Greetings, It is I, AnRaTa, I AM the Archangelic Overseer of the Sirian Archangelic League.

I am delighted to be with you again to discuss that 6th Dimensional Light Template.

I am also delighted that you have the opportunity as a Group in your Crucible to visit the Temple of Transparency. This will be invaluable to you in the coming times. We ask that you do not try to visit this Temple without our Guidance, for you would not be admitted.

It is a very valuable Temple that has many opportunities for transformation and Ascension. And it will be invaluable to you, as you come with us from time to time to visit and to sit with us.

So, the first thing that I would like to discuss with you is how this 2nd Iteration of the 6th Dimensional Light Template will begin immediately to affect your mental-emotional body and the healing and the merging of that body into one unit.

When humanity fell from consciousness, and to save the Planet Earth, that beautiful Christed Emanation, it had to be put into a 3rd dimensional time sequence. This was contemplated within many communities of Light. Many of the Creator Gods gathered to discuss this before it was done, because it had such a toll on Humans as Christed Beings. As you are well aware of, everything got separated. There was no communication within the body. And the mind was very primitive and could not process the Light Energies that it once did. It was a very devastating event that took place.

But Humanity, as Christed Beings -- even though in 3rd dimensional had lost much of their capacity, much of who they were at the very beginning as their Spirit was created at the Source level -- they were up to the task to resurrect the Planet and to resurrect themselves as Christed Beings. And it has taken eons and eons of time to come to this juncture.

So, the other part of you, Dear Ones, that was fragmented was that mental-emotional body. It functioned as two separate energies. And it also... There was such a lag time between the thoughts that were thought and the feelings that were associated with those thoughts. So, there was such a lag time in being able to create and manifest properly in Human bodies. And you have been taught and nurtured for many years now to change that, to bring that back into a unified expression as a Christed Being in a Light Body.

So this 2nd Iteration of the 6th Dimensional Light Template provides the Energetic Dimensional sequence to help you do just that!

[4:45] You have taken leaps and bounds, in steps, to heal that mental-emotional body, to clear so many old lineage patterns. You have closed and sealed the door to that lineage, so that it does no longer affect you --any of that negative programming of separation and fear.

However, Dear Ones, that lineage still benefits from YOU, even though you no longer are part of that in your Christed Consciousness. Any Soul that uses that lineage or has used that lineage benefits from what you do from this time forward.

When you were able to integrate the 1st level, those 5th Dimensional levels, of the 5th, 6th, and 7th Dimensional Light Templates, that had a great effect on the genetics of the physical body. Now, it varies from Soul to Soul, depending on their ability and their purpose in any given lifetime.

So, you see, Dear Ones, when you were told by Beloved Metatron that you were Great Beings of Light and that even in this lifetime you would never remember ALL of who you were, but that you came here for specific purposes of these times of transformation to make a difference. And we have gathered with you to make sure that your Journey is supported. And want to guide you and help you achieve what you had intended, when you took on this embodiment.

So, the Magnetics, the Electro-Magnetics that are in play in that 2nd Iteration, affect the electro-magnetic field of your body and the electro-magnetics of that mental-emotional body. As you know, your emotions are magnetic, but your thoughts are electric.

So, this 6th Dimensional Light Template, as you also know, is mostly a Magnetic Field, because it is your emotional body that actually puts the movement and the momentum in any manifestation. But you have to have a certain electrical charge through your mental body in order to amplify the Magnetics of the emotional body. And it is in your ability to amplify the emotions, the emotions that are of a Christed nature, that come from a Christed Mind, that come from your Higher Mind. That amplification in the emotional body is key to manifesting more proficiently, effectively, and instantaneously.

Now, is that going to happen next week? No. There is this integration period. But, you will notice when you use your emotions and you use thought with Intention that the manifestation is amplified through this 2nd Iteration of the 6th Dimensional Light Template. And the manifestation takes place more easily, effectively, and instantaneously.

There's still a tremendous amount of integration that has to take place here.

[10:11] So that brings us here into this Temple of Transparency.

This is important for you to recognize, because in order to have the effectiveness and the amplification in that mental-emotional body, ALL has to be transparent. So that means instantaneously, as there are things that surface that don't align with the Energetics that are now in play -- that those are energetics that have surfaced because of the amplification within that mental-emotional body that brings up anything that isn't in resonance with that 5th, 6th, 7th Dimensional frequency range.

Now, you've done a lot of clearing, a lot, a LOT. And I'm not telling you that this is going to be a huge hit to that mental-emotional body. It is not. You will see it for what it is. You will have no emotional connection to it. Often we have talked to you about disconnecting from the emotional connections to an old pattern coming from your lineage or coming from an adverse experience that you had in a lifetime.

This is the Beauty of this 2nd Iteration of the 6th Dimensional Light Template: All is visible and transparent. You see it for what it is. So, therefore, there is no emotional reaction. You just see it as if you are viewing it on your television screen. You see it exactly, energetically what it is. And you release it immediately. It does not affect your emotions. It affects your thoughts in that that Electrical charge instantly eliminates it from your field.

This is such an upgrade, Beloveds, that you need to recognize!

Now, you can alter that, of course. You have choice always. But, it was key that you were in this Temple of Transparency for a period of time to absorb that 2nd Iteration of the 6th Dimensional Light Template, as well as the 7th Dimensional Light Template.

This is going to change your life, if you will allow it, if you will allow that Transparency to integrate – very gently.

This is not a jarring process. This is not an upset in that mental-emotional body, as previously many of you felt in that clearing process several years ago -- when you were working on patterns, when you were working with the first six Rays of Creation.

This is not that! This is gentle. This is effective. This is powerful. It's transparent. And when we say Transparency, we are talking about an Energetic Imprint that you see so clearly for what it is.

[14:18] Can you see how this will change your relationships?

You will know when the energy shifts in a relationship. There is no blame. There is no guilt, because you read and see the energetics for what they are. There is no emotional attachment. There is no thought about fixing it, repairing it -- only that Transparent Energetic Imprint that you receive almost instantly.

And your Heart is open, because you also have that 2nd Iteration of the 7th Dimensional Light Template, which we will discuss at another time. But the Sacred Heart is now very open and connected into your relationships. And this includes your relationships to yourself, where there is kindness and there is Love. There is acceptance. And when you make decisions within relationships, some of them... you will have to leave.

And you've already experienced some of that. Some of them, you just open your Heart in kindness, and with those Energetics that transmit from within your mental-emotional body, from within you, you don't have to say a word. You don't have to explain yourself.

That 6th Dimensional Light Template is beaming forth. It changes the Energetics within the Crucible of that relationship.

Sometimes it will take a little effort on your part. Sometimes in that Transparency of those Energetics which you see, you may see that you have caused some of that fragmentation within that relationship. And you will see exactly what is needed in that moment and moments coming after that, because it will always be based in that Element of Love that comes from the 2nd Iteration of the 7th Dimensional Light Template.

And you know, we talked about how these Energetics work together within that 6^{th} and 7^{th} Dimensional Light Templates.

So, you can see this Transparency of who you are as well as the Energetics operating within proximity of you at any given time. And the Transparency is in those Energetics: you know instantaneously what you are called upon to do – or to do nothing.

These are the things that you need to know. These are the beginning steps of a full integration of this 6th and 7th Dimensional Light Templates.

These are the full integration and merging and healing of your mental-emotional body, upgrading the consciousness of the physical body through the neurology.

[18:26] Now, another Teaching several months down the road will include that Kundalini Energy, which is already stirring within your base chakra, because of these activations that have taken place. And soon, as that Kundalini rises, it changes the neurology of the body, changes all of the communication channels in the cellular system and in the neurology of the brain and in the neurology of the body.

All because of these different Iterations of the 6th and 7th Dimensional Light Templates. When those two Templates were put in Time Locks eons and eons ago, at the fall, it was the most devastating thing that happened to the Earth and to Humanity. The fragmentation within that creative body, the mental-emotional body, was devastating.

And now, look, Beloveds, look how far you have come! Look what you are bringing to the Earth and Humanity, by very gently integrating these massive Templates.

And there is more to come.....

So, Beloveds, I have given you quite a bit of information and how that applies to your body and the alterations that are in progress.

I would highly suggest to you that you keep a journal, and that you write often in that journal. And notice what you are able to manifest. You notice how your mental-emotional body is changing. You notice how transparent the energetics are within that mental-emotional body, but within relationships, with your relationship within yourself – what you know about you. This is not about judgment or guilt.

If used properly, these 2nd Iterations of the 6th and 7th Dimensional Light Templates will be so effective and so with Ease, you will be amazed! It is nothing like anything you've experienced in this body, in this particular lifetime.

So, before we close this session together, I would like you to sit with me and receive more of the Energetic influence of the Temple of Transparency.