

Greetings, Dear Ones, It is I, Metatron.

I come from the Realms of the Source of All That Is.  
I AM the Overseer of all Realms of Creation in form.

We have called you together this evening for very specific purposes. This Conference, as you are well aware of, whether you were physically present or not, is like no other. And those of who were not able to be present physically contributed much to the Energetics in the Crucible, because you stayed conscious during those three days, as if you were there. This says volumes about the consciousness that your Crucible of Humans has developed over the last four years of your time.

So, this evening, we wish to talk about mainly that 2<sup>nd</sup> Iteration of the 6<sup>th</sup> Dimensional Light Template. So, first of all, let me discuss with you why that is called the 2<sup>nd</sup> Iteration, because, as you know, you have been working on that particular Light Template since 2016 of your time.

Why do we call it the 2<sup>nd</sup> Iteration? It is because it has a Dimensional sequence that has evolved. Every year since 2016, you have been working on that 1<sup>st</sup> Iteration, which was mainly concerned with the 5<sup>th</sup> Dimensional frequency range. And every year, you absorbed a little more of that massive electro-magnetic energy within your body, which affected all of the energies around your body. Every body that is layered within that physical body was affected.

Every year that you were able to take in more of that 1<sup>st</sup> Iteration, although very basic, it was an important integration that had to take place, over the three-year period, for us to even conceive that you might be ready to receive the 6<sup>th</sup> Dimensional Light Template at that 2<sup>nd</sup> Iteration level, which incorporates 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensional time sequences.

Now, this doesn't mean a whole lot to you right now. But, in the coming three years, you will come to see how valuable being able to negotiate three different Dimensional time sequences, three different Dimensional states of consciousness, will be to you, as a multidimensional Being of Light. And this is why the 2<sup>nd</sup> Iteration of the 6<sup>th</sup> Dimensional Light Template is so important.

So, take your time. We will take our time to make sure that it is integrated properly, so that all Dimensional sequences are working simultaneously.

[4:24] These are vast states of consciousness, Dear Ones, that you have to integrate. They alter not only your consciousness, your Ascension path, but they alter your physicality, your physical body, so that you can begin to fully integrate that 5<sup>th</sup> Dimensional Light Body that you've been working on for many years now. And it can merge into the physical body and become more Light, so that you begin to operate as one of the beautiful members of the Crucible who walked your Earth: Master Yeshua.

After the crucifixion, he completely had integrated a Light Body and manifested that in his physicality. This is where we are going with you, with Ease and gentleness, so that the body's transition into Light Body is with Ease and is not disturbing in any way to any level of you.

The 6<sup>th</sup> Dimensional Light Template is invaluable in healing your mental-emotional body, in changing the neurology of your body, and most importantly, in stimulating in the neurology of your body the movement of that Kundalini Energy with Ease, so the body is not disturbed but is energetically absorbing it in gentleness and in wholeness.

So, if you noticed during the Conference, there was a review always of the previous year's 6<sup>th</sup> Dimensional Light Template and 7<sup>th</sup> Dimensional Light Template. This is by design, because the Energetics had to be brought forth into the present moment. In this past year, you were given many Teachings to help you integrate the 6<sup>th</sup> and 7<sup>th</sup> Dimensional Light Template at that 1<sup>st</sup> Iteration. And it was brought up to the present moment, which brought it to the gateway to where that 2<sup>nd</sup> Iteration of the 6<sup>th</sup> and 7<sup>th</sup> Dimensional Light Templates could be retrieved and begun to be used very proficiently within your body and within your consciousness.

So this is valuable information that each one of you needs to have. It is the foundation from which we will begin to examine further these Templates and how they can be integrated in the body with Ease and gentleness.

So, that said, Beloveds, I would like to step aside and invite AnRaTa to be with you now to discuss that 2<sup>nd</sup> Iteration further of that 6<sup>th</sup> Dimensional Light Template and how it benefits you in your mental-emotional body.

So please welcome AnRaTa.