

Joan: We are thrilled to be with everyone for the Pre-Conference call. And we are really anticipating what is to come at the end of the week. Our Teachers of Light have led us precisely in all of the Teachings and every activation that they have given us in Seating of the Divine Community since 2016. Our Conferences have also been organized and presented within this precision. Each Conference was built on the previous year's Conference since 2016. 2016 was the base. It was just the basic Energetics that were put in place that led us to the Teachings in 2017 and then the Conference each year.

This year, Lord Metatron asked us to create a summary of each Conference that was held since 2016. We want to thank Peggy Kerr and Jana Stewart for volunteering to create an in-depth summary of each of these Conferences. And it was no easy task. When I relayed that to them and they said, "Oh sure, we'll help", none of us had any idea how full those Conferences were. So they are still coordinating it and hopefully we will have those reviews by Monday or Tuesday. And we will send them to you. And we do not expect you to read every part of them before the Conference starts, but just kind of peruse them and remind yourself of some of the things that happened in those Conferences.

But anyway, we would like to thank Peggy and Jana. Peggy did the 2018 & 2019 and then formatted everything and Jana did the 2016 & 2017. So thank you both from the bottom of my Heart for jumping in and doing this gigantic task that I only gave you a week for.

We will send those reviews to you either Monday or Tuesday of this week, so you have them and you can look at them anytime you want.

The other thing we would like to give great thanks to is Joe Jett for all his technical advice and help over the years.

And also Katie Peercy, who has been our scribe since the very beginning. And I don't know what we'd do without her. And I know you value those transcripts of every call and every Teaching that we have, because it sure makes a review easy. Thank you. And Kimberly – she does so much for us graphically and sending out all the emails and technically also. I don't know what I'd do without her. I call her all the time and say, "Hey, Kim, this doesn't work!"

So anyway, thank you, thank you, thank you to all who have helped us through the years.

And that means everybody – all the Love and support you have given us and the entire Community.

[Please see separate document for Gabriel's Opening Meditation at this point]

[10:11] **Melainah:** Thank you so much Gabriel. That was beautiful, as always.

So, welcome everyone, as we gather for the 2020 Light Conference.
Your Conference begins with this call today.

The Conference is coming to you from the Angelic Crystalline Light Portal and the Etheric Crystal. Feel now as those Energies are already beginning to move into your Energetic Field. These Energies will continue to build daily, throughout this upcoming week. So, please make time to connect into these Energies each day.

Now this Conference is all about you. They always are, but this one's really all about YOU. So prepare yourself to receive. So, be sure to add your Intention for yourself each day as you prepare and your Energy Field is being prepared.

Archangel Michael has requested that each of us create a Sacred Space to be used throughout the three days which will not be disturbed by others in your home. He has also requested that you have your Sacred Space by Thursday evening. This is very important that you have it done by Thursday evening.

As you create your space, do it with Intention. And for those of you who are not on the call today, who will be listening to this later, please follow these same protocols. So bring each item you wish to have into that space with Intention. As you bring your Crystals, your Andaras, or any other Stones into the space that you would like, ask that they support you throughout these three days together.

So make your space as comfortable as possible. Have your water; bring your blanket, your pillow, Kleenex, candles, paper and pen, anything that you think that you may need so you can stay centered in the Energies -- because these Energies are quite potent!

So, let's talk about Friday morning.

On Friday morning, please enter the Zoom room quietly and respectfully.

And **be sure that you are muted**, as the Energies will already have been set in the room when you enter it.

Now once everyone is in the room, we will begin with each person having the opportunity to present themselves to the Grand Beings of Light, who will be present, and to each other. Since we cannot physically hug this year, this will also stand in as our virtual hug. So each person will have the opportunity to say something like, "Hello, I am Melainah."

[15:05] **Melainah, cont'd:** So, during the next few days of this week, we will send you a list, an alphabetical list of everyone's first name. And if you'll just print that off, you'll know where you fall in the list. And that way we can have not so much talking over each other, hopefully, as you present yourself. So unmute to present yourself, and then please mute until we finish.

Alexander, if you are here and listening, you are actually the first person on the list. John, Joan, and I will go first, followed by Kimberly and Joe Jett. And then Alexander, since you are the first "A" in the alphabet, would you begin. And then everyone else follow suit, please.

So, if anybody has any questions about any of that, unmute yourself and please ask us now.....

Vallie: Could you clarify Friday morning really quickly again.

Melainah:

- a) When you enter the Zoom room, be very quiet and respectful.
- b) Be sure that you are muted when you enter.
- c) And then after we begin, Joan will start by saying, "I am Joan", because each person will present himself, and then John if he chooses to be with us that morning, and then I'll go, and then Kimberly and Joe. And then starting from there. start alphabetically to present yourself. Unmute yourself and say whatever you would like to say, like, "I am Vallie". And then you will re-mute yourself after that.

Joan: The Conference is Friday, Saturday, and Sunday, from 10am to noon, and it may run a little over, and that's Central Daylight Time. And then we'll break for lunch. The afternoon sessions are 2pm until 4pm, there again, depending on – we have a tremendous amount of Energetics that we are going to be downloading and receiving – so it may run a little later than that 4pm or that 12 noon time. And there again, those times are Central Daylight Time.

You will receive an email each day. Each meeting will have a different log-in. So the day before the meeting, like Thursday you'll receive those links for Friday. Friday you'll receive the links for Saturday, and so on.

Now, the other thing you need to know – not only is the video recorded, but there is a separate audio. And our webmaster has agreed to take those and compress the files so that the video doesn't take up such a massive amount of space on your computer. So you will be able to download the video and the audio the day after that particular day. So Friday's Conference will be available sometime on Saturday, and so on. Today's Conference will be available Monday.

[20:48] **Joan, cont'd:** The way you are going to access that – it's a private page just for attendees of the 2020 Light Conference. So you go to our website, and you will click on Seating of the Divine, and there is a category there saying 2020 Light Conference. You log in to that like you log in to your private page & all the materials should come up.

When Peggy and Jana are finished with these reviews, I will post them there.

If there are any glitches, you can email us. We will not be very available during the Conference because of the massive amount of things that are going to go on each day and the Energetics that are moving and that we are having to bring forth to you.

So, personally, we're not going to be able to hold your hand.

If you're really having technical difficulties, email us.

Or contact Joe or Kimberly and they will help us best they can. Email them – don't call!

Melainah: Please be patient with us. It's new technology and we may have to work out some bugs as we go. But Joan and I definitely will not be in a left brain space to be able to help with any technical stuff, particularly once we get full on in the Conference. We have to tell you – these Energetics are kicking our butts!!!!!!

Joan: Be sure to ground yourself every day. Eat a good lunch every day. Don't stuff yourself to where you want to go to sleep but at something to ground these Energies.

We are telling you – these Energies are massive. It is the beginning of a whole new iteration of what this group has been called to do. We have laid all the foundations. Now, we are moving into a whole different Energetic space.

Melainah: And it's very exciting.

Joan: Yeah, it is, it is.....

So, be kind to yourself. Allow yourself to rest in the evening.

Ground yourself every day. And eat nutritious food that helps ground your body.

Melainah: Well, Joan and I thought that we had a very good handle on everything that was happening. And I flew in on Wednesday. And I guess to set the tone to say that maybe you don't have it as much together as you thought, as I was flying from Atlanta to Little Rock, Archangel Michael came. I fly Delta and the middle seat is open on Delta. So he came and sat down. He said, "May I join you?" And I said, "Well, of course." And we just chitchatted a little bit and before I knew it he was downloading this whole other thing that had not even come into our awareness. So they have been really present and really working us, so really be prepared when you come into the room on Friday. Try to eat a little something before you come in, because we want you to stay conscious so you can receive everything that's coming in its fullest.

[24:39] **Melainah:** Last year I thought was huge. Year before I thought was huge. Well those pale in comparison to what's coming if we're able to hold the Energetics of it. So, just be kind to yourself and ease into it and set that Intention every day, because we want you to flow right through it very easily, as we go into this weekend. We are just beyond excited about what our potentiality is this time.

So, when you go to bed Thursday night, I want you to really look at yourself in the mirror, deep. Look into yourself. Because, on Monday morning when you look back in that mirror again, you won't see that same person from the same perspective. That's how big this is.

Joan: And I'm sure you all realize that just because of the Teachings. And they were pushing us in those. And the Energetics within those Teachings. So, this is just moving forward!

So, are there any other questions that you need an answer for.

Linda asked about the timing of the sessions, as she needed to be at work 5pm Friday and Saturday night, and she asked whether she would be able to get there on time.

Joan and Melainah said Linda would get the Energetics even if she had to leave and that any information she missed would be available on the recording. They said they had no way of knowing whether the sessions would run over the time parameters or by how much. Once the Conference process starts, things change in the middle of a Conference!

There aren't any segments set up for Question & Answer during each day until Sunday afternoon, as we won't be in a space to formulate questions or for Melainah and Joan to be able to answer questions. But if there is confusion about something, they would open it up to a discussion. If there is something important that someone doesn't understand, shoot them an email, but things are pressing during the Conference – there's a lot to come in these three days -- so they may not be able to answer emails.

Linda: So we are just going to be receiving during this Conference.

Joan: Yes!

Joan: We have a Community Call scheduled for October 20. On that Community call, please share. Please share anything you didn't understand.

But just go with the flow of the Energies during this Conference.

[29:14] **Melainah:** Don't get bogged down in your mental mind with this, because you cannot.

If you stay in your mental mind, you will lose what is coming into you.
So just hold it, let it be, let it integrate, and then we'll come back to it on the Community Call, unless there is something that really was misunderstood in your space.....

Melainah: OK..... Be sure you're muted.

Everyone take a deep breath....
And be in your Sacred Heart once again...
And please prepare to receive Archangel Michael.