

Melainah:

Everyone take a breath.....

So, together we are going to start the flow of our process.

This will be an abbreviated version

in order to bring the Energetics and the flow into the present moment.

So, place your awareness on your 8th Dimensional Sacred Heart Center.....

See the spiraling Stream of Light that holds your primary Color and Sound Codes,

continually flowing in the Infinity pattern,

into the Sacred Heart Center of your physicality

and back to the 8th Dimensional Sacred Crystalline Heart.....

Actually feel that flow moving through the Center of your Being.....

weaving all the Energetics.....

Bring the flow fully into your Heart Chakra.....

and now into your physical Heart,

saturating it with these magnificent Energetics.....

From your Heart Chakra,

allow the spiraling Stream to flow into your 3rd Energy Center.....

into the 2nd

and the 1st

This flow increases the frequencies of your Sacred primary Color and Sound Codes

in these Light Centers.....

Visualize these Centers spinning gyroscopically in unison with your Heart Chakra.....

The flow now continues down your legs and fully immersing your Earth Star.....

Allow the flowing Stream of Light to continue into the Toroidal Field,

up to the apex of the spinning 4th Triad.....

filling the 11th Energy Center.....

and the 10th..... and the 9th.....

The flow continues into the 3rd Triad.....

filling the 8th Energy Center.....

and onward to your Soul Star.....

[4:47] Now filling your Golden Chalice,
which is now permanently in place now at the base of your skull.....
Bring that flow into the Medulla Oblongata.....
where the Liquid Crystalline Light moves into your Pineal Center.....

Continue following the Stream into your Crown Chakra,
as it moves through the Magenta Lotus and Flame.....

The Liquid Light fully engages the entire 2nd Triad.....
the Seed Crystals.....
your spiritual vision Center.....
and Infinity Template.....

Increase the frequencies to the highest level you can safely hold within the Triad
and within the entirety of your cranial structure.....

Allow the flow to move into the expanded 5th Energy Center of your throat
that holds your physical and your spiritual voice.....

The flow continues filling all of your body with the Liquid Plasmic Light,
as it returns to your Heart Center.....

Take a breath.....