

[17:04] **Melainah:** Thank you, Gabriel, starting us off in this beautiful space.

So, I'd like to invite everyone to settle in to the Energetics that are streaming into our Crucible.

So, before we begin, we're going to ask that you suspend all rational thought as we go through these three days together. We will be visiting places you've never been before; we will be re-visiting places we have been before. But, rest assured, no place will be the same as you remember it from the past. We're about to embark on quite an adventure.

So, take a deep breath....

Allow yourself to settle in comfortably....

Be aware of your sacred space that you have created.

So, overnight, the Archangelics, with the assistance of many of the Beings of Light, have joined all of your sacred spaces together with ours here at the Crystalline Angelic Lake portal. They have created an expanded version of our Crucible. And this expanded Crucible will assist us in enhancing our coherency and maintaining our frequency range consistently at that higher 6th and 7th Dimensional frequency, and no less than 5th Dimension.

The Energetics that are now coming from the Crystalline Lake Portal are now emitting at an 8th Dimensional frequency level.

FEEL the Presence of the Etheric Crystal. The Andromedans have been very busy enhancing the frequencies of the Etheric Crystal to again support us throughout this entire Conference. As we move through each segment and process, they will be constantly increasing the calibration, as they have done the last year or two.

So, the Etheric Crystal is now huge. It covers most of the lake. And over the past week, the Etheric Crystal, along with our multi-Dimensional Sacred Magenta Diamond Configuration, has been hovering over the lake. As we gathered together this morning, both have now dropped down. And the Magenta Diamond is now resting with its bottom point on the surface of the lake. Allow yourself to feel these beautiful frequencies of light emanating to you in this very moment. So both the Etheric Crystal and the Magenta Diamond will be transmitting as well as assisting us to hold the next iteration of never before experienced Light frequencies.

Now be aware of yourself in this expanded Crucible. Remember, our Crucible is a living energetic environment and it is never static. As we grow, it grows.

[21:37] And allow yourself to feel the loving Presence of all the wonderful Beings of Light who are here with us:

The Ascended Masters

All the Archangels

The Sirians

The Pleiadians

The Arcturians

The Andromedans

Those beautiful 12th Dimensional Beings who represent each of the Elemental Kingdoms

And to many whose names we do not yet know.....

Welcome them all!

And be in appreciation for the assistance that they give to this project. And what an honor it is to now have a familiarity with so many of these great Beings of Light. It truly does feel like a reunion, doesn't it.....

So fully immerse yourself in your Sacred Heart.

It will be very important that we be in and remain in the fullest receptive mode possible over these next three days – to not only receive the ultra refined Energies that will be coming in, but so we can also hold them.

So entering this Conference with all of the many upgrades to your personal Unified Field has led us to an amazing opportunity -- to move into a Quantum Field of Light.

That's right, a Quantum Field of Light.....

Everything that we will be experiencing in this Conference will accelerate us into that Quantum Field. And everything in your current reality will be affected.

So, be ready and prepared to expand to places you have not been in a human body.

Let's take a breath.....

So, be aware of yourself in your Light Body and your Merkaba Field as you enter this new playing field...

Allow the Light frequencies and the Sound Codes moving throughout the Crucible to also move into your sacred space and *your* Unified Field.....

Feel the Energetics as they are increasing in intensity.....

Your vibration is increasing.... Let's take it up faster.... and faster, now, as you increase the spin of your Merkaba up to 100%.

Continue to increase the intensity until you and the vibration are One.

[25:20] Last year, if you will remember, we journeyed to the Cosmic Light Temple. Once there, each of you entered your own personal pod, where you reconnected with the Flower of Life. We said to you that this was your personal space to return to whenever you desired. It was designed to be your quiet space, to rest or reflect, or to just BE. At that time, there was an energetic connection established between you and your personal Cosmic Light Pod.

So, we are going to return to our individual Cosmic Light Temple today. However, it is not in the same place that you last visited. The Beings of Light and the Archangelics have been very busy overnight. Not only have they joined our sacred spaces into the expanded Crucible – they have also moved each of our personal Cosmic Light units.

Each one has been placed in a specific location that best supports YOU as the individual. Each is in a specific dimension or time sequence, each with different frequencies that have been calibrated for you specifically. While some of you may be in the same vicinity, you will, as before, only be aware of your personal space.

Once again, let's check that your Merkaba is still at its highest vibratory spin... Match your internal frequency to that spin. So the coordinates of the location to your personal Light Temple unit have been downloaded into your Merkaba.

With your intent, give the command to your Light Vehicle to take you there now.....

[Travel Pause]

As you arrive and enter, take a moment and notice what has changed.
How does this place feel now?.....
Can you feel the difference in the frequencies?.....

Your Cosmic Light Temple is now operating in a vastly different frequency zone than last year. You have changed much since our time here last year. With the DNA and Light Packet activations, you are holding and maintaining a much higher frequency of refined Light. And as we revisit some of these experiences from last year, we are all now able to perceive and receive the expanded and upgraded frequencies that are now available to us.....

So just take a moment and allow yourself to feel the frequencies of this space.....

[Pause]

[29:39] If you recall, we re-activated our Flower of Life here last year and learned that it would automatically remain active going forward.

You can still see the Flower of Life symbol imprinted on the floor.

Return to the Center and allow your Etheric cord of Light to connect you once again to the Center point.....

Allow the bi-directional pathway to expand from your Sacred Heart to the Flower of Life.

Now allow those Energetics to expand into your DNA Strands.....

And now into the Light Packets.....

Allow these refined frequencies to merge with the spin of both the DNA Double Helixes and all of your Light Packets.....

And as you allow these enhanced frequencies to amplify your Flower of Life, notice the Colors becoming more and more vibrant.....

Let that continue to flow.....

Let's once again join together in using that 4:8 breath count in a set of ten. This will assist us in increasing our vibratory field, our vibratory rate, so that we can hold the new even more of these new refined Light frequencies that will be coming in during our Conference.

So, put your attention on your Pineal Gland and on your Medulla Oblongata to simulate both of them to open more fully as we breathe in Light and exhale Love.

Remember to stay conscious and in the body as we go through this count.

We will inhale through the nose to the count of 4..... pause one count..... and exhale through the mouth to the long count of 8.....

We'll do the first couple together as before, and then you will continue the breath yourself.

So, ready?

Inhale 1..2..3..4.. Hold. Exhale 1..2..3..4..5..6..7..8..

Two: 1..2..3..4.. Hold. Exhale 1..2..3..4..5..6..7..8..

Three: Inhale – count yourself now.....

[Breathing Pause]

[35:07] Now.... Holding that vibratory state, be aware of yourself in your Cosmic Light Temple, with the Flower of Life surrounding you.

Place your attention on that beautiful Magenta Lotus-shaped Crystalline structure that sits in the space between your Crown Chakra and your Soul Star.
Continue to Breathe.....

Remember, it was the Light Particles streaming in from the Central Sun, into your 4th Triad, that brought in the 12th Dimensional Magenta Color Coding.
That was the next Iteration of the Magenta Coding.

As it passed through the Lotus Crystalline structure, the Lotus began to vibrate and became a deep vibrant Magenta Color. As you now know, the Magenta Color Code contains all of the other Color Codes. At the level of increased Light that you are now able to hold within your Unified Field, some of you may be or will begin seeing the Crystalline Magenta Lotus changing to other Colors. We will be working more with this in the future. But we just mention it here for your awareness.

So, during this past year, many channels and dormant Codes of Light from your ancient past began to re-activate and open.

Today, in present time, from the Central Sun, let's bring in the next Iteration of the refined Magenta Color Code frequencies into your 4th Triad.....

So bring this Magenta Color Code through the 4th Triad
and know that this Color Code flows in a continual circular motion.

Allow the magenta Codes of Light to flow through the Lotus into your Crown Chakra.
Breathe Deeply.....

Now, allow these more refined Codes continue to flow filling your 3rd Triad.....

Focus these Light Codes in your Pineal Center and Medulla Oblongata.....

Slowly now, continue the flow into the 2nd Triad.

Bring the Flow into your Sacred Heart Center.

Allow that Magenta Color Coding to now coil within your Sacred Heart.

Feel the expansion taking place.....

Allow the flow to continue to fill the 1st Triad.

Watch as the brilliant Magenta Light is infusing the entire body system with even more Light, including all of your functioning DNA Strands, Helixes, and Light Packets.....

Your entire Unified Field is filling with the Codes of this beautiful Color Coding.....

So, as we go through the Initiations of each segment on our Journey together during this Conference and receive the huge blocks of Energetics, this Crystalline Lotus will become more and more multi-faced and multi-Dimensional. [Pause]

[42:02] Holding this frequency, you are now prepared for the next phase of our Journey this morning.

Put your attention back on your Light Body and your Merkaba Field, which is spinning at 100%.....

Now, increase the speed to 110%.....

Now take it up to 120%.....

And now, 130% !.....

Breathe and remain conscious.....

So the coordinates to Sirius B are programmed in your Merkaba from our previous visits. So give the command, now, that your Merkaba take you to Sirius B. Once you dock, you will be met by An Ra Ta.

Have a wonderful flight, Beautiful Ones!

[The retrieval of the final Iteration of the 6th Dimensional Light Template through An Ra Ta in the Temple of Transparency and Metatron's Message are in the next file 2020-03.]