

**Joan:** Hello, Everyone, this is Joan.

And this is **John:**

Welcome, All, to the 3<sup>rd</sup> session of Ascending Masters of Light, Level 2, Session 3.  
April 2, 2023.

We have all prepared ourselves for this session and are seated in our seats in our Light Temple Crucible.

Today is an open discussion and Q&A about what was presented by our Groups 1 and Group 2.

Joan and Melainah will set the Collective Energy. They will make any announcements that are relevant and talk about the protocol, because that will be important, for our discussion and Q&A.

The Council of Twelve, then, will speak to us after our Q&A.  
And then as that Council, we will close our session.

So, now, let's turn it over to Melainah and Joan.  
Here they are!.....

[1:48] **Melainah:**

Welcome, Everyone, we are delighted to be here.  
So glad to see all your smiling faces.

So, we're all settled within our beautiful Crucible, our Cosmic Light Temple.  
Take a deep breath.....  
And be aware of yourself in this beautiful space.....  
Allow yourself to feel the Energetics that have been set within this Light Temple.....

So, we will begin with this Energetic Prayer:

## Energetic Prayer

I AM Light.

I AM the Light of the Creator,

I AM created in the Image and Similitude of my Creator.

I AM a creator that creates form within form.

I AM Light, Luminous Light.

I AM a Fractal of the Spiritual Sun.

A Liquid Crystalline River,

Of Living Light flows through and within me.

I AM Light.

I Live and Flourish in Light.

I AM the fullest expression and intention of Light.

I leave imprints of Light wherever I journey.

I AM LIGHT.

Adapted by Melainah Grace

4/2/23

[4:13] **Melainah:** OK. So, let us start our session for today.

With the advent of this new 2023 Series, a few changes have been implemented  
at the request of the Council.

(1) The first one you are already aware of, as you did today,  
you brought yourself into the Temple  
and have yourself seated with your Energetics flowing.

And going forward you will be bringing yourself into the Temple,  
into our meeting room, for each meeting that we have  
with the exception of the 16<sup>th</sup> when we come back --  
You will meet Joan and John and I at the doors of the Temple.

So, one of the reasons additional steps have been added is  
because you will be bringing yourself into the Temple.

It gives you an opportunity to be very intentional  
in setting your Energy and your frequency as you enter.

Now, when we have special occasions like the opening of the year, like we did on 3-19,  
or the opening of a Conference, or something of that nature,  
we will enter together as a Group.

But otherwise, you will enter each one.

(2) Now, on the 16<sup>th</sup> when we meet outside the Temple, the reason for that is  
there will be another rearrangement of our seating configuration.

And we hope sometime between now and then we will have a graphic for you,  
but we don't have that yet.

But that's the reason we will meet outside,  
so that way we can have an opportunity to describe the new seating arrangement.

(3) Another thing we're going to try – the Council as a whole was just so pleased with  
the Presentation done by the entirety of Group 1 and 2. And in an effort to have a way  
for you guys to participate, we're going to try this and we'll see how it goes.

So, for our opening, we're going to ask that you as the Members of this Collective,  
you're being invited to participate by creating an opening-centering inspiring invocation  
to begin our sessions. We ask that it be brief, no more than 1 or 2 minutes or so.

If you submit those by email to us at [ascendinglightmasters@gmail.com](mailto:ascendinglightmasters@gmail.com), and then Joan  
and I will select, based on what is coherent with the Teachings of that day, one to  
present. Now, obviously there's 60 something of us, and we don't have 60 something  
sessions. So, we will not be able to use all of them. So, don't get your feelings hurt or  
anything. So, we will pick just what seems to flow best with the Energetics that we need  
for that day. But, anything you want to create, submit, that is inspiring and uplifting.  
Anyway, again this gives another opportunity for each of you to be a little more actively  
involved in our sessions.

[8:18] **Joan:** I think you've covered it.  
We'll get more in-depth in some of that next time we meet.

**Change in meeting schedule:**

We won't meet next week because that's Easter.

And we hope everyone has a wonderful, Light-filled day.

And then we'll meet again on the 16<sup>th</sup>.

And, instead of on the 30<sup>th</sup>, we will meet on the 23<sup>rd</sup>.

Then there will be a 2-week break, before we have another one.

We'll send you those dates, but I wanted you to be aware ahead of time that the one on the 30<sup>th</sup> has been moved to the 23<sup>rd</sup> because it has to do with what is being presented in the new Energetics and Teachings coming up this year. So, we want to keep things real coherent, because these Energetic Presentations are quite dynamic.

So, the next thing on our agenda is to talk about these protocols.

We've decided for the sake of coherency to divide these discussions into two separate discussions, one from Group 1 that will be an open discussion on what Group 1 presented. And the questions will be directed towards that Group or the Group in general. And then we will have that for about 15-20 minutes.

And then Group 2's Presentation will be discussed. And any questions or comments that are made are to be directed to the Group or to membership in general.

**Melainah:** We want to talk about the protocols that have been established for the Q&A and for all the sessions and community calls. And we will use these protocols going forward.

**Joan:** It just makes it a lot simpler for everyone.  
And it keeps the Energies at a very potent level for the entirety of our Group.

So, based on the feedback from various members of our community and Melainah and I's own thoughts on the Ease of having these discussions very profitable and flowing energetically cohesively, we've come up with these protocols that will help everybody.

There are 3 protocols, and we will give you what they are, and then we will give more information about each one. And we'll give you an opportunity if you have a comment or anything about them, before we get started on our discussions.

[12:02] **Joan, cont'd:**

(1) First one is to stay on topic.

(2) Is your question or comment positive?

Does it uplift, elevate, expand, or contribute to the understanding of the topic?

(3) And we ask that please, no personal questions or issues be discussed at this time.

If you are wanting help, please reach out on our facebook and ask. And people are more than happy to accommodate and help in any way they can.

Let's start off with the first protocol which is

(1) Stay on topic.

And this is self-explanatory.....

If you have other questions not related to the established topic(s), post those on our facebook page. These questions will be open for community response. And that's what that facebook is for – Use it to your advantage! We are now beginning to operate more as a unit, as that member of the Council of Twelve. So, use that communication portal to ask your questions or make your comments and share what you know, share what your experience is.

If you have an administrative-related question, such as times or scheduling, etc., contact either Melainah, myself, or Kimberly, and we will respond.

Specific questions to me or Melainah relating to Teachings or past classes can be sent by email to [ascendinglightmasters@gmail.com](mailto:ascendinglightmasters@gmail.com) and one of us will respond, particularly if it's for either me or Melainah. We'll contact you and we'll make sure that you're getting your questions or your concerns addressed.

**Melainah:** Our second protocol is

(2) Is your question or comment positive?

Does it uplift, elevate, expand, or contribute to the understanding of the topic?

So, before asking your questions or making a comment,

first check-in with yourself and see where your frequency is vibrating.

Where is your frequency?

And are you coherent with the Energetics

that have been set within the meeting chamber of our Cosmic Light Temple?

Are you in the frequency range of the Community as a whole?

If your answer to any of these questions is no, then please just enter the chamber, sit quietly and allow yourself to just BE in the Energetics of our Sacred Space.

[15:19] **Melainah, cont'd:**

(2) cont'd:

Feedback from the Community has been that our time together is something they look forward to. And gathering together gives them the opportunity to step out of the challenges that many in our Community are dealing with.

They have prepared themselves and have their frequency set.

If you have not taken the time to do so, or you are having a bad day, you don't feel well, please be mindful and aware of yourself, and be respectful of the frequency that the Community is holding.

If your frequency is not where it needs to be, again -- enter the meeting chamber and sit with the intention of raising your vibration. If your frequency is down in the basement that day, we don't want to join you there.

Your frequency, of course, is your responsibility.  
And the only one who can shift it is you.

So that takes us to #3.....

**Joan:** And that is

(3) No personal questions or issues.

And both of us have kind of talked about that, but for many reasons, we'll state it again, and please keep your personal questions or issues private at the meeting time.

We are a Community and we *do* want to support one another.

And there are ways in which you can do that and get the support that you need.

Everyone of us are dealing with unusual things that we're having to deal with.

Speaking from a personal level, I don't like some of them that I'm having to look at!

If you are ill, facing surgery or another medical procedure, or going through a difficult time, and you would like prayers, positive thoughts, Love and Light sent your way, use our facebook page. Make your request.

We are ALL happy to respond in any way to help you.

**Melainah:**

So the takeaways from these protocols are:

~Be aware of yourself and your vibration.

~Be respectful of everyone else in the Community.

[18:48] **Melainah:**

Alright... So let's move on to our discussion and questions and answers about Group 1 and Group 2's Presentations.

First off – both groups did such a magnificent job!

I mean, I was thrilled and pleased with every single moment of each of those Presentations. You each were masterful. You brought forth what needed to be brought forth. I think we all have a so much better understanding of these topics.

But with that, we'll start with Questions or Comments for Group 1.

So if you have any questions about what Group 1 presented, which was "What is the Quantum Field and What is Quantum Entanglement", please address that to Group 1.

And anybody from Group 1, if there is anything more that you would like to add from your perspective of having gone through that Presentation, and your perspective from that, we'd love to hear from you also.