

**Joan:** Take a deep breath... be present and aware.....

**Now we will proceed with bringing the 6<sup>th</sup> Light Packet, the Seed Crystals,  
and the 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensional layers into present time.**

### **The 6<sup>th</sup> Light Packet and 8<sup>th</sup> Dimensional Light Template**

The first four Light Packets that we activated emanated from a  
Field of Awareness of the Unified Field of human consciousness in physical bodies.

The 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Light Packets emanate from the Quantum Field.

The 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Light Packets impact all other Light Packets that have been activated.  
They upgrade and uplift the Energetics that they contain.

The basic 6<sup>th</sup> Light Packet was activated  
in our pre-Conference Session of 2022.

In the 2022 Conference, we then energetically brought the 6th Dimensional Light Packet  
into present time.

It was placed in the Heart Center of our Light Body.

The 6<sup>th</sup> Light Packet activated the 9<sup>th</sup> Strand of DNA  
that relates to the higher purpose for our Soul as it came into a physical body  
to create and manifest a 5<sup>th</sup> Dimensional physical body.

The upgrade of the 6<sup>th</sup> Light Packet is essential to create and manifest  
our 5<sup>th</sup> Dimensional physical body that can hold a fuller expression of our Light Body.

The Light Packet eternally changes any separation anomalies that affect our physical body  
as it functions in the 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensional States of Consciousness.  
It brings a fuller conscious awareness of who we ARE as Light Beings.

The 6th Light Packet was also placed in the 9<sup>th</sup> Strand of DNA.  
And it is also a very important Strand  
because it has not been a viable Strand since the fall of Consciousness.  
It has not been available to you  
since you have been incarnating in a 3<sup>rd</sup> or 4<sup>th</sup> dimensional physical body.

The 6<sup>th</sup> Light Packet and all the remaining Light Packets are very important  
because they are foundational Energies that are raising the bar.  
They are raising the Energy of the body and State of Consciousness.  
They are upgrading everything.  
By bringing those Light Packets and the DNA Strands into present time,  
they magnify and significantly upgrade your Consciousness and your Energetic system.  
When this 6th Light Packet is activated and placed in the 9th DNA Strand,  
it significantly changes the state of Consciousness in an energetic frequency range  
that each individual carries in their bodies.

That state of Consciousness brings automatic upgrades to each activation without doing anything but being aware of how magnified things have become in your Consciousness. There is a gradual upgrade that takes place in each and every Session.

After this Level 2 Session 9 gathering,

we will no longer have to upgrade any activated seven Light Packets  
because we will create an automatic upgrade each time that we meet.

And this is because we meet in that Collective Consciousness of the Light Temple and the Council of Twelve.

So now, take a deep breath

and center yourself in your Sacred Heart Center of your Light Body.....

Be aware of the Streams of Consciousness of the entire Council of Twelve  
that surrounds you.....

Take another breath .....

With your Intention to bring the current 6<sup>th</sup> Light Packet into this present time.

Another breath.....

Notice how the 9<sup>th</sup> DNA Strand lights up immediately to support this  
and all further upgrades.....

Another breath..... present and aware.....

Refined Energetics are evolving constantly and being upgraded.

Your State of Consciousness grows as well as your Light frequency.

Your ability to maintain refined states of Light frequencies

within your body and your mental-emotional body is very important now.

So, be aware of that, and guard it by paying attention to your thoughts and your emotions.

Change them immediately when you're triggered or things happen in your physical life  
that you have no control over,

because negative thoughts and emotions cause your frequency to drop  
to a level of concern, worry, or aggravation.....

Now that the 8<sup>th</sup> Dimensional Light Template has been unlocked,

it reconnects you to the Higher Light aspect of yourself

and sets in motion different frequencies and sequences of Light Codes.

As we progress together in this Teaching series,

this 8th Dimensional Light Template will change everything,  
including how you perceive yourself.

The 8<sup>th</sup> Dimensional Light Template is radiating in the 8th Chakra and your Higher Mind  
as well as in your Soul Star and your Earth Star.

We wove the 8<sup>th</sup> Dimensional Light Template into the 9<sup>th</sup> DNA Strand,

creating a Golden glow within the 9th Strand of DNA, like no previous DNA Strand.

The 6th Light Packet is also filled with the Luminous 8<sup>th</sup> Dimensional Light  
and a star-studded effervescence.

**[9:33] Seed Crystals and Light Prism** -- Now, I'd like to discuss the Seed Crystals.

The Light Prism activates another level of Seed Crystals in the brain  
to bring the Seed Crystals into another frequency range.

The Light Prism has a great influence on all of the Light Packets.

When it was first introduced to you,  
it was in a stepped-down version of 5<sup>th</sup> Dimension,  
which was at that time a stretch for all of us to fully conceive of its complete use.

One of the most valuable uses of the Light Prism is that  
it continually upgrades the Seed Crystals in the Pineal Center  
because it constantly emanates a number of Sound Codes.

The human brain has to be significantly upgraded  
as we move forward in this Ascension process.

The 7th Dimensional Light Prism activates the Seed Crystals in the brain,  
bringing an energetic coherence to the brain  
as it processes the complexity of creative thought of the 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensions.  
The unlocked 8<sup>th</sup> Dimensional Light Template also greatly influences the Seed Crystals.

These upgraded Seed Crystals continually transmit refined Light emanations that alter  
the physical body at a cellular level when you chemically change the human cell  
through the compression mechanism that is utilized in the 2<sup>nd</sup> Triad.

Everything that concerns the body and its consciousness changes.

This includes the cell, the neurons and the neurological system, the neurology of the brain.  
And the body gets a complete upgrade.

Take a deep breath..... That's a lot to take in.....

The Seed Crystals are the prime activator of these upgrades that need to be initiated  
as well as specific time and progression of these activations.

The creative Light transmitted from these Seed Crystals is immense.

They are designed to create the changes that are required on many levels  
as the refined Dimensional sequences begin to manifest.

They are a radiant instrument that changes the synapses of the brain  
and the ability to process Christed thought.

Every Lobe of the human brain begins to function more effectively now  
with purpose and the design in the refined Dimensional level that was originally  
intended when the human body was created, before the fall of Consciousness.  
A whole new world opens to us when these Lobes of our brain begin to function.

These activations widen our Ascension Path and move us forward  
in an accelerated way.

**[13:51] 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensional Layers:**

The 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensional Light Templates were unlocked  
because they affect the Electromagnetic Field.

Now let's step back a minute.

We've said a lot of things about the 5<sup>th</sup>-6<sup>th</sup>-7<sup>th</sup> levels of many things.

We've talked about the Light Templates; we've talked about the Light Packets.

So, sometimes it's confusing keeping this in a progressive way.

But now we're talking about Dimensional layers of Light that the Light Templates bring to us.

And they were unlocked in several Conferences of Ascending Masters.

When they were unlocked, they affect the Electromagnetic Field.

When the 8<sup>th</sup> Dimensional Light Template was unlocked, it upgraded them to another level.

The Electromagnetic current is entirely different

and will not support 3<sup>rd</sup> or 4<sup>th</sup> dimensional basic dense anomalies.

They cannot exist on Earth or in humans who carry these refined templates

And you are that – take that in!

The unlocking of the 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensional Time Locks was crucial to your ability  
to be able to use the 8<sup>th</sup> Dimensional Light and the 8<sup>th</sup> Dimensional Light Template.

You cannot embody this 8<sup>th</sup> Dimensional Light Template,

but you can draw from and use it in your creative processes.

These Light Templates provide States of Consciousness that you would not be able to use  
if you had not unlocked each and every one of them from the Time Locks.

They enable you then to draw into your Sacred Heart Center the Element of Love,

and not only to draw it in but to absolutely use it.

The ability to access the 8<sup>th</sup> Dimensional frequencies and the 8<sup>th</sup> Dimensional Light Template  
was crucial to our Ascension.

It was not available to us until we created the 5<sup>th</sup> Dimensional body  
through the practice Master Kuthumi gave you.

During our downtime this past year, many of us practiced daily.

And so enough of our membership took that to heart and practiced for three months,  
therefore bringing the cellular system up to speed.

We began to alchemize every cell, every neuron in the body.

[17:33]

As we are able to use more of that 8<sup>th</sup> Dimensional Light frequency and the Light Template, things change *very* quickly.

We are now on the precipice of that change.

The changes are magnified tremendously and occur swiftly.

As we move beyond the density of the 3<sup>rd</sup> and 4<sup>th</sup> paradigms, we realize that we are no longer affected by that.

This is important for us to see.

These changes into a 5<sup>th</sup> Dimensional state of being physically, mentally & emotionally, created tremendous change.

Certain anomalies that we talk about in our conversations are not changed but they don't seem to exist anymore, especially when we hold higher frequencies of Light in our Fields.

And that's why it's important for you to pay attention when something comes up in your life that you have no control over or that is triggering you – pay attention to that and guard against it, so that those higher frequencies of Light in your Field are maintained consistently.

If we pay attention and maintain a frequency of Light of somewhere between 130 to 150% Light, we refine our Unified Field so that denser anomalies cannot exist.

Where there is that type of Light frequency, those anomalies, negative dense anomalies, cannot exist in that Field – it's immediately burned off.

Take a deep breath.....

We Can Do This!

And we will accomplish setting that Template for those coming after us to follow.

It's an important Template.

And those children coming in will benefit greatly.

The children who came in right after 2012 have had a very difficult time adjusting to the physical world and the way in which it operates.

These new children coming in from this day forward, because of all the activations that have taken place in that Template – It is a Living Document – and it will serve them even now.

Keep that in mind!