### JOHN:

Well, good evening and welcome back! We certainly are pleased to have the gang back in town; and as they say, the band's back together this week. We appreciate, again, all the positive feedback; you know, please keep those cards and letters coming, because this way everybody benefits.

### JOAN:

Our intention that we are going to make at the beginning of every class from this one forward is to include Mastering Alchemy graduates who regularly meet on Wednesday night, some of whom are here with us in this particular Collective Consciousness, to include them between 8 and 8:15 every session to be part of our Collective, so that they add to and expand the Collective Consciousness of every participant in this particular teaching.

#### JOHN:

Now, let's do a little review of last week:

When you tuned in last week, you will remember that we started with a history review to explain how and why the split between the feminine and masculine took place. As you know, this was not the original plan, but with the fall, we were forced into a 3<sup>rd</sup> dimensional reality of fear of survival and separation. We discussed how the first step into this new period has to be Self-Love through Compassion. Then we were totally blessed to have Jeshua give us details of the Crucible of the Sacred Heart.

He then explained the three keys needed to move forward:

Number one, the Presence of the Holy Spirit

Number two, the importance of Knowing oneself, and

Number three, the alchemical transformation of the Sacred Crucible.

We also had a wonderful experience having an open discussion with Him. And this is off an old sports reference, but I refer to this as a wonderful "up close and personal" experience. Wow! He has such great energy!

### Now, for Session #2:

In order for the Divine Feminine-Masculine template to exist in the Earthly realm, the Sacred Heart must be activated and opened to receive it. This is the Holy Vessel that holds the consciousness of the perfected balanced Image of Source. We will begin this session and each of the following sessions in this Holy space. Jeshua began helping us to create a Sacred Crucible in the first session, from which we will build the Divine Feminine-Masculine template in this session and coming sessions.

It begins with us each personally. When we employ it, we then transmit and model it to all of humanity. The first step in building coherency within this vessel is to acknowledge that you are a sacred creator Being. What you think and feel about yourself influences the collective consciousness of all humanity. Create an intention to fully express coherently in your Christed Image by radiating it from your Sacred Heart. Continually place your attention in your Sacred Heart. Feel the Love energy that is always available in this space. Feel how your confidence in yourself grows and a new appreciation of yourself becomes available.

This is the fertile ground of creation that is based in the Element of Love. This is the alchemical space where transformation begins. This is a very active space, not a passive one. Much is occurring in this Crucible.

Now the Love energies in this Sacred Crucible transform self-judgment into acceptance and value. Doubt is transformed into Knowing and Certainty. It is here that you begin to experience yourself as the Divine Image of Prime Creator. And in this experience you know that there is no such thing as unworthiness. This is an old, worn-out belief of the 3<sup>rd</sup> dimension. That, as you remember, was based on separation and fear.

Now to get us a little more centered, we're going to have a little meditation here with Archangel Gabriel. So take a deep breath and breathe Him into your space.

## **Archangel Gabriel Meditation through Joan:** [5:18]

Greetings, Beloveds, it is I, Gabriel.

I have come to be with you this evening and to lead you in a centering meditation. But there is a little more that I wish to add to this, and that is your Knowing that many have gathered with you: all of the Archangelic Realm, the Master Realm, Elohim, Lords of Light. So this Collective expands. It is <u>alive</u>; it is fertile; and it is creative. <u>Feel</u> that creative energy flowing through you and into this vast Crucible of your Sacred Heart. For truly it is a state of consciousness that is being expanded every time you place your attention there. It is <u>crucial</u> to your transformational process. It is a crucial state of being that allows for Unity throughout your body, throughout all levels of you, not just the physical, but the nonphysical parts, all of your bodies: the Etheric body, the Causal body, your OverSoul body, and that Christed OverSoul. In this Divine Feminine-Masculine seating that you are all participating in, you bring a Unity into your energetics that was not there previously.

You bring an expansiveness within this Collective Consciousness that has gathered this evening. You continually fertilize that ground of being, that consciousness of your Sacred Heart. <u>Feel</u> the Presence of the Holy Spirit. For Prime Creator is also part of this Collective Consciousness, perfectly balanced, both masculine and feminine in its expression. For there is never any division at the level of Source. And <u>you</u>, Beloveds, are creating a ground of being where there also can never be any division, for there is only Undifferentiated Light and Love in the perfected Image of Prime Creator.

So as it enters into your body in a form of the Holy Spirit, <u>you</u> in that Sacred Crucible of the Sacred Heart merge into that Essence and become One. Truly you are creating a Unified Field from which to express and create.

Sit with me for another moment as we merge into the Spirit of Prime Creator from the center of our Being...... [Pause]

Now from the vastness of that Being, take a portion of that consciousness and bring it back into the teaching segment of this session.

## **JOHN:** [10:14]

Thank you, Gabriel, for your wonderful assistance and the Love that you show us. And thank you for helping us to experience our own Light as you reflected it to us.

Now, let's talk about that list that we sent to you. This list is where we will begin to learn some of the concepts of how we function from a polarized perspective of ourselves as either masculine or feminine. We have not been able to see that we possess both attributes and use them consistently in our life experience. Most often, we are unconscious of this. Now let's talk specifics.

This list of attributes most often is related to the gender of the body as it expresses itself in the 3<sup>rd</sup> and 4<sup>th</sup> dimensions. Now for those who may not have gotten this list, it's a one page, and at the top of course it said "List of Attributes." The left column is feminine; the right column is masculine. And under the feminine we have nurturing, compassionate, intuitive, creative, forgiving, loving, and receptive. And under the masculine we have independent, ambitious, decisive, assertive, fearless, empowered, and aware.

Now these attributes are neither negative or positive. How we use them and apply them in the creation of our life experience influences how we manifest in life. Here are some examples of using power. Most of us see power as masculine, when in fact it can be both and then would be considered a non gender specific quality – different word. Some examples of how you create power are assertive, independent, organized, decisive, etc. All of these words happen to be on the masculine list. Now how does the feminine attributes express themselves in creating a powerful influence in our lives? Well, through creativity, intuitiveness, fluidity, loving, willingness to nurture the creation.

Now, let's consider how both the masculine and feminine attributes can play out as we create. Power in 3<sup>rd</sup> and 4<sup>th</sup> dimension is based in dominance, aggressiveness, use of negative emotions that create fear and compliance, and asserting personal will over another. Now we know that the fall put us into a very dense 3<sup>rd</sup> dimensional system that was based in power, dominance over, separation, and fear. This is how the fallen masculine asserted their power and became the main influence by using the strength of the masculine body.

Now how did the feminine express during the fall from consciousness? Well, number one, the misuse of power through manipulation, dominance over, through arrogance of ego that expressed itself as superior and more knowledgeable. Secondly, by harshness and by making demands. Thirdly, by becoming a temptress by using sex as a reward for compliance. Fourth, holding a grudge; getting even by withholding Love and Compassion. Fifth, overuse of lower emotions such as crying, anger, passive-aggressive behavior, or creating a very heavy negative environment by using such emotions.

Now there is a psychological level that is expressed in both the masculine and feminine expression in a fallen state. A triangle is created to hold the fallen state in form. Now this geometry is composed of states of being: the persecutor, the victim, or the rescuer. I'm sure a lot of you have heard of this particular geometry. It is a difficult triangle to dismantle, because it is held very stably within the collective consciousness, and it is consistently used most often <u>unconsciously</u> by navigating from one position to another. In this way, individuals are always playing one of the roles.

Now this pattern hinders you from eliminating it by profusing thoughts and emotions that are negative, secondly by creating an inability to see value in yourself or to love yourself. Thirdly, the ego becomes the dominant director of your life experience through fear and unworthiness. And fourth, the voice of the Soul is limited and not heard.

Now this triangle is not gender specific, because it is expressed by both genders in a fallen state. So for a little more explanation and a little more in-depth, let's all take a deep breath, get centred and relax, and we'll have Joan bring forth our wonderful World Teacher, Master Kuthumi.

## Master Kuthumi through Joan: [16:00]

Greetings, Beloveds, it is I, Kuthumi.

I am most honored to be with you in this Collective Consciousness that we <u>all</u> share, with the intention and purpose of seating the Unity of the Divine Masculine-Feminine Presence in the physical realm of Earth.

As John has shown you that there are distinct differences in the way that masculine-feminine is expressed in the body, and most often it is related to the gender of the body. Many of you were programmed from an early age that you were a girl or you were a boy, and this is how you navigate life. You have to think a certain way; you have to feel a certain way. Girls are encouraged to be emotional; boys are told that is unacceptable, that that is weak. They are often told, "don't cry; suck it up; be a man!" This could not be further from the Truth. It is not a state of being of the Divine Essence from which you were created.

There is always a Balance in the Presence of that Divine Image. And when you relate only to the gender of the body and express yourself through that gender programming, whether it was taught to you or modeled to you in some way, there is always division. There is an overuse of emotional reactions that cause great friction in the energy of the environment.

And in the masculine there is an unwillingness to feel, to express those feelings, for fear of being thought of as being weak or too feminine. And in this particular expression, the withholding of that very valuable part of yourself, the emotional body, is limited. And it causes the female gender body to overreact and overuse negative emotions. Where, when those who are embodied in masculine bodies are willing to feel and to exercise their power through their emotional bodies, from that higher more refined level, the feminine then can come into a better balance and express themselves in female bodies from a much more balanced position, to where the emotions chosen are also of a more refined level and are not manipulative or do not create environments of fragmentation and disruption.

So, we ask you this week to be observant in how you use those masculine-feminine qualities. Note how they're really within <u>you</u> as this Collective Divine Consciousness. There is not, as you express yourself in a body, there is not such a distinct difference in these two lists. But <u>you</u> have already begun to merge this list into one as you express yourself. You just haven't been quite conscious of it.

But I also ask you to <u>observe</u> when you are very divided in your expression and unwilling to have the Presence of both attributes. There are many women, beautiful Beings who just happened to be using a female-gendered body, who have said, I have heard this so many times, "I have absolutely no masculine qualities." Rethink this! How many times have you had to make decisions; you had to be decisive for the good of the family or the good of those in the workplace. You had to make decisions; you had to be decisive, and sometimes even fearless. I remind you of that beautiful Shield Archangel Michael presented you with many, many months ago of Courage, Fearlessness, and Love. And use it, as you apply and alter the way in which you are consciously navigating your life, from the perspective of creating that Unity and Balance within yourself.

How many times have I heard fathers say to sons, "get up; suck it up; you are a man." You take away the right for that beautiful Being to express that they feel hurt and pain. How many times have you limited the ability of a child or even another adult male from entering a compassionate and forgiving state of being, because you made a comment, "well, they deserved it...."

So these are the things that I want you to pay attention to, the subtleties of how you use the attributes of the fallen, separated state, and how you use them in a unified expression. Here again, Dear Ones, there is no right or wrong to this; it is just how you use these attributes and how you can use them more consciously in that merged state, recognizing that within you as a Divine Image of Source, that you are a balance of masculine and feminine qualities of your Source. Both things operate together.

It is not seating the Divine Feminine, that has been so thoroughly talked about for several years of your time -- that the Divine Feminine must be seated on the planet! Yes, that is true. But the Divine Feminine does not come into being without the Divine Masculine; they come in as a unit, one supporting the other, not in separateness but in Unity, expressing in that Unified Field of the Divine Image within their life experience. It's a unified expression of the Divine from which you were created and are.

Another part of this that I want to draw your attention to is that one state of being that seems to be dominant in the fallen state that either is deemed a masculine attribute or a feminine attribute. When that is very precisely replicated in a life experience, if you will look closely to another part of that, a very subtle part, there is a wounded aspect attribute that is unable to express itself, because of past programming or just the pain of being in separation and fear.

So, say a Being who happens to occupy a female body recognizes herself as very open and receptive, but she is unable to be of service without using a negative emotion of anger, which becomes then very aggressive. So where within herself can she recognize that there is a very wounded masculine part of her who has not been able to express itself in that Divine Masculine quality of assertiveness. So it comes into being in that fallen state as very aggressive.

And on the other hand, what about the Being who occupies that beautiful masculine-gendered body? When that Being is invested in representing himself as very independent and ambitious, what part of that has a wounded feminine part, that lays in that unconscious and is unable to express itself in that independence and ambitiousness: the creativeness of the feminine, the nurturing of that creative impulse that creates the independence, and the ambition to use it/exemplify it, to create with it in that harmonious way, so that the independence does not turn into a dominant force over or the ambition doesn't drive you through the resources of the ego.

These are important things for you to discover as you observe yourself this week. Here again, I encourage you to observe from a very neutral state of being, so that you do not judge yourself. When you see that you have a wounded feminine or masculine waiting to express itself in Unity with who you are, from that Divine perspective, the Image of your Divinity, judgment will not serve you here, any more than it has <u>ever</u> served you in any part of your life. So be very neutral.

And yes, you will be triggered, and it will make you uncomfortable, because many of you, especially the Mastering Alchemy graduates, will want to say, "I thought I took care of that; I thought I cleared that." You cleared a tremendous amount of anomalies out of your field, Beloved, but this focus is very specific to the Divine Masculine-Feminine expression and any division that might be within your expression as that balanced Divine Image of your Source.

Here again, it's not about failing or achieving. It is not about right or wrong. It is about making adjustments in your mental-emotional body, so there is Unity, Coherence. For you know, this is the body from which you create your reality as you navigate the Earthly form.

So in addition to bringing Unity into those masculine-feminine attributes of yourself, you bring Unity, more Unity and Coherence, within that mental-emotional body, that is a very powerful vehicle from which you create your life experience. Wouldn't it be wonderful that you always, 100% of the time, use that mental-emotional body effectively in a very coherent and conscious manner?

This is just another step in making an adjustment within the consciousness of who you are or who you perceive yourself to be in a body. It is altering the consciousness of the body that is still, parts of you, that consciousness, is still invested in the division of a female-gendered body or a male-gendered body. So we are bringing Unity in this teaching and these energetics that we are creating together within the experience of form that is balanced and in perfection with that Divine Image. And even though you happen to be using a specific vehicle, these attributes are Divine. They are not specifically related to a gender body.

Just because you drive a vehicle, say a Chevrolet vehicle, to get you from one place to the other, does this mean that you are <u>only</u> the owner of a Chevrolet? There's much more to you than that. Or that you drive Ford – does that define you? No, not any more than your female body defines you or your male body defines you. It's only one portion; it is the vehicle that gets you from one place to the other in the physical realm. But the consciousness of that vehicle can be changed, altered, and expanded to accommodate your SoulSpirit, which you know is not gender related, because it is Divine – it is in a merged state. It has a wisdom, a very expansive consciousness that hasn't been able to fully seat itself in the body.

These changes and alterations that you are making, energetically, conceptually, and consciously, to your body creates a template from which that body can be raised to a 5<sup>th</sup> dimensional body to navigate in more easily and harmoniously. You upgrade it substantially when you change the template of a gender expression from a fallen state.

**Q&A with Master Kuthumi through Joan:** [Names, thank you's, blessings, etc, may be omitted. Otherwise, Master Kuthumi's words are word for word what he spoke.]

Now, Beloved, I want you to engage with me in this conversation so that you can make your comments and ask any questions related to what has been discussed this evening. Keep in mind that the questions that you ask, ask them very concisely and briefly, so that all have a chance to participate with me in this conversation. For it is in those comments, it is in those questions, that we expand together these concepts, these energetics that are part of this template, and the consciousness that you are able to achieve, both in the body and in your Soul expression.

So please now join with me and create an expansive template.

JOHN: Don't be shy...... Master Kuthumi doesn't bite.......

### **Question 1:** [33:44]

So, the understanding that we both, or that we embody both masculine and feminine, and understanding that at the fall of consciousness, or even prior to the fall, we've been wounded in our masculine and we've been wounded in our feminine. So understanding and being a graduate alchemist, what is it that we can do that would help to blend, help to remove the rest or additional anomalies or mutations? Or what is at this point something that ..... or do we not do anything? Where do we go from here to move more forward?

#### **Master Kuthumi:**

I do understand the question. And, at this juncture, you do NOTHING but observe yourself. Create a consciousness within yourself on how you express these attributes, both masculine and feminine attributes: where the blending is in your expression, in your creation; and where the wounding might lie, very subtly in your unconscious. So it is not about changing <u>anything</u> at this juncture. It is only in your <u>observance</u> of what attribute you use.

You have, you know, as a unique expression of the Divine, you have very definite preferences. So what are those preferences? How do you use your feminine-masculine attributes on a regular basis? And where there might be some fragmentation or an inability to fully express your masculine-feminine attributes from that Divine state, where is the wounding that is hiding very subtly within you somewhere?

It is not about judging it right or wrong. It's just watching, gathering information about yourself. And when we meet again next session, we will begin to use that information to blend a very coherent Crucible through the Element of Love and seat it in your Sacred Heart. So, for this week, just observe. Gather the information, note what your personal preferences are and how those preferences are exhibited and where they fall short. That's it.

#### **Question 1, continued:**

As I'm listening to you, I'm absorbing other things. So I'm hearing very clearly. In the higher dimension, I tend to want to judge myself, and judge the right and wrong. It's just like, I hear this background, "knock that off!" [Laughter] It's like ...... [Master Kuthumi: yes!] It's like, "knock it off!" and I get that. Thank you, thank you very much, because I do tend to judge and I want to <u>do</u>, and of course that's that overactive masculine, I guess.

### **Master Kuthumi:**

You want to achieve; you want to achieve. And you know there is nothing the matter with that, because it is in that desire to achieve that you are fearless and you are courageous. And it will take courage to look at that wounding, because sometimes that wounding came at a very, very painful experience.

Now, I want to make a correction in something that you said. You said, "in the higher realms I want to deem it right or wrong." Do you think that's of the higher realms? Or is that of you operating in a fallen state?

### Question, cont'd:

Correct, uh huh, I would completely agree.

#### **Master Kuthumi:**

OK, now this is an observance, and it took courage to say to me, "you are correct." And here again, it's not about right or wrong. It's about gathering information about what you speak, how you say it to yourself, how you express it, and what your preferences are. When you say I get into that male dominated achievement, that was a judgment, because, Beloved, everyone of us, at a Divine level, want to achieve Holiness, wholeness, and a merger with the Source of our Being. And that is not wrong; it isn't fragmented. It is a desire of your Heart to be in complete merged resonant state with that Divine Image that you are. So you are very courageous to step forth this evening and express yourself and your feelings. Thank you!

## **Question 2:** [39:41]

How we, I know we are all one, but in this observation, how we can proceed with the Earth, with Mother Earth, like a physical Being, to create maybe more help for everyone and everything?

#### **Master Kuthumi:**

It is in creating that Unity within yourself that you are able to more concisely, precisely transmit that Image into the collective consciousness of all humanity, into the collective consciousness of Mother Earth, into the collectiveness of the Elemental Kingdom. So when you take it into your body and you make the corrections in the consciousness of the body, and you create a more refined vehicle from which to navigate and create your life experience, you benefit <u>all</u>, because that is energetically transmitted into the collective consciousness of which you a part. It automatically transfers and transmits into Mother Earth and the Elemental Kingdoms. For you are also a part of these. Do you see?

So this, Beloveds, all of you, is why you are such a valuable asset to the Creative Realms, especially the physical realms, because it is you who altered these things within yourself, within your body, so they can be manifested in worlds of form. You are an important part of this. We Beings, who are also part of those Creative Realms, that help you, that teach you, that support you, are dependent on you because you possess that physical vehicle of expression. And it is in <u>your</u> creative transformation that these things get seated in <u>all</u> realms of form. So never shortchange yourself about your value. You are such a valuable, valuable asset, and we have told you this time and time again.

Thank you for that question.

### **Question 3:** [42:30]

I think there are other people and I am personally experiencing hormonal changes in the physical body that are from my age and being in a female body. And often there are, there can be issues that come up. And even just the change itself affects the emotional body. And I'm just curious how to....... you know, I do observe. But as these things come up in the physical, there's layers I think I perceive that still need unwinding. So I would enjoy hearing your observations on how to go through changes that come up that are pertaining to the feminine and the masculine.

### **Master Kuthumi:**

Yes, what you have to consider here, that at that physical level, whether you occupy a female body or a male body, that at certain parts/stages of the aging of that vehicle, that itself is being corrected by many of you. But in that aging process, there are changes, hormonal changes, that take place.

But have you considered that you as an individual occupying a female body have at its original inception, when you embodied in that body, a perfect balance of hormones, both masculine and feminine hormones. But as you navigated life, as you were taught, modeled, programmed in that body, female hormones took a more dominant role. They were produced in the body and produced more predominantly as female. There were still the masculine hormones there, but the female hormones were more predominant. So as you age and that hormonal production lessens, sometimes not only is that predominance more explosive and affects the emotions, but there is a limitation of also the masculine, which has already been limited by that programming and fragmented mental-emotional body.

So too, those occupying a male body, the same process, only reversed, where their thinking, their teaching, their programming, their experience in that masculine body allowed a predominance of masculine hormones to be produced and a limited amount of feminine. So as each body type ages, it becomes exacerbated in that in that that predominance sets up reactions within the mental-emotional body, especially the emotions. Men can be more angry and aggressive. Women can be more passive and emotional.

So when you recognize this and you begin to change your consciousness and the consciousness of the body by directing these Unity templates, these energies, into the body very directly into the areas of the body where these hormones are produced, so that they are produced in a more unified and harmonious state. You can use that 2<sup>nd</sup> Triad, the power of that 2<sup>nd</sup> Triad, to begin to use Liquid Light, Laser Light, and the Nectar Light to help you very consciously direct that Undifferentiated Light into specific organs, so that the regeneration of the body comes into a better balanced state.

But those changes are predominately created in the mental-emotional body. So it is in learning about yourself that you make a difference in the way in which those hormones are produced. Do you see?

### Question, cont'd:

Yes, wow, that's interesting! I'm seeing too that I had forgotten aspects, in some minor issues that have come up. But they represented just the whole area of the body I just hadn't thought about. [Master Kuthumi: yes] And in all my spiritual, you know, searching, so in a way it is bringing it deeply into the physical. And I was kind of surprised that I had forgotten [laughter]. It went right back to my 20's, so, thank you!

### **Master Kuthumi:**

Yes of course, because you view it as losing a part of yourself instead of an opportunity to make a correction. [Yes, thank you]

You are so welcome. That is a wonderful question, thank you!

See you don't consider that this consciousness that we're developing and these changes we are making, how deeply they affect the physicality. And how you can make a great change in that physicality, transforming the vehicle. So this teaching has to touch on every single aspect of you, both physical and nonphysical. Thank you, again.

### **Question 4:** [48:32]

Well, it seemed to dovetail with what you were just speaking about. Could you speak to us about multidimensionality and physicality with sexuality, and that sexual energy please?

#### **Master Kuthumi:**

Yes, I can. Yes! So, be a little more specific, how that sexual energy relates to your physicality?

### Question, cont'd:

Yeah, it's a vast topic. [Master Kuthumi: Yes, it is a very vast topic!] So, OK here, let's zero in. Without looking at gender specific, having an embodiment in a female body or a masculine body, the sexual energy, as I understand from the Yogic perspective, is that it's the one energetic in the body, and this may be old-school thinking and limiting, as I'm just reviewing it here in my mind, that it's the one energy that can be transmuted into any energy [Master Kuthumi: well, yes] within the physicality.

### **Master Kuthumi:**

But there's also in the practice of Yoga, which stems from that thinking process, it is a merging. It is a joining together of energies that exemplify your Divinity. So in a perspective of what we are speaking of, the Masculine-Feminine Unity, when two Beings engage in a sexual union, if you do so with intention and great Love, you come together and you merge all qualities of the Divine Masculine-Feminine. And you begin to spiral that energy through all of your chakras, from the very base chakra all the way through the 14-chakra system. And you merge in that Union in your Divine Essence. And you complement as well as unify and support each other in that Union to have that perfected result of that Divine Feminine-Masculine Unity in both your bodies and in that energy spiraling.

And the ecstasy that you create in that spiraling with that intention is <u>far</u> beyond any physical ecstasy that you could achieve from just a physical release climactic experience in just the physical action. It takes it to a whole different level of expression. Does that answer your question?

### Question, cont'd:

Yes, I'm seeing the center point of the Godhead here.

#### Master Kuthumi:

Yes, yes! Exactly!

So how has this beautiful Union, the coming together of two Divine Expressions into Oneness been fragmented, contaminated, divided, and made very physical? And now you have the opportunity to make it Divine again.

## Question, cont'd:

And I'm seeing the merging of the fullness of Divinity of the Undifferentiated Light and Love merging in the wholeness of the darkness, [Master Kuthumi: yes] the womb of creation.

#### **Master Kuthumi:**

[very softly and gently said] The womb of creation – that fertile, fertile ground of being, that is unlimited in its expression...... Yes, very balanced.

**Question, cont'd**: Thank you

#### **Master Kuthumi:**

You are very welcome. Thank you for that question.

It's a lot to think about, isn't it, these last couple of questions, because they so relate to your physicality and bringing wholeness and Unity within that vehicle.

How powerful are you, creators, in <u>all</u> dimensional realms? How powerful do you exhibit your creativeness? And in how many expressions do you create it, both physically and nonphysically? It's a lot to contemplate...........

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**JOHN:** [53:30]

Well, it looks like we're out of questions this evening. And just about out of time.

#### **Master Kuthumi:**

Before I withdraw, and I do not withdraw from this Collective Consciousness, but before we complete this exchange together, there are many topics that were discussed this evening, and there is much food for thought here. And as always, we recommend that you listen to the recording at least one more time, because there is so much energy flowing through this Collective Consciousness, that there are pieces and parts that you will want to recover. And through one of the members of your Collective who has so generously offered to transcribe and to create summaries, these will be invaluable to you, not just while these sessions are occurring but in the comings times, as you expand upon what has been spoken about, so that you might review it and bring a greater state of Unity to be seated through <u>your</u> body and then given to <u>all</u> humanity and to the Earth itself.

So I want to thank you for your participation with me and co-creating with me this evening.

Blessings, Beloveds!

#### JOHN:

Blessings!

Thank you, Master Kuthumi, for your wonderful assistance, and of course the Love that you always bring to all of us. We are so appreciative for your Presence and your Energy.

Thank you so much.

# **JOHN:** [55:15]

Now tonight we have a special guest appearance by a young lady from Maine by the name of Jackie Roy, who is going to lead us in a prayer that's called The Serenity Prayer.

# Jackie's Serenity Prayer:

Lord, make me an instrument of your Peace.

Where there is hatred, let me sow Love.

Where there is injury, pardon.

Where there is doubt, faith.

Where there is despair, hope.

Where there is darkness, Light.

And where there is sadness, Joy.

Divine Master, grant that I may not seek so much to be consoled as to console.

To be understood as to understand.

To be loved as to love.

For it is in giving that we receive and pardoning that we are pardoned.

And in dying, that we are born to eternal Life.

**JOHN:** Thank you, Jackie, that was wonderful. We appreciate you so much.

**JACKIE:** You're welcome.

.....

#### JOHN:

Well, Wow! What an evening. Thank you all again for being with us tonight.

We look forward to being with you next week.

Have fun this week with observing, without judgment, and we'll see you same time, same place.

Have a great evening!

## **JOAN:**

Good night all.

Thanks for co-creating with us!