Greetings, Beloveds, It is I, Kuthumi.

We have been discussing the beautiful Light that all of you have begun to absorb and radiate. Because these last few sessions before the Conference are in such close proximity, some of you may feel stretched to your limits. And we realize that we are pushing you very hard now. But we are confident that you are up to this task.

So, we would like to explain to you this evening why we feel that more has to be done in regards to this 3rd Strand of DNA and the 3rd Light Packet. It's not because we feel you were incapable in any way. But the massive Energies of these Light Packets, which you have not fully understood until recently, are such that, in our normal progression of Teachings and Energetic Holographic transmissions, you have a month to absorb the concepts and the Energetics. It has only been one week, Dear Ones. And this is a very unusual energetic that is being put in place.

So, many of you, when you received the review of what Light Templates were used and what Light Packets were placed in certain DNA Strands, many of you said, "Oh my heavens, I forgot, I forgot!" And you quickly tried to understand what I was conveying to you in the concepts last session.

But, as you all realize, along with that came this dramatic influx of Energy, Light influxes that you had not experienced previously. So, once that 3rd Packet was placed in that 3rd Strand of DNA, many things changed.

Although you have worked over the last few years with certain activations in the Light Body, this in particular, this Light Packet in that 3rd Strand of DNA, changes the complexity of your physicality so that it begins to open to a more effective activation in that Light Body, because it raises the vibration and the consciousness of the body. The body is quite easily... it can easily follow your consciousness that is led, by the way, through your Light Body.

This Light Body, yes, has some aspects of 5th Dimension. But it also has many aspects that are multidimensional. And the fact that the slowness of you recognizing this was due to the fact that something now was needed in that individual expression to amplify the communication between your body, your physicality, and the more complex and refined Energetics through that communication with your SoulSpirit. And so this is now in the process of being activated.

[5:45] Also, you have to understand that the 3rd Light Packet placed in your chakras, in the throat chakra and in the solar plexus, was HUGE, because that will, your will, and the Will of Source became united in ways that it could not be united and functioning, had it not been for the massive Energetics streaming into the body through that 3rd Light Packet.

The Will of Source, the intention of Source when your SoulSpirit was created, is what we are talking about. It's not about the Will of Source being dominant over your choices, over your ability to use free will. But that alignment shifts you into that multi-dimensional frequency. And you are happy and joyful to be in that state of consciousness.

Now, we haven't talked much about the shifts and changes that go on in that solar plexus. This is your power center while you are inhabiting a physical body. It gives you a very dynamic, different way of expressing yourself in life on Planet Earth. It no longer, in the Presence of that 3rd Light Packet of Light and the activation in that 3rd Strand of DNA, it no longer is about dominance over, superiority, or even parts of the ego that tells you that you are unworthy.

The ego benefits from this particular activation. It is slow to transform. It is slow, as we spoke of last week, to come along and be willing to take its role in this whole experience -- rather than lead, it follows. So these are things that I wanted to make clear to you.

Now, another thing that I want to make clear to you – with these Energetics in play, it will take several months for them to be fully integrated, because they are so massive.

Now, that said, it's important that you understand it's not about remembering the function of each Light Packet, the function of what chakra it was placed in, or what Strand it was placed in. If you need that information, it will arrive in your consciousness. But the actual function has nothing to do with a rational or logistic knowledge.

Understand that when these Light Packets were activated and they were placed in certain Strands of DNA, they were placed in certain chakras, they are ever functioning. They never diminish. The Energies of those continue to grow.

So there is nothing for you to do here. There's nothing for you to be worried about. Everything is flowing and functioning and your complexity is growing. This was a significant activation in your ability to know Unity on many different levels.

[10:58] So, we ask you to rest... in the awareness. And allow those Light Packets, those DNA Strands, and those chakras that contain those Packets to function and to grow and expand, become even more potent than what you felt when we first activated that 3rd Packet in last session.

So, in this regards, I also want to draw your attention to the fact that yes, over the years, these transcriptions have been very useful for quick review. But anytime there is an activation, an Energetic activation of some kind, reading the transcript will NOT help you in that integration.

Listen to the recording of the actual activation that is led by one of we Teachers of Light. And FEEL the Energies anew. Now this isn't something that you have to do every day, unless we tell you, "Do this for a while for every day."

These Light Packets are a little different. They are very potent Energies, and it takes a while for them to reach their full potential. So, to review the recording, to go through the process, to FEEL how that feels in your body a few times is sufficient, because otherwise you are going to try to remember or to visualize in some way where they are and how they function.

This is not.... these Energetic exercises, activations are not visualization exercises per se. They are Energetic transmissions that must be felt and recognized in the body. It's about the Energy not the concept. The concepts work with those Energies and are available when needed. But when all these things are active and functioning, they are like in your human body. Your heart pumps your blood, allows the flow of the oxygen in your lungs. Many of those autonomic functions you never think about. They function!

So it is with these Light Packets. The only time that it's relevant that we draw your attention to "Well, it's placed here, it's placed here, it's placed here", is occasionally we will do a review, so that you remember that you have that operating in your body, and that the body is changing. The consciousness is changing. The function of the Light Body is being upgraded substantially.

So, REST in this. Have confidence in <u>yourself</u>. It will make your Journey so much easier. And you will be able to remain in that state of Joy. Even now you can recognize that you are more calm and you aren't triggered as often. And this will grow exponentially.

So Relax and allow.....

[16:08] So, now, for this portion of our Gathering, I would like to invite you to converse with me. I would like to have an open conversation between you, this Group Collective, this beautiful Group Energy, with one another and with me.

Ask any questions that you are concerned about or that you have confusion about. This is why we're having this particular conversation now, so that when next we meet, we will move on to some other things that have to be set in play, before we meet in the Conference.

So, please – let's have a discussion about what has transpired last week, how you were able to use the information, and how you were able to feel the Energetics in your body.

What was the difference between when you first activated that Light Packet in that DNA structure on that very day and as you sit here with me this evening – if there has been a difference. And I would venture to say that there has been, as you become more accustomed to that frequency band width.

So, let's begin......