Master Kuthumi:

So, take a deep breath now, and get very centered again in your Light Body. Notice how it glows..... And be in your Merkaba field..... [Short Pause]

The positioning of the Light Packets has altered your DNA structure.....

Notice how there is an interconnection energetically between each Double Helix, how it is made through individual Strands working together... in Unity... creating a magnificent Light Energy that is spinning and spinning and spinning and spinning and this magnificent field of Energy is united as each Helix folds into the other..... and becomes one massive Field of Christ Consciousness.....

FEEL what that feels like in your body...

that unification that is now taking up residence in your physical body.....

FEEL the difference in its consciousness.....

that beautiful Light... spinning Light....

that is YOU, that individual Christ expression.... creative, magnificently creative.

You are a creative Being... of Light... made in the Image of your Source..... Never before have you recognized this --

Only in the brilliance of this massive Light Field that you have created... Can you see that?

Take a deep breath.... and FEEL the Energetics,

how beautiful, calming, freeing – like a breath of fresh air.....

No longer overpowering, because it has begun to seat itself... within you, so you recognize it and you know it.

There is a comfort that flows over you at this very moment..... a feeling of comfort.....

Sit in the Silence with me, in this moment, and FEEL the comfort... of this magnificent Light Energy..... [Short Pause]

Now, FEEL the Joy that is emanating from your Heart center.....
in the comfort of these Energies
and these massive Light Energies of the Light Packets —
Unexpected Comfort... Unexpected Joy.... is flowing through every part of you.....

[Short Pause]

[7:08] Allow the momentum to build.....
Allow the stability and the equilibrium.....

Notice how refined the electro-magnetic field of your body has become... [Short Pause]

Recall how you activated that 3rd Strand of DNA,

placing the 3rd Light Packet within it..... that glowing, luminous Light Packet...... When you placed it there... last week.

Remember how that felt... how dynamic you felt as a creator..... [Short Pause]

Observe how your body is responding and absorbing... the Light..... absorbing the 3rd Packet of Light into the 3rd Strand of DNA..... And it receives it and absorbs like a sponge...... [Short Pause]

Notice how all of the activated DNA Strands are glowing...

as each individual Strand absorbs Packets of Light that were placed there...

Notice how the first seven chakras in your physical body are spinning in the most dynamic Light and Color that you have ever observed..... upgrading the consciousness of the body, raising it to that 5th Dimensional frequency.....

All is set in motion within you.

All of the Packets are operating harmoniously and coherently within you....
within your chakra system.. within your DNA Strands.. and within your body itself.....
[Short Pause]

No need for words.... no need for thoughts.....

Just BEING and absorbing....... [Short Pause]

Notice how all thoughts of any separation in any part of you have fallen away.....

Notice how any separation within your Community of the Crucible has fallen away.....

All members of the Crucible sit in this beautiful expression.. of Light... [Short Pause]

Truly, you are a Dimensional Being, operating in a physical body in 5th Dimension, in Unity and Love.....

There is a Knowing.. that has come over you..

No questions.. just Knowing... this Energy......

Now, take a deep breath.....

And in this Unity and Love Consciousness... we will close our meeting..... Blessings, Beloved, Blessings!