

Ascending Masters of Light Level 2 Session #14F 11-12-2023
Melainah Thoughts on the Quiet Time

As we go into our quiet time, for those of you who weren't on in the very beginning, we're suggesting that everyone take the remainder of this year off, and to enjoy some down time, some quiet time. Enjoy the holidays; be with your family. Eat some great food – all of that.

And then maybe as we get into January, start doing a review of this past year's sessions and then last year's. And bring all of those Energetics into present time before we do begin next year.

The Council was talking to me this morning. And they want everyone to be sure that they are aware of their primary element and not only to know what it is. But they request that, if you are not already, that you begin building a resonance with that primary element. And you can, of course, in many ways. And one of those ways is to do it through the relationship with the 12th Dimensional Being of your elemental kingdom.

And this is going to be important, because I foresee a service project next year that will involve this.

So, if anyone does not really understand what that is, contact me, email me, whatever, and I'll help you figure out what it is, if you have any doubts about what yours is.

And before we move to close our session, there are a couple of things I hope that you will take with you into the quiet time.

And that is the absolute Knowing that you are a Soul inhabiting a body. And that one of the functions of your Soul is assisting you in remembering that you that pure, Divine Light.

And the only other thing is that you perhaps start consciously to invite the Wisdom of your Soul to participate with you consciously in how you move through the world.

And with that, I thank each and everyone of you for participating this year.