

[Transcriber's note: Channelings are word for word. Joan and Melainah's summaries are very close to word for word. In the discussion portions, sometimes comments and questions are a bit summarized or abbreviated. Hello's and Thanks, etc, are generally omitted.]

[00:51] **Joan:** Well, hello everyone, and welcome to our post-Conference Gathering. We have a lot to discuss today. There was soooo much that happened during those three days that we thought it would be very appropriate for us to briefly go over several points and briefly discuss them.

And then after each segment, we'll open it up for discussion and question and answer, because we never got a chance – there was so much going on in the Conference – we never got a chance to have any question and answer or discussion time.

**Melainah:** So welcome, everybody. We're delighted to be here.

We're interested later on in the conversation to hear from you guys and see how you're doing and how you experienced the Conference and how you're doing with all the Energetics now. And there were a lot of Energetics!

And one of the purposes for today, because we gave everything to you in this three-day segment, it was just one thing after another. So you were going from one Dimensional Field to another frequency to another time sequence, just one right after the other. There were so many. And some of the shifts in those frequencies were subtle and some were not. We thought maybe by kind of slanting a little bit from our perspective, too, some of the things that occurred that you'd kind of have a little bit fuller picture of some of the things that did occur.

So I think we'll start with a centering meditation.

And if you'll all join me in welcoming Archangel Gabriel.....

**[3:15] Archangel Gabriel Centering Meditation:**

Greetings, It is I, Gabriel.

I am delighted to be with you today.

So much has changed in your Energetic Field. Have you noticed?

We certainly have. It is brilliant and vibrating.

So, if you all will take a deep breath now, and let us get centered together in our Crucible. All have gathered with us at this very moment, being with you to support you, but to also participate.

You know, as much as we are here for service *to* you to help you in this Ascension process, we benefit also from these activations. It uplifts us greatly and allows us to transmit at certain levels of Energetics and certain levels of form, whether it be the human form relating to Earth or some other Galaxy that has form. We have reference points that you have given us as you have moved through these activations and these Initiations. So, we are delighted to be participating with you at this time.

So take a deep breath...

And be the Light that you ARE...

Be ALL that you ARE.....

beautiful, emanating Light....

streaming from your Sacred Heart Center,

as you ARE that magnificent, Holy, Divine Light...

as an individual creator.....

ever able to transmit the Light that you ARE...

to uplift and to show the way to other humans

who are struggling in these times of change.....

So as you breathe in the Love of the All That Is and you exhale the Light that you ARE, you are constantly giving service with every in-breath and every out-breath.....

I don't need to tell you to feel how tangible that is in your body,

because you have begun to experience it since our Light Conference began.....

You are learning to BE ALL that you ARE.....

This is an important awareness that you have recently known about yourself.....

So take another deep breath.....

And let us begin this session in our Crucible, Crucible of Light,

with every Member of the Crucible functioning in their full capacity.

We are the Light of the All That Is, united in one Crucible.....

So let us begin.....

[8:21] **Melainah:** Thank you, Gabriel. That was beautiful, as always.

**A. Friday AM of the Conference – Opening Segment:**

**Melainah:** So, we'll begin at the beginning.

-- The very first thing that did occur for us was that the Archangels expanded our Crucible to connect all of your personal spaces together, too, so we get one expanded Crucible throughout the entire conference. And I didn't ask the question of anybody, but I believe as we go forth and we gather together as One, our expanded Crucible remains in place.

-- So of course the Conference came ... from the Crystalline Lake Portal, which, you know, is emanating at that 8<sup>th</sup> Dimensional frequency.

-- And, of course, the Etheric Crystal came into play, as it has for all of our Conferences. And due to those activations and the Initiations that we received in the Conference, we are now able to draw from that Etheric Crystal. However, we cannot put anything into it. We can't adjust its frequency in any way. We are the receivers of what it is emitting. But that is another component that we now have to use for our own personal space and creations, as we move forward.

-- So the next thing we did in that opening segment was to return to our Personal Cosmic Light Temple. And those have been moved into a specific Dimension or frequency that all of our Teachers of Light decided was best for each of us. And they have been just telling me for the last three days to be sure I remind each of you to use this space, because it was created for you. And it can be a place of creation, rejuvenation, rest -- whatever you need it to be. And just ask before. For me, I love going there for the absolute Silence that I find there. And that suits my Soul. It kind of turns off all the noise of the world.

-- The next thing we did in that first segment, your Flower of Life received another upgrade and activation.

-- We received the next Iteration of the Magenta Color Coding, which we learned comes in in a circular motion and is now coiled within your Sacred Heart.

-- We also received the next Iteration of the Magenta Crystalline Lotus, which has become more multi-faceted and more multi-dimensional. And this Lotus is a very important element and will come into play more and more as we go into next year, I believe. And because of all of just those things we did in that opening segment, we can now receive more of the Light Codes that are coming in from the Central Sun.

-- We then raised our Merkaba to 130%.

**A. Friday AM of the Conference – Opening Segment, cont'd:**

**Melainah, cont'd:**

[Summary]: So everything done in this segment was done to assist us to raise our vibrational frequency individually but to also build it as a Collective. And we were also building a coherence, so we would be able to move more smoothly into that Quantum Field for all the activations and Initiations to come.

-- And then with that, we got in our Merkabas. And then we journeyed to Sirius B.

**[12:40] B. Friday AM of the Conference – 6<sup>th</sup> Dimensional Light Template:**

**Joan:** Well, at that time, we were met by An Ra Ta and Un La Ta, and we were taken to the Temple of Transparency, which was vibrating at a different vibration. And they asked us to FEEL the difference, because that Temple of Transparency is now operating for us at that 8<sup>th</sup> and 9<sup>th</sup> Dimensional level. And this is important for you to recognize, that you are now capable of not operating in those 8<sup>th</sup> and 9<sup>th</sup> Dimensions, but you are capable of gathering reference points when you are able to go to the Temple of Transparency. So, that's a very important recognition that we received as we entered that Temple this time.

And so, according to An Ra Ta, he assisted us in retrieving the last portion of that 6<sup>th</sup> Dimensional Light Template, which was Equilibrium, and the importance of that piece, of the Equilibrium, and how it balanced the electro-magnetic field and it changed the way in which we operate in that field. Also, it changed significantly the rift within our mental-emotional body. So this was a HUGE activation that took place in that beautiful Temple of Transparency.

**C. Friday AM of the Conference – Metatron leads us into the Quantum Field:**

**Joan:** From there, An Ra Ta led us down a Light Path to meet with Metatron. And we went with Metatron for the first time into the Quantum Field. And this was quite an experience for many of us, because we had not really actually traveled there. It wasn't that we weren't capable, but our Teachers of Light did not mention that to us, because we were still in the throes of reverting back to 4<sup>th</sup> dimension and that very stable paradigm. So, now we are more capable of holding the stability of 5<sup>th</sup> Dimension. And so it was time to introduce us to that beautiful Quantum Field of Creation.

[Summary]: So this was quite an exciting morning, very filled with so many activations that were so important that they built the basis for what we would do in the afternoon. Each day was just packed with certain activations that were dependent on the activations that took place previously.

**[16:07] Group Comments and Questions on Friday AM:**

**Joan:** So with that, we would like to open this up for a discussion on this first portion on this Conference with questions or comments.

1. **Suzy:** Is this Quantum Field a place where we can tap into then in our walking around space?

**Joan:** No. You have to do that with intention. You have to be holding a certain vibration. You can't do it just in the middle of your day, when there's a lot of chaos going on. You have to be in the Silence, in the Center of your Being, in your Heart Center. And, with your intention, then you go there.

So, it's a very creative Field. It's kind of like a process when you wanted to manifest something in your life – you have so much there in that Field to create with and manifest or to alter certain things that are bothering you or inhibit you in being all that you are. Because, moving forward, this is so important. As Gabriel said, the fact of Being the Light that you are.

So, any distortion that comes up, it's very important for you to eliminate it instantly, because it does then affect the way that you use that Quantum Field. If you use it from a 4<sup>th</sup> dimensional perspective, where you've been triggered, the result is you're going to draw from that. So you really want to be in that 5<sup>th</sup>-6<sup>th</sup>-7<sup>th</sup> Dimensional Field of Energy that you are, that you've been initiated into.

2. [18:57] **Katie:** Is it OK for us to talk to people not in our group about the Quantum Field, just calling it the Quantum Field of unlimited possibility?

**Joan:** Well here again, you have no way of knowing if they get triggered and move back into that lower dimension, just like any of us can get triggered. It's very unlikely that we would at this stage of the game, but you don't know that about other people in their private life. So I would say, "there is a field of unlimited possibilities of the All That Is." And leave it at that.

3. [19:53] **Kelly:** Is the Quantum Field similar to the 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> Ray?

**Joan:** It's much more than that. It goes into the 8<sup>th</sup> Ray that we really haven't explored. And I'm sure in this next segment of Teaching, that will be, because there is a library of frequencies. And it's a massive library of creation. It's not just a magic wand where you clear your stuff. It's so much more. And that is within the Quantum Field. So, it's so much more than that. When you operate with that 4<sup>th</sup>, 5<sup>th</sup>, & 6<sup>th</sup> Ray, you're operating at more of a 4<sup>th</sup> dimensional level, to help yourself move into that 5<sup>th</sup> Dimension stably.

**[20:44] Group Comments and Questions on Friday AM, cont'd:**

**4. Kelly:** I haven't yet figured out how to completely turn on my 3<sup>rd</sup> Eye. So, I still don't really see images. And it makes me wonder how I work with the Quantum Field if I can't really in my 3<sup>rd</sup> Eye see what it is. So, I'm still just working on a sense of Knowing. I'm assuming at some point my 3<sup>rd</sup> Eye will turn on.

**Joan:** Let me ask you this. Do you feel anything in this area of your forehead physically?

**Kelly:** Not usually. All my stuff is up here

**Joan:** In the Crown, which is great, because it's drawing into you. So just keep working with it. And some people are just more visual than others. It's a Knowing that I have, personally. And I think everybody is different in how... it's like your Mind's Eye knows that, for some reason. But I don't actually see a visual like I see with my physical eye.

**Kelly:** Yes! That's exactly how I experience it sometimes. I just sort of know it. I sense it and then I know it. But I sometimes wish I could see all those beautiful colors and hear those sounds I hear other people talk about, because I know it would activate my emotional body in a way that might not be getting activated right now.

**Joan:** Well, just be patient. It's in that Knowing that you will access those emotions.

**Randy:** I kind of have the same experience. Sometimes I do get visuals, but a lot of times I don't. I just let it be. For me, a lot of this is just a real subtle change of... subtle feeling. It's almost like a different feeling that's hard to describe, but even if you can't describe it, you can sort of access it again through that subtle energetic feeling.

**Joan:** I agree with you, Randy. I think that you can't discount these gifts of Spirit, which are clairsentient, clairaudient, clairvoyant – those types of things -- because there's not one better than another. Clairsentience is a very important gift of the Spirit. And that clairsentience, Kelly, enables you to feel at an emotional level those more refined emotions, not just happiness but Joy, Ecstasy – that kind of thing. It's that clairsentience that keys in to the emotions.

**Kelly:** I have to admit I have been feeling more connected to a deeper sense of Joy that isn't just connected to, "Oh I liked that piece of chocolate I just ate." It's much bigger. And it also feels easier to access. I just have to sort of put my attention there and I can feel it now. And that really didn't happen as easily before.

**Joan:** So, don't ever discount your gifts, whatever they are, because they are all important. You're individuals. And some of your gifts get activated before others and are stronger than others.

**Kelly:** That's it. I get that totally .

**Joan:** You're perfect just the way you are!

**[24:43] Group Comments and Questions on Friday AM, cont'd:**

**Melainah:** I'd like to add to that, also, Kelly and everybody. I think as we move forward and we play more and more in this Quantum Field, that how we receive is changing. I think I speak for Joan and I – just in the last... in this year even and the year before – the way we receive the information for the Conferences has changed a lot over this period of time. But as we become familiar with and ease more into that Quantum Field, then all of those perceptions will change in a totally different way than we can even imagine at this point.

But however you receive it, you receive it. And there is no right or wrong way. I used to beat myself up, early on, because I couldn't see like everybody else. Today I see some things; I hear some things; and some things I just know. And I just learned to flow with it. And if you try to make it be something or feel like you're missing something, then that gets in your way. So just let it flow to you, and it will.

**Beth:** My feeling is really that since we're part of the Crucible and we're now, I think, always in the Crucible, whether we're aware of it or not, each one of us has some kind of valuable input. And we do impact on each other, whether we're quite aware of it or not. And we're spread out all over the place, so we're tapping into grids and energy lines and all the rest of it. But at the same time with each other. And so I think this is what is so rich about the whole concept of the Crucible is that everyone is bringing something important to the table, even if we're not aware exactly of what that might be. Or we might not give value to it. But the fact is, without each individual that's part of this Crucible, we wouldn't be who we are today. So, I just like to put that out, because I don't think any of us see clearly our own particular value in what we are giving, because we're so used to what we are. But altogether we make a big, big difference.

5. [27:27] **Rosemary:** I would like to comment on the changes in the mental-emotional body, which seems to be what I notice the most. I was just reminded of it when you talked about the healing of the rift, because from my perspective, it seems like they've merged. And I do get my information visually a lot, not that that's better or worse, that's just how I've always been, so I sometimes don't know if I'm making things up. Can I trust what I'm seeing?

What I have been seeing is that they are torus fields. I didn't have that impression before, the mental body and the emotional body seem to merge in counter rotational torus fields. It's like a big donut now, all inside, some going up, and the mental goes down and the emotional goes up. And then I realized also that I don't think I was ever in the center of my mental-emotional body. I think I kept it off to a side. And all of a sudden I feel like I'm in the center of it. And so like things happen quicker. The Magnetics bring thing in.

**[28:60] Group Comments and Questions on Friday AM, cont'd:**

**5. Rosemary, cont'd:**

And I'm curious about the relationship with that and the Quantum Field, the interface when you're in your Light Body and in the center of your mental-emotional body and in the Quantum Field. What's the interface between all of these? How does it work?

**Joan:** Well, from my perspective, the Quantum Field, when you are able to access it, you are able to be in more than one Realm simultaneously. So you can be in the physical body; you can be in your physical, which is you're in your mental-emotional body or your Light Body. But you can also be in the Quantum Field creating.

**Melainah:** Well, exactly that. Also in that Torus Field, what I see, Rosemary, that's actually our Unified Field. And that's how it operates, as a Torus. It's all the Energetics we receive are run through this. We are sitting in the center of a huge Toroidic Field. And so this is our Unified Field and all these activation and everything we bring in gets drawn into that Field and dispersed throughout the whole unified body. So, I think that's a beautiful realization. And they're finding that that Torus Field is part of that foundational make-up of everything that exists in the Universe. So you're sitting right in the center, where you should be. So that's a beautiful realization. Thank you for sharing that.

**Rosemary:** Just for curiosity sake, does the mental-emotional body have a geometry or a position within our energetic complete field, our energetic body?

**Joan:** They've never discussed that. It's never been asked.

**Melainah:** I wouldn't describe it as a position, because again it's part of the make-up of who you are. So it's hard to say your emotional body sits up here on your right shoulder and your mental body sits here. It's all blended. It's all part of who you are. But I think when we get into the Quantum Field, not even the Quantum Field, because you being able to hold more Light now, that merging is actually taking place, which is what we want to happen. They're becoming a unified body without those hard lines of delineation between those two aspects of yourself.

**Rosemary:** Yes, yes, that makes a lot of sense. Thank you so much.

**Joan:** And that mental-emotional body is a very important part of you as a creator Being, because it is your thoughts and your emotions that create your reality. There's that aspect, too.



**Group Comments and Questions on Friday AM, cont'd:**

**Melainah:** Those feelings are part of how many perceive -- through our feelings. We just have to learn to embrace it all as being part of us and learn how to navigate it and use it in this whole unified creation that we are, this Unified Matrix that we now have become. And then as we move more into that Quantum Field, again, there's just a whole other level that we're just now beginning to brush the surface of. A lot of these questions we'll have better answers for down the road.

6. [33:27] **Randy:** I'd like to comment on the discussion and it's just my perception and it could be wrong. The Quantum Field, it feels like it's the Zero Point. In some way I think it's deeply connected with the Void and maybe even the 1<sup>st</sup> Creation of the Void. But my impression is it underpins all things. Certainly it underpins all things material and energetic in these physical realms. It may also underpin the higher Realms of non-form, I would think.

So I'm thinking that everything manifests from that Quantum Field, all energy and matter, thought. For me, an interesting question for Metatron is that connection between the Quantum Field and the Creator or the Void.

7. [34:50] **Charlotte:** I was going to comment on the mental-emotional body. That feels like a layer in that Tube Torus. If you've ever linked up two slinkies, you can see how you can have multiple things rolling in multiple layers. To me, my mental-emotional body is looping through that Tube Torus of my Unified Field in its own layer or connection. And you can, by focusing on it, you can pick that up out of that or whatever you're choosing.

So that helps me to bring my pictures up into my visual by being clairsentient and take those feelings and turn them into pictures, kind of like the television does.

**Melainah:** And don't you also perceive it as colors?

**Charlotte:** Oh, colors, geometries, sound vibrations, all of it.

And just like I say, how we are able to see each other through the picture we're looking at right now. It all comes through on a vibration and then you get the pictures. Sometimes you have to turn your screen on.

**Joan:** I really hate to interrupt this discussion, but we have a lot more to cover. And we can talk further about these things on a Community Call, perhaps. So, I want to get through as much of this as we can, because, there may be other questions or comments that need to be made going forward here.

**[36:52] D. Friday PM of the Conference – YeshuaMariam 7D Template:**

**Melainah:** So, the next segment was when we went to retrieve the 7<sup>th</sup> Dimensional Template.

**Joan:** Yes, you took us back to the Convergence Point.

First, I made some comments on the precision of the order of things in this Conference, which is true. Everything, each step we took, was predicated on the step before. And we couldn't take the next step or the next activation until we fully received the previous ones. And that is why the Crucible was such an invaluable part of this process, because we were fully supported.

And there was still some concern that we wouldn't be able to activate everything that they had intended to give us in this Conference. But we sure stepped up and they were delighted to see how we moved through each step. So that was an important realization, that it was such a precision that was orchestrated before and during this Conference.

[38:32] **Melainah:** To retrieve the 7<sup>th</sup> Dimensional Template, we went back to the Convergence Point in Hawaii. And Yeshua and Miriam stepped forth from the Center of the Diamond and presented us with that final iteration of that 7<sup>th</sup> Dimensional Light Template. Mariam spoke to us about the Unity Consciousness and the seeds that she and Yeshua had planted 2000 years ago.

**Joan:** The 6<sup>th</sup> & 7<sup>th</sup> Dimensional Templates, as you are well aware of, they work together. We have to have that Equilibrium. And we have to have those electrical charges, so that our mind functions, the brain begins to change. And this is how – changing that electro-magnetic field was huge, as we are moving forward. And without the Equilibrium, you continually have those charges from your mind, your mental body. And then it activates an emotion that maybe isn't a very coherent emotion.

So, this was a really important activation, that 6<sup>th</sup> & 7<sup>th</sup>, and the actual Harmony of how that works together. It changes our relationships within our self and with others, whether they be family or friends or casual. It changes everything. And that Unity is established even more so.

So, does anybody have any comments or questions, now, about that portion, that was the Friday PM session?

**[40:42] Group Comments and Questions on Friday PM, 7D Light Template:**

8. **Kathleen:** I'm just thinking of it because he was so focused on the fact that it was about relationships. When you think about -- the way I see this and I'd love to hear your response -- is that so often when we do relationships, especially intimate relationships, we get caught up in romance. And we're fed that through the media and everything. And it really isn't about the Equilibrium. It's very destabilizing. And I've been having these dialogues with people lately about if you're swept away in that energy, it's really not about Love. And now I think this was really kind of the proof in the pudding in a way.

Without the 6<sup>th</sup> Dimensional Light Template, the 7<sup>th</sup> doesn't, the Unity and the Love doesn't seed. It just gives me a different, another way of framing it. Because I think we're told that when we get swept off our feet and there's roses and chocolates, then that's love. And it really is unstable. There's no Love to be anchored in that kind of....

**Joan:** Right. And it's physical. So it's a passing thing. It's a form of maya, as we get swept in that romantic feeling of love. And that is not it at all.

And, of course, relationships are the most difficult thing and the most difficult learning curve, as humans, that we have had to experience. And through the years and through the Teachings that we've received, we have been able to change that.

But until these Time Locks were fully unlocked and made usable, we were still having difficulties with relationships. But that will change, because you can allow people to have their opinion. You can have yours. But that doesn't change the fact that you respect them or that you will never talk to them again, or any of those other things that happen in relationships.

So, you're absolutely right. We're going to see big changes not only in this group but in humans in their relationships. Things will change.

**Katie:** I keep going back to what the Divine Feminine told us, I think it was way back at the end of 2012, about how you have to be whole and complete in yourself, before you can enter into the higher level of Love and relationship.

**Joan:** Yes, because when you're in that maya, there's no adequate communication. You're just swept away by the feeling. And so you don't have any really in depth communication between the two of you, that grows over time rather than diminishes. That was a very good point, Katie, thank you.

**[44:29] Group Comments and Questions on Friday PM, 7D Light Template, cont'd:**

**9. Kelly:** I heard you say about the 6<sup>th</sup> and 7<sup>th</sup> Dimension – I just heard this and I assume **it's been said multiple times, but I just really heard it – that it changes the brain.**

**Joan:** It does.

**Kelly:** And I have been experiencing lately more and more not being able to retrieve data about little day to day activities. And I've been sort of getting more conscious of the fact that I think my brain is changing. And there's other things I can access more easily, but trying to remember which vitamin I took five minutes ago is becoming a bit of a chore. I wondered if that just plays into what you're all saying.

**Joan:** Yes, it's short-term memory.

**Kelly:** So, I'm trying to discern between do I need to go see the doctor or is this just my brain is changing and it's not a big deal.

**Joan:** Right. That would be my comment on it.

**10. Jody:** Part of what I've been noticing, too, when the 6<sup>th</sup> and 7<sup>th</sup> Light Templates, the activations, the Quantum Field – all of it seems to be changing the connection between the mental-emotional-physical-spiritual. They're blending. And no I can't remember what I did this morning. Nor do I get excited about things as much. At the same time, my relationship and the amount that I'm allowing others -- the compassion aspect of the relationship has really amplified. So you've got, "How do I stay in these new Energies?"

And I look at the Quantum Field. It feels to me so far like the 6<sup>th</sup> Ray, where I would go up there and I would see the Field and I would choose what I want. Now it just looks like that was the doorway. Now it's like boom, now we can enter into the whole room.

There's a lot going on! A major amount. I can't put my logical part of me into it, nor do I want to – which is the big difference. I don't want to analyze it. And I am just being in it. And my brain doesn't seem to be there.

My centering – I karate chopped myself in the neck and I really badly got hurt. And I keep not being able to center. And bouncing/bumping into things. That inability to center. I've become very much aware of the changes. There's a lot of confusion in my space, but yet throwing that confusion to the side and just knowing that when it's centers, it will all be right where it needed to be. And so even my neck alignment being out – it had to get thrown way out so it can get brought back to center.

**[48:23] Group Comments and Questions on Friday PM, 7D Light Template, cont'd:**

**Joan:** Well you have to bring yourself... when you are out of alignment, you have to come back to center, always coming back to that center. And now you are asked to pay attention when that centering is wavering, because this is really, really important now for you to stay in that 5<sup>th</sup>-6<sup>th</sup>-7<sup>th</sup> Dimension frequency range. You have to be aware.

So the grounding technique is really important, putting that grounding cord in every day. You have to stay conscious, while all this is going on. And yet allow the integration to take place, because the neurology – the body is changing.

Now that we've had this Light Body activation – that was huge – the body, itself, is changing.

The Etheric Body is becoming the Light Body.

The Light Body is becoming the Etheric Body.

And the physicality and neurology of the body, where you process more complexities of thought, are being activated, because of these activations in this last Conference.

So, you just have to allow. And your job is to stay present in the body and be aware. That's the challenge for some of us.

11. [50:04] **Jana:** So, what I'm finding is that I'm in inner dialogue. Communication channels have really quantumly opened up. And I'm having inner conversations with SoulSpirit now, even All That Is. And that's a new piece.

As Jody was saying: we're in the room. The doors have kind of flown open now. We're not knocking at the door any more or putting our toe through the threshold. We're kind of there.

What I've found in communicating with my mental-emotional-physical body is that it wants direction. And so, I've found the body consciousness following the Consciousness – that communication really wants to step up. And the body really is wanting direction, more so than ever. And so that dialogue has opened up, too.

I feel in a way just like a conduit for the whole enchilada, so to speak, for that integration piece.

**Joan:** Thank you.

**[51:37] E. Saturday AM of the Conference – 5<sup>th</sup> Light Packet:**

**Melainah:** So our next segment was the 5<sup>th</sup> Light Packet. And I think some of the things we've just been talking about actually apply to the Light Packet activation and that DNA activation. As Jana was speaking, I was looking over this outline, because the 8<sup>th</sup> Strand of DNA relates to the Spirit and its communication with the Soul. So there you go!

So it's all coming in on that 8<sup>th</sup> Strand of DNA, so it has opened up all of those communication channels. All of these things are informing exactly what you are doing. And you're beginning to see/feel that difference between the physical body and you the Soulspirit that resides in that. When that realization occurs, it's like a big Whoa!

**Joan:** A lot of communication that opens up... and that opens up the Soul Star, the functioning of the Soul Star also.

So that 5<sup>th</sup> Light Packet activation was huge. This was all about Spirit, about us, about us as individuals activating a Strand of DNA where that communication begins to take place, and drawing from the Soul Star into our awareness, into our Consciousness, through that activation of that 8<sup>th</sup> Strand of DNA, which relates to our Spirit, our Soulspirit and that vast communication that begins to take place.

So, after that activation, we proceeded then. Melainah took us on a Journey to the Convergence Point.

**[53:35] F. Saturday AM of the Conference – MariamYeshua Journey to the Void:**

**Melainah:** Yes, and to the Void.

Because of receiving those that 5<sup>th</sup> Light Packet and the 8<sup>th</sup> Strand of DNA and the 6<sup>th</sup> & 7<sup>th</sup> Dimensional Light Template, then we were able to take this next Journey, which was a pretty massive Journey. And it was energetically laden.

So, again we went back to our Convergence Point in Hawaii.

There we introduced the four new Beings of Light that have joined our Magenta Pink Diamond. And they took their place, we were told that those Beings of Light came in on the Platinum Ray.

And the Platinum Ray now infuses the Magenta Color Codes that are held within the Diamond Configuration as well as the Magenta Codes that we hold within our own Sacred Heart. So now we have the infusion of the Platinum coming into our Unified Field. So, due to that activation of that 5<sup>th</sup> Light Packet, that Pink Diamond Matrix is now embedded within each of us. It is within our Unified Field and it is part of our Soulspirit. It is not anything separate from us, going forward.

**[55:05] F. Saturday AM of the Conference–MariamYeshua Journey to the Void, cont'd:**

**Melainah, cont'd:**

So, as we get into this point, Yeshua and Mariam emerged from the Center of the Pink Diamond. They talked about what we did together 2000 years ago. And then they invited us into the Center of the Pink Diamond, and into the Magenta Force Field.

Mariam led us on an amazing Journey from that point on. And Yeshua, with many of the Beings of Light, held the Dimensional pathways open for us, as we moved continually through this process from one Dimensional time sequence to another.

The first Journey was to the Rainbow Corridor, where we retrieved our personal Color Code and Sound Harmonic. We then traveled to the edge of the 9<sup>th</sup> Dimension, to what at first appeared to be a massive cavern but was an ancient, ancient Temple. Once we were inside, we each followed our own pathway to a small, personal, crystalline grotto. And this was a place that was known to our SoulSpirit and the memory of which was held deep in our ancient memory Codes.

We then went deeper into the grotto and we came to a door that had our name on it. We were instructed to touch our name, which ignited the letters into a Flame. And that transformed our name into Fire Letters. We then touched the Fire Letters and they were transformed into an ancient symbol. That symbol represented the energetic Sound Signature that we are known by in all of the Master Realms throughout the Universe. We were given a key that was imprinted with our Color Code and Sound Harmonic. We were asked to hold the key and state who we were and that we had returned. And with that we were able to open and unlock the door. Inside our personal Time Lock was our 12<sup>th</sup> Dimensional Blueprint that we had placed here eons ago. We had returned to retrieve it and we claimed it for all time.

Yeshua and Mariam then instructed us that the next part of the Journey was for us to travel alone. And with that, we left the grotto and the 9<sup>th</sup> Dimensional frequency and traveled Light Years beyond the beyond on a pathway that was known only to the absolute Essence of each of us. We entered the nothingness of the Cosmic Womb. We had returned to the point of origin in the Realm of the Prime Creator. We were given the remembrance of the gift of Love being breathed into our Soul. The great Presence of Source Creator imprinted our Soul with one Prime Directive. And that Prime Directive has been with us through every incarnation, mission, assignment in every Universe, Star System, Galaxy, and every time sequence since our Soul was given the breath of Life.

We then returned to the Rainbow Corridor, where Yeshua and Mariam were waiting. And they invited us to sit with them in the Center of the Pink Diamond Configuration. And we then returned to our Sacred space.

**[59:00] Group Comments and Questions on Saturday AM Light Packet and Journey:**

12. **Melainah:** So that whole segment was just so energetically laden. And for me personally, it had a huge, huge impact on my Being and my whole perspective of *who* I AM and *why* I AM changed in a way that I was really surprised to receive at such an amazing level.

13. **Kathy:** I was going over that section more recently. And as I came to the Rainbow Corridor, I had the feeling that the Color that came to me during the Conference was fine, and that perhaps it was possible to connect with other Color and other Harmonics as we wake up.

I guess basically what I felt was that yeah, we are broadening our whole Consciousness of our Being and actually we are all of those things. And so, sometimes it's a concentration on one part of that. Am I correct in sensing that, feeling that? Or is it just one Color?

**Melainah:** The purpose of that segment was that there was one Color. Your Harmonic is definitely your Harmonic.

That does not mean you don't have access to other Colors and Harmonics – of course, you do. It depends on what you're doing and what you're trying to create and what you need in your life at that time.

But this was something where you were supposed to be drawn to what you were being called to by your Soul. And so, for me I'd take it for right now in this place and time and this incarnation that that Color and that Harmonic are what are recognizable to my Soul in this incarnation.

So that means that -- yes, you can change, use Colors, Harmonics, whatever you need for your own application. And there are many aspects of you, too. So I guess it depends on which aspect of you that you are calling in at any given time.

14. **Randy:** Could it be that that Color frequency is tied with our Prime Directive?

**Melainah:** I believe it is, yes.

But we've lived many lifetimes, and as we go through these things, and particularly as we move more into that Quantum Field where we are in that unlimited Realm, different aspects of yourself will come through. And maybe different parts of you will be more drawn to other Colors.



**[63:33] Group Comments, Questions on Saturday AM Light Packet and Journey, cont'd:**

15. **DiAna:** One other thing for me personally with that whole process was a personal wake up call to really push the boundary that I created in defining who I AM. And it is not at this now moment not a question of the Knowing. It is for me allowing. And so, as I move forward, it is just that it is what it is. And not put a definition or try to even create something.

So, being in that Quantum Field, no – being in that Nothingness is such, for me personally, such an important aspect of really allowing all that I AM without definition, without anything, and just go through the allowing. And I feel, because this is just three weeks out, that as we move forward that perspective --not necessarily a definition, because words are gone – but that perspective. And it will come in whether it's through your clairsentience, or your clairvoyance, or your claircognizance. However, you will begin to make that connection and then work in that way physically wherever you go, energetically sending that out to the Earth. And between that one and the Green Crystal, for me, is the most powerful experience. And I look forward to having it manifest. It's exciting!

16. **Pat:** I'd like to underscore what DiAna was saying about the Nothingness or the Void. I think for many decades in my life, when I would through a series of what is often called the dark night of someone's Soul, where you are moving in Consciousness beyond ego, beyond concrete kinds of thoughts, in meditations or even dreams I would go to this Nothingness to this Void.

But, what I'm wondering about is that for me there has been a series, almost like a step-up of Voids, because I remember that in my 30's it would feel kind of creepy, a little bit scary. It was dark. What's all this about? Because there was a lot of fear from ego and different childhood experiences. I would come out of it at the other end, like a wormhole and feel better, feel a little bit more enlightened, shall we say. But this time, going through it, absolutely no fear, just absolute beyond words, as I think DiAna said, "It is what it is." And it was just a beautiful bathing of Love and Light and Unity.

But the other thing, I kept feeling or hearing a whisper of "Come here more often, Pat." This is a highly creative state. And maybe Joan you said earlier, it will get to the point where we think it and there it is. And I felt like that when Mariam led us through that. It was just bliss. It really was, maybe what in Eastern religions they talk about the Nothingness, the Zen of it, where's there no thought. There just IS. And there's Being.

And then the connection with the Cosmic Womb and our creation. And how all that may or may not connect with the Quantum Field. I'm still trying to unpack some of that, and I think Randy talked about it, too. So, I just think this Void – well, there just isn't words. I'm so at Peace with it. And I see more of who I AM.

**[70:42] Group Comments, Questions on Saturday AM Light Packet and Journey, cont'd:**

17. **Sharka:** I'd like to share my experience with the Color. Orange is usually my color. But I was surprised when I was there – it was Green. I'm an artist and I have realized that that Green that I saw is the complementary color to that Orange.

Also, I was getting these thoughts to give up, because I have had a lot of unpleasant experiences going on in the last two months of my life. And the thought to give up came two times. And it alarmed me, because I thought, "No, I'm not giving up! I don't want to die. I will be here as long as I need to." But then I realized that I was misinterpreting it. It's not that I need to give up. It's that I need to surrender.

And so, when I focused on surrendering with that Green, which is Love, I still had a lot of challenges in my life, but it became very smooth.

**[72:47] G. Saturday PM of the Conference – 12<sup>th</sup> Dimensional Elemental Imprint:**

**Joan:** So, the next part of that was, Melainah, you and the Elementals brought through that 12<sup>th</sup> Dimensional Imprint with the Great Beings of Air, Water, Fire, and Earth.

**Melainah:** Right. And each Being presented us with that Holographic Imprint and they shared how each could be used in our creations. And we were invited to become familiar with these and start working with these more refined frequencies of the Elements. And if we did so, much would change for us.

They also invited us to learn more about our personal Element and how that does affect all that we do. And this activation, I think, will prove to be a very important one, as we go forward in the Teachings. I definitely can see our Teachers of Light bringing us back to these Imprints and then to begin to utilize them in ways that we aren't even able to imagine at this point.

And a couple of comments. We've talked about the Quantum Field. Just remember that Quantum Field is unlimited and it's where all potential lies. So we have a grand potential in the future of being able to create in that unlimited way. And that's what the Quantum Field in and of itself will afford us to do. And it's a vast Realm in and of itself. And, of course, it's just like everything else we've done. We're being given the entry point into it. And we're just beginning to feel it and be able to talk about it. And we don't have a clear understanding of what that truly means, other than the fact that it's unlimited.

**[75:27] H. Sunday PM of the Conference—Gifting 12<sup>th</sup> Dimensional Elemental Imprint:**

**Joan:** Well, after Melainah brought those Imprints in, it was very important that we bring them through our body and gift them to the Earth, the Elementals of the Earth. This was significant because the Elemental Community has had to operate in that 3<sup>rd</sup>/4<sup>th</sup> dimension. They had to create it at the fall of consciousness. And they are very gradually trying to change it into a more 5<sup>th</sup> Dimensional not only frequency but physical expression.

So this Imprint is invaluable, just like certain things like when we received the Prime Directive of who we were. It's the same thing for the Elementals. When we gifted that through our body to the Elemental Community, that was their Prime Directive, so they could remember what they did in that 12<sup>th</sup> Dimensional time sequence at the very beginning. So that was a HUGE gift that they received, not only that the Imprint was brought into the Earthly realm, but it was brought in through the humans that the Elemental Communities had created this body for us to experience separateness. Now we are returning the favor, if it was a favor [laughter], and helping them remember who they were at that 12<sup>th</sup> Dimensional Iteration.

So, it was HUGE. It was a very joyful, for me, activation.

**[77:33] I. Sunday AM of the Conference -- 3<sup>rd</sup> Level Light Body Initiation:**

**Joan:** Sunday morning was the 3<sup>rd</sup> activation of the Light Body. And Yeshua, of course, facilitated that for us. He came and he talked about what happened to him 2000 years ago, when he received it, and how important that was for him in his Ascension process.

It was a very important Initiation that we received, because it brought the Light Body into a fuller expression, not only in our memory as Masters of Light, but in our bodies. And it changed not only the electro-magnetic field of the body through that Element of Love, but it also began to change the Etheric Body, which is our physical double. And it changed it and it now is beginning to be our Light Body. The Light Body is informing the physical body who it is and what it is at that physical level. And in the Eastern doctrine, a lot of Eastern technology talks about the Ka Body, which is the Light Body.

And that activation Yeshua told us would take 3-5 years to fully activate, but that we would notice a difference within the next few weeks. So, here again, it is in the receiving of it and the gradual integration of that Ka Body, or the Light Body, so that it informs the physical body how to operate. It informs the mental-emotional body. It informs the brain how to process complexities of thought that are streaming in from the vast Realms of Source Energy, the Mind of Source, the Universal Mind as it applies to our human form.

So this was a great gift that Yeshua facilitated with us for this Initiation. And moving forward, it will be invaluable in our Consciousness and in our Ascension process.

**[80:49] J. Sunday AM of the Conference -- Metatron Summary & Overview:**

**Joan:** So, at the close of that Sunday morning session, Metatron came and gave us a summary and an overview of what had happened just in Friday and Saturday's sessions, and how significant each one of those activations was, and how that 6<sup>th</sup> & 7<sup>th</sup> Dimensional Light Templates were so impactful -- the changes that it brought about that we've been discussing.

And then he also mentioned our Teachers were soooooo delighted and ecstatic over what we have accomplished and they will be with us always, as they have been. But they are just delighted.

And so, all of this is bringing to a close this 5-year Teaching sequence. But it's also providing the foundation for future Teachings that will be started soon.

**[82:21] Group Comments, Questions on Sunday AM Light Body Initiation & Summary:**

18. **Linda:** Wow! My Ka Body – it's like it's mind boggling to me. I don't even know how to put words to it other than to say it's like my Etheric Body has been waiting for this, so it could do the process!

I have a question. One of the things that I found out when we were in the seminar was that when we spun at 130% of the speed of Light, what I thought was too fast for me when we are at 100% was actually that I was slowing down. So I was looking at Ascension symptoms, but I was looking at it opposite. So can I continue to speed up? Or do I need to just stop and stay? Obviously right now I need to stop and stay. Can I continue to speed up? Will that affect the emerging wholeness of my Etheric Light Body?

**Melainah:** I think I would hold it at the 130% for now, because we used that to help us move through Dimensional frequencies and through other time sequences and that sort of thing. And if you're trying to stay grounded in your human body, when we're not working as a Collective to move through some of these sequences, it's probably easier for you to stay more grounded in your body, if you keep it no more than 130%.

**Linda:** I know I've been bouncing Dimensionally, I mean seriously bouncing, like a bouncing ball, since this. And it's been quite the ride. I finally surrendered to it. I go on to different frequencies and I'm having a conversation about something that I'm pondering and I'll just end up somewhere else – where did those Ascended Masters go?

**Group Comments, Questions on Sunday AM Light Body Initiation & Summary, cont'd:**

[85:38] **Melainah:** Well, there's lots of integration going on, you know. We're just now at the beginning part of being able to integrate all of these massive Energetic blocks that were received. It's going to take a long time, some of them 3-5 years, as Metatron has said. It's continuing. That Stream is just continuing to flow into your whole Unified Field. So we have to become familiar with that as it integrates. So just kind of keep that in mind and be kind to yourself.

**19. Joe:** I'd like to add to that question. A couple of years ago we were told to spin our Field at 100% Light, not the speed of Light, but 100% Light, in other words be 100% Light. Then there's the same concept to be 130% Light, not the speed of Light, but 130% Light.

**Joan:** Well, I think that this guidance to amplify the Merkaba Vehicle at 130% Light was to help us go into that Quantum Field at a much different vibratory level. And it also was a precursor on what is to come in future Teachings in the next sequence of Teachings, as we move forward. And then, of course, following that was this activation of the Light Body. So, it accustoms... This Light Body now can inform the physical body to upgrade in very significant ways.

So everything builds on another. So having that increase to 130% Light in the Merkaba Vehicle was to enable us to travel interdimensionally, to travel in and be in that Quantum Field, but to also begin to alter our physicality in ways that we don't really fully understand right now.

So right now, it's all about receiving, integrating, and grounding all of these aspects that we have been given over these various Initiations and activations, because moving forward, you can't move forward without all of that integrated and grounded into your physicality, because this Ascension process is not about the Ascension of your Spirit. This is the Ascension of all of it, all parts of you, and the Ascension of the physical.

**[89:51]K. Sunday PM of the Conference--Aquamarine, Blue & Green Crystal Activation:**

**Melainah:** Our last activation was the Aquamarine Crystal of Tranquility and Beauty. And this one was very special to me and resonates deeply with my Soul, I will tell you. And I had no idea that they were even going to allow us to even talk about that Crystal. And it was only because of everything we had done in the previous days: the Unity Template – receiving that, the Light Body activation, our Light Packet activation, and our own Harmonic signature, our Prime Directive. All those things were all things we had to have. They didn't even tell me until Saturday evening that we could move forward and mention this Crystal.

**K. Sunday PM of the Conference--Aquamarine, Blue & Green Crystal Activation, cont'd**

[90:58] **Melainah:** So what I wanted you to know was that when we each emitted our personal Signature Tone to the Crystal, our Collective Tone became a Harmonic Symphony. And I think that is just such a beautiful expression of what we are able to do. And then, as we move forward anytime as a Collective, we now emit this beautiful Harmonic Symphony. And that Harmonic Symphony then allows this beautiful, beautiful Aquamarine Crystal to begin to emanate, where it has been forgotten for eons of time, since the Lemurians left. And the whales and the dolphins that will now swim in that area where it's emanating will now take those frequencies with them, wherever they go. So it will begin to expand the beauty of the Tranquility and the Beauty to the rest of the world. And the whole world could surely use more Tranquility and Beauty like never before.

This one touched my Heart deeply. So thank you all for participating in the activation. And it is where it is in the Convergence Point, so it is protected. It's being watched over by all the Beings and the Ancients Ones there. And the whales and the dolphins still live there and swim through there every day. So thank you all for that one!

**Joan:** And then next we did discuss the Blue and the Green Crystals. Of course, we have been kind of working with that Blue Crystal at Talimena Ridge, talking about it. We actually haven't worked so much with it. But as I have talked to Metatron on different occasions, he has informed me that those two Crystals aren't fully online. And it takes a certain state of Consciousness for us to be able to access, especially the Blue Crystal of Wisdom and Knowledge, Knowledge of All That Is.

The Green Crystal, I think, is the first step, because these three Crystals in particular – the Aquamarine, the Green, and the Blue – are very significant Earthkeepers that hold massive amounts of information. And now the activation of that Aquamarine one that is emanating Harmony is sooooo important, as Melainah said, and especially in these times. And that Element of Love, then, coming online through that Green Crystal, and the Wisdom and Knowledge -- being able to access some of those ancient texts and Knowledge.

But what has to occur now is there has to be a communication between each of those Crystals, so that the Aquamarine is communicating to the Green and the Green is communicating to the Blue, because we cannot access that Blue without the interface of the Aquamarine and the Green. We have to have that Element of Love. And we have to have this Wisdom of who we ARE, when we received our Prime Directive -- who we were created to be was sooooo important in the course of this Light Conference.

So, eventually we'll be working with those activations on a more physical level, as our Consciousness allows that to happen.

**[96:21] Group Comments, Questions on Sunday PM Aquamarine, Green, Blue Crystals:**

20. **Kathleen:** Can you give us just a little bit of direction if we wanted to meditate on any of these three Crystals. Do we join with them? How do we respectfully work with them? Or do we not, and wait until we are in a Collective Consciousness?

**Joan:** I think that you can, like anything else, if you go to your Sacred Heart Center -- especially after this Light Conference and beginning to integrate all of these massive Energies and Initiations -- that you most certainly could begin to draw from them. I wouldn't try to put anything in them or activate them on your own, because there is a process that is already in flux.

21. **Jody:** The messages that seem, especially through today's call, the information that's coming in -- as I put my attention on every place that we went to, it just like activates really cool stuff. And I'm sure it will for a while now. But it's the absorption. The old me would want to analyze everything and remember it so I could teach it or share it. That part of me is just so gone! I'm becoming aware that it is in the absorption. It's not that I'm giving back to the Crystals. I'm not giving of myself to them. I think that that is my answer to earlier, that to just sit in the Energy, to absorb it, to become it, to integrate it. That's my job right now. Especially since I can't do much physically right now, I am integrating. Just surrender to that was a huge message to me today. We are absorbing it, only as much as we can absorb, and then we absorb more.

**Kathleen:** We're not to put anything in; we're just supposed to absorb. So that's great. That's exciting!

**Melainah:** So, we are in the receiving mode of everything that occurred. So, just be open, because you will integrate it in no particular sequence. So just learn how to receive, which some of us don't do easily!

**Linda:** Jody, I just wanted to say thank you for your commentary on that, on how you're absorbing it. I guess I've been in training all summer long that that's what I was doing in the water [Lake Ouachita in Arkansas] was absorbing the experience of it and the Energetics of it. And it was a conscious absorbing. I was aware that that was what I was doing. And now you've taken it to the next level and brought it full circle for here and what I need to do next.

So, that being said, I just wanted to say thank you and THANK YOU to every single one of you! OMG! Just Thank you for being who you are and stepping up to the plate.

22. **Margaret:** This time of review has been really helpful to me. Wow! This Conference with the Energetics has just been tremendous. There's sooooo much that I'm just sitting here... receiving. And that message about just sit and receive -- I had to hear that. So thank you for doing this. Thank you everybody.

**[101:19] Joan Summary:** We felt that it would be very helpful to review with you, because, when you are in the middle of a Conference, there are so many Energetics coming in, and the influx of Light is massive. Even though you review on your own, I think that when we come together as a Collective and review, it gives a whole broader perspective of what occurred and how that had such deep meaning to us personally. But it had meaning at a Cosmic level. It was a very... from my personal aspect, there were certain parts that just hit me right here. I never could have expected that in a jillion years. As with all of you, I'm sure you're very, very grateful to our Teachers of Light and what we have been receiving in the last five years.

And Lord Metatron would like to close this session and talk to you just for a moment.

**[103:07] Lord Metatron Closing:**

Greetings, It is I, Metatron.

I would like to speak to you at this moment, when your Hearts are full and your Light is brilliant. This is a time for YOU, Beloveds. You have worked very diligently over the years of your time to raise your Consciousness, to do what you needed to do to diminish all of the various imprints that you came into this world with from previous life existences, but also ones that you picked up here in this 3<sup>rd</sup> dimensional realm that was so polarized. And you persevered no matter what. So this has brought us to this delightful and delicious space of your physicality, of a level of Ascension that you had not expected.

Much has occurred over this last 30 days. But much has occurred over the last five years. If you will think back to the time that you first gathered at Seating of the Divine and we spoke to you about that you were a Divine Being of Light, a creative Being. And it was very difficult for you to comprehend that. But look at you now, Beloveds! Look at you now! You know you are Divine. You know how unified you are. And what you will create in the coming time will be unbelievable to you at this moment.

You will now come into a time of service to the Earth and to all Humans, however that is for you individually, but more importantly, as you meet in your Crucible, how you affect the world... from this moment on, as you continually transmit your Light. And you realize how important it is to BE the Light that you are. And I don't think that you will forget that – ever.

So, let us join together in this massive Crucible, all members in joyous ecstasy of the Energy of the All That Is, the magnificence of how you were created, when you were created..... and the Mastery that you now carry within you.

You are now capable of remembering who you are at that vaster level.

It will come slowly, as we have said: 3-5 years. But the memories will return.

So, joined Heart to Heart, now, Soul to Soul, Spirit to Spirit, within this Crucible, we close this session. Blessings, Beloveds, Blessings!