

Joan:

Hello, everyone. Welcome to our Ascending Masters, Session 9.
We're delighted to have everyone with us. So, we will get started.

Before we get started, I have a couple of reminders.

We've talked about this before, but I think it bears repeating.
I decided that it was something that we should talk about.

We've talked about the fact that

every Ascending Masters Session was layered and energetically potent.
And, as we move forward, as you've noticed, they are even more accelerated.

Every Session we have had since the beginning of Ascending Masters of Light
has been layered and energetically potent as well,
but not to the degree they are since we started Ascending Masters.

What is happening in us is bringing back into our conscious awareness
all of these things that have been given to us over the years.

And each and every thing that we have received since Ascending Masters in 2016
is now being brought up for us to see in a different State of Consciousness.
And they are energetically being upgraded and added to.

So, we can't say any longer, "O.K., I have learned that what's next?"
because it's not that the Teachings coming forward aren't new,
because they most certainly are,
and they are most layered and energetically potent.

But they are built upon concepts that we were given
and didn't have the Consciousness to use in a way that we can use it now.

So, keep this in mind when you study and you review, and you meditate,
and you contemplate in between Sessions.

Always sit a few minutes before we start.

Prepare yourself.
And have yourself in a state of as near 150% Light as you possibly can.

So, now take a deep breath and get centered in your Sacred Heart space,
as you were when you were in that nice quiet place, before we began this Session.

And we will begin.....