

**A: John Intro:**

Welcome back to Seating of the Divine, Level 4, Session 9, August 13, 2019.

Again, we would like to thank you all for the Love and Healing that you have sent to Joan. She is doing much better but is still unable to lift that small elephant that I bought for her entertainment and exercise. So, it is still just roaming around the house. If you hear it during our call, please ignore the noise.....

Tonight we will open with a Gabriel Meditation and then a short review of our last session. Master Kuthumi will then take us through a Teaching and Meditation.

We have a lot of ground to cover before the Conference.

**[CALL SCHEDULE FROM NOW UNTIL THE CONFERENCE:]**

**Therefore, our next session will take place on August 20.**

**On August 27, we will have an open session so the group can discuss the Teachings and ask questions.**

**On September 3, we will have an Ask the Archangels Session.**

**Followed by two work dates on September 10 and September 17.**

That should give us the background to move on to the Conference.

**C: John Review:**

As you remember, Master Kuthumi and Archangel Michael presented the information for the evening.

Kuthumi first discussed how your mental-emotional body can receive negative outside interference. Now, there is no great negative force that is taking over your space, because, when you are in the 5<sup>th</sup> Dimensional Crucible, those lower 3<sup>rd</sup> dimensional forces cannot enter into the 5<sup>th</sup> Dimensional Space.

For example: When you get triggered momentarily, a chink develops in your armor. When you notice these moments, simply say, "Oooops!!!! I have slipped."  
The next step is to move back to center, to the Sacred Heart Center.  
Then these negative elements cannot enter.

Kuthumi then discussed clearing our genetic lineage in the first two Strands of DNA. The first Double Helix has two Strands and it relates to your physical genetic lineage. What we did that night was to close the door to those 1<sup>st</sup> and 2<sup>nd</sup> Strands. And we sealed them shut for eternity.

Next, we were made aware that there are still negative forces out there.

Archangel Michael then came forward to discuss a Realm of the Angelic Kingdom known as the Fire Dragons. The Fire Dragons are overseen by Archangel Michael.

When your consciousness slips, the Fire Dragons can come to your aid, since they can operate in the 3<sup>rd</sup> and 4<sup>th</sup> dimensions.

These Fire Dragons are here to help us navigate through these little mishaps.

He showed us how the Fire Dragons can be of assistance when called on. Remember, you need to invite them in to be of assistance.

Michael encouraged us to learn as much as possible, so we can utilize the different talents of all the different Fire Dragons.