Greetings, It is I, Metatron.

I am delighted to have gathered in this Crucible with each and every one of you.

We have called this special meeting and, as you have come to realize why, we have watched you for the last three years in your beautiful transformation Journey that has taken place during these times. We have also watched where you have difficulties, where you have anguish, disappointment, and when you revert back to a denser dimensional frequency, which greatly disturbs you, because we often talk to you about stability of 5<sup>th</sup> Dimension.

But understand, Dear Ones, you are never judged when these things happen, because it's part of your learning mechanism – to discern what triggers you, what happens in your day to day life that creates this, how you create. So, please understand, we NEVER judge. However, you often judge yourself. And we ask you to please let go of that once and for all. Just see it as, "Oh, I fell short. I have an opportunity to see things differently, to see how I create in every moment."

You know, Master Kuthumi has often said in his Teachings, "Be aware..... know yourself intimately. Be aware of every thought, of every emotion." And this in itself can be very overwhelming to many of you. So, do the best you can on a day to day basis. And recognize some days are just better than others.

So, I wanted to encourage you, first and foremost, because you have embarked on such a very important Journey with us. You are our counterpart, our creative counterpart, because you have a body, a beautiful body, a human Christed form. And we NEED you, as the Earth transcends these lower dimensions and rises again into its elegant Christed form. You are the Ones that will actually resurrect form....

So you have a big job, as we all do. And we support you 100%. You are part of our team. And I think you are beginning to realize that. And I want you to know, it's not because of Spiritual arrogance of your ego. It is a true fact. Yes, you have some limitations yet to overcome, but you will do this, because you are devoted to this process.

Now, that said, I would like to open this up to have a group discussion of what you have heard in this particular Gathering, what you know, what you have experienced, and also if you have questions. We are all here together to respond to those questions: John, Joan, Melainah... Every one of you present at this moment is capable of responding. I am here to also respond, when necessary. But mostly, I would like this conversation to be within your beautiful, beautiful Group Energy, because this in itself creates a bond that is not in any way penetrable, once it is fully engaged in a Crucible.

We've taken great care this year to prepare you for this Conference. And we have pushed you very hard. We realize that. And we are very grateful that you have taken everything in stride, Dear Ones, everything.

So, let's have a discussion!