

Greetings, Beloveds. It is I, Gabriel.

I come in the shining Light of the Source of our Being.....

So would I ask you to take a deep breath.....

breathing in the Love and the Light of that Source energy
that is very much a part of who you ARE.

Breathe that in....

Feel it.....

Know it.....

Now, recognize yourself in that 5th Dimensional frequency of Light,
within your Merkaba Field.....

And the Field is spinning and spinning,
spinning in its magnificent Dimensional Light.....

Now let us all enter this beautiful Crucible that we have created together.

One by one, we enter our beautiful Crucible of Light,
taking our seat within this Crucible
to receive this Teaching.....

Now take another deep breath.....

And be very present in the moment.....