

Metatron's Message to All Grid Master Members

Lord Metatron wants us to relay to all of the membership of Grid Masters that it is of prime importance that as many humans as possible hold their Light frequencies not only in 5th dimensional sequences but also in a stable 5th, 6th, and 7th dimensional range. We are asked to remember the edict we were given at our first conference in 2016 when we opened the first time locks. We were told to hold the 5th dimensional Light Template in stability in our bodies. Metatron re-iterated that to me many times this week. This time he said pay attention to when your frequencies drop and immediately stop and make changes.

Also, he wants us to convey to as many people as possible who are outside of our SDI group this message to hold a consistent level of Christed Light in a coherent 5th dimensional sequence. He wants everyone to step out of any political rhetoric as well as any divisive opinions and create daily calmness within our minds and bodies often throughout the day especially when you are in a reactive state. In this calmness, a 5th dimensional Light frequency will be showered at a very refined level into your body. Whether those who are not SDI members completely understand it or know about it doesn't matter. As this is occurring, open the Crown Chakra to receive this Light from the Source of your Being. Sit in the tranquility for as long as you personally can. This alone will help everyone who does this practice change the frequency within the 3-4th dimensional physical body at a cellular level. Great changes can be created in the frequency of the body in this type of environment. Those who can, will start to raise their frequency range with each practice session. Remember it is with intention and attention that a wonderful outcome can be manifested.

He wants the group to start broadcasting this practice to others outside of our group. It will help exponentially the chaos that is occurring now and help all of us to bring about some very constructive creations regardless of what our purpose and directive might be for this lifetime. Purposeful stable creations can be created when the consciousness of the body is emitting 5th dimensional frequencies.

The calmness in the body of each individual who is willing to do this practice has many benefits. The more you can have consistent light in your body, the less likely that your frequency range will drop. You will be able to hold as well as increase your Light consciousness far beyond the 5th dimension. You will be less likely to react to any outside negative influence. You will be able to see the truth in any situation. When this happens you will take the steps that are needed to do your part in changing lower level creations.

We thank each one of you who are willing to take an active role and share with all those that are open and receptive. Think of the difference that you as an individual can make by sharing this practice.
Blessings, Lord Metatron

