

**Master Kuthumi:**

Now, let's have a visualization,  
each one of you creating, seeing the structure of the six DNA Double Helixes,  
having twelve Strands of DNA,  
in its completeness that represents that Energetic of what it is to be in form.

See how the positioning of the Light Packets has altered that DNA structure  
that you have knowledge of at this time.

See how the interconnection energetically between each Double Helix is made  
through individual Strands working together in Unity  
and creating this magnificent Energy.... spinning, spinning, spinning Energy.

And how those Double Helixes fold into one another,  
creating one massive Light Field of Christ Consciousness.

That is YOU, Beloveds – that is YOU:  
beautiful spinning Light, beautiful Energy of Love, representing Christ Consciousness.

Now, take a deep breath.....  
FEEL those Energetics.....

Sit for a moment,  
with all of this information.... and all of the Energetics that you have just received.  
Don't do anything.  
Just sit with me in the Silence..... for a moment..... [Long Pause]

Feel the excitement and the Joy that is within you,  
as you receive this unexpected Energetic and Light Packet  
into that 3<sup>rd</sup> Strand of DNA.

It changes EVERYTHING:  
It allows the momentum to build.....  
It allows stability and equilibrium.  
It changes totally the electro-magnetic field of your body... and the Earth.....

[Long Pause]

Take another deep breath.

[5:55] Now... direct your attention and your consciousness to that 3<sup>rd</sup> Strand of DNA, which resides in that 2<sup>nd</sup> Helix..... [Pause]

From where you are sitting, in these amplified fields of Light,  
and using your Merkaba Light Vehicle AND your Light Body,  
with your intention,  
Travel now into the Matrix of your DNA..... [Pause]

See the unification of the spiraling Double Helixes.....

In this Matrix, there is a DNA Control Room. Locate that now.  
You have visited this place many times before.....

Once you locate the Control Room,  
Look for the cabinet labeled Light Quotient  
And open it.

Inside the Cabinet is a dial,  
And you turned that dial on before.

Make sure the dial is FULLY turned on – which it is, Dear Ones. It is.....

Notice the seven Light Packets. You have seen these before also.  
But this time, Notice how the 3<sup>rd</sup> Packet is fully enlightened,  
and the others are vibrating coherently.....

Touch the 3<sup>rd</sup> Light Packet with the index finger of the right hand,  
an extension of your Light Body.....

Notice how that Light Packet begins to Light up more than when you first viewed it,  
just moments ago.....

Take the portion of Energetics in this Light Packet that has begun to glow  
in the most magnificent Light that you have ever seen.....

Place these specific Energetics into the 3<sup>rd</sup> Strand of your DNA.....

Notice how the Strand morphs before your very eyes.....

It ignites and also begins to glow,  
as the Light merges with this Strand of DNA.....

Stand here for a while and see how it absorbs the Light into this Strand, the 3<sup>rd</sup> Strand,  
like a sponge that has been waiting for eons.....

Direct your gaze to the other four Light Packets  
and see how they, too, have this luminous glow that has developed.....

Now, step back and Notice the spiraling of the six Double Helixes.....

Watch how they fold into one another and become one luminous Field of Light.....  
[Pause]

[13:39] Now, very slowly, begin to withdraw.

Leave the Matrix; Return to your Merkaba Field.

And see yourself physically sitting in present time.....

All has been set in motion within you.

All of the Packets are operating harmoniously and coherently within you,  
within your chakra system.... and within each of those DNA Strands.....

How the Double Helixes, the six of them, are operating in Unity and coherency,  
spinning in magnificent Source Light Energy, Christed Light, Magnificent Light!

There are no words to fully express what you now know and see, clearly,  
through that 3<sup>rd</sup> Eye of yours.....

Sit here for a moment and bask in the glow and the warmth  
that is all around you and within you...

Never again to be diminished.....

because your will is strong.

It's united with the original Thought of You, as you were created.

Your solar plexus is strong and vibrant.....

This is something you do not want to rush...

You will remember this for the rest of this life...

It will be a significant point in your evolution and Ascension.....

[Long Pause]

Sit in this Energy for as long as you like.....

[Long Pause]

Blessings, Beloveds, Blessings!