

Note: Questions and comments may be abbreviated or summarized. Yeshua's answers are word for word. Hello's and Thank You's are usually omitted.

Yeshua: Let's take a few minutes here and have a conversation, so many of you can ask any questions that you might have or make a comment. We'll take about fifteen or twenty minutes for this open discussion. And then I will briefly lead you in a closing for this year's Teachings. So, anyone that would like to discuss or ask a question, please do so now.

Imhotep: During this time of Silence, is it OK to do teachings? I've been asked to do teachings for different religious groups. I see so much similarity in terms of the Love and creating the Kingdom of God on this Planet -- all these different religious groups coming together in Love and bringing forth that 5th Dimension, helping to raise the vibration of those that are in chaos and struggling.

Another question: In your incarnations did you incarnate as Mohammed or another?

Yeshua: Well, let me say this. The only difference between religions is the limitation of their doctrine and the languaging used. But the origination of those religious formats was based in Love. And when that Element of Love can be maintained, all religions will come together in a unified expression in 5th Dimension. That is a possibility. And this is the goal of these Masters, of which you are a member, in this Crucible – to set the Templates in such a way that humans can come back into the Unity of their Divine expression of Source.

Now, I will not get into the different Iterations that I have taken over many forms and non-forms. But understand this, that any Iteration, any Teacher of Light, such as Mohammed, originates from the Collective Consciousness of that Source Energy. So we ALL come from that unified Source Iteration. And then that Iteration is expressed in different forms, in different ways, according to the purpose that was Divinely intended for a group of individuals or to bring about a shift and an Ascension of their consciousness. So, this is what is happening within the group, within the group of the Crucible, and within the other group that you are called upon to teach in, because you have a gift that is to be shared.

So, as to your question, during this time of Quiet should you be teaching? If this interferes with your time of introspection, then you must decline, because you cannot be the effective teacher and transmitter of that Element until you go within and recognize who you ARE. Now, I know you've had previous experiences, but you have not been able to maintain that experience in a stable iteration in a human form. And this will enable you to receive more of that energetically, so that when you teach, whatever comes out of your mouth is Divinely guided by your Higher Mind, by the Source of All That Is.

So, take time for you first and then briefly make yourself available in minimal ways to begin to set the template for what you are going to be doing in the coming years. Does that answer your question?

Yeshua [directed to the whole group]:

That was a very good question about disturbing your time of Quiet. Anything that disrupts your Journey into yourself must be declined. If you are able, on occasion, to make yourself available, and it does not interfere with your process, then you might make yourself available briefly. But, make no mistake, this personal Journey into the Silence will benefit you in ways that you do not recognize at this very moment.

This is an opportunity now for you to ask questions, where you might have concerns or where you might have confusion in any of the Teachings or any of your experiences. So please, now, take this opportunity for you.

[8:26] **Jana:** During our three months of Silence, we recognize that in order to manifest we require structure. Can you speak about a structure such as the Cosmic Light Temple to be dwelling within during this time?

Yeshua: Well, the Cosmic Light Temple and that process that takes you into that Cosmic Light Temple is a structure. It's an unlimited structure, an Energetic structure of Source Energy. And when I say structure, I mean that those Energetics, as you enter that Temple, that Cosmic Temple, you draw from it what you need at a personal level at the level that you can receive it. So that is what that structure does for you.

Also, other structures are these Light Templates that you retrieved from the Time Locks in certain Dimensional sequences and stability. These are structures that help you receive what you need at the level you can receive and use it. And it varies from individual to individual.

So, the structure isn't a rigid structure. It's an ever-expanding structure. But it gives you a pathway to follow and a way to absorb the Energetics and experience them at whatever level is in your Highest Good. So, yes, in this life in a human form in a body, structure is helpful, because the massiveness of Source Energy and Source Light is so massive that it takes specific structure for the human body to absorb specific parts of that Light Energy. Does that answer your question?

Jana: Yes, in some regard yes. So, when we're meditating daily, do we just ask SoulSpirit to guide us in a particular Energetic structure [Yeshua: Correct] for our exploration and then journal our experiences, sort of invoking of the Light Templates and so on?

Yeshua: Yes. And when you journal those experiences, it documents it and brings it more into form. So, when you ask for that, you have to make yourself available in the Silence to receive it.

Yeshua, cont'd: And then when you journal it, it brings it into more of a form. So, in that journal, and we recommend that you buy a special journal for this specific time, and that you write in it often. Don't read what you've written for at least a few days after you have written it. But at least once a week, read your journal, to refresh your memory about what you have experienced, because often times you forget in those refined energies.

Jana: Is this the format that you utilized going in your sojourns of Silence throughout your life here?

Yeshua: Of course, I did.

Jana: Is there anything that I'm not thinking about at the moment that you could shed Light on that you utilized that would be helpful for all of us?

Yeshua: Well, in my time of withdrawal, I was called upon to fast, so that the body and the Spirit could be more unified. And the needs of the body were supplied through the Light of my Journey. So this is a personal thing. Not everyone --- you are not required to fast or even some of you may never be called upon to fast.

So, here again, there are specific suggestions that are provided for you and are written and will be posted. But it is about your individual, personal need. So listen to your body; listen to you Soul, the Wisdom of your Soul. This is the benefit of the Silence. You have the Silence to listen and to receive. You're not disturbed by any outside influences.

[14:37] **Katie:** Our attention has been repeatedly brought to the 3rd Eye in recent sessions. We've been told that it was dramatically changed by the placement of the 3rd Light Packet in the 3rd Strand of DNA. I was wondering if it would be useful to us at this point, before we go into the Silence, to get a better understanding of how to use the 3rd Eye and its relationship to the Eye of Horus?

Yeshua: Well, the 3rd Eye in your energetic system is the 1st Iteration of the All-Seeing Eye, the Knowing, the Seeing through that Transparency of any influence, outside influence outside of the body. So that's the 1st one. And that opening is in the frontal lobes of your brain, of your head. So the frontal lobes hold memory. That's a very valuable part of the brain. So, as that opening has occurred in the 3rd Eye, it becomes a more viable vortex of Energy.

Now, the Eye of Horus is the next Dimensional Iteration of the 3rd Eye. It is part of that complexity. So it affects a different part of the neurology of the brain. It provides an understanding of the complexities of your Spirit and the complexities of the Teachings that are being brought forth at this time, to be able to process them -- not only process the concepts, but take the Energetics within the body, alter the body. That's the function of that Eye of Horus. And it sits in the middle of your head. And is surrounded by those activated... the three [Seed] Crystals. It sits in the middle of that, in your head.

Yeshua, cont'd: So the function of those three [Seed] Crystals, Light Crystals, and the positioning of the Eye of Horus in the center of that magnifies your ability to think differently, to absorb differently. There is such a magnificent expression through that Eye of Horus. It affects the pineal and the pituitary gland. It is coordinated with the Sacred Heart Center. And the Flame in that Sacred Heart and the Flame within the pineal all are joined and united within the Consciousness and the complexity of the Eye of Horus.

So, there is another Eye called the 4th Eye, which is an Iteration of the 5th Element, the Element of Love, the creativeness that is brought into form in that much more refined frequency bandwidth. It carries a Light far beyond the Dimensions that can be processed in the human form when the human form itself has ascended its consciousness into more refined states of 7th & 8th Dimensions.

So, these are just very basic, brief concepts of what various Iterations of that 3rd Eye are and the Energetics behind that. And, as we move forward, as I have said, and we bring you along in your consciousness, we uplift you. We helped you access crucial vortices within your energetic system to raise that consciousness to Dimensional frequencies that reflect your Mastery – not only reflect your Mastery but amplify that Mastery into higher states, a more refined states of Light, in full alignment with your Divinity and within that Source Energy from which you were created.

Katie: I am very much working on altering the physical brain, because it seems that its current structure is one of my limitations right now. Is there a way you could suggest to use the 3rd Eye, Eye of Horus?

Yeshua: First of all, change your languaging! You are in process of creating a function in the brain that uplifts your ability, not limited by it. But you are in process.

Just as you've worked on opening that crown chakra, work on opening that 3rd Eye, opening the Eye of Horus, seeing those Seed Crystals sparkle within the center of your head, around that Eye of Horus. Get yourself into the flow of the Energetics and feel them in your body. And then let it take its course. Let it follow the course of what transpires energetically as well as experiential in the body. Have no expectations. But just follow the path.

[22:29] **Yeshua [directed to all of us]:** It's crucial in these times, Beloveds, that you watch your languaging, because when you say I AM and you follow it by a negative connotation of yourself, you are automatically limiting yourself. So, just alter that thought or what you are voicing to say, "I am in transition.... I am approaching... I am bringing in more Light... I am bringing in more awareness of myself as a Being of Light."
So, be very careful about your languaging about yourself.

[23:29] **Joe:** You were describing the Seed Crystals as being in the center of the head. The last I remembered, they were described as being on the forehead, two above the brow of the eye and one up higher in the center of the forehead. Is there updated information on that or anything else you could expand on about the Seed Crystals?

Yeshua: First of all, that was one of the first Iterations, so that you could get a visual of where exactly those Seed Crystals were. And they were in the forehead at that time, because you were not operating in 5th Dimension.

These activations of these Light Templates have changed everything. The amplification has been so dynamic that now those Seed Crystals are in the center of the head around that pineal and in a perfect location to affect the neurology of the brain as well as affect the consciousness, itself. So, these Seed Crystals are now vibrating at a 5th, 6th, 7th Dimensional vibration. And they are specifically placed in the brain, in the neurology of the brain, so that the function of that brain can come into a fuller expression.

So this is what this amplification and each Iteration – we have to meet you where you are at specific times. It's been a while since we revisited those Seed Crystals. But with this activation of that 3rd Eye and the amplification of that, it goes into all parts of these communications and these Teachings.

So, the Seed Crystals have come online at a different Dimensional frequency, a different Light frequency, and they are positioned in a better position to not only receive the Eye of Horus but then hold that Eye of Horus in the most optimal place that is helpful to you as an ascending Master.

Joe: Would you have any suggestions for how we might use them or just tune into them and be aware of them?

Yeshua: Be aware of them, tune into them.

When you work with that Triadic System, that Triadic System, that's all in the location of the 2nd Triad, the creative vortex. Not only does it affect you creatively, what you create and how you create, but it alters the way in which you are capable of creating from that 5th Element of Love.

And that compression process in that 2nd Triad is a very valuable process. But as you enter a more viable stable state of 5th, 6th, 7th Dimension, that compression is less, because you are able and capable of holding a much more refined frequency of Light.

So, just by being aware of that and focusing on the specific chakras within the bodily system – these are so helpful to you in this transformational process!

Yeshua, cont'd: We will focus next year a lot on that Triadic System and the expansion of that, because the Energetics of that are so valuable, because it takes into consideration all of the chakras in your physical body, but the chakra that is within your Light Body and above your physical body. They now are descending through that Triadic System into the Light Body and become a more viable Presence in the morphic field to your etheric body.

So, at this point, it's just paying attention to that 3rd Eye Center and the Eye of Horus and those beautiful Seed Crystals.

They are named Seed Crystals, because they seed Christ Consciousness in the mind, the Higher Mind, your Higher Mind.

So, it's not about figuring it out, it's just about putting your attention in different points as you travel through this time of Silence... And then observing... Receive.

Yeshua [directed to all of us]:

Now, Dear Ones, it has been a very long session, and we are delighted to have been participating with you in this session. I think if you will review it, listen to it, as you enter this time of Quiet, after the celebration of the holiday, you will find it very helpful, as you navigate through the Silence and learn more about YOU.

So, with that, we'd like to close this year's session with a meditation into your Light Body.