

Joan: Well hello, Everyone, this is Joan.

And, as you can see, John is not with us today.
He had a little setback in his Journey into better health.

A couple weeks ago, he had a severe infection in his blood. And he was admitted to the hospital. He spent a week there, which really debilitated him. But, you know, with the antibiotics, he's come along quite a bit.

And so, the doctor recommended that he be transferred to a physical therapy facility to get his energy back, because he couldn't even get out of bed by himself. So, it's been quite challenging the last couple of weeks.

And he has done an amazing job. He is just really committed to staying on this Planet and being with everybody through the entire course here.

So, he has been able to get in and out of the bed, himself. He walks with a walker in PT. He's not yet able to do that on his own. But we're hoping one more week in physical therapy and he'll be able to come home. And then he'll have some physical therapy at home.

So, anyway, I know he misses everyone.

I just wanted to let you know what was going on at our house!

So, with that, let us begin our session and get started here.....

Melainah: Hi Everybody!

We're happy to be with everyone.
Happy to see all of your smiling faces!