

Melainah:

In the past several sessions, we have upgraded the Chakras with your primary Color and Sound Codes & with the gyroscopic spin of all the Chakras, expanding their multi-dimensional Frequencies to the highest function that the body can currently utilize.

We have also upgraded the seven Light Packets and nine of the DNA Strands, which you are now holding stably in the continual energetic flow of the process we are using for our physicality and Toroidal Unified Field.

The flow of the Light Frequencies in that process keeps all of these massive upgrades in balance.

So, it's not only important, but it is extremely valuable for you to return to that process often.

Today, we will implement the next sequence of activations that will propel us further along in our Ascension Journey.

And we will begin with the upgrade of the 10th Strand of DNA.....