

A -- John's Introduction and Announcements:

Welcome back to our Seating of the Divine, Level 4, Session 12, September 10, 2019. We are pleased that you have joined us for this important Pre-Conference Teaching Session.

Before we get started, here are a few announcements. We will have another Pre-Conference Call next Tuesday evening, September 17, at our regular time. Melainah will join us and we will discuss some important points about the Conference. Following this, we invite you to join us in an open discussion. Time is short and anyone who is planning to attend the Conference this year but has not already registered will need to let us know by September 16.

This year's Conference will be another unique experience. The Energetics are already building. I am sure many of you have already noticed.

A special sacred space will be created beginning after our Meet and Greet on Thursday evening. Many members of our Crucible who guide us will set the 5th, 6th, and 7th Dimensional frequencies during the night, so that our Conference room will be vibrating at those dimensional frequencies. We will be required as the human members to hold this vibration throughout the three days.

Because of this, we ask that you only bring your personal crystals into the Conference room to absorb the extensive dimensional frequencies of the Conference. These personal crystals can include your Arkansas crystals, Anchis, Andara, or other crystal that you regularly use in your personal space. Any other crystal or items that you intend to share or sell must be kept in your rooms. All monetary transactions must be done from your room. If you are intending to just share any item that can also be done in the public areas on the first floor or outside.

This way our meeting space is kept pristine and continually vibrating at the required dimensional frequencies. We know that you can see and feel the need for such a definition within our space. If you will be arriving Thursday and plan to attend our Meet and Greet, bring your personal items and place them on the tables that will be provided. Pick up your name tags at that time, and in this way, you will begin your preparations for the Conference Friday morning. All of the physical logistics will have been taken care of. And we will talk about this in more detail next week.

Now, we will start tonight with a centering meditation from Archangel Gabriel, followed by a short review. Metatron has asked that this review concerns the Unification process, as he plans to expand on it this evening. Joan will then channel Lord Metatron. The evening will close with a meditation.

C – John’s Review:

The Grounding technique that we were given had two parts. One part engaged the first four chakras. The second part engaged the Elementals of the Earth. The second part is also where you engaged your Soul Star. Through this activation, your body consciousness was amplified so that it could begin to create a stable 5th Dimensional state of consciousness. It also helped you deal with triggers, so that you can be brought back into a more refined frequency range. We were then given a third part to this meditation practice. It became a Unification practice and is no longer referred to as a Grounding technique.

Metatron also refreshed our memory about the Inner Earth Communities. The 1st level this Inner Earth is made up of is the Telosians. They are the most like humans, and they always held the 5th, 6th, and 7th Dimensional Consciousness. It is beneficial for us to draw Energies from them.

The 2nd layer is the Lemurians who operate at the 8th, 9th, and 10th Dimensions. They are related to the Hawaiian culture and are considered beautiful Beings of Light.

The 3rd level is occupied by a group called the Luminaries who were the first to come to Earth in that unified expression of Source Energy. They operated far beyond the 12th Dimension and were here during the Golden Age. When the Earth declined, they had to leave so as not to become contaminated. They returned to Earth after 11/11/11, because the Christed Matrix was returned at that time. They descend in brief periods so that humans could use some of their refined energy in their transformational process.

And finally, there is the 4th level that is made up of the Andara Collective. Their main responsibility is to hold the Christed Matrix at the 12th Dimensional level in the Center of the Earth, as well as in the Earth’s Soul Star.

Metatron felt it was very important to recognize that these communities operate for a specific purpose and are part of the Earth’s personal Soul Star.

He then guided us to engage with these Communities of Light as we dock our personal Earth Star into the Earth’s Soul Star. Next, we were to unlock the Earth’s Soul Star and bring the 12th Dimensional Energies from the four Inner Communities up through the bottom of the feet and legs. We were to then continue to bring them up through the first four charkas, where they are to be put into the Sacred Heart, where they are anchored. The Earth is now helping us transmit this Energy along with the Inner Earth Communities, so that your body can come online as a 5th Dimensional Vehicle capable of fully expressing 5th, 6th, and 7th Dimensions.

This is all possible now due to the opening of the Cosmic Gateway that was opened on the seventh anniversary of 11/11/11 [in 2018]. This event signaled a new seven-year sequence in our Ascension process. The energetic transmissions over this seven-year sequence will serve us well over the next seven years. This seven-year sequence would have been much more difficult if this had not happened.

Metatron also cautioned us that we were never to transmit anything into the Earth's Soul Star. We are only to receive from it.