 8-8 Portal and the Blessings that were given at that time:**

Eight Sirian Lions and Lionesses were joined  
by the eight magnificent Lions and Lionesses from Lyra,  
as they have joined us today.

The Sirian White Lion or Lioness you met at last year's Conference stood before you.  
And she transmitted and activated the next Iteration  
of the 8-8 Template and the Golden Infinity Symbol to the next octave.

Next, a Lyran Lion or Lioness transmitted a very different set  
of frequencies and ancient Codes,  
now held by the Golden Infinity Symbol and Template.

The results of both Transmissions are moving you to a new timeline and octave  
where every one of the frequencies you hold increases continually exponentially.

In the final segment of this Session, the Sirian and the Lyran Elders  
presented us with a gift of incredible, beautiful, ancient and sacred Blessings.  
These Blessings were unprecedented.

Take a deep breath..... And feel that in your body right now.

Next, you upgraded your Light Body to the 7<sup>th</sup> Dimension.  
This upgrade was a very significant event.

One of the most noteworthy and important Holographic upgrades you received  
was the 8th Dimensional Light and the 8th Dimensional Light Template  
surrounding your 7<sup>th</sup> Dimensional Light Body.

The Sacred Heart Center of the 7<sup>th</sup> Dimensional Sacred Heart  
continually draws from the clear Crystalline Heart  
of the 8<sup>th</sup> Dimensional Light and Light Template.

Now that your Lightbody is a 7<sup>th</sup> Dimensional Body of Light,  
it begins to replicate and match  
the clear Crystalline Heart of the 8<sup>th</sup> Dimensional Light and Light Template  
in the Unified Field that surrounds your Light Body and your physical body.

These were huge Energetics that were given to us at that time.

[10:37] **Session 11 :**

In Session 11, we had an open discussion on the transition of John.

We discussed the main points of Sessions 7 through 10  
and upgraded them to the present time.

Next, Melainah discussed John's gift to our group  
when he accessed his 8<sup>th</sup> Dimensional Field of Light in his transition.  
He opened a pathway for all of us to follow  
when it is our turn to leave our physical body.

And many of you will start to realize that your awareness of the Presence of John  
in our meetings and in our sessions and maybe even in your private time  
is totally different than our perception of him in his physical body.  
You are beginning to see just who he is,  
like he sees you as the beautiful Being of Light that you ARE.

In that Session 11, we had an open discussion and a Question and Answer period.

**Session 12:**

In Session 12, we upgraded the 10<sup>th</sup> Strand of DNA  
and placed it in the Energetic Field of our 5<sup>th</sup> Dimensional Body.  
We can now recover Memory Codes necessary  
for our continual evolvment in our state of Consciousness  
while using a 5<sup>th</sup> Dimensional Body.  
One asset to that, even though we are using a 5<sup>th</sup> Dimensional Body,  
Is that we have upgraded our Light Body to the 7<sup>th</sup> Dimension.  
We currently now have ten Strands of activated and upgraded DNA.

Next in this Session we learned the Master Light Packet operates at the Quantum levels.  
We drew the Imprint of the Master Light Packet  
from the Sacred Heart Center of our Light Body  
and placed it in the Vortex of our Soul Star,  
where it began activating and functioning in fullness, as it was originally intended.

Take a deep breath..... You can feel the massiveness of these Energetics.....

Because we activated and upgraded all seven Light Packets  
and wove them into the activated Master Packet,  
they are and are now transcendent and unequalled Packets of Light,  
a huge asset to us in the coming times.

[14:19] **Session 12, cont'd:**

Weaving the 10<sup>th</sup> DNA Strands and the seven Quantum Light Packets  
into the Master Packet  
and placing them in the massive complex of our Sacred Soul Star,  
an energetic resonance was established,  
bringing them into complete coherence with our original state of Mastery.

These significant activations and placements  
provided a major step forward on our Ascension Journey.

Now that you have consciously placed and activated the Master Light Packet  
in your Soul Star,  
a new Gateway opens that provides deeper access to your Soul's and Spirit's purity.

In the past two years, Ascending Masters of Light brought your conscious access  
to your Soul to levels not achievable, since we fell below the 8<sup>th</sup> Dimension.  
As the integration occurs, you will begin to truly embody your Soul and  
experience yourself as the full essence of a Soul walking around in a human body.

Take a deep breath.....

And, as you can see, Session 12 was energetically potent and quite extensive.

**Session 13:**

In Session 13, we talked about the meaning of the Arc of the Covenant.  
And we upgraded the Arc of the Covenant and brought it into the present time.

This Arc is now a massive arc of Light that creates a magnificent rainbow-colored arcing  
that extends throughout our Energy Field  
and sits in the apex of the 4<sup>th</sup> Triad,  
facilitating our ability to use Ze'On Particles of Thought more proficiently.

The Arc of the Covenant holds the complete knowledge  
that you are never separate from the Source of your Being  
and you are created not only in the Image of that Source  
but you are created in the Similitude of Prime Creator.

This Energetic means that you possess an exact replica of Creative abilities and the Mind  
to create from the vast Christos Consciousness as "The All That Is".

[17:55] **Session 13, cont'd:**

We now have access to the full use of the seven Light Packets and the Master Packet.

This brings a coherent function to the DNA Strands of the physical body.

It alters how thought is thought and

brings communication and an unequalled Mastery through the Voice of your Spirit.

Next, we activated the 11<sup>th</sup> Strand of Creative Light that is part of your Spirit.

This Strand was first thought to be a DNA Strand of the body,

but it is not part of the physical body -- it is part of your Spirit, which is eternal.

It brings a refinement of Consciousness relating to your Mastery.

It also brings the actual Similitude of your Spirit with Prime Creator.

This activation took place at a very basic level.

It must be set and integrated during our quiet time so everyone is prepared to use it  
in the 3<sup>rd</sup> and final segment of the Ascending Masters of Light teaching series.

And, I might add, energetic upgrade series!

Allow the basic Energy to take hold in your Field.

Do nothing with them at this time -- Nothing is required -- allow them to be there.

And if you will do this, all will unfold much easier for you receive them.

Melainah then led us in an Energetic Declaration.

The full Council requested that we, as the human Members of this Council,

create, participate, and facilitate a process in service to all of Humanity.

This is the first time they have set a parameter in play for a service project.

They emphatically stated and wanted everyone to understand

that we are not to interject or attempt to affect the Planet, itself, in any way.

From the Wisdom of your brilliant Soul,

you brought into your highest possible frequencies of clear communication,  
understanding, and cooperation.

These frequencies are designed to hold and radiate

refined multi-leveled frequencies and Codes of the Element of Love.

We focused on a revolving Holograph of Earth,

where there are currently over eight billion Souls  
incarnated in human form on our Planet.

As the Earth spins slowly before you,

pinpoints of Light ignite everywhere across the Planet.

We connected the Light into each one of those eight billion Souls.

And we watched as each Soul received exactly what they could hold.

**[22:33] Summation of the Energetics of these Sessions:**

As Melainah and I have said a few times in this discourse of review,  
I don't think we realized that everything was a coherent step in our evolution.

The more we revisit the activations,  
the more we can embody those Energetics at the upgraded level.

It's not about *knowing* the concepts.  
It's about *experiencing* these massive Energetics.....  
and then we will know and be able to understand fully.

As you can see, as you can feel, as Melainah and I have presented these reviews,  
that these Energetics are upgrading and you feel that upgrade as we speak –  
the different upgrades that have taken place energetically  
when we are meeting as a Collective Consciousness