

[22:57] **Joe:**

Thank you Metatron for the message and words.

We are so grateful for everything that you and our Crucible do for us!

Let's take a deep breath...

And notice yourself...

Notice your Unified Field...

And give it the command, if it's not already, to spin at Light... 100% Light...

Deep breath...

Now, give it the command to raise to 120% Light,

pure wispy Radiant Light...

And now, raise it to 130% Light...

Glowing Light, Radiant Light, Intensified Light .... I AM Light!.....

**Kathleen:**

Take another deep breath to the count of 4.... and exhale to the count of 8.....

Now look out from your Merkaba spinning at 130% Light.

And out ahead is a magnificent path of Golden Light in front of you.....

Follow this path and see a beacon, a powerful tower of Light emanating,  
beckoning you to go to him.

It is Lord Metatron.....

Feel his Love and his Power and his commitment to our Crucible...

He is inviting us into the Quantum Field.....

Merge with him as you go through a portal to the wide open,  
limitless and abundant beauty of the Quantum Field.

**Joe:**

As you enter the Quantum Field, notice what you notice.

The delicate Sounds,

the vibrant Colors and hues,

some of which you may have never seen before,

the exquisite Geometries...

Notice how it makes you feel to be in this Quantum Field...

Notice the many beautiful Beings of Light greeting you.

All of an exceedingly High Vibration.

All are friendly and delighted to see you!

Notice you are nurtured here. You are fed!

You will want to visit here every day to nourish and charge your Light Body.....

[27:37] **Kathleen:**

Take another breath.....

And FEEL the delight in your body as you dance in the Quantum Field.....

Notice what Colors emanate from you and around you, from your Light Body.....

We have been instructed by Metatron to take these Energies into our Christed Bodies,  
nourished first through the Merkaba Field,  
attuning to our particular individual SoulSpirit, Color, Sound tonality and vibration....  
then into the Light Body...  
then into the merged Triadic system beginning with the 4th Triad...  
and then into the five activated Light Packets in our DNA.

We are reminded that the 5<sup>th</sup> Light Packet, itself, is actually a part of the Quantum Field  
and is one of the many, many gifts we received during the Light Conference.  
This 5<sup>th</sup> Light Packet also resides in our Soul Star, which is now merged with our Spirit.

We have received the final Iteration of our Light Body from Yeshua,  
and now anchor this Light in these Light Packets  
and the entire chakra system of the physical body....

We are here to anchor the 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensional Light Templates  
in our Light Bodies and our physicality.

We have been instructed to bring the Quantum Field to Earth.

Remember, the 5<sup>th</sup> Template is about Unity Consciousness and Stability.  
It is our job and our Prime Directive as a group to hold this Stability now for the Planet....

**Joe:**

Continue to breathe.... 4 seconds in..... 8 seconds out..... Now we are ready!.....

From the Quantum Field  
with our Unified Field radiating fully at 130% Light,  
from the Love that you are,  
Have an intention to transmit Love, Unity, and Stability,  
from the Love that you are,  
from the 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Light Templates  
that you now fully embody and emanate from all of your Being.....

Breathe into your Unified Field,  
Breathe and Spin,  
and give the command to Transmit!

From your Sacred Heart, from your physical heart, transmit Love, Unity, Stability.....

[31:28] Joe, cont'd:

Beginning from wherever you are on the planet,  
from where you are sitting right now,  
Be aware of your Merkaba,  
still in the Crucible,  
still in the Quantum Field,  
Aware of the three Star Tetrahedrons that make up your Merkaba  
spinning in your Merkaba,  
Aware of the 1<sup>st</sup> Sphere that surrounds  
and touches all the points of your Star Tetrahedrons  
And the 2<sup>nd</sup> Sphere just outside of the first.....

Be aware of your Light Body sitting inside the Merkaba...  
Drawing in the Light from the Quantum Field with each breath,  
And then broadcasting to Earth and to Humanity...

Broadcast from wherever you are in the world  
Into an ever expanding Sphere of Love, Light and Unity.....  
Expand your Sphere around your house,  
your community, your state or province.....

Slowly our Spheres begin to intersect with each other,  
creating a magnificent Flower of Life,  
that expands, surrounds, and penetrates the entire Planet.  
Most of the physical Beings on this call are in the United States and Canada,  
a few of us are in Europe.  
As our Spheres merge,  
a brand new Unity Consciousness of Love and Stability is anchored  
on and within the Planet Earth.....

You hold all of this within you!  
Within your Heart! Within your Light Body.  
And very importantly, within your Physical Body!  
Remember, you have the physical body!  
This is required to affect the physical. This is why you are here.....

Glow in the Magnificence of your Entire Being...  
Bless the World you incredibly luminous, amazing Being of blazing Light and Love!

Fully BE Who You ARE!.....

[34:55] **Kathleen:**

Now, take a few more deep breaths...

counting in 4... exhaling 8...

Breathing in Light, exhaling Love...

Breathing in Love... exhaling Light...

We will now call to the 12<sup>th</sup> Dimensional Elementals and enter into the Holographic, Etheric Sphere with them. And remember that they placed in our Sacred Hearts, on the 2<sup>nd</sup> day of the Conference, the 12<sup>th</sup> Dimensional Imprints of their qualities of Air, Water, Fire, and Earth.

Recall this event now in your bodies. Remember the gentle words of the Winged Ones, the Dolphins, the White Fire Dragon, and the White Lion, who transmitted these Light Codes into your Hearts -- the Power to clear, move through obstacles, purify, transform, stabilize, and ground.

Call upon these 12<sup>th</sup> Dimensional Light Codes now. These Light Codes in your Heart are the original Template of the 12<sup>th</sup> Dimensional Christed Planet. You now can alchemize them within your own creations. And they are grounded in your physicality.

Remember the Image of the Seed of Life, the six circles with the 7<sup>th</sup> in the center – the Genesis patterns of all Life, the origination point. Remember that you carry this Seed.

Imagine this Seed of Life within you, balanced, stable, holding those 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> Dimensional Templates, now from the Quantum Field, in your Heart. And now the 12<sup>th</sup> Dimensional Etheric, Elemental Templates for carrying your creations.

By carrying these Templates and this Seed, you are giving a great gift to the Earth, a return of the Christed Matrix to the Inner Earth Beings and the Elementals. Remember the Elementals are the essence of *all* life on Earth. And they make up the components of our bodies and sustain all life.

So now, Dear Ones, take a deep breath and imagine the Seed Template – the 12<sup>th</sup> Dimensional Seed Template in your Heart -- of Air, Water, Fire and Earth.

And transmit this beautiful Seed to each of the Inner Earth Communities. And observe as it spreads like a crystalline river of Light throughout the Inner Worlds, bringing Joy, celebration and remembrance -- to the Lemurians, the Telosians, the Andarans and the Luminaries, to Mother Tara, and all the Inner Earth Elementals.



[39:26] **Kathleen, cont'd:**

Connect them through your Heart to the 12<sup>th</sup> Dimensional Winged Ones,  
and the Dolphins, and the Fire Dragon and the White Lion.

This gift will help them remember their original Seed Template, to stabilize and create  
in alignment with the 12<sup>th</sup> Dimensional Prime Directive to be a Christed Planet.

Transmit the 12<sup>th</sup> Dimensional Seed of Life.....

And breathe.....

Make a special connection to the Element of your Zodiac sign...

Bless and give thanks to this Elemental Community

transmitting your Love and commitment to sending and transmitting stability  
on a daily basis.

Offer Gratitude and your Seed Template, your 12<sup>th</sup> Dimensional Template once again.....

And breathe..... And breathe.....

Breathe in Love... Breathe out Light...

Breathe in Light... Breathe out Love...

[Pause]

**Joe:**

Now please sit quietly...

Allow the transmission to continue until you feel complete....

[Pause]

When you feel complete,

you may quietly disconnect from your technology

and remain quiet for as long as you can,

perhaps sitting in Gratitude

and contemplating what we have done for Humanity and the Earth today.....

Blessings! And thank you!

**Katheen:** Blessings!

**[Please see the beautiful Template of the Seed of Life created by DiAna  
and included with these transcriptions]**

