

Greetings, it is I, Gabriel.

I am delighted to be here joined together with everyone  
in our beautiful Crucible of Light.

So, to set the Energetics in 5<sup>th</sup> Dimension, if you will, please,  
just take a deep breath  
let go of the thoughts of the day,  
and focus your attention in your Sacred Heart Consciousness.

Now breathe in Love..... And exhale Light.....  
And breathe in Light..... And exhale Love.....

Just by doing this little exercise, your whole field of energy shifts into Light.....

Now, in that awareness, activate your Merkaba Field,  
being aware that you are in 5<sup>th</sup> Dimension,  
very accurately seated in this beautiful Vehicle of Light.....

Direct your attention to all those who have gathered with us  
from the Inner Earth Communities.....  
and all of the Beings from Andromeda....  
from the Pleiades.....  
from the Sirius.....

And be aware of the influence of the Central Sun  
that has been kept under the safekeeping of the Sirian Archangelic League.  
The Central Sun that emanates Christ Consciousness to the Earth.  
It is soon to be returned to Earth in its full capacity.....

Sit in this Energy a while with the full complement of all the Beings that have gathered,  
each one of you representing the human collective,  
each one of you representing the Earth.....

And feel the Unity within this beautiful Crucible of Light,  
each one emanating a great Light of Source Energy.....

Take a deep breath.  
Focus your attention, now, on this present moment and this Gathering.....