

Increased Frequencies in Temple Session 3d**Melainah:**

Okay. Let me get myself straight here. Me and my computer are having issues as well. Mercury is still retrograde right? [I don't know.] It's just all morning. It and I are not speaking the same language.

Okay. All right everybody. Take a breath.
Place your awareness within our Cosmic Temple of Light.

Notice that the frequency of our Light Temple has once again been increased.
So match your frequency to that of the Light Temple, and recognize yourself as your expansive Unified field.

Set your intention to receptive mode.

You are invited to receive today's transmissions through the wisdom of your Soul and your Soul Mind, which are now beginning to take precedence in your knowing of who you are.

So we shared in our last session that all the grand Beings of Light will be joining us in the temple for each session this year. Please say hello to all of them.

These Master beings, just by their presence, emit highly refined and pristine frequencies into the environment of our Light Temple.

Take a deep breath, and come into coherence with the vibratory increases you are experiencing in this moment.

Being with these grand Masters is in itself a powerful gift.

By experiencing their individual and collective frequencies each time we meet, will assist us in elevating and maintaining our frequencies.

These beautiful Ones are also reflecting back to us the magnificence and essence of our Soul and Spirits.

So be in gratitude as you come into this coherence with all that is occurring within this sacred state.

And now, please prepare to welcome our dear friend Kuthumi.

