

[Welcome from **John**, thanking Pat and Andy for hosting this Gridmasters.]

Joan passing on information from Metatron about service calls December 21 & 31:

Metatron has been talking to me for the last two weeks. And, if you haven't noticed, there's a lot of Energy circulating to elevate Consciousness. So, he has asked us to participate in a special meeting. We, as members of the Crucible, as the physical members of our Crucible, he asked us to meet on December 21 & also on December 31.

And, of course, you know the 21st is a very auspicious day with the alignments in the Cosmic Realms. Well, the 31st is a special time also. And these dates were very specific that we should meet. So, we will meet, and hopefully everyone who can will join us at 7pm on Monday the 21st and again on December 31st, which is a Thursday, at 7pm CT.

This is a very special meeting, not only to celebrate the alignments in the Cosmic Realms relating to Saturn and Jupiter almost coming into a merged state. It is that, but it is much more. We have achieved a level of Consciousness in our body and changed some of the molecular structure of our body since this Conference, the last Conference this year, and also since we had our Graduation Ceremony – which was much more than a Graduation Ceremony.

It was actually an Initiation into Light. And we received a very special Scroll that had not only our names in Fire Letters but the Sacred Name of the All That Is. And this has a great bearing on what we bring to the party on the 21st and the 31st. So, it should be a very auspicious Gathering to start to change the Consciousness of Matter on Earth and of Humanity.

So, when we were elevated to that newer Light Spectrum in our bodies in this Graduation Initiation, this changed everything. So, you can expect to be called on by the Lords of Light and the various Great Teachers of Light to do more service projects than we have been asked to do with just this Gridmasters. It changes everything, not only at a Cosmic but at our Earthly level, because we're the ones that are going to help raise this Planet.

So, I am very honored to be participating in such an event. And I hope you will join me. We will send out an email the first of this week, telling you about it, just the dates. And then you'll get a reminder with the Zoom link to join the meeting.

So, thank you.

And now I'm going to turn this over to Andy and Pat to do this service project that has been ongoing.

[5:09] Pat: Thank you, Joan, and thank you, John.....

Thanks so much. You all are so, so beautiful, and glowing with your Light around you.

Today we're going to go through a series of things for this wonderful service project, and it will end with our Transmission, all of us together, of the Light Templates and the Element of Love. And when the Transmission starts, when we say, "Transmit", please feel free to sit with the Energies of it and stay with it. But it will be the end of our wonderful service project, for now. It sounds like there's a lot coming up.

Andy says Master Kuthumis Prayer "I AM LIGHT"

[This Prayer is attached at the end of this transcription.]

[7:46] Pat: Thank you. Such a marvelous Prayer of Light to lead us into our next segment, which is going to be a centering meditation, which will be just a little different than perhaps we've done in the past!

There is a Master Chohan named Hilarion of the 5th Ray. And he oversees Science and Truth and Health, along with other Archangels, particularly Raphael, that are there for help.

I have been channeling him, kind of writing, and then occasionally I find myself walking around the house talking as if he's coming through me. He can be very interesting, very dramatic. So, I'm going to take in a deep breath, because this a debut, to bringing Courage and Light. And we welcome Hilarion. Just give me a moment.....

[9:19] Hilarion through Pat:

Greetings, all you beautiful, beautiful Beings that we see through these eyes, that we see with your Energy. Congratulations is in order for that beautiful Graduation. And, also, as Joan has said, it is an Initiation, a further Initiation into the Light.

Our focus with this meditation is going to be all about YOUR physical body, your magnificent, beautiful physical body. You all have had many, many, many lifetimes. And there have been woundings and sufferings. But now you are here in this beautiful physical body, with all these Light Initiations. You are the ones that will bring about, through the Teachings of We Divine Ones, Ascension, bringing literally Heaven to Earth. We honor you. But we also want to dedicate this particular channeling to your beautiful human body.

[10:57] Hilarion through Pat, cont'd:

So, let's begin.

Your eyes can be open or closed. The preference is yours.

Find yourself in a safe, beautiful spot on Mother Earth.

It can be a mountain meadow; it can be a beach; it can be a desert – wherever it feels comfortable. And it's just as though you just snuggle, you fit into it...

So breathe into that... Find the space.....

And now that you are there, you can stand, or you can sit, or you can move around.

It is your prerogative.

The Color of the 5th Ray that it is my privilege to be the Chohan of is Green. And Green is, as all of you know, a beautiful healing Color that works particularly well with the bodies.

So imagine, now, beautiful Green Light streaming through the top of your head, that beautiful 7th chakra. It comes down like a gentle shower, deep within you and also outside of you as well. Allow this to happen. And bring Gratitude as you do.

Notice how it just massages and fills up beautiful crevices and corners of the brain, your face, your throat, your shoulders, your arms, your hands, your torso – all of the systems of your body – and your legs and knees, legs and feet.

This body carries you beautifully each day as you travel wherever you might go, whether it's in your home or outside.

Continue to breathe in and accept this shower of beautiful Green Light.....

Archangel Michael and Archangel Raphael send Light as well.

We are so delighted and so honored to be here honoring your body that will be a huge part of the Transmission today.

But let's take a minute, now that that shower is finishing up, and just notice how your body wants to move. And even if there are joints that are stiff or you can't move quite like you used to, it's all right. But you see your joints with a visualization, telling your brain "I'm moving". And far as your brain knows, you are moving. Those neurons are then getting to your Heart, going to your gut, creating a beautiful coherence in this magnificent body.

[15:09] Hilarion through Pat, cont'd:

So, let's stand a moment.

And let's bring in some movement. But let's do it in a very playful, easy way.

Notice how when you smile, whether you're doing it with your eyes closed imagining it or you're just smiling – and that's great -- your body wants to move, because your smile is Light.

Your smile engages others. And it also engages you. Even if it feels like "I'm not having such a good day", your brain doesn't know that. Your brain knows you're smiling. And have you heard the phrase "Fake it until you make it"? That's exactly what happens.

So, I know none of you are faking it! Let's stand and move, through the visualization within our brains, or – if you want to just stand up and move, then go for it!

So, here's what we're going to do. We are going to dance. "WHAT!?!!" We're going to have a dance partner. Are you ready? Look in front of you, as you stand. You're going to see a beautiful dance partner. It doesn't get better than this! It is your Etheric Body, it is your Light Body, together. There you are, almost touching, mirroring each other, as you move, as you sway and smile. And dare I say, even a belly laugh if you want that, too. That lightens it all up.

So let's begin the dance with your Beloved Partners and you mirroring that beautifully...
What would you like? Would you like a waltz?
Hmmm..... hmhhhmm..... How does that feel? Pretty good?

Ah, it might be too tame for some of you out there.

You may want a Salsa. So go for that! And jump and move those hips.

This body is perfection in form.

And it will help you, as you move throughout the Energetics, the disruptions, the chaos, to move through them with grace, gratitude, and Light.

I AM Hilarion.

It is so wonderful to be with all of you beautiful Human Beings today.

Call me in anytime you want to move or just sit with me,

I will step back, but I am only a smile or a dance away.

Blessings!

[18:53] Andy continues our preparation for our Transmission: Hmmm.....

Many thanks to Hilarion for that beautiful meditation to help us center in our physical bodies. Thank you!

Now, let's don our Light Garments and enter our Merkaba.....

Setting them at 130% Light as we travel to our beloved Crucible..... (Pause)

Dock your Merkaba..... (Pause)

And enter the Crucible, one by one, and find your seats..... (Pause)

Please recognize and give greetings and gratitude to each of our Divine guests joining us here today for this marvelous service project:

The Lords of Light

The Elohim

The Archangels

The Ascended Masters

The Arcturians

The Sirians

The Pleiadians

The Andromedans

The Pink Diamond Configuration of Yeshua, Magdalene, Mother Mary & Anna

The White Fire Dragon, The White Lion, The White Whales and Dolphins,
and The White Winged Ones

The 12-D Elementals of Earth, Fire, Water, and Air
to Gaia or Mother Earth

and to the Inner Earth Divine Beings: the Telosians, the Lemurians,
the Luminaries, and the Andarans

[20:44] Pat continues our preparation for our Transmission:

Notice, all of you, that we are all seated in our Beloved Crucible.

And also we notice that this Crucible is deep within the Quantum Field
that was introduced to us at the Conference in October.

The Quantum Field, as all of you have known, is a vast extraordinary expansive space
that is beyond language.

And within this space, Holograms can be created from our intentions and manifested.
Let us, together, begin to create a Hologram of Mother Earth.....

[21:50] Andy continues our preparation for our Transmission:

Now, take a breath.....

Let's create our Hologram and let's visualize the Earth from a vantage point in space,
from approximately half the distance to the moon
where it appears to be about three feet in diameter.....

Look deeply at this Holographic presentation of Mother Earth
noticing the oceans, the land masses, the polar areas.....

Visualize the North American continent –

watching as the Earth slowly rotates, the sunlight moving from east to west.....

Watch as the Light moves across the Pacific Ocean,

Touching the Hawaiian Islands.....

Notice the Light reaching the Philippines, Japan and China;

Watch the Light move across Asia, India and the Middle Eastern countries;

Visualize Africa and Europe receiving the Light as the Earth slowly rotates.....

As we cross the Atlantic with the Light and come back to the East coast of the Americas,
we repeat this visualization.

But this time we incorporate Grid Lines across the Earth....

Continue incorporating these grid lines as the Earth rotates across the Pacific,
across Asia, Africa, and Europe, and back across the Atlantic.....

Now that we have the Grid Lines surrounding Mother Earth,

we will prepare to set our bodies in the physical Energetics for transmission.

[23:50] Pat continues our preparation for our Transmission:

So now, before we transmit, let's hold the space in our Crucible

and look at the beautiful, beautiful Hologram of Gaia in front of us all.

Hold the gaze, and, as Hilarion might say, "A smile as well".

Let's be in the Silence for just a bit before we transmit..... [Significant Pause]

Now, please breathe deeply into your bodies and into the Sacred Heart of your body
the Energetics of the 5th, 6th, & 7th Dimensional Templates of Light
and blend with that, please, the Element of Love.

Let us begin to prepare our bodies for the transmission.

So, breathe deeply, bringing in the Templates of Light and the Element of Love.

Hold that for a bit..... [Significant Pause]

[28:46] Pat continues our preparation for our Transmission:

Take a breath... and now imagine that your body is going to climb a mountain
to prepare for this transmission.

Hilarion sent us a beautiful shower of Green to help our bodies respond
and to fully engage them in this transmission process.

So, you are at the base of the mountain.

Notice how well your feet, arms, and legs strengthen
as you begin to climb the mountain.....

Step by step, breathe –

honoring all parts of your physicality for this Journey

And build even stronger the 5th, 6th, & 7th Light Templates with the Element of Love...

Hold them deep in your Sacred Heart and all throughout your body.

Your legs climb more.

They may feel a little tired.

But remember, you have the beautiful Green Light within you, cheering you on,

as we build this Template, the Element of Love,

higher and higher, and bigger and more immense within our Sacred Heart.

You continue on.... You know this Journey well.... You are prepared.....

And now you are beginning to reach the summit.

Stop just a moment..... Look at the beautiful vista before you.....

And breathe in again the 5th, 6th, 7th Dimensional Light Templates

and the Element of Love.....

And now, moving forward, legs, arms, muscles, bones, bodies, mirrors, clear eyes,

and a beautiful Sacred Heart.....

You have reached the summit.....

And now look ahead at Mother Earth's Template rotating in front of you.....

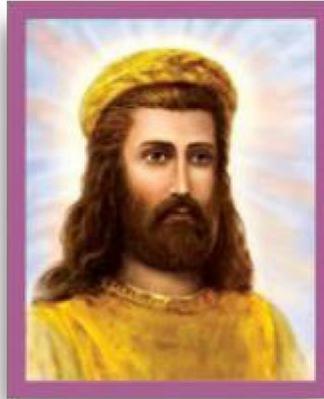
Take in a breath.....

And with all of your full Being, TRANSMIT to Mother Earth and all its sentient Beings

[Long Pause]

Please stay as long as you want and need, holding this space.....

Thank you! Many, many Blessings!



Master Kuthumi's Prayer

I AM LIGHT

I AM Light, glowing Light,
Radiating Light, intensified Light

God consumes my darkness,
Transmuting it into Light.

This day I AM a focus of the Central Sun.
Flowing through me is a Crystal river,
A living fountain of Light
that can never be qualified
by human thought and feeling.

I AM an outpost of the Divine.
Such darkness as has used me is swallowed up
By the mighty river of Light which I AM.

I AM, I AM, I AM Light
I live, I live, I live in Light.
I AM Light's fullest Dimension,
I AM Light's purest Intention.
I AM Light, Light, Light,
Flooding the world everywhere I move,
Blessing, strengthening, and conveying
The purpose of the Kingdom of Heaven.