

A: John's Introduction and Announcements:

Welcome back to Seating of the Divine, Level 4, Session 18, December 10, 2019.

This will be a full sessions as,

#1: This will be our last session until April, 2020, and

#2: We have both Metatron and Yeshua conducting the Teachings.

Also, Katie Peercy transcribed a complete summary of the Light Packet placement as well as the various DNA activations. Thank you, Katie.

This is a valuable document to check out during our quiet time.

Recently, Metatron voiced to us how amazed our Teachers of Light were in the accomplishments of our group over the last few years. They told us they did not think it was possible for us to be where we are today in this short a period of time.

HUGS TO EVERYONE! It is well deserved! Thank you all!

[Joan then came on briefly to say she had posted on our private page the suggestions we were given last year for handling the Quiet Time.

She also has created a summary of what we covered in 2019, which is posted on our page, that we can use to review the year.

She has created summaries of each year, which can be accessed from our private web page for the appropriate year.]

C: John's Review of the last Teaching session:

First, Metatron brought our attention to Gabriel's Meditation and the transmission that took us into our Light Bodies. He asked us to recognize the stableness of our Light Body and how it has begun to transcend the denseness of the 3rd dimensional physical body. He stated that we have become less dependent on the gender of our human 3rd dimensional body. The perfection and Light that we emanate at this time is exquisite, because our Light Bodies have begun to merge with our physical bodies.

Metatron then directed us to transmit that Energy into Dubai and all surrounding territories, so that the humans living there can begin to receive through the great Love that we hold for them in our Heart. He said that, because we share the Unconditional Love and the Energetic Light Templates of 5th, 6th, and 7th Dimensions, that a fuller aspect of the Divine Image can take hold in these individuals in complete balance through the Element of Love.

Metatron then took us on an energetic exploration of our current energetic state. He asked us to feel what it feels like being a pure Divine SoulSpirit in our bodies. He asked us to notice at that moment the Divine Presence as it descended into our bodies.

Take a deep breath now in this present no time/no space moment,
And Feel this Now..... [Pause]

See how easily this state of consciousness was brought back into the consciousness of the body.

Metatron continued the Teaching by saying that this state of consciousness is available through the 2nd Iteration of the 6th and 7th Dimensional Light Templates. He said that we are creating a 5th Dimensional stability in the body through the Sacred Heart Consciousness of our Light Body.

Our Light Body is now in very close proximity to our human body, through our etheric body. We can transform our human body into a radiant 5th dimensional Vehicle.

The Essence of the Divine is never divided. The aspects of the Divine Feminine and the Divine Masculine that we have worked with previously are becoming united in a 5th Dimensional body and in the energies of the human body. The Presence of the 2nd Iteration of the 5th, 6th, 7th Dimensional Light Templates create a Unity within that body, as we place our attention on being a Light Body. Metatron spoke about how we are altering the electro-magnetic field of the body itself and raising it into a different frequency range.

He wanted us to recognize these changes. He encouraged us to journal and told us to write to ourselves about our Light Body and to make note of how it feels to be functioning in our Light Body. He then said that this process may seem slow, but we have the courage and the tenacity to create that stability in our human body in the 5th Dimension.

Next came Yeshua: He said he was honored to be with us that evening to continue a conversation that we had at Conference in regards to the 2nd Iteration of the 7th Dimensional Light Template.

He spoke about the transparency that was available to us now. He told us that nothing will be hidden. All of the discrepancies that still remain in our thoughts and emotions will surface. It is important that we hold fast to what we know about ourselves as Divine and the transformation that is occurring within the human body, our human body.

Yeshua then asked us to place our attention in the Element of Love and the importance of that Element as it applies to us personally. In order to continue on this Journey into a Light Body, we must use that Element of Love not only to create and manifest what is needed, but to Love ourselves. He said that we must also go to our Heart chakra and fill it with the 7th Dimensional Light Template Energetics. He directed us to Love what Source created in us. It is so important that we receive this Light Template for us!!!

Yeshua said that it is through that 2nd Iteration of the 7th Dimensional Light Template that a stability is created in our consciousness as well as in our body, so we can hold the Essence of Love for ourselves. He invited us to see the beautiful Magenta Geometry of an elongated Diamond shape and the exquisite series of Dimensional frequencies and facets that are now present through the Color Codes, the Sound Codes, and the massive Energetics that stimulate a vaster state of Consciousness.

When Yeshua entered our Conference, he entered from the center of this Diamond Geometry, the beautiful Magenta so luminously backlighting his Presence. He offered his hand to us then and now in this moment.

He tells us to take it in this present moment. He tells us to come forward with him into the center of the luminous Magenta Diamond. We are surrounded by 12th Dimensional Energetics of Earth, Fire, Water, Air. We are surround by the Archangelics: Gabriel, Michael, Uriel, Raphael. We are surrounded by the Essence that was brought forth through the Divine Feminine. We are also in the Presence of the Divine SHE Energy: She-He in a unified expression of the Divine. No gender relationship here, just pure Divine Essence.

See the luminosity in our Light Body. Also notice, as we stand with Yeshua in the center of this beautiful Diamond Geometry with him, he asks us to notice there is no differentiation between his Light Body and our Light Body. Both are equally radiant and luminous, because we are reflecting the Element of Love from the center of our Being.

We are creating a reality for all humans to witness and embody. And we joyfully transmit this luminous Magenta Light.

He tells us that this substantially alters the electro-magnetics of the human body and of Earth itself. Our mental-emotional body begins to stabilize in the Energetics of the influence that our Light Body and the 2nd Iteration of the 7th Dimensional Light Template are helping us to create. In this state, we have no doubt that we are in complete Unity. This becomes a comfortable space for us. We are confident in what we are capable of creating in this moment.

Let us not vary from this state of Being. Draw from the Energies of the Temple of Transparency, so that any influence coming from the collective consciousness can be seen immediately for what it is. Use the influence of Transparency that is brought through the 2nd Iteration of the 6th Dimensional Light Template, so nothing is hidden from us.

Yeshua invited us to sit with him in this energetic space where there is no time/no space to set the Energetics for the final session of 2019.