

SDI L5 S13 Community Call Q&A with Metatron

Joan: Good evening everyone. Welcome to our community call. Before we get started, I have a couple announcements to make. Metatron asked to make our graduation session, changing it from Tuesday the 8th to be on Sunday the 6th so that everyone in our community, if they could, could attend because this is our final Seating of the Divine session. Our Crucible will continue, but what that looks like at this moment, we don't quite know.

The other thing is that the 13th, which is the following Sunday, we have a Grid Master call. And Andy and Pat will be facilitating that. We have made a decision, because of the situation in the world right now, we felt that even in our 3 months quiet time, that we should continue our Grid Master calls. So we will do that. So we have a volunteer for January. We'll need somebody for February and March or any month after that that you feel called to volunteer.

This is a community call so it's an open discussion on what has occurred this year and in conference, or anything else that you would like to discuss that is relevant to our teachings. Also, Metatron is with us here now in the collective of the Lords of Light. And he stands in the background for this community call until a question needs to be clarified or answered. And then he will be present for you to ask your questions, because we haven't had a question and answer per se, since before the conference.

So in this discussion and question and answer, he would like people from our community to comment or answer what they feel they know the answer to that question is. And then if further clarification is needed, he will most certainly be here to clarify.
3:00

Q: I have a question for anyone who would clarify it for me. Sometimes our teachers talk about Light codes or Light imprints or Light packets or memory codes. And to me it is almost like the same thing. Can someone clarify which one is which? Or the reason and purpose? I think I know those Light packets. But what is the difference between memory codes or the imprints? Or is it the same thing?

A: Memory codes will be something that will be triggered by your Soul or another lifetime or more information that's coming up. So you have this data in you, and all of a sudden a memory code will click on something that you are already holding.

Light codes for me, they come in and ding in my head, and they will trigger not only

action for me. They come in like - do this for me, they come in like a message, and it codes me up to take a specific action and or to go in and re-read something.

So those Light codes do that for me. Some of the codes can come in and I can feel how they will change some of the function in my Light body, as the codes will come in. And I think some of the times you almost have to have a certain Light quotient in there, a certain amount of light in there, and then these codes will come in, and you can do something more with that that you weren't able to do. But you have to have that quota, quotient of light there first, before it was going to come up for being able to use it differently.

Q: And what would be the difference between that and the imprints, because sometimes they call it like the... packets?

A: Imprints to me is more like a geometry print that engages with the information that we're gathering. Or becomes the template of which we work that bring that energy through. So that's how the imprint feels on my body. To me, an imprint I can actually draw out, but it's a very intricate geometry sequence or almost like looking at some of the sacred geometry things all mixed together. So that's what the imprints feel like for me when they come in.

Q: Is it maybe something new that we are receiving, like that doesn't come from the memory codes, or something right? Right. Like from the Elementals - gave us those imprints?

A: Right, imprints are usually from the outside in, where memory codes are activating something already held in.

Joan: I think imprints can also be created by certain experiences that you've had. They talk about the distortions. Those are imprints that you've picked up along the way in this lifetime, because before you entered in this lifetime, you very much entered at that Soul Spirit level, so there was a quality there that gets distorted when you come into a very dense physical environment. So it's very easy to pick up those imprints.

There's such a thing also as Soul imprints. And these things occur from other lifetimes sometimes. Some of them are not distortions, but actually very beneficial.

Q: I would love to have some discussion about the Quantum field, and get some other people's opinions as to how - I'm having trouble visualizing. I'm having trouble getting my feeling for exactly what the Quantum field is. So I'd appreciate any help there.

A: From my understanding, Quantum field is a field of all possibilities where it's the intelligence of love. And in order to tune in on that, we have to put our intention - like for example, you wave your arm. Then you think about that. You don't think about that and you don't use your arm. You don't know that that exists. You just know that that exists in that. SO you have to attune to feel it.

And during the meditation you just try to tune into this blackness. It takes practice. And when it takes time, you start to feel it. For example, I already know when it starts to be dancing of the colors. Usually it's an indigo, violet color. I know I'm close there. And you even put more intention into that. And when you put more intention, you get closer to that.

And after that, you feel it. It could be like a buzzing in your body. You could feel something. It's different anytime. But now you know that it exists. And now you know there are unlimited possibilities. If you have a pure intention and positive emotion, or some dream that you want it to be in the future, how it is, you just share it with this alive loving intelligence. And it fills you. It fills you all of the time.

So when you are in harmony with that - so that way you could get what you want - manifestation, or feeling of absolute love surrounding you, or feeling -just like a presence. But it's a practice to go there. I started with just blackness. And I focussed on the blackness and what it is. I want to feel you. I want to hear you. I want to see you. I want to just whatever - whatever you put in it. But this was my impression, and probably everyone has a different one.

13:00

A: For me at this point, seeing in color is far and few between. For the lack of a better word, there is a type of texture in the darkness. And I'm able to differentiate whether that darkness, when I close my eyes, is something very shallow and narrow, as opposed to something that is much more open-ended.

And my feeling now, as I enter into that Quantum consciousness, the darkness space is far wider and there's depth to it. And there is a stillness to it. And the moments, and I have to say moments, that I'm able to have that consciousness - truly for me, there is no thought. There is absolutely nothing.

Now, if I go in previously with an intention, but I don't carry that intention, and just go in,

I have to say that once I leave that, at some point, and it may not be immediate, a thought will come to me.

And it will be the next step for my intention. So it may not happen right away. It may be a couple of days or a couple of hours - however, but a thought will come to me, or a next step will come to me. And at this point, that's how I experience that Quantum field.

Q: Can anyone clarify the difference between the Quantum field and the Void?

A: For me it is the same. I could actually even think about it like a huge ocean, or the starry night. For me it's the same feeling. And thank you for sharing. Yes, I agree that it is sometimes you even feel the quality like a painting, but it's very fluid. It's alive. You just feel alive, but no matter, not something solid or dense. But you feel it. And sometimes like colors, you could see. So that's what it is for me.

Joan: From my perspective, it's a massive creative field of the All That Is that has multiple dimensions and no dimension at all. So you can equate it with the All That Is. It is a creative realm of infinite possibilities and infinite information. So it's something that you have to experience. You can't rationalize it. Or it's very difficult to voice in the normal 3rd dimensional languaging. You have to experience it. But it's just this massive fertile, unlimited void of creative energy.

Q: So it's our ability to function within that massive creativeness. It's just a hugeness. Is that it?

Joan: Right. It has all dimensions, all universes. It's the All That Is. It's the creativeness of All That Is. And of course the more light that you hold and that you can expand your Unified field, the experience will be different.

A: Yes, I'm seeing a difference between my Unified field and the Quantum field. [Right, exactly.]

A: It's like a great big field ready to be planted with all kinds of thoughts and memories, hopes and dreams and wishes that is just waiting to be snatched up and used for our Higher good.

Joan: Right, or to draw a consciousness or information that you hadn't been able to remember. But that takes having in place a Unified field, a certain frequency of light. And I'm sure that our teachers will be directing us in that way. And if you remember in our last teaching session, they talked about the Rays of creation

and how that there is really only one massive Source Ray of creation, and all others are within it.

It's the same thing with the Light packets. There's one massive Light packet that activates and helps restore our DNA in our physicalities so that we can process a greater complexity of thought. So we're just now beginning to have access to that. You have to just give yourself time to integrate and to experience it.

Joan: I like what was shared, that there's just silence. And then all of a sudden, when she comes out of meditation, a thought or something will occur to her that hadn't occurred before. So she is able to - within that field there are Holographic projections. So after she had entered and stayed in that field for a while, thoughts would occur to her, or states of consciousness that she wasn't aware of. These are the things that happen when you access that Quantum field. And the more that you do, and the more teachings we have around these things, the more expansive it becomes.

A: A comment was made about the background image of this participant's individual zoom presence, resembling what came to her after experiencing the Quantum field, and stating that it's not as if she spends a half hour or 45 minutes in this field. She stated that if she can make it to two minutes, she's good. But after a meditation session, she felt that texture, that feeling, and shortly afterwards that background image came to mind.

She explained that it's not the fullness of it, the full piece, but it just came to her that there are 12 arrows or twelve rays. And when you take the sacred name, and you keep the full four letters, that's what you get. And you get the different configurations. It was instant, the complete picture. She just had to put it together. So to her, that is a reference point as to how she interacts with that Quantum field. As much as she tries to stay there, she doesn't stay there for long. There is just this feeling that it is very powerful. There are not too many words to describe it.

Q: When you're in that field, you say you're only there for one or two minutes, maybe you're there a whole lot longer and it's just this 3rd dimension 4th dimension time sequence that you're looking at rather than - you might be out there for 20 minutes.

A: Well, that could be true because you know, the full meditation is not when I'm all there, so when the part of the meditation when I am there, it could be a lot longer. Sometimes, I don't know. I don't really think it's important. I don't even know why I mentioned it, but you could be absolutely right. I have no idea.

A: Thank you all for your comments. This is helping me. I expect I'll get a lot more of this in the future.

Q: I have a question or maybe clarification. When we were led by Yeshua Magdalene through the Void and the series that we went through in that, I thought, but maybe I didn't get it right because I was focused on it and not taking it immediate notes, but wasn't there something in there about the Cosmic womb where our Soul was birthed.

And was that part of the series we went through in the Void, or was that part of the Quantum field? Because when I've gone to the Quantum field, and I can only stay there a few seconds to a moment, when I've come back out, there's this thing that I'm hearing about the womb. And I'm trying to clarify that for me, and what that might mean for me. But that's been coming up a lot in my thoughts and once in my dream, about the womb.

Joan: Anybody have a comment on that? Or would you like to hear from Metatron?

A: It would be nice to hear from Metatron or anyone else in the group, but I'd like more clarification on that please.

Joan: Okay. Before I bring him through, does anybody have a comment? I'll wait a minute or so.

28:11

Metatron:

It is I, Metatron. I would like to congratulate you on this community call, and on the discussion that has taken place thus far. You have taken full advantage of this session, by voicing your experiences and commenting on each other's questions, which is very helpful when it comes from the group, rather than one of us, teachers.

But in this regard, I would like to clarify the Cosmic womb. You can also associate that with the Void of the All That Is at the moment your Soul was created, was created in that Cosmic womb that is eternally fertile ground for unending experience in various realms, whether they be in form or non-form.

It's important for you to recognize, it is the same for your Spirit. Now let me clarify. There is a difference between the Soul and the Spirit. The Spirit is who you are the moment that you were created by the Source of All That Is.

This creation is more of a collective creation. It has a Collective consciousness. It is

made or was created in the Image of the All That Is. It is a vast Collective consciousness.

So you as Spirit are part of and one with the All That Is. When that particular iteration of Source desired to experiment in the various realms, in the various realms of Creation, the Quantum field, being a part of that massive Creative force - and you as an individual part of that Source wanted to have that experience in a more physical expression. Thus your Spirit created a Soul to afford you that opportunity.

So there are many types and pieces and parts of Souls that your massive collective Spirit can create for various reasons and purposes.

So when Yeshua and Miriam the Magdalene led you into this Cosmic womb, it was for a specific purpose. And that purpose was - to recover not your original blueprint of your Soul, but your Prime Directive the moment that massive collective Spirit of you was created, that Prime Directive that was given to that particular massive Spirit, the Collective consciousness that is always in complete Unity with the All That Is.

Q: So does that help clarify some of that confusion?

A: It certainly does. Thank you very much Metatron.

Metatron: It's very difficult in 3rd dimensional languaging, and even in the denseness of the 5th 6th and 7th dimensions, to begin to speak of things of the Source of All That Is, especially of Spirit. There are various Spirits that have multiple expressions of the All That Is, in specific Collective consciousness. So it's very difficult for you, operating in the denseness of dimensions, especially in matter, in the type of matter that you exist in a body that is so limiting.

The neurology has come far since you have begun these teachings. But it still is very limited in processing that type of thought. But I think that you have a basic understanding of the massiveness of the All That Is, and the massiveness of part of that All That Is that you know as the Quantum field - that has many, many universes. And within those universes are many galaxies, many star systems, and many solar systems.

It is a massive Creative field. Some of it has form. Some of it has matter. And some of it does not. But all of these universes, all of these fields of energy within the Quantum field are composed of energetic consciousness that each one is within the other.

Metatron: So it is one massive - it is kind of like your Unified field, when you work with

the Triadic system - how those Triads fold all together into one Unified field. It is so within this Quantum field. So with that dear Ones, I will let you continue with your discussion.

35:50

Q: Metatron, going back to imprints and the Light packets, and the memory codes and the Light codes. But there is one more - the Holographic codes, the Holographic...

37:00

Metatron:

Well, Holographic projections are used within the Quantum field, and they hold - these are huge projections, Creative projections. And each one holds massive amounts of information. And even the smallest particle of that holograph that gets delivered and embodied in a denser realm, such as the physical realm that you now find yourself in - it has every part of the massive whole.

So you may perceive it now as many different projections of thought and information. But in reality, just as within this Quantum field that is one massive Unified consciousness, so these Holographic projections are used to stimulate knowledge and awareness - not from the rational mind, but from that vaster whole of the All That Is.

So that eventually, as you absorb it, and you learn the various pieces and parts - the particles or the waves of light. A particle is different than a wave, but yet they function very similarly, and they carry information.

How much of that you are able to absorb and know depends on the amount of frequencies of light that you carry, the condition of your Light body, and the ability of your neurological system, your brain, to function such massive amounts of information.

So it's given to you, in your perception, small increments of these projections that carry all of it. But you can use what you are able to use in minute pieces and parts that still carry the imprints or the All of it - that as you grow in your consciousness, as your Light body becomes more massive, then you draw more from those Holographic projections because they carry all of it.

Q: Could you explain what kind of information - maybe it's an entire concept like a Holographic projection on how to create with the Element of Love, or how to ascend into a Light body, or something like that.

A: Right. All of that. Yes. There are various massive informative - in this instance, with

this group, it is all about creating a more massive state of consciousness that not only draws pieces and parts from these massive Holographic projections on how to use the Light body, how to add the Element of Love, with precision to your creations.

So it is dependent on your ability to grow your consciousness, which at a Spirit level is massive, but is so limited in the human form, in the denseness of the dimensions that you are now able to navigate in.

So our suggestion is - don't worry about such things. You have done well. In the last five years you have absorbed a massive amount of information from those Holographic projections, when we first introduced you to them.

If you will think back about when Holographic projections were first mentioned to you, and that all of the information and the energetics required to use that information, would be brought to you in Holographic projections. And think about all the teachings and all of the applications of those teachings that you have been able to integrate and use. And you've just begun.

Q: So this is how this mode of communication is going to evolve with each other in the future?

A: Of course. And also, it's part of this experience that you are just now beginning to have of this Quantum field, because these projections are just informational files if you will, envelopes of more to come. And it's given to you in these small increments so that you can make them usable in the dense reality of the human form and the Earth itself.

And what you are doing is - you are helping those that come after you to have a much more expansive experience of this realm because you have travelled through it and used certain parts of those holographs.

And so when they go to the Quantum field, they access those holographs through the experience that you've already had, and they don't have to go back to square one. It's there. Do this, this and this. And that's why these young children that you are seeing, are so quick with computers and technology, because those who came before drew that from those holographs from the Quantum field and used it. So the use of it is imprinted through you.

Q: I feel like I've been doing this for awhile. Somebody starts to talk about something, and I get it. And they'll explain it to me in detail, and I'm like - stop, I get it, I get it.

A: Exactly, yes. And that's why your educational system is in such turmoil right now, because these children want to say the same thing - stop. I get it. Let's do something else.

So you are providing a pathway in that Quantum field in denser realities, for those realities to be changed instantaneously as they are accessed. And that is why it is so important to continue these Grid Master calls, because you can project into that Quantum field, the Element of Love and the usability of that, as well as these Light templates that you have learned about - and establish an equilibrium within the Quantum field, within those Holographic projections, that others can instantly - the things that you've had to struggle with for five years, they get in an instant. This is the service that you are providing for humanity, for the world, for the Earth.

46:46

Q: You said that we project into the Quantum field? I thought it was the other way around. It's like this vast ocean, and there's a lot of movement. And then there's nothingness - and that it comes to us. But it sounded more like a reversal of that.

A: You contribute to it. Now, that means you can - and this is one thing why we did not bring this to you before recent times, because you can contribute distortion, chaos, war - which you have been doing. Because the contribution comes from your state of consciousness. So now you are more capable of being - it doesn't mean that you won't ever err from your distortion that you still might use unconsciously, but you are part of that Quantum field. You are - this is part of Unity consciousness. This is part of you being Spirit, part of All That Is, so you contribute as well as draw from.

Q: How is this affecting and participating, I'll say galactically or universally?

A: Yes. You know that there is a galaxy in close proximity to the Milky Way galaxy, which is the one that you navigate in right now in this physical form. So that galaxy has been contributing, through the Quantum field, to the Milky Way galaxy, because they hold pieces and parts of information that the Milky Way galaxy, in this sector of the universe, the fallen sector, needs desperately. So there are parts of the world that need you and your consciousness, and your contribution.

Can you get your imagination, that fertile curiosity of yours, around what I am trying to convey to you about the massiveness of who you are at Spirit level, and how that communication is now taking place within you - between your Soul and your Spirit, and how you have access to the Quantum field?

Metatron:

You're just learning about that. These are baby steps. You are toddlers in a room full of obstacles, and learning to walk through the obstacles in denseness of the world and of the body, and navigate into a beautiful field of unlimited potential.

51:00

So I am going to step back, and I'm going to ask if there's any other discussion, that you please bring that forth and discuss it amongst yourselves first. This is what community calls are. They're exchanging ideas, thoughts, information.

Q: Are there still forces trying to interfere in our work, in what we are trying to do? And are there Light workers?

A: I'd just like to say one thing. And that is, we are in a very polarized world, we know that. And we're in this duality. And all is possible in that. But the way I see it - our particular calling is to hold Light. And to hold ourselves - not get too carried away with what the other forces might be doing. There's just so much conjecture right now in the world. And it's a distraction. So just keeping on with what our teachings are, holding ourselves in the blueprint that we see ourselves is what we're called to do.

And as Metatron said, this is what some of the very first groups are doing - we're foraging away. But we have to keep continually holding that anchor of where we really want to be. And not be too - to be discerning, and not to get too involved in what might be happening around us otherwise. That's sort of how I see it.

Q: I completely agree with what you say, and I feel that. But my question is more about - is it enough what we're doing, to improve what is going around right now?

A: Well, Metatron just told us - we can do anything. We really just have to hold how we see things very clearly. But in love. I mean clearly this is - we have to be, I try to be as open-minded as I can to strange things that happen around me. But just hold that love. I think that's kind of what we're called to do now.

A: What's coming to me is that we were at a stage where we were all very wobbly and we could have been thrown very easily. But the point we're at now, at this stage with the amount of light we're holding, we're not as easily thrown at all. I remember a friend a long time ago said, the brighter you shine, the more they know how to find you. Well now they're going like this and staying away. I think we're good. We're safe.

Joan: I think it's really important to keep in mind that we have a multitude of resources

to hold that light and that love that we are. And that is our choice. What do you choose?

How do you choose to react to the outside influences that are happening world-wide now? Do you choose to get into that - oh, ain't it awful? And I have no control. I am a victim of this. Or do you choose to hold the light and love that you are in the highest state of your divinity, and let the other go? Because there's so much of that that you have no control over.

The only thing you have control over is you and your choice. And I think the comment made is wonderful - the light that you carry right now. And they told us that. Yes. Completely agree and I'm glad that I'm staying in light no matter what.

Q: Some of the meditations we've done and the Grid Master calls are a good example - some of the things we've done where we're transmitting love and the Unity consciousness. We've done it so powerfully that we feel the vibration of the Earth shift under our feet. It's really, really substantial. It's noticeable. And that's powerful.

We're doing that. And so the other part of that is that I'm really, really working hard to master my emotions and learn how to stay in neutral and 5th dimension, because I'm realizing just how powerful I am. And if I get angry and start projecting that out there, I know wow, that's really powerful and I don't want that going out there. I understand.

And that sort of brings me into another topic we might want to discuss. And that's staying out of the monkey mind or the small mind, whatever you want to call it.

And I'm starting to project, keep my focus up in about the 3rd Triad and the Higher mind, and even in the 4th Triad, and trying to keep - you know, when I keep my mind and my focus up there and operate there. I'm trying to operate from that consciousness. If I can stay there, that quiets my ego. And I stay out of all the fear and the stuff and the crap that's going on in my body and my mind that's stored there. And so it's helping me stay up in the higher dimension is basically what I'm saying. So I'd like maybe to start a - if somebody has any comments on how they do that - stay in the higher dimensional consciousness.

A: So I've been working a lot with the Elementals in staying in those high vibrational. You know, if for example, with the wind overcoming obstacles, or feeling the nurturing and the sustenance from the water. And the stability and the groundedness - bringing that into a feeling. If you were feeling a little wobbly, you know like - how am I going to overcome this? It's like, okay. Come on wind. Let's work with me. And it's immediate. It's in the body, and I feel that it's that connection of Source through me and then it's

through all of the Elemental world. And yet, it was the Elemental world because that's who I am. So it's pretty cool.

A: We are continually reminded that we are all one with the Ascended Masters, the Beings of Light, in our Crucible, in our Collective. And my thoughts and where I radiate is if something comes at me, I know I have all of that at my disposal, and that all I have to do is shift my attention point and it disappears. It vanishes, because we are all one. And we all have each other's backs so to speak. And so I don't feel there's any force out there that can derail us or stop us, because we hold the light. We hold the truth, and most of all we hold the love.

A: One of the things I really enjoy doing - I go back to the basics. And the basic for me is bringing in that blue coding and filling my home with calmness and love and light, and peace and tranquility, and all the things that help me get through my day. And my home feels different. I don't like leaving my home now. I like it here. I don't look at it as being in isolation, or being in lock-down. This is a beautiful space to be. And this is my safety. This is my cushion. So using that blue coding and the yellow coding and the green coding and the magenta coding, and just filling my space with that. It helps a lot.

A: What I find is going back to those basics, sometimes we forget to collect ourselves up. Sometimes we forget to take attention points off of us. And sometimes we just forget to change our grounding cord. So in order to hold those higher things, anything you're doing when you're shifting things - even when it's my own creation in the kitchen right now that I've got all over the places because I'm making pies - then cleaning up that and putting it all away, and then again, collect yourself up after what you did, because that makes it easier for me to hold the higher energy. And I like playing with the crystals, the unicorns and the dragons. And so I have some stuffed animals that live with me. We just had a few more move in. And just walking in the room and seeing a unicorn - it's as big as a Saint Bernard - puts a smile on my face and helps hold and shift that happy playful energy in my world.

A: I agree that I am also satisfied being in isolation at home. And from that I know that I am shining my light, because before I would never be satisfied just in one place, not doing or creating something. I know I am creating a lot by shining my light. And that satisfies me. So I am very grateful for being in this class and being taught to do that, and participate this way - to save humanity and Earth. That's a lot for me. That's all.

Joan: Well everyone. This has been a wonderful community call. I think it had depth

and breadth that was so needed right now. And I agree with everyone that spoke, the importance of creating an environment that promotes your light and your creativeness.

So at this point, I think we should close our conversation. I will see you in a couple of weeks for our graduation ceremony. Thank you all for those who have joined us and contributed to this conversation. For all of those who are in the United States, Happy Thanksgiving, and we will gather again very soon. So thank you all. Blessings.