

**Note:** Our full discussion is available on recording G.

This is a summary of the points that were made, but not always word for word.

When Metatron answers a question, the transcription is word for word.

1. Mark: My experience with the Reptilian energy or the dark energy is that it's a very subtle energy at times, like a cancer invading the body. It's not something that always comes directly at you that is easy to recognize. Am I on track there?

**Metatron:** Yes, you are.

[0:45] 2. Colleen: I've noticed that the dark energy is very subtle and I don't always recognize it in time. But then, it's very easy for me to get out of it via my meditations, going into the Crucible, the Sacred Heart energy, all our tools. And that dark energy goes away. But we have to be so aware and so conscious of what's going on.

[2:55] 3. Mark: That's what I'm talking about. It comes in various ways. And I can also see it infecting other people who don't realize that is what is going on. And the media has a very subtle energy that sometimes appears to be very genuine, but it is not genuine.

[3:33] 4. Beth: I'm with you all on this one, because I think we see the darkness is coming out very much in the world today. And we do have to be extremely discerning about that. If it makes us feel compassion, that is an authentic reaction. But if it leads to blame, etc, then that is darkness creeping in. But I also see that it has to come out and we have to learn how to learn how to handle it. But I think it is very reptilian. The Dragon Energy we're starting to use gives us all kinds of hope and excitement and enthusiasm. So we have tools to help us.

[4:58] 5. Joan: I think the important thing to realize is that through all this, we have been given so much in the last several years of our teachings that we are no longer powerless in the face of these energies. Sometimes they can slip in without us noticing, but the minute we notice, we're empowered to take steps to create it differently. We are not a victim any longer. We are very powerful. Recognizing this is important for us to take away from this Gathering today.

[6:05] 6. Katie: In my life, the way I found I am most vulnerable to these energies is when I operate at the 3<sup>rd</sup> or 4<sup>th</sup> dimensional of love, or social love. I've had many experiences dealing with the dark side; it's been part of the work I've done for quite a while. And yet I still will forget to look at the whole picture, to look at the whole person. I think I've confused Unconditional Love with acceptance of anything. And I sometimes forget to see what's really there. It certainly doesn't mean to "judge" at all, but to be aware of both the higher energies and the lower energies, both in ourself and in other people. And I keep getting reminders of that! And keep going back to the Sacred Heart and learning how to be in that 5<sup>th</sup> Dimensional level of Love.

[7:02] 7. Jana: I'd like to ask Metatron to speak in for a moment. Did I understand Master Kuthumi correctly that these so-called dark forces operate ONLY in the 3<sup>rd</sup> dimension density. So, if we're vibrating above 3<sup>rd</sup> dimension, these energies don't apply. Is that accurate?

**Metatron:** Yes, to a degree.

Now, we are not only talking about the 3<sup>rd</sup> dimensional frequency, but we're talking about also the 4<sup>th</sup> dimension, which is the transitional dimensional frequency, where there are both aspects.

You have choice. In the 4<sup>th</sup> dimension, you have choice. Now there may be that negative influence operating. But once you are able, here again, to hold that 5<sup>th</sup> Dimensional frequency of Light at the higher range, where you are now capable of operating in that 5<sup>th</sup>/6<sup>th</sup>/7<sup>th</sup> Dimensional frequency, you hold in your body, in your consciousness, in your thoughts, in your feelings a much different, refined level of Light Energy. And it's within that Light Energy that this reptilian influence or force is repelled, by the Light. And if they would allow, they are transformed by that Light shining forth at that frequency range!

So, that said, when you fall below that for any reason, it makes you have a vulnerability to that influence, at some level. However, you are at a state in your transformation that you cannot play that victim role. It is through choice, a choice that you make, a creative choice that you make, that caused that frequency to dissipate. So, here again, you know, you're in the process of building that stability. But sometimes, you're just not there on a given moment. But, you do have the tools to reassert yourself.

Jana: So it's really just a matter of a match of energetic vibration?

**Metatron:** At the very core of your Soul, Spirit, you ARE created in that Light and you ARE Light. It is through your choices that are made, your creative choices, that that dissipates, that it wavers.

So, there is a responsibility. You can't say, "Well, it's not my fault." You are not unconscious any longer. Now here, again, it doesn't help you to blame yourself, either. So, just use your tools and move on. And next time, you'll make a different choice.

Jana: So, it's really about if we're holding a big picture, broader perspective, in our everyday moments, looking at the whole person, holding 5<sup>th</sup> Dimensional Love and Unity perspective, that's a stabilizing force unto itself?

[12:30] 7 cont'd -- **Metatron:** And in that state, may I say this, you are not judging, not judging. You are seeing them in Light. However, you are also seeing their frailties, where they miss the mark. And you are wise enough to not let that influence you. Do you see?

This is important for you to recognize, because you are at a state of your evolvment where that 3<sup>rd</sup> Eye is open. And you can see these things, if you look, if you pay attention. You are a Force, in yourself, to be reckoned with, when it comes to these lower energies. But, at the end of the day, it is what you choose.

Jana: So, in addition to addressing our own individual choice point, are we also simultaneously addressing that aspect of ourselves in the collective of humanity?

**Metatron:** Yes, you are – without judgement! Always in the Element of Love. That's the difference in how you move on. You change it and you move on -- and you don't dwell on it. It doesn't help you. But you do recognize where that frailty is. At first, it will seem like a balance act.

Jana: But we're nourishing and cultivating our own neutrality at the same time. [Metatron: Correct, correct]. So, it's amplifying it.

**Metatron:** Thank you, Jana. Those were very good points to have brought up.

[14:41] 8. Randy: We're talking about the reptilian energies. And I'm aware that there is also a physical reptilian presence. Does anybody want to comment on that aspect of that, or encounters in that regard?

[15:04] 9. Katie: Yes, Randy, I have had several encounters with the physical representation in bodies of this energy. And one I would like to pass on to the group. Twice I was approached by what some have called "the men in black", or actually they seemed to me to be more zombies. They came to the door of my hotel room directly across from the Twin Towers site in lower Manhattan. I was at a Matrix Energetics Conference, and I was in a very high energy state. I had absolutely no fear. It just did not exist in me. And these Beings could not cross my threshold. They tried two nights in a row. They could not cross my threshold. So they just went away.

So, when we are in our Light Body, when we are in our 5<sup>th</sup> Dimensional Consciousness, they cannot, they cannot get to us.

[16:22] 10. Charmaine: I found this whole discussion about the Fire Dragons and the reptilians really interesting, because even though the reptilians are really clever and subtle and experts in deception, there's kind of a limited range that they operate in, as far as strategy, because they're not multi-dimensional. And so, they tend to repeat the same strategies over and over, although with different background settings.

And one strategy they seem to use is one they may have used with the Dragons. They take something that has a very positive, benevolent purpose, and they invert it, or they reverse it. And then they implant the symbolism that's reversed in the human consciousness. So the belief system then says, "Oh, dragons are evil. Dragons are reptilian", whatever.... And because of that belief system, then that cuts off the humans' access to that extremely benevolent energy that the Dragons can offer.

It's interesting to follow that strategy looking at the Planetary history, how that strategy was inserted in the human consciousness to keep us from seeing the Dragons as they really are, because the belief system put up a blocking over the 3<sup>rd</sup> Eye.

[Joan: Perfect! Right on, Charmaine]

I had one encounter with a reptilian, more on the astral plane, and I immediately called on Archangel Michael to get it out of there.

I don't deal with the dark energies, but I track how they use their powers, to see where the vulnerabilities are. And I've noticed them using that particular strategy over and over again in different formats.

And when we first encountered the dragons, I also had some of these belief systems implanted in me. So I asked, "What are the Dragons?" And the answer I got is, "Well, you know, the Dragons have been an Energy that was here before the creation of the Earth. They cooperated and they assisted and they guided the Elementals largely in the first creation of the Planet. And they are Galactic and beyond Galactic. They are in the Andromeda Galaxy. They're in Galaxies we don't have names for."

It's such a huge Energy, whereas the reptilians are a 3d/4<sup>th</sup> dimensional species that really can't access than at most the lower 5<sup>th</sup> dimension, but usually are operating in the 4<sup>th</sup> dimension. They are not the Dragon Energy at all. All of that other stuff was an implant from the reptilians to block us accessing the Dragons.

John: Oh thank you, that's great.

Melainah: Thank you!

[20:35] 11. Kathleen: I had kind of an “aha” this week about the Spiritual principle as within/so without or the law of attraction. I was looking deeply at some of my judgments or patterns about the woman in this culture and how I could get reactive and blaming of men, just in a polarized way, which immediately would lower my vibration and open me up to all kinds of things, before I started getting more conscious of this.

What I’ve found in my work with clients is that right after the fall, the reptilians had kind of a feeding frenzy. They pulled people right and left into the darkness, because people were so distraught. So, as we heal that in ourselves, we don’t even draw that to ourselves.

I’m sharing what I discovered in me, because I believe this is an example of how the reptilians can get in. What I discovered last week was that there were lifetimes in my Soul’s experience that I needed to clear in order to raise my vibrations and clear all karma so as not to attract any of that. I actually saw lifetimes where I was not a “good man”. I was inappropriately mean to women. I was sexist. What a shock! I think of myself as so above that in this lifetime. But to have cleared that in my space, I no longer draw that energy to me.

Joan: It makes perfect sense! And so many people are in denial about that – “Oh, I could have never done that!” I’m telling you, we have all played both sides of the fence.

Kathleen: Exactly. Thank you. It took a lot of courage for me to admit this. I’ve always been this righteous kind of woman. Well, that had to go! I needed to come into balance so I don’t draw the reptilian energy to me.

On another note, I have experienced reptilian energy in clients. Usually the red flag for me is when they are trying to sell me on how good they are. It’s like a snake oil salesman. You just get a vibe – this person is selling and manipulating and not authentic. And sometimes they are actually working for good causes for the world. But they try to intimidate and control and use power over. I’ve had to call in Michael and the protection of the crystals, and I have to maintain very strong boundaries.

With the Anchi Crystals, putting some Anchis outside, like on my deck, is very protective and brings in the Dragon Energy of protection. So I don’t worry. I feel very protected.

[25:32] 12. Sharka: I want to thank you for this information and discussion. Can anyone explain to me the difference between the influence of the reptilians and the influence of the Illuminati, etc.

[Note: After this discussion, to help Sharka and others answer this question, Mark Kimmel posted on facebook that he has written a book about the Illuminati called *ICEBREAKERS: Living at Higher Consciousness Changes Everything*, available on Amazon as paperback or Kindle, and probably other places as well.]

[26:10] 13. Kelly: Sharka, I don't have an exact answer for your question, but I've been thinking about sharing what I'm starting to experience in the last few weeks. I experience my Spirituality through my work. My project is attempting to bring the Heart space into the financial world – a huge undertaking. Recently, I'm getting the attention of other businesses with even bigger visions than mine, but with the same goals: bringing Light into the financial world.

I have noticed in the last few days that my Energy has been not as clear as I have been in the past about what it is I am here to do, though I am clear I am here to help heal the money system. I believe the financial system is fully inundated with the cabal energy, with the reptilian energy, whatever you call it.

I now realize that if I'm going to stay clear on my path, I've got to do a better job of discerning when that energy is present and when it is not. And this is not an easy task. I have to be able to identify my own fear that needs to be cleared, because I'm stepping into being a much bigger Being by allowing my true SoulSpirit to come through. And it's getting attention. And I'm struggling with getting the attention. And then I've got to be careful of getting the right attention. So, I very much appreciate this conversation.

[28:54] 14. Mark: I've had a long history of being in the financial world and have had a lot of experience with major corporations. That was before I became aware of Mastering Alchemy and, of course, the work here. I've had first hand contact with a number of these people that I know are deeply in their self-consciousness, their own self-worth, and are totally ignorant of the higher frequencies and dimensions. And yes, the Illuminati is very real. It exists. I've seen and experienced it. And yes, it is strictly, in my estimation, individuals who have embraced the dark energy.

[30:10] 15. Katie: I've done work with Dr. Steven Greer, one of the world-wide forces trying to create government Disclosure about the truth of the alien presence on Earth. When he started this work, he did not know about the Illuminati. He was horribly shocked when he found out there was such an incredible Illuminati presence in the governments. What he ended up doing was operating from a higher level of Light and Love. And he teaches everyone in the world, whether a member of the Illuminati or not such a member, about the truth of the alien presence and about higher consciousness.

Because of this work, he has found that about 80% of the Illuminati would love to get out of that organization. But it's like a mafia, and they cannot get of it, because it would not be safe for their families. But about 80% of them are ready to make the shift. And we can continue the same kind of work, spreading our 5<sup>th</sup> Dimensional Light and Love to all. And, of course, it's not 0 or 100%: all of us still are a mixture of Light and dark to varying degrees, because probably none of us in this group are totally transformed yet! But the point is that even those that are trapped in the dark, many but not all of them are ready to shift.

[32:20] 16. Joan: I really feel like that reptilian energy has many subtle aspects to it. And it's woven into anything that smacks of separation, fear – it's within everything. It's within the Illuminati force. It's in our financial and government institutions. It's always self-serving, world dominance. It's in our media. And we have to be sooooo discerning about that. A lot of this stuff that is on the internet, is in the news, on facebook is all designed to create fear and separation, so that we don't know what to believe. Or so we don't have a clear direction. And through our Gatherings, our Teachings, we have the ability to see through those things. So, it's just not one thing. It's not this boogie man ready to come out of the darkness and grab you. It's interwoven.

Like Melainah said, right now there's a big replay of the final days of Atlantis. You can see it everywhere, if you look. And it's not to be afraid of it, but it's to be who you ARE and make the best choices you possibly can and not be influenced by it, but to discern what the truth is. Melainah, do you want to comment on that?

[34:18] 17. Melainah: A couple of things in regards to some of the questions. First off, don't forget that this negative energy, be it reptilian or otherwise, is very subtle. And from personal experience, I will tell you that it can at times show up on your doorstep in the guise of the Light. It can't hold that appearance for a long period of time, and you will eventually be able to see through it. It can catch you off guard.

I'll give you a personal experience as an example. This person kind of rushed into my life a number of years ago as a beautiful, bright, shining being full of Love and Light. And I thought something was wrong but then thought, "What can be wrong with Love and Light?" We developed a deep friendship. Then little things started happening, little signs that things weren't right. But I would think, "Surely not. I must have just misread that. Not this person!" Over a period of several years, such things became more frequent. And I loved this person dearly. It came to the point where I had to walk away from the relationship.

This person came to my house to talk to me about it. And this person turned into a reptilian right in front of my face. I was beyond shocked but did not know what to do with that energy. So I closed the door on the relationship.

A few years later, she became very ill. And I still loved this person. So, at the end, I did try to be with her and help her. And what I learned was, she was deeply influenced by the reptilian energy. I went with her to Honolulu to the hospital for surgery. And this nasty being that would present itself from her was there. And as she was lying in the bed very sick, I had a direct conversation with that dark energy. And it was something that she had called in, that had been with her since the days of Atlantis. And it was called in as a protective mechanism. And through the course of being up all night with this being and talking to it, I want you to know that this being transformed into this beautiful vision of Light. But it had been so overlaid with so much negative energy through all her incarnations, it had only known how to respond and protect her in a very negative way.

[38:21] 17. Melainah, cont'd: The reason I'm sharing this story is, this dark energy is not always overt. You know it can come in in forms through other people that we care about. In this group, I don't think that too often we take on a direct attack. But the energy can come in and affect us through people that we care about and love. And I'm sure some of you can see that in your own relationships and how that can distract you and throw you off course.

So, yes, as long as we hold our frequencies high, I think we are above that direct attack. But they do try to find a way to get in to what affects you most, and sometimes that's through your families and what you do.

All these things are just words of caution, to be aware of.

I love what Kryon said: "Bugs are always attracted to the Light."

So, whenever I feel the heaviness of the energy, I try to remember those words of Kryon. And I actually can find it quite humorous.

Our work is our work. And we stay focused on that and what we're doing. And we're naturally going to be on the radar of people who don't want us to do what we are doing. But, this group as a group is dynamic. And it's powerful. And I believe every one of us, including Joan and John, agreed long, long, long ago that we would gather together. And we would do our absolute best to help this Planet ascend, to help ourselves to ascend.

And so for me, personally, even though I'm well aware of all these other things in existence, my focus is on what it is we do, what we're about, why we do what we do. And to the best of my ability, I try to remain in my own integrity in that. And know in my Heart of Hearts that I agreed to do this, as all of you agreed to do this. And we have ample amounts of protection. And I'm sure Metatron will tell us that again when we close this call. WE are amply protected.

But we still we have to be aware that there are things outside of ourselves. And the dark is very clever. So they can, at times, present themselves as Light. They can't sustain it. So there again, that goes back again to your own discernment and trusting your gut feelings.

Joan: Thank you, Melainah.

John, do you want to say anything before we invite Metatron?

[41:24] 18. John: To me, this whole conversation was terrific. But what I personally am taking away from it is that if you really don't like this reptilian energy and what that presents, that helps me, motivates me to continue my Ascension process, so that when I'm up in that level of the 5<sup>th</sup> Dimension, I don't have to worry about it anymore, because I realize they can't operate there. And so, instead of worrying about that as a negative, I take it as a positive and as a reinforcement to continue my Journey.



Joan: Yeah, I think that's a really good fact from my perspective also, in that we can't be on high alert about these things. We have to be aware, but focus on the task at hand, holding that Light frequency as refined as you possibly can. And then you are not bothered. It's not in your reality any longer. From time to time it surfaces, but in a way that you're not really triggered or emotionally involved in it. You just see it for what it is and then you make a choice to go in another direction or send Light or whatever. But, you are not affected by it.

John: It's just a distraction.

Joan: Yeah, just a distraction.

So, with that, everybody, I just want to thank you all for joining us. I loved our conversation. I loved the contribution that everybody made.

So give me a moment and we'll call on Metatron.