

**JOHN:**

Well, welcome back! Thank you all for joining us, this evening. Say hi, Joan!

**JOAN:** Hey, hellooooo, everyone!

**JOHN:** We certainly again are very pleased that you're back with us, and because we've got a very exciting program this evening. And to get us started, let's call on Gabriel to give us a little centering meditation here to get us all leveled out. We'll give Joan a minute and we'll see what he has to say.

**ARCHANGEL GABRIEL THROUGH JOAN:**

Greetings, it is I, Gabriel.

I have joined in your beautiful Collective as you all gathered together, and we Angelics have joined your Collective Consciousness as have the Masters, as have all of the Elohim and the Lords of Light. We have constructed together this grand, coherent Collective Consciousness that gathers with purpose and intention.

So as we gather together, let us focus our attention in our Sacred Heart, for this is the template from which we will create the seating of the Divine Masculine and Feminine on Planet Earth. The separation has lasted long enough, so we are bringing another aspect of Unity into form through our Collective Consciousness. And each one of you, as you bring it through your body and your Sacred Heart, you expand it exponentially and make it available to all humanity.

So as you focus your attention in your Sacred Heart, breathe in Love, that Undifferentiated Love of Source. And exhale Light, the Light of your Being into the worlds of form..... Be in a state of gratitude for the opportunity that lies before you, a state of Unity that you haven't experienced in a long time. You are creating that together as you gather in this Collective energy.

Through the Undifferentiated Light that stems from Source and is seated in your 11<sup>th</sup> chakra, you are able to access it continually now. And in that Undifferentiated Love, you build the Holy Crucible, that alchemical Crucible that will make very specific alterations and changes in the consciousness of humanity..... Know that that flame burns brightly in your Heart, in your Pineal, and it is key here to fuel the Crucible of change, the alchemy that you are creating and manifesting.

See that flame burn ever so brightly..... burning away all negativity, all separation, expanding the Heart, expanding the Mind..... creating Unity in all parts of each one of you, and exemplifying it in its perfection.

Let us all sit in this Holy Crucible, uniting our Hearts, our Minds, fueling this transformation, creating Unity..... [Pause]

Now, take a portion of your consciousness and be very present in this Collective Consciousness that we have all created.

**JOHN TEACHING:**

Thank you, Gabriel, that's a wonderful message which we very much appreciate. We appreciate all the Love and Energy that you bring to us and our group. That's so kind of you.

Now, previously in our other sessions, we've discussed a couple major topics.

Number 1: We went over some important history of our planet and then discussed how to set up a Crucible in your Sacred Heart to hold this new Love and Compassion that you are creating for yourself.

In Session 2, you were exposed to how we currently use the fallen feminine and masculine template and how to change your approach to create your new life in a different way. We also suggested that you use your Inner Observer to identify some attributes that you do not currently possess and that would assist you in moving towards the Divine.

Now, in this 3<sup>rd</sup> Session, we're going to see what the unified Divine Feminine and Divine Masculine template looks like.

Now it is important to observe what can make this split versus what can put it back together. When your Heart is closed, you lack the self-Love that becomes contagious and affects everyone around you. When you lack self-confidence, it is important to create what is needed for you and all of humanity. Another cause of reverting back to the old template is a perceived problem of "lack of." This can create a panic mode that is obviously self-destructive. We then use the template to manipulate and dominate. I'm sure you can see where that takes us. The ego then comes to the forefront and pushes back your SoulSpirit and its Wisdom. The fallen template is always based in unworthiness and incompetence – not a great place to be of course!

An example of this is easy to observe in many organizations that you know of that are local and worldwide. These organizations feature a clear case of non-equality. How many groups can you name in 30 seconds that fall into this category? I know – way too many.

Now this is a good place for us to get started, even if it is in our own family unit. You know, when you are confident, prepared, and very conscious, you can create in a very special and equal way. When you're uncertain, you resort to manipulation. This appears in the form of flattery, creating a fear of lack of, and of course being superior, which creates a whole program of dominance.

Now let's look at the list that we sent you. We have made two lists that separate divine qualities as opposed to attributes. Attributes refer to your bodily expression while the Divine Qualities refer to you as a Sacred Being of Light. Now in case some of you did not receive this last list – I know you received the previous one – well, let me just read it to you.

Now this is obviously a list of qualities in the Divine Feminine and Divine Masculine.

And those are – and then again, there are many many more, but this is just a sampling. So there's nurturing, independent, compassionate, ambitious, intuitive, decisive, creative, assertive, forgiving, fearless, loving, empowered, receptive, and aware.

Now the objective of this process is to look at the qualities of the Divine Feminine/Divine Masculine and work on acquiring the qualities that you are missing. The process to accomplish this is through self observation – and remember, without judgment. This was your homework assignment last week, and I'm sure you all accomplished that. Now our suggestion is to take just one of these missing attributes and see how you can bring them into your column of new qualities.

Now to give you a little assistance in this, Joan and I would like to share with you some very personal experiences that will show you the process that we use and the results that happened. Joan, would you like to start off?

**JOAN Example of Transformation Process:**

Sure! As I reflected on that, trying to think of an example, the best one that I could remember was when I first started in business. And when I first started, my business was very small, and I only had two employees. As I expanded and the business grew, I had several employees that I had to manage. I learned very quickly that, when I was centered and balanced within myself, that I was a very effective leader. And I could lead with confidence, always based in compassion. When I was calm and certain about how the day would evolve, so were my employees.

As employees came and went, I learned to make corrections with firmness and compassion. I observed that when I was triggered I would react in anger and become very aggressive, not assertive but aggressive. As I would observe this pattern, I decided to delve into what caused that kind of a reaction in me. I determined that it was an old pattern that I learned when I was young. And because I was a girl, I wasn't always heard, nor was I capable in asserting myself and making clear what I knew was true or what I knew that I needed. I often considered myself as a victim of the circumstance.

The more I observed and became willing to change a pattern, I could clearly see that this reaction was not who I was in the present moment. And that was very significant to me, because when I would be in reaction, I was coming from that girl, that part of me that couldn't be assertive because she was a girl. And that was not the present moment. I think that will help a lot of you.

I would then make a change, a choice, to remain calm and voice what I needed. I also never lost sight of the fact that it was not my nature to be aggressive. My nature was to be an empath and a compassionate person. So I continued to hold onto these qualities that were very feminine, but yet I summoned my courage to be explicit in my directions as well as to exhibit my assertiveness. In this way, I noticed that my employees didn't feel threatened but respected my judgment and leadership, whether they were men or women.

Three things happened that I observed: When I would make the decision to stand in a leadership role and assert my needs, I stepped out of that triangle of the victim, the rescuer, and the persecutor. I just chose not to play any of those roles. I honored my feminine qualities and I added some missing masculine qualities that I had not been using. I directed my emotions more appropriately.

At first I was not always successful, but the more I observed and chose wisely, the more I changed my old pattern. So I say this to encourage you to be patient with yourself as you begin to use more of your feminine and masculine qualities. How many years have you been playing from only that one reference point of your engendered body? – a long time. So it's not going to happen overnight, but it's in that constant awareness that you are able to make the changes that are needed and that you desire.

**JOHN:** my turn?

**JOAN:** Yes – how 'bout you?

**JOHN Example of Transformational Process:**

OK! Well, a couple of things.....

It was kind of interesting, you know, as a guy I knew about some of these attributes, and you know, it just didn't hit me. And I noticed early on in our relationship that Joan was very intuitive. And I would say lots of times, "well, that's you; I certainly don't have that talent at all." And yet, every once in a while, she would lose something and she would say, "Oh, I've lost my diamond ring and I don't know where it is." And then she would be beside herself. And I'd walk out into the garage; I'd open the car door and I'd look down beside the seat and I'd pick it up and bring it back and give it to her. [Laughter] And it freaked her out at first. But of course now, anytime she loses anything, she just comes to me. But that was the first time that I realized that without concentrating on it, I did have a lot of intuition.

And another fun thing that I used to do was when I would travel and I would go into a new town to call on a new customer, and I would on purpose not get directions. And I would just let the car go where it wanted to go. And with one exception, I always ended up in that particular business. And it was kind of amazing to me. But, of course for me, that's just a small one.

But the bigger one has to do with the word compassion. And I noticed this with an organization that I had been involved in, that I got involved with when Joan and I got married. And after a couple of years, I decided that I didn't know enough about that organization. So I tried to learn more, and when I did, I didn't like what I found out. So I removed myself from that organization. Again, after a while I would notice that when I would read in the newspaper or hear on TV that this organization was having problems, all kinds of problems, I would sort of laugh and go, "yup, well, that's what they deserve."

And I would just, you know, go on. And it built such that when I would read another article, I would just cackle. And then it started to bother me, and Joan noticed it. So I did a lot of soul searching to try to figure out why I did that.

Well, I finally reverted to past life regression, and [laughter] lo and behold, I found out that back in the 13<sup>th</sup> century, this particular organization was very mean to me. [laughter] I mean very mean to me. And I was part of an organization and one of the leaders and I refused to tell this organization where these other people in my organization had gone, and so they tortured me. And they decided to pull off my legs and my arms. And, I'm going to tell you here – it hurt! I mean, it really hurt! And obviously, I still remembered that. So, I thought about it, I prayed about it, and I got over it. And now I understand what it's all about. And when I see an article about this organization, I have great compassion. I know how many wonderful people are involved in this organization. And unfortunately, it's just some of the leadership. And so I just hope and pray that one day the organization will see its way clear to become totally balanced. And that was where I learned the big word: Compassion. It was a great lesson and it's worked wonderful for me.

So, I'm not saying that past life regression is the only way to do it. But when you have a situation like this, reflect a lot and find out what the core problem is, and then I think you too can possess this quality of Compassion.

We hope this gives you a blueprint, one way to attack these issues. We would suggest you pull from your observations of the past week and use those to pick one to work with over the next week. We've have also been reminded to stress to you this evening that this process is very important. And be very kind to yourself through Self Love.

Now, let's give Joan a little time to bring forth some wonderful gifts this evening. Both Jeshua and Master Kuthumi would like to expand on this topic. Now, remember, once they're done, they will open the discussion that you might ask questions or make comments. Please remember to make them short and concise so that all of the group can be involved. Now this will also allow our Friends to expand on the subject matter.

**JOAN:** Thank you..... If you will give me a moment.....

**JESHUA AND MASTER KUTHUMI BLENDED, THROUGH JOAN:** [20:55]

Greetings, Beloveds.

We are here as part of your Collective. It is I, Jeshua, and it is I, Kuthumi. We come in a merged state, empowered by the Second Ray of Love and Wisdom. And we speak as One. We are part of your Collective that has gathered this evening, each one of you being an individual, but we are one unit of Collective Consciousness.

This evening we wish to expand a little on the concepts of Divine Qualities. For many years now, much of humanity has operated and created in a big portion of their creation through an energetic template that is divided: masculine and feminine. And it is only used in that separation according to the gender of the body. This keeps you in separation.

When you view this list of Divine Qualities, know that that list is incomplete. It only gives you a minute portion of Divine Qualities, to give you some ideas on how to draw further from that merged state of yourself.

Two things are very significant here.

Number One – that Crucible of Love that emanates from your Sacred Heart.

The Second is part of that Sacred Heart, and that is the Presence of the Holy Spirit that can never be divided, that is fully exemplified as Divine Masculine and Feminine in its expression, in wholeness, completeness, in Knowledge and Wisdom. It is that Presence that allows you to recognize your wholeness from a SoulSpirit perspective, being masculine and feminine in its expression, unique as it individually expresses those Divine Qualities. Each one of you is unique unto yourself as you express your Divine Qualities.

So it has been a long time since you have had the opportunity to bring that into a complete unified expression. Now is the time.

So as you work with the list of Divine Qualities, see how many more you can discover. And then choose one that seems to be missing from your unique expression. See why it is missing or how it got separated from you. And then begin to unify it, to bring it back into your expression, your uniqueness.

This teaching is a little different than many of you have experienced in working with the unification of the mental-emotional body, eliminating patterns and thoughts that are no longer serving you, in that it is not about eliminating a Quality or an attribute. It is about using it in coherence and in balance that exemplifies your unique Divineness as it expresses itself as both masculine and feminine.

This will take observation without judgment, and it will take a little time. The only thing that you are replacing here is old worn-out patterns that keep you in that separated state where you are not using all of your unique Divine Qualities. So this week is all about drawing back into your conscious awareness more of those Qualities, both Masculine and Feminine, so that you are truly unique and Divine. And you begin to see yourself as a Holy vehicle for that Divine Expression.

Now, the other thing that we wish to begin to create with you this evening is a physical receptacle for that to be seated in. As you know, sacred geometry holds various energetic templates so they can be brought and manifested in form. And this is no exception. So we are going to seat the Divine Masculine and Feminine in form by using a geometric configuration. And that configuration is one that you are very familiar with – it is a Star Tetrahedron. And it possesses both masculine and feminine qualities.

In a 2nd dimensional representation of that Star Tetrahedron, many of you know that it is the same as the Star of David. There is a triangle pointing upward and one pointing downward, and they are joined in the middle, so they become a unit. From a multidimensional state, it is not a flat representation, but it is multidimensional, and it becomes a Star Tetrahedron. And it is ever moving and spinning, so that it emanates that perfected balance of masculine and feminine. This Star Tetrahedron we will construct this evening, the beginnings of that template. For it is a vast template, as you can imagine, because it reflects the Holy Spirit that is within your Sacred Heart.

So we construct this Star Tetrahedron and we seat it in your Sacred Heart. This is the place from which you create as a Divine Being of Light. The Star Tetrahedron is a brilliant white Light as it sits in your Sacred Heart. It is white, iridescent white. It contains all Color Codes, all Light, in perfected balance. And it spins in its unique expression, emanating brilliantly, radiantly from that Sacred Heart of yours.



**So join with us at this moment, and we will lead you into seating this template:**  
[29:39]

Take a deep breath.

And begin to draw forth from that 11<sup>th</sup> chakra the brilliant Undifferentiated Light and Love of Source.

And with us now, create a Star Tetrahedron from that Undifferentiated Love and Light, very precisely, very coherently, filled with that Undifferentiated Love and Light.

See it spinning.

Notice that iridescent, luminous white Light that emanates as it spins.

It is unified in its energy, interwoven, interlinked. There's no separation. Both masculine and feminine are part of this energetic template, one supporting the other, equally valuable, equally powerful, balanced..... emanating Undifferentiated Love and Light, emanating Unity Consciousness, spinning ever so brilliantly.

Now that we have created the template to be used in the physical realms, we seat it in the Sacred Heart of this Collective Consciousness, and we also seat it into each individual participant's Sacred Heart. Make it uniquely yours. It is how you will express your Divine Individuality in your body. It is how you will express it to the world and model it.

This beautiful Star Tetrahedron, that is also seated within the Collective Consciousness of this group, will be a very viable template that we will, in the coming weeks, seat into the Earth, into the collective consciousness of humanity, and into the collective consciousness of all realms of form. But for now, this week, let us only focus on the unique seating of this energetic template within the individual and within the Collective Consciousness of this group, so that it is very stably seated and made usable in just this small space, before we expand it in the coming weeks.

Sit in your Brilliance, Beloveds! You are radiating that magnificent, iridescent white. You are emanating your Undifferentiated Love and Light. And you are in complete Unity with the Collective Consciousness of all participants in this teaching.

[Pause]

**Q&A WITH JESHUA AND MASTER KUTHUMI BLENDED, THROUGH JOAN:** [35:10]

[Questions may be summarized rather than word for word. Names, thank you's, blessings, etc., may be omitted. Otherwise, Jeshua/Master Kuthumi's words are word for word what they spoke.]

We would like to engage you now in a conversation with us as that Collective Consciousness of I Jeshua and I Kuthumi in that merged, blended energy. So please make your comments and ask questions concerning this teaching, so that we may not just help you understand – more than that, you know that -- but expand upon anything that we have been discussing in the direction that you would like to have it expanded.

**Question 1:**

I'm having a little bit of a disconnect in my Sacred Heart. When I go to my Sacred Heart, I've always been this beam of Light. So the disconnect comes with putting the Star Tetrahedron there. Does it replace it?

**Jeshua/Kuthumi:**

No, it is added to it. That Light that you see, Beloved, is your Light, as the individual Divine Expression. It does never replace it. It enhances and adds to it, so that you might create from that uniqueness of your SoulSpirit.

**Question cont'd:**

I'm having a hard time visualizing it or seeing it or..... Is it one.....

**Jeshua/Kuthumi:**

It is the Star Tetrahedron in the center of your Sacred Heart. And through that Star Tetrahedron, you as that individualized expression emanate your Light through that Star Tetrahedron in Unity. So your Light flows through the Star Tetrahedron, that helps you create that Unity within yourself in form. It is no longer separate; it becomes a vehicle of operation in Unity, but in your unique way. So nothing is lost; everything is used.

Just be with it for a little while. It's a lot to take in, because many of you have not considered your importance and your value and your own significance in the Light that you are. You never consider those things. So it will take a while for that unified consciousness to sink in, that "oh yes I AM That, yes I AM significant and valuable." It doesn't make you superior; it makes you uniquely Divine. Thank you for that question.

**Question 2:** [38:26]

I would like to share my experience..... I was observing an angry mother saying to her young son, “Stop crying – be a man!”

My question is about the word empowered, which is part of my wounded male. Inside me, I am ambitious, assertive, decisive, and independent, but outside I am not able to express this. My family was very judgmental; I felt left behind in school. I feel shame or embarrassment when I try to create my workshops. What is this feeling of embarrassment or shame in myself? There are two sides here. One is balancing power with the feminine word; empowerment is the masculine. How do I interrupt this automatic embarrassment and shame?

**Jeshua/Kuthumi:** [42:24]

First of all, Beloved, you have to have compassion for yourself. There are many fragments yet to be transmuted, and you are in the process of that transformation. You have summoned your courage to look at some of those and to clear them. What you are feeling now is one of those fragments that must be removed. And to be removed, you have to begin to observe. You’ve already observed when it happens. But where that stems from – what is the belief? Is it your belief or does it belong to your mother, or does it belong to a teacher? Recognize that those times are not relevant to you and who you are now. You have come a long way since then. See it from the present moment. The only opinion that is valid here is your opinion – of yourself.

And if there is shame, where is that shame, and what is the belief that causes you to be ashamed? And I think I know what you will discover – that that shame was an off-handed remark made by someone who was in authority when you were young and said, as that angry mother said to that child who was crying, “Stand up and be a man! Stop it!” In your case: “You should be ashamed of yourself; that’s not how a man acts!” Discover that within you. Come to the present moment and know the validity of that statement, and know that it does not represent who you are in this present time. And be confident in that. And see, as you work with these Divine Qualities, that you are loved. You are Love. You are capable. And you do have mastery in many areas.

So when you change your opinion, you will reflect that to others.

Thank you for your question.

**Question 3:** [45:00]

As I'm looking at the iridescence in this white and the spinning of the Star Tetrahedron, I'm getting a glimpse through the Rays of Light that are omnidirectional, that this will..... Can you shed some Light on this – all pun intended? that .....

**Jeshua/Kuthumi:**

I can shed a LOT of Light on this! [Laughter]

What is your specific question? Is it in the iridescence of it, the color of it, or what is the specific question?

**Question cont'd:**

I'm looking at the essence of it being in the walking around space in form, in physicality. The perception or the world view – like just the way of being in the world shifts with this? [J/K: dramatically] Yes, that's what I'm getting, is a really..... it's big, it's monumentally big.

**Jeshua/Kuthumi:**

Yes, that white iridescent color has all Color Codes, all emanations of Light, Undifferentiated Light and Love. And because it is held very stably in that Star Tetrahedron, you have use of that in your creations as you navigate the Earthly experience.

**Question cont'd:**

And so that prismatic quality, that crystalline prismatic quality, is expressed in a perpetual way from here forward? [J/K: correct] In a way that hasn't previously been engaged.

**Jeshua/Kuthumi:**

Yes, because it was separated. You are bringing Unity into the wholeness of your divine expression.

**Question cont'd:**

The power of it is extraordinary, feeling it in the body. It's very powerful. [J/K: yes] Wow! This is extraordinary..... and lovely!

**Jeshua/Kuthumi:**

It's very, very exciting! So don't any of you go into questioning that power. Know that you are capable of using it with appropriateness and exactness and precision.

**Question cont'd:**

And that template is transmuted or transmitted into Mother Earth with each step that we take, and, with each breath that we take, into the air, and interacting with all of the Elementals at this point in a much more enhanced way.

**Jeshua/Kuthumi:**

Yes. Now, listen to me carefully; listen to us carefully. The reason that we have you seat it in your unique Sacred Heart as well as within this Collective Group Consciousness is we want you to hold it close. And you've heard us say this on other occasions: Hold this awareness close. For you have to use it and embody it first. And this is what stabilizes it in form.

So don't go to these other places yet. Hold it close within your Sacred Heart, within your individual uniqueness as divine. Hold it in this Collective Consciousness of this group. Don't go beyond that, just hold it very close.

**Question cont'd:**

So it's the intimacy that engages the power in the physicality.

**Jeshua/Kuthumi:**

Correct! Excellent!

[Pause]

It's a lot to take in.....

[Pause]

Perhaps, rather than try to expand these, we ought to allow you to just embody it.

**Question 4:** [49:22]

I have a question regarding these different Qualities. When we have, this past week I have noticed this tremendous lack in some of the masculine qualities.....it's been coming up so distinctly for me. And the biggest one I have noticed, not just recently, but one thing that I have been dealing with is this fear, fear of stepping into my power, fear of being assertive, empowered, aware, ambitious, independent. It all wraps around fear. And I feel it, and I feel it in the present moment. And I've done a great deal of clearing, but I still have that. How do I release that more?

**Jeshua/Kuthumi:**

Recognize it's an old, old fear, and much of it doesn't relate to you personally, but it relates to the collective consciousness of humanity, of which you are a part. But some of that fear is yours, and it stems from a time where you inappropriately used power, as many who have had several embodiments have experienced -- not right nor wrong, but just an experience of misuse of power.

And so, that unconscious awareness makes you fearful that now that you are given a vaster energetic template that will empower you exponentially, that you might again fall into mis-appropriateness where power is concerned – and that instead of being assertive, you will be aggressive and dominating.

I assure you this is not the case. This Star Tetrahedron could not be seated in your Sacred Heart, as it is, if there were any fragmentations in its Unity. It would not, could not be seated in that Sacred Heart in the Presence of the Holy Spirit. Here again, we go back to being in the present moment, not in previous times or experiences. And it is from this awareness that this fear will be removed from your space.

You are not the only one, Beloved, that harbors such fears; many in the Collective have often misused their power. So when you are aware that you hold a very valuable template of Unity in Union with the Holy Spirit, you will remove that fear and walk in confidence in your Undifferentiated Love, for yourself and for all.

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**Jeshua/Kuthumi:**

So now, Beloveds, I think it is time to conclude this conversation, so that each of you has time to sit in this beautiful unified energy and breathe in its significance of Power and Grace and Holiness that is a part of you.....

We remain always with you in this Collective Consciousness, as you explore the many avenues of unifying your Divine Qualities.

So we will take our withdrawal from this vehicle of expression at this time, and we will always be available to each one of you, individually and collectively. For there is no separation between us, Beloveds.

Blessings!

**JOHN:**

Blessings!

Thank you both so much for blessing us with your lovely Presence this evening. Your energies are so wonderful, it's just a, it's just a real Wow.....  
So, Thank You!

**Prayer of the Evening:**

**The Great Invocation**

from the Tibetan Master D.K.

From the point of Light within the Mind of God  
Let light stream forth into the minds of men.  
Let Light descend on Earth.

From the point of Love within the Heart of God  
Let love stream forth in the hearts of men.  
May Christ return to Earth.

From the center where the Will of God is known  
Let purpose guide the little wills of men --  
The purpose which the Masters know and serve.

From the center which we call the race of men  
Let the Plan of Love and Light work out  
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.