

Ascending Masters of Light Level 3 Session 3a & b April 14, 2024

Greetings and Announcements

Joan:

Greetings everyone. Good to see you. Welcome to our 3rd session of Ascending Masters level 3. This has been quite an auspicious week with that solar eclipse. So, Melainah and I thought we would talk about all of the upgrades that have taken place this spring. It's been amazing, and the energetics are amazing. They're very transformational. So we'll get started with that. Melainah, do you want to start us off?

Melainah: I think we're going to do the discussion first.

Joan: Or you can. Yeah, it's fine.

Melainah: We can go. We start here. Before we do, Kimberly, do you want to let them know about the links?

Kimberly: Just be sure; the link will change each week, so the email is really important for you to access the Zoom meeting from the link. So you won't be able to use an old email to access it. But that's all I've got.

Melainah: Well, you know, with all the things that have already occurred this month, we understand, or at least I understand, that there's more that will be happening the remainder of the month. And I don't even know what those are, but I guess they're coming, whether I know about them or not. So there we go.

We wanted to let you know that our next session, well, and this will include our next session. So the next session, which is session four, will be on May the 5th. So we'll have the 5-5 portal.

So I don't think it's going to let up anytime soon. So, you know, these first four sessions are truly an initiation and will contain and have contained a series of huge energetic building blocks. And so we want all of you to know it's going to take time. For all of us to integrate these things. So just take good care of yourself as we go through all of these events. And because we know it's gonna take time for integration, to support that, we will take a mini intermission after session four.

Session five will be on June 9th and will be a community call. And on that community

call, we will want to hear from all of you of what you're integrating or how you're integrating, what you're noticing, what is changing for you, you know, with any questions that come up. So if the questions come up during that break period, write them down so we can talk about them on the community call.

And then session six will either be June 23rd or June 30th. We'll just have to wait and see what the council gives us to bring forth and just how it looks at that time.

Joan: I think it depends, from my perspective, how we are integrating these massive energies that have been brought in and the changes we are able to make in ourself as far as staying stable, consistent in our mental emotional body. Staying calm, holding a consistent light frequency. That's very, very important during these massive energetic changes that are taking place on our planet at this time. So that, for me, is how we as individuals and a collective consciousness are integrating and using these massive energies to the best of our ability.

And that'll be gauged some probably in that community call and prior to. It's amazing to me how the Council of 12 sometimes waits when Melainah and I are trying to organize a session, sometimes changes are continually made up until the very day of our session.

So that just shows me that not only individually are we involved in all of this, but collectively as ascending masters. So as soon as we have the okay or the, you know, and it may be as late as that community call when we know for sure, you know, what's the next step for us. So, at any rate, I just want to let you know that it's not that we don't know. So anyway, do you want to say anything about your experience with that eclipse Melainah?

Melainah: I'll just sum it up by saying it pretty much kicked my butt.

Joan: Me too. I told Melainah a couple of days after that, I said, I have never experienced it; it brought me to my knees. I have not left this house all last week. I just had to be quiet and integrate. They were that massive.

Melainah: It was. And we were trying to pull together for this session. And it wasn't; there's no question, it was a little challenging. Yes.

Next session 4 will be on May 5th - the 5-5 Portal! Session 4 is shaping up to be another powerful energetic session. It could be longer than usual.

These first four sessions contain a series of energetic building components that will take time for all of us to integrate. To support that integration time, we will have a mini

intermission after session 4.

Session 5 will be on June 9 and will be a community call.

We will want to hear from you on how you are integrating, what you are noticing, what has changed for you, and any questions you may have.

Session 6 will be either June 23 or June 30.

Recent Events and Group Comments Session 3b

Melainah: All right. So we thought we'd just kind of discuss with you a little bit about the eclipse and some other events that are upcoming. So as Joan said, these past few weeks have been extremely energetically potent. And of course they include our first two sessions of this year: the equinox, a partial lunar eclipse, Holy week/Easter, the 4-4 portal, the alignment of the planets, the comet zooming by, and the eclipse.

How are you guys doing with all of this? Joan, do you want to jump in there?

Group comments summary: "not very much fun; a lot of fun; a roller coaster ride; love the swirlies; never in my life experienced anything like this; channel some processes through the Masters and we would really feel the energetics, this is nothing like that; constant headache; staying grounded; neck out of alignment; difficult to ground; lose consciousness of time or no time - what day it is, what time it is, what season, what year - what's happening in the world; incredibly amazing; so happy; feeling our support is necessary; we are here to be the most loving people we can be in all situations; so thankful; look at it more positive, total realignment; so many gifts have been given in these energetics; everybody in my life is unfocused, ungrounded, having difficulties; high highs, low lows and everything in between; a wild ride; electronics issues; let go of all old ways of living and truly let 3D not exist for us; how to operate in this dimension: go back to tools and Light beings; a lot of change; what we came for; watching the whole thing with tears in my eyes and everything; states of appreciation and gratitude; absolute emotional joy of eclipse; heart issues, blood pressure, water - getting new body ready; repair and renewal of my body."

Melainah: All right. Well, you know, with all of the things that have already occurred this month, we understand, or at least I understand, that there's more that will be happening the remainder of the month. And I don't even know what those are, but I guess they're coming whether I know about them or not.

