

SUMMARY OF THIS YEAR'S TEACHINGS

The Teachers of Light Have been with us guiding us precisely for this entire year of 2019. Here is a brief review of the topics that they have covered. This review will help you locate specific topics that you wish to review.

Session 1

Metatron spoke about how the year of 2019 will be like no other that we have experienced. He told us that these teachings would be presented through holographic transmissions that would incorporate both concepts as well as vast energetics than may take months to fully integrate. Metatron also said that there would be a huge shift in the Triadic system as well as in the neurology of the body and specifically in the brain. He informed us that we were no longer initiates but were graduate students.

Next, Master Kuthumi discussed some of the basics of the Triadic System. He taught us about the Medulla Oblongata. Master Kuthumi spoke about the relationship of this valuable chakra with the spinal cord and also the throat chakra. The Medulla Oblongata has a significant effect on the functioning of the second Triad. The Medulla Oblongata also has an impact on the third Triad because it activates the Eye of Horus. It contains sound templates of Source with the Om as well as massive influxes of the color code of Magenta.

Finally, Master Kuthumi led us in an energetic meditation to seat the consciousness and the body with the influx of Light brought forth by the activation of the Medulla center.

Session 2 Community Call

Discussion of the three months of silence

Session 3

Master Kuthumi led us in an activation of the Medulla Oblongata. He helped us activate a refined function of the Pituitary gland. The upgraded function of the Pituitary Gland affects the Mental/Emotional Body, the Eye of Horus. He spoke about how the activation of the Pituitary Gland had a direct effect on the frontal

lobe of the brain. Master Kuthumi reviewed the purpose of the Pineal gland as well as how the joining of the flame in the Pineal and the Heart chakra provided a significant open channel between the first and second Triad.

Session 4 Community Call

Discussion of Holographic Projections with Master Kuthumi

Session 5 Community Call

Mini review that was sent ahead of call of the Seed Crystals 4th Triad, 8th Chakra, and Indigo Color Code.

Session 6

Master Kuthumi spoke to us about clearing our genetic lineage as clearing our belief system that stems from the genetic lineage of the first two strands of DNA. He talked about closing and sealing the door to the first two strand of DNA.

Master Kuthumi spoke openly about the various types of negative influences that we have to face and see with clarity.

Next Archangel Michael was present to teach us about the Fire Dragon and how they help us by removing lower dimensional frequencies from our fields. He also spoke of other great Fire Dragons that operate in 5th through 9 dimensions. These Fire Dragons assist humanity to reclaim their Christed nature.

Master Kuthumi returned to close our session by leading us in an in-depth meditation to close and seal the door to any negative influence of the first two strand of DNA for eternity.

Session 7 Community Session

Discussion of the Fire Dragons.

Session 8

Melainah was present to speak to us about a particular event that she was guided to facilitate on the Big Island of Hawaii. She was guided to take a specific anchi crystal to the special vortex of "No Time No Space" and deposit the crystal in the ocean at that specific spot. A group of special beings of Light were present on the boat that day to co-facilitate this event. A group discussion followed.

Session 9

Master was present to discuss a review of the Light Packets and the DNA stands. Master Kuthumi taught us about placing the third Light Packet in the 3rd strand of DNA and the benefits of it. He led us in a closing meditation unifying the six double helixes. He led us in an exercise to experience the 3rd Light packet.

Session 10 Community Call

Master Kuthumi was present with us to further discuss the 3rd Light packet. He then opened the group discussion and stayed present for any questions that might arise.

Session 11

John, Joan, and Melainah were present to discuss the Reptilian energy, and the difference between the reptilians and the Fire Dragons. Metatron was present, gave a brief message and invited everyone to discuss the evening's events.

Session 12

Metatron was present to lead us in an experiential exercise. He asked us to stay present and alert throughout this experience. Metatron helped us energetically experience the axial Light pathways, a Light Body activation, a star gate opening and connection with various beings in those star gates.

Session 13 Community Call

Metatron in the Triadic configuration with Lord Michael and Lord Melchisedek talked about the importance of this conference/retreat. He discussed some of the challenges in holding the higher ranges he gave us some suggestions of how to navigate and hold our energetic purity throughout the three days. A community discussion followed.

Conference

Session 14

John gave a brief review of the events of the Crystal Conference. Metatron discussed the second iteration of the 5th dimensional Light template. He talked about how valuable it will be as we evolve our consciousness. Next AnRaTa spoke about the Temple of Transparency, its purpose, and its affect. He closed our session with an energetic meditation.

Session 15 Community Call

We all met and discussed the new iteration of the 6th, and 7th dimensional Light templates and how they have impacted each one of us.

Session 16

Metatron was present with Yeshua to further discuss the second iteration of the 6th and 7th Light Templates. He talked about each of us knowing what it is like to be Spirit in a human body. He talked about how the Light Body is now drawn in close proximity to our Etheric Body. Next, Yeshua led us in an energetic exercise to further experience the 7th dimensional Light Template.

Session 17 Community Call

There was a great discussion of how we have experienced the new teachings and energetics. There was also a discussion on the changes within the physical body and the need to listen to it and honor it.

Session 18

This was the final session of 2019. Metatron and Yeshua were present to present the information of how the 2nd Iteration of the 5th,6th,and 7th dimensional Light Templates have amplified our ability to integrate and use the energetics of these valuable Light Templates. They spoke of how valuable our group was to the collective consciousness. Yeshua gave us some insights into how we would be guided as well as how our needs at a personal level would be attended to.

An open discussion followed with John Carroll explaining his experience in using the 5th Element. Then together with Yeshua we closed our crucible and this years teachings.

Next Master Kuthumi helped us close the door to the negative influences of our genetic lineage. We were able to seal the door to the 1st two strands of DNA.

1. Archangel Michael introduced us to the beautiful Fire Dragons. He helped us see how devoted they are to humans, the Earth, and our ascension process. They remove negative interferences from the denser dimensions. Michael encouraged us to call on the Fire Dragons often.
2. Kuthumi led us in an activation of the 3rd strand of DNA. We placed the 3rd Light Packet into the 3rd DNA strand. Kuthumi also talked to us about how the double helixes are connected and form a unification within our DNA system.
3. Finally, we opened more Axiatonal Light channels that extend into the Earth, Solar System, the Milky Way Galaxy, and the Andromeda Galaxy. We also created a unified energetic alignment through the Light Channels with the beings of the three Star Gates.