

Greetings, Beloveds, It is I, Gabriel.

I am very pleased to be with you this evening, to lead you in this meditation.

Each time we meet, and even in between, when we are with you in your private time, your Light continues to build. The Light Body becomes more of an integral part of who you ARE -- that beautiful emanation of Source Light.

It is important that you realize that this Light, this Spirit of you, only resides in this body to experiment creating in form.

[In] no way, shape, or form does it reflect the massive Light that you ARE.

So, take a deep breath...

And be in that state of awareness... of yourself as pure Christed Light.....
In that state of consciousness, you are pure Spirit.....

Another deep breath.....

And that Spirit created a Soul.

And the Soul is your vehicle to experiment and create in matter...
And when you can hold on to that consciousness,
you will always remember who you ARE.....
You are Spirit using a Soul, creating in matter.

You are in reality a Spirit who also created a Light Body,
a Light Body that is a vehicle for you to return consciously to Source,
the Source of All That Is.....

This is who you ARE.....

Another deep breath.....

You are clothed in this Light – you call it a Light Garment..
because it makes it easier for you to associate it with your physical body,
wearing a Light Garment.
You're wearing the Light that you ARE, the Source that you ARE,
the Spirit that you ARE.....

This is your Garment of Light.....

And it is very distinctly marked with the Holy Name of the All That Is.
This is who you ARE... in Unity Consciousness.....

Now, take another deep breath.....

Be very present in the moment.....

And let us be in communion, in Unity.. in our Crucible.

We are joined by all members of our Crucible:

- The Archangels
- The Ascended Masters
- The Lords of Light
- The Elohim
- The Arcturians
- The Sirians
- The Pleadians

And most importantly – the Andromeda.....
honored guests who infuse the consciousness of humans
to help them remember who they ARE.
And we are very grateful for their assistance.....

So, let us begin.....