

A: John's Introduction and Announcements:

Welcome back to Seating of the Divine, Level 4, Session 16, November 12, 2019.

There are two special Energetic Events occurring at this time.

First, we are still under the influence of the 11-11 Gateway opening that makes it possible to receive Light Frequencies from the massive Creative Realms of Source. This enables us to have realizations of who we are as well as recognize our creative abilities on our path to Ascension.

Secondly, we are also under the influence of a full moon. This Energy helps us complete what we have created in the last 30 days and opens the Energies that help us create our life experience in the next 30 days. It's a good time to set our intention for what we might want to manifest in the next 30 days.

We would also like to recognize the leadership of Cliff Hudson, Jody Robinson, and Katie Peercy shown during the Egyptian/Sirian connection service project to assist in creating a clearer channel for the Energetics of the Sirian Star Gate transmission to the Great Pyramid, with one of our members, Linda Githens, who was physically there in the Pyramid.

You all have really stepped up to make use of the new Energetic Light Templates and our close association with the Sirian Archangelic League. Congratulations!!! It is through every person in our membership that we can create service to the Earth and Humanity.

Through our Teachers' direction, we will spend January, February, and March, 2020, in Silence and contemplation. They feel we will need this time to integrate our current Energetic material and review the 2019 Teachings.

We have two remaining sessions for this awesome year of transformation.

Sunday, November 24, we will hold our last regular community call for the year.

We will gather at 1pm CST, so that our European community can join us.

Our last Teaching call for this year will be on Tuesday, December 10, at our regular time of 8pm CST.

Katie has posted on facebook a list of emails of some of our members who wanted their names on the list we started on our facebook page, so that there could be more personal communication within our community. For those who would like to be added to this list, please contact Katie and she will add you to the list.

Now, tonight, we will start with a centering meditation with Archangel Gabriel, followed by a short review of our last session. Then we will receive a Teaching from Metatron, followed by Yeshua. He will lead us in a special Energetic Meditation to finish.

C: John's Review :

Now, for a short review of our last session.

Metatron was our first guest of the evening. In our last session, he spoke about the 2nd Iteration of the 6th Dimensional Light Template. He explained that the 2nd Iteration has a Dimensional sequence. Every year since 2016, we have been working with the 1st Iteration, which was mainly concerned with the 5th Dimensional frequency range.

Metatron said that every year we were able to take in more of the 1st Iteration. Although very basic, it was an important integration that had to take place over that three-year period. He said that this doesn't mean a whole lot to us right now, but in the coming three years, we will come to see how valuable it is to be able to negotiate three different Dimensional time sequences and three different Dimensional states of consciousness at will.

We are called upon to take our time. Metatron said that our Teachers of Light will take their time to make sure that we integrate all of the new Energetics properly. Through their Guidance, this will ensure that we can utilize all Dimensional sequences and that they are working simultaneously.

He also said that these are vast states of consciousness that we are called upon to integrate. The Energetics of the Light Templates alter our consciousness as well as our Ascension path. They alter our physicality and our physical body, so that we can begin to fully integrate the 5th Dimensional Light Body that we have worked with for many years now. Eventually, the Light Body can merge into the physical body, so that we become pure Light in form.

When we have a fully activated Light Body, we begin to operate completely as one of the beautiful members of the Crucible who walked the earth with Master Yeshua. Metatron mentioned that after the crucifixion, Yeshua had to fully integrate a Light Body and manifest it into his physicality. He said that this is where we are going -- with Ease and gentleness. The body's transition into a Light Body can be achieved with Ease in ways that are not disturbing in any way to any level of us.

The 6th Dimensional Light Template is invaluable in healing our mental-emotional body. It changes the neurology of our body and, most importantly, it stimulates the neurology of our body so that the movement of the Kundalini Energy begins with Ease – the body is not disturbed, but it can energetically absorb the Kundalini Energies in gentleness and wholeness.

Next, AnRaTa discussed the 2nd Iteration of the 6th Dimensional Light Template. He said that he was delighted that we had the opportunity as a group in our Crucible to visit the Temple of Transparency. He told us that this would be invaluable to us in the coming times.

He asked us not to try to visit this Temple without the Guidance of the Sirian Archangelics, for we would not be admitted. The Temple of Transparency has many opportunities for transformation and Ascension. He said that from time to time, the Sirian Angelics would come and take us to the Temple in our sleep state.

AnRaTa discussed how this 2nd Iteration of the 6th Dimensional Light Template will immediately begin to affect our mental-emotional body and the healing and the merging of that body into one unit.

He said that when we were able to integrate the 1st level of those 5th, 6th, and 7th Dimensional Light Templates, we would see their great effect on the genetics of the physical body. The electro-magnetics that are in play in the 2nd Iteration affect the electro-magnetic field of our body and the electro-magnetics of the mental-emotional body. As we know, our emotions are magnetic, but our thoughts are electric.

AnRaTa spoke of the Beauty of the 2nd Iteration of the 6th Dimensional Light Templates, and how all is visible and transparent. We could see events for what they were. So, therefore, there was no emotional reaction. We just see it as if we are viewing it on our television screen. We see happenings exactly and energetically accurately.

He also told us that our thoughts take on an electrical charge instantly from the 2nd Iteration of the 6th Dimensional Light Template to eliminate negative thoughts. We can release these events immediately, so they do not affect our emotions and patterns.

This is such an upgrade!! And he asked that we recognize it.....

AnRaTa pointed out that the Temple of Transparency was the key to absorbing the 2nd Iteration of the 6th Dimensional Light Template, as well as the 7th Dimensional Light Template. He said that this would change our lives, if we would allow the transparency to integrate -- very gently.

He mentioned that when the two Templates were put in Time Locks eons and eons ago, at the fall, it was the most devastating event that happened to the Earth and to Humanity. The fragmentation within that creative body, the mental-emotional body, was devastating.

He asked us to look and see how far we have come! Look what we are bringing to the Earth and Humanity by very gently integrating these massive Templates.

And there is more to come...

He suggested that we keep a journal and that we write often in the journal.

He wanted us to notice what we are able to manifest.

He said to notice how our mental-emotional body is changing.

Notice how transparent the Energetics are within relationships.

Especially notice the relationship with yourself and what we know about yourself.

He cautioned us that this is not about judgment or guilt.

If used properly, these 2nd Iterations of the 6th and 7th Dimensional Light Templates will be so effective and so easy that we will be amazed. It is nothing like anything we've experienced in this body in this particular lifetime.

Finally, AnRaTa led us in a meditation receive more of the Energetic influence of the Temple of Transparency.