[2:42] Gabriel:

Greetings, It is I, Gabriel.

If you will all take a deep breath...

And as you inhale, inhale Love...... And as you exhale, exhale Light........

Now, inhale Light...... And exhale Love.......

Notice with each breath how the Energetics of the Light and the Love

that you are inhaling and exhaling have changed in their frequency range...

They are very vibrant and luminous...

because YOU, Dear Ones, are very vibrant and luminous.

Many things have changed in such a short period of time, and will continue to change at an accelerated rate in the next three years of your time.....

So, take another deep breath here......

Be conscious of yourself in your Light Body......

Your physical body is becoming much more radiant

as it begins to integrate more of your Light Body......

Now, begin to open your 4th Triad.....

See the Beauty of that 4^{th} Triad as it spins and spins and spins and spins......

Draw into that 4th Triad..... the Coding of the Magenta:

All of that Coding of Colors, the magnificent Colors, Sounds, and Light......

As it circulates within this 4th Triad, many things are changing.....

Your ability to use this 4th Triad has been expanded, because of

the activations, the 2nd activations of that 6th and 7th Dimensional Light Templates.....

These are vast life-altering Templates that you have successfully begun to integrate.....

Now, with your Intention, bring that Magenta Coding and connect into your 3rd Triad, infusing it with this beautiful luminous Magenta Color Code......

And then into the 2nd Triad......

And finally into the 1st Triad......

See the completeness of the Triadic system, spinning in a Unified Field, within you and around you...

FEEL with that beautiful luminous Magenta Color Codes.....

These Color Codes you will carry with you for this next entire year.......

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[8:28]

Another deep breath.....

Now, one by one, bring yourself into the Crucible..... your Collective Crucible of Light, where you join all of the Great Beings associated with this Crucible, united in one magnificent radiant example of Christed Light......

Take a breath.....

Be very conscious in this moment, and very present......

So let us begin......