

JOHN:

Well, welcome back again all and thanks for joining us this evening. We very much appreciate all your feedback, and you know, keep those cards and letters coming because that's the only way we can tailor this to the group and the group energy. Now, Joan, you have some comments?

JOAN:

A few of you have written us a couple of times, and I felt like we need to address, because you both said the same thing, that you wish that we could these recordings and downloads to you in a quicker way rather than on a Friday. Unfortunately, at this point, it's impossible for us to. It's not just a matter of uploading that on the website or on that page. Our webmaster is reconfiguring the back end of our site to make it a more easy access, for one thing for us, to post things quickly. And the other thing is to improve on our website. So, I can't go in there and mess with what he has done. So I have to send it to him to post. And usually that occurs, I usually can send it to him on a Thursday and then by Friday, it's posted.

And I apologize – last week, it just slipped up on me, I forget to have the email sent to tell you that it was posted until Saturday. But we will do the best that we possibly can to get those posted as quickly as we can. So I appreciate your patience.

And the other part is, today when I had a conversation with Anna, she said, “you know, there is a time that you have to rest into the energetics, rest your mind, and just absorb the energetics of what has occurred within each session.” So, you know, that's very true. As much as you want to really integrate the information and the concepts, sometimes just resting for a day and opening yourself to receive more fully of the energetics. Maybe that will temper that impatience about getting the file real quick. But any rate, I assure you that as soon as we can, we will definitely get those things posted. And I appreciate your patience.

JOHN:

Thank you all again for your patience.

One of the most exciting things to us is that our Friends have shared with us some important information about this project and the group that is the growth of all humanity, and that's this group that we are with this evening. So, if you know each other, be kind to each other, because you're extremely important. And every once in a while, pat yourselves on the backs.

Now again, it's the first time that these concepts have been introduced back into the world. I'm sure you can tell the importance of the project just by the fact that both Jeshua and Master Kuthumi have been involved. Well folks, tonight should continue to make that point – in that we're going to have the pleasure of hearing from the Feminine Triad of Mother Mary, Anna grandmother of Jeshua, and Mary Magdelene. They will all speak this evening, and you are really looking forward to it this evening, as are we.

So, now let's take a deep breath and help Joan bring forth Archangel Gabriel to lead us in a centering meditation.

ARCHANGEL GABRIEL THROUGH JOAN: [3:47]

Greetings, Beloveds, it is I, Gabriel.

I come to you in the fullness of my Being, having both masculine and feminine configurations that are a part of who I am. And if you will just sit with me one moment and let me expand my Presence into your field. Feel the feminine expression that I bring to you often as I offer great Love to you, but also feel the masculine part of me that is often a little more dynamic, a little more powerful, and very directing as I direct you into these centering meditations.....

So now, take a deep breath and breathe in Undifferentiated Love. And as you exhale, breathe out that Undifferentiated Light. Breathe in the Light and exhale Undifferentiated Love into the collective consciousness.

Feel yourself becoming more centered, and in that centeredness observe the coherence in the energetic fields of every participant -- how cohesive and coherent it is in this space. For you are part of a massive Collective Consciousness, even though you are having a very unique, individualized experience on Earth.

Open your awareness to your Sacred Heart. That state of being, that state of consciousness, where you are complete and whole unto yourself, very balanced in the Element of Love, having qualities that you express in your creations, very balanced in that masculine and feminine energy.

Recognize that Holy Crucible that you created a few weeks back, this alchemical Crucible that provides the vessel of transformation. See the flame burn brightly in this Crucible. Recognize the Presence of the Holy Spirit, the full expression of Source in a way that is acceptable in the physical realm, whole and complete, the Image of Source, so that you can relate to it within your body. And there is a Knowing that comes from that Presence of the Holy Spirit, a Knowing of Self from the vastness of your Being as a SoulSpirit.

Sit here for a few moments and take in that energy of wholeness and completeness, being One with the Holy Spirit, being balanced, complete..... [Pause]

Notice how your awareness reaches a state in regards to the vastness of who you are, beyond any expectations that are related to the body, being present in the body but very conscious of your vast Collective nature.....

Accept your Holiness..... [Pause]

In this unified state, take a portion of your awareness and direct it into this call.

JOHN: [12:55]

Thank you, Gabriel, for sharing your wonderful energy with us this evening, and we are so thankful to you for sharing all the information that you did this evening, so that we can better understand you and the messages that you bring. Thank you!

Now, let's start off our 4th session by reviewing the highlights of our first three. Number 1, we went over some important history of the Earth that demonstrated how the split between the feminine and masculine happened. We also talked about how to set up a crucible in your Sacred Heart to hold this new Love and Compassion for yourself.

Number 2, you were exposed to how we currently use the fallen feminine-masculine template and how to change your approach.

Number 3, in this session we discussed the attributes and qualities of the feminine and masculine. We were then given the homework assignment to take one of the other attributes and make them a quality of yours. I hope it was a very interesting experience.

It is important that we work with merging the attributes of the masculine and feminine in creating a merged list of Divine Qualities. Recognize that you are not replacing any of the attributes by Divine Qualities, but you're creating a more coherent expression of yourself by using and blending your attributes, both masculine and feminine, to create your life experience as a Divine creator. Remember, your Divine Qualities are not gender specific.

You are now seeing yourself as a more complete creator who creates through the Divine Imaging of your Source. You are now creating from your SoulSpirit Wisdom. You are replacing division and separation that is shown through the gender of the body and all of the programming that you received related to your gender as the Divine Feminine and Masculine work together as a unit.

Through the Presence of the Holy Spirit, you clearly see yourself in the perfected Image of Prime Creator. The Wisdom of your SoulSpirit is available to you in the body, because your consciousness and the consciousness of the body has been altered. You have created the energetic environment for a unified expression of your Divinity. You now begin to create and model this Unity.

This is important for you to recognize. It is a big step in creating even more coherence as you express yourself as a Divine creator Being who is using a physical body.

Now how do all of these changes relate to one of the most important aspects of you – your mental-emotional body? Well, your ability to use your mental-emotional body in a unified expression is a key component in manifesting your Unity with the All That Is, as you create consciously. Remember your thoughts coupled with your emotions create a manifestation in form. When you use a strong feminine quality, such as openness and receptiveness, thoughts are fluid, not rigid. Your Divine Feminine Qualities see multiple opportunities from which to create.

Now when the Divine Masculine is also present, you are able to be decisive and assertive, as you proceed with confidence to direct your creative energies. And when you only use a masculine attribute, you most often enter the arena of the rational mind and separate and categorize your thoughts so that they always relate to the physical experience.

When a Divine Feminine Quality is also present, you are not dependant on physical reference points but can draw from the Wisdom of your Soul. You can allow your thoughts to be more fluid and know that some originate from your inner knowledge. The emotions are equally as valuable as your thoughts and must be allowed and recognized. As your consciousness evolves, there is less and less space between your thoughts and your emotions. They too must operate as a unit.

Now through the equal Presence of Divine Feminine and Masculine Qualities, the emotions are used appropriately, and there is no reaction, but clearly focused choice. The feminine stays present so that the emotion is used appropriately as the masculine directs them precisely, in full alignment with the thought that is being thought. When you deny your emotions, you open yourself to reaction at an unconscious level.

How many times have you gotten extremely angry at someone for something trivial? And when you examined your reaction, you realized that there was a deeper reason why you were feeling this much anger. Overuse of a reactive emotion is often caused by repression of the emotion, because of the fear of being unable to express your emotion precisely and powerfully. This is where you use your masculine energy to direct your emotions.

But if you notice that you are overly aggressive, you know what to do. Could it be that you were uncertain that you could be assertive and hold your position? What is missing in this instance is the presence of the masculine qualities' influence. You may also at times resort to being passively aggressive, because you couldn't trust yourself to be openly assertive. So you created an atmosphere of negativity that was dense and very uncomfortable and put everyone on alert.

The feminine part of you creates emotion through your intuitiveness, your Love, and your creativity. Also, she is present to nurture the creation. The masculine receives the emotion from the feminine and then directs the use of the emotion with precision and appropriateness of when and how that emotion is to be used. There is no reaction there, but clearly focused choice.

At the fall of consciousness, the mental-emotional body was split and fragmented. Thoughts were separate from emotions. Because the thoughts and emotions were not used in a unified and coherent way, you created a reaction of fear and survival. This is how you express yourself in a 3rd and 4th dimensional arena.

Many of you have been working for a long time to restore Unity within the mental-emotional body. You have become more conscious of what you are thinking and what emotions you are feeling. You now create with more conscious choice. You have replaced many thoughts and emotional patterns with new patterns that better exemplify who you are. All of you have contributed to a vaster state of consciousness that is present and usable. You have worked with the clearing Rays of Creation in creating geometries to hold new patterns of thought and emotions. You have developed clear awareness of your thoughts and emotions.

The seating of the Divine Masculine-Feminine template is another step in unifying humanity's energetic system. You are the physical vehicle that will receive and use this template. You will model it to others. This particular template is not about eliminating any part of you but in unifying your attributes and qualities, so that you as Christed vehicle in the world of form. Can you see that you are not your gendered body but can empower yourself by using both your masculine and feminine qualities in a fuller expression of yourself?

Now, let's a deep breath and help Joan bring forth our amazing Triad. Now once they are finished, they will be opening everything up to ask questions and make comments. Please remember to make them short and concise and not personal, so that all of our group can be involved. This will also allow our Friends to expand tonight's topics.

ANNA [through Joan]: [21:57]

Greetings, it is I, Anna. I come as part of that magnificent Feminine Triad that many of you are familiar with, that is exemplified by myself, Mother Mary, and Mary Magdalene.

Understand, in this Triadic configuration, we too are a part of the same Collective Consciousness from which you emanate. And we too are whole and complete, having both masculine and feminine qualities. We have chosen to present ourselves in this particular Triad so that humanity could begin to receive the seeds of their vaster expression of a Collective Consciousness. We chose to come as a feminine Triad because this was what was needed early on, a few years ago, and it was misunderstood as a seating of the Divine Feminine. Understand, Dear Ones, the seating of the Divine Feminine, of which we are very representative, does not come alone and of itself. It comes with the Divine Masculine. It comes in Unity with that Divine Masculine. But it comes first as the Feminine – to open the Sacred Heart to the Presence of the Holy Spirit, so that Knowing of Self as Divine can be more intricately absorbed into your energetic body.

So, as we come to converse with you this evening, we come in that Feminine configuration, but we bring with us that Divine Masculine. Humanity's perception has been built in separation. Thus the physical body is the template in a physical world from which that separation and division is played out in multiples of ways. This evening we are just talking about one specific way – the masculine and the feminine. And that expression was built upon a 3rd dimensional body, the vehicle that was separate, having no divine attributes, but separated attributes of masculine and feminine. And the programming that allowed this separation was extensive.

Time and time again individuals were taught, "You are a male, and as a male, you must think this way: You must step back from your emotions, hold them at bay, lest you have no strength and you cannot be aggressive enough." The female body, through social programming, "You are a woman or you are a girl. You must think this way: You must be subservient. But in reality, you must be open and receptive. And you must feel deeply and use your emotions powerfully. You must not be aggressive, you must not be assertive, but you must be quiet and reserved."

So this was all designed to allow this game of separation of 3rd and 4th dimension.

And the mental-emotional body responded in the same way. You weren't conscious always of what you were thinking, and there was a lag time between your thoughts and your feelings. So it was difficult to connect a feeling and a thought. And, as you know, thoughts coupled with an emotion create your reality in a body, in a world of form.

So, all of this is changing. And the Presence in your Sacred Heart of the Holy Spirit is key to this change, because it offers you an opportunity to know yourself as Divine, through the energetics of that very balanced configuration of Source.

Now let us go into that mental-emotional body a little deeper and understand that it is in this unification of the masculine and feminine that a further unification within this particular body takes place. This body..... this masculine and feminine attributes and Unity begins to take place first in the mental body, in that it is about the thoughts that you think and how you relate to the concept of a God, not from a masculine deity but from a very balanced perspective. And it becomes easier for you to understand and to know yourself as that Divine Being created in the Image of Source, because you have brought a Unity Consciousness through your thoughts and beliefs about who Source is, what That is, in a much broader perspective. So there is unification beginning to take place in your thoughts and beliefs. And you are altering those thoughts and beliefs, not only about yourself but about Source, Prime Creator.

Then we go into the emotions and feel the emotion as it relates to Source, in that balanced thought perspective, not seeing it as a masculine deity or a feminine deity, but seeing it in its united form, using that complete balanced energy, creative energy, in form. Feel the emotion of that concept, that thought. Notice how different that emotion is. There is a harmony and a peacefulness in this emotional state, an openness, a willingness to receive. Whereas, if there was a masculine deity or a feminine deity, either one – makes no difference, there would be a dominance in that perspective. And therefore, in that dominance, there would not be assertiveness, but there would be more of an aggressiveness, and possibly a fear connected with that in the emotions, because you view it as a force much greater than yourself rather than you being in the Image of that Source, in Unity.

So when the masculine and feminine, through the Presence of the Holy Spirit, is unified in its expression, in its wholeness, the thoughts that you think about Prime Creator are different. The beliefs that you hold about that are altered. Therefore, the emotion that you feel is one of harmony, peace, Love that is very extensive. And there is an openness and a receptiveness that was not there before, because you were guarded and unsure.

This is a very important state of consciousness that we are developing with you.

So sit with us one minute longer in that mental-emotional body, absorbing and receiving that balanced energy of Source – in your thoughts – and recognizing how those thoughts are attached and merged with the emotion of completeness, wholeness, peacefulness..... [Pause]

Now, from that individual perspective, I will step aside and allow Mother Mary to come forward, as the Mother.

MOTHER MARY [through Joan] [34:15]

Beloveds, it is I, Mother Mary.

I come as a representative of the Mother, but I do not come alone. I come with the Divine Father Image, to show you more of your completeness and wholeness as the Mother. We guide, we nurture our creation, we Love our creation, and we allow it to grow and blossom. But in that Divine expression of the Mother Image, there is also the Father Image, not the patriarch, but the Father, who also Loves, but guides with assertiveness and directness, holds the space for the feminine and the masculine to be expressed in the creation, fully and completely.

Now in the mental body, the mental – the thought, as you recognize this and become aware of it, the thoughts related to nurturing of creation become expanded to include both feminine and masculine, and the emotion that is connected with it is one of completeness, but yet knowing, assertive, certain, but yet caring. Love does not become segregated but becomes unified in the Presence of the Mother and Father for the creation. For the Mother is responsible for emanating the creation, but the Father seeds it through the thoughts, the Mother bringing it to fruition and manifestation through her emotion.

FEEL this state of consciousness in its completeness and notice how the Element of Love is present in this merged Mother-Father expression of Creator, far different than the Image of Creator that is dominant and forceful. It is nurturing; it is receptive, unlimited in its expression. The thoughts have value, as do the emotions.

Now, I too will step aside for Mary Magdalene to come forth and talk about the maiden.

MARY MAGDALENE [through Joan] [38:16]

It is I, Mary Magdalene.

I come in only one expression of myself as the maiden, but I do not come in this sole expression. I come with the masculine counterpart. Now the maiden has always been seen as feminine, as a virgin. What about the masculine counterpart of that innocence – the influence of innocence and purity? In the English language, you do not have a counterpart for maiden. So let us immediately alter this and use the term “virgin.” And I will explain that terminology.

First of all, recognize in the last several years of your time frame it has been acknowledged that those virginal qualities are not just feminine qualities, but they are also masculine. There are male virgins. And the purity doesn't relate to the fact of not having sexual experience, but it relates to the purity of thought and emotion that is uncontaminated by the fallen, separated state of the body, or of the 3rd and 4th dimensional template, energetic template. It is the purity of that Christed energy that has not been contaminated by the negativity of fear and separation. It is not worldly enough to have absorbed that type of contamination. So it is more pure Essence of your Divinity.

And in recognizing that open receptacle of the maiden or the virgin, this is your entry into the reclamation of your Christed body in the world of form, because you reclaim your innocence and your purity as a Christed Being. And your mental-emotional body supports that in the thoughts that you think, because you choose wisely, you choose effectively in the thoughts that you think. And immediately the emotion floods your emotions with Love, openness, not concerned about the world, not concerned about being dominant or being less than, but just pure Christed energy that is very balanced in itself.

So in this term, “the virgin,” it is the original state of humanity from that 12th dimensional perspective from which it was created as that Christed Being, as the Image of the Christ, that is perfectly balanced and is in Unity with the Imaging of its Source, of Prime Creator.

All three states are beginning to operate within you through the configuration of that Star Tetrahedron that you seated within this Collective Consciousness in the last meeting. It is the energetic configuration of a nonphysical expression that brings that nonphysical expression of your SoulSpirit into form through your mental-emotional body.

These are very important concepts, but more importantly than just the concepts is the energetics of it that are held and applied in your body, in your state of form, through the mental-emotional body. So you can see how valuable the thoughts that you think are in creating your reality as a Christed Being, the importance of what you are choosing to feel about yourself as you relate to your Source and the Image of that Source, so that you do not react unconsciously. You hold that very stably in your body. And your reference points do not come from the gender of your body, because you know, through the Presence of the Holy Spirit, that you contain both states, both masculine and feminine, within yourself, as a unit. And it is exemplified through the mental-emotional body that brings forth a greater Unity in your ability to create from this state of consciousness.

The focus this evening is not on this Feminine Triad – it is so much more than that. The Triad of the Feminine that we exemplify is just the vehicle to bring forth the Divine Masculine that has been so contaminated in the world of form. And as we bring it forth with us, in complete unison in its expression, and we help you to create that expression in your mental-emotional body, so that you are clear, concise, confident, but yet open and receptive with your thoughts and your emotions.

This is a huge step you take with us, Beloveds!

Reclaim your innocence of the Divine Creator, as a Christed Being.....

In that innocence, you can never be less than, separate from. There is only purity and wholeness.

And the gender of the body – it's not that it's irrelevant, but the consciousness sees the gender of the body does not separate the masculine or the feminine, but within each body type, there is Unity between masculine and feminine expression. And so the vehicle, then, has the opportunity to shift its consciousness. And you begin to change the physicality at a cellular level.

We would like to take this opportunity to offer you now a coming together of our consciousness in this Collective energy, not separate from but part of. And as we answer your questions and listen to your comments, we make those responses through the Collective energy of Mother Mary, myself, Anna as the Matriarch, but also the Patriarch, also the Father Image, and also the Image of the virgin, both masculine and feminine.

So please now, converse with us.

Q&A WITH THE DIVINE FEMININE-MASCULINE TRIAD:

[Questions may be summarized rather than word for word. Names, thank you's, blessings, etc., may be omitted. Otherwise, the words of the Divine Triad are word for word what they spoke.]

Question 1: [48:33]

Yes, Hello to the balanced Feminine-Masculine Triad, and Thank You!

As we move into 5th dimensional and higher consciousness, does it remain useful to continue to label the Qualities as either masculine or feminine, based on cultural conditioning? Or would it be more useful to just work on reclaiming balanced Divine Qualities?

And a related question – how high up into the dimensions of consciousness is there a polarity? Is that a basic condition of creation in the worlds of form?

Answer:

Very good questions.

First of all, at this stage, it still has value to see the Qualities merging. So as you use them, see how they have been segregated between masculine and feminine, and see how they come together in the creative process. It just reinforces and stabilizes those energetics in the body. And the body needs that at this juncture.

You ask how high up this polarization goes. It goes all the way through 8th dimension. So you still have some polarization, not necessarily between masculine-feminine in the 6th and 7th dimensions, but in concepts relating to the physical and the nonphysical expressions of yourself. So there still is a little division there, but very little in comparison to 3rd or 4th dimension. 5th dimension is where that balance and that Unity begins to take place. So, as you enter 6th, that division becomes less, 7th much less.

Question cont'd: OK, we have been taught that electricity and magnetism are in a sense a polarity. So are they confined to just the 5th dimension and lower?

Answer: Correct! Because that electro-magnetic field is shifting, as you know, and changing, and the electrical components then begin to relate to the Higher Mind, Universal Mind, and the Mind of Source. And the magnetics, then, relate to the magnetics of the 10th Ray of Creation, which not repel, opposites attract, but it's like attracts like. So that electro-magnetic field: the magnetics are shifted to correlate with the state of Unity, as are the electrical components, because they then come into full alignment with the Mind of Source.

Question cont'd: Thank you. And when we are taught that the Holy Spirit reflects the Image of Creator and therefore, in our terminology, has both masculine and feminine Qualities, is that just to speak to us at our current level of understanding?

Answer: That's correct, because the Sacred Heart holds that; it's the container for it – the Crucible for the Holy Spirit. However, as the consciousness shifts, so does the level and Presence of the Holy Spirit. Understand that when we first came to you in that Triadic configuration back in 2010, the very beginning of that Triadic expression, we came only as the Feminine, because that's all you could receive. So these are step-by-step states of awareness that you acquire. And as they are expanded, then some of those concepts drop away, because a bigger dimension begins to be seen.

Question cont'd: Thank you very much! That offered a lot of clarification.

Question 2: [52:23]

Can you explain a little bit about this step-by-step progression for us with the understanding of the masculine-feminine, our first bringing masculine and feminine in from the grids, incorporating it into the Star Tetrahedron, first of all outside ourself and now within our Sacred Heart. Why did we do this?

Answer: You had to do it step by step, because your consciousness could not accept it in that vaster perspective. We had to open it very gradually. And so we had to give you concepts that you could relate to in your separateness. So this is why we very gently showed you, opened possibilities of how mother-father came together, how the masculine, what the masculine looked like as you operated in a very masculine way, or a very feminine way. We had to show you very gently according to what your reference points were in your consciousness.

So that it's not that you have to discard any of that.
You just expand it to include more.

Question cont'd: You are saying that my consciousness is expanding. What about the energetics? So there is the concept of fear? Are these two different things?

Answer: No, the energetics go with the state of consciousness. So in the next two sessions, we will be addressing more of that energetic template of the Star Tetrahedron and how that holds this state of consciousness. So just take these steps with us, step by step, allowing the consciousness to flower. You know when a flower opens in the spring how it takes days for it to come to its fullness. It's the same here with your consciousness. Be gentle.

And the energetics are what creates the consciousness.

Question 3: [56:27]

How does the masculine and feminine relate to the physical body and how we've enculturated assigning women being feminine, men being masculine, women having the womb and ovary and the egg, and the man the sperm that comes together to make the child. And I'm wondering if we expand our consciousness and the physical body becomes the Light Body, if there's really any need to have a male and female body, or even children. I'm wondering how this all relates to the differences in the physical body and where we're heading as far as expanding our consciousness in higher dimensions.

Answer: Well, the body will change, but it will not change in a lifetime. It took thousands of years in the decline of the consciousness to create a very separated body. So that will change, but it will change very slowly. The consciousness, however, will change first, because it is the consciousness that then creates the body to hold it.

So, you will integrate a Light Body into the body, and you will operate from that conscious perspective, but will it be reflected in this generation of bodies, or the next? Unlikely..... Eventually it will, because you then begin to work with the Elemental kingdom that alters the Earth, the density of the Earth. And as the collective consciousness of humanity alters its consciousness, it then helps to change the physical body's expression.

So it's a slow, slow process.

But be enthusiastic, because the consciousness, as it is reflected from the vastness of your Being, your SoulSpirit, is escalating exponentially, at a very quick rate.

Question cont'd: Many generations from now, would there even be children, because once we have a Light Body, which we could have eternally if we wanted it, I didn't see any need to have children. But that's my reflection on things.

Answer: Yes, it is, from this state of consciousness. We thank you very much for being open and receptive and for asking your question.

Question 4: [60:04]

I'd like to follow up with the question about the Elementals. I'm curious about how the polarity relates to their creation, and also, about whether there is a polarity between humans and Elementals in co-creative partnership to manifest things here on Earth now?

Answer: Most definitely there is a polarity in the Elemental Kingdom.

Question cont'd: Among each of the Elemental types?

Answer: Correct! The only Element that is not contaminated by polarity is the Element of Love. But the Elemental Kingdom, understand, is a very simplified expression, creative expression, and they receive their consciousness from the consciousness of humanity. Humanity are the creators of the consciousness. And the Elemental Kingdom only responds, verifies, and creates the receptacle at a physical level. That is why it is so important to have this unification established between humans and the Elementals, so that the human can reflect the Christed Imaging to the Elementals, and they then create that reflection back to the humans, so they can expand the consciousness and eliminate the polarities, so that eventually the polarities do not exist in the human consciousness nor in the Elemental consciousness.

Question cont'd: So then would it be best for us to mainly focus on the Element of Love rather than working with individual four elements in co-creating harmony in the Earth plane?

Answer: No, I'm not saying that. You can work with the individual elements with intention and purpose of application, because it helps in the energetics, the power of the energy in the creation, because the energies in form are composed of the elements, just as your body is.

Question cont'd: I see the Star Tetrahedron in its iridescent White Light form being..... I just feel like radiating that to each of the Elementals and then seeing what kind of co-creation comes from that.

Answer: Yes, but you can direct it also, using the creative power that you possess.

Question cont'd: So in terms of this physical alchemy, that's right at our fingertips?

Answer: Yes, and just as you direct the emotions, you direct the elements and the way in which the elements are used to create a physical expression.

Question cont'd: Can that further be used to affect social outcomes and changing norms to be more harmonious among humanity.

Answer: Of course, because you are a part of the human consciousness.

Question cont'd: And by extension, then, the Elementals are a part of our Collective as well.

Answer: That is correct!

Question 5: [64:20]

I have a question about that iridescent White Light Star Tetrahedron in my Sacred Heart and the energetic structure there. When I look at that and it's spinning very fast, I kind of see like a toroidal field around it, and I was wondering if through its spinning motion that that's how the Crucible in the Sacred Heart gets created or maintained.

Answer: Correct, you are absolutely correct!

Question cont'd: We've heard before about how the Holy Spirit is balanced masculine and feminine, but at our level of consciousness, we see it more as of the Divine Feminine aspect. And I'm wondering with the El Shaddai – that comes across as having a masculine tone to it. Would you say that that's also in its Essence is a balance of Divine Masculine and Feminine, but that that aspect of Creator chooses to express itself in what we would call a masculine way for its particular function in the universe? I don't know if I'm being clear.

Answer: Yes, you are.

To some extent, but that is not the totality. As you viewed at a certain state of consciousness, you began first of all, hundreds of years ago the Holy Spirit was representative, represented as a masculine Image of God. And it is only in recent years that that has shifted in the consciousness to see that the Divine Feminine is also a part of that. So when that was recognized in the consciousness, then only that was seen. But now, that feminine also brought in a more Divine clarity of the masculine, where it was seen as a dominant father-patriarchal figure that was very aggressive. So when you could see the Feminine aspect of Source that was loving and open, receptive, calm, but yet assertive and powerful, then you could begin to shift the consciousness to the Divine aspect of the Masculine, to where that power and assertiveness was there, but it was tempered by the Presence of the Divine Feminine. And it operated..... then you could see how, you are beginning to see how it operates in a unified expression in the world of form.

Question 6: [67:43]

I was wondering if you could provide like an example or an exercise to actually be able to experience the balance in order to know that balance of masculine and feminine.

Answer: When Mother Mary, that part of our Triad, Mother Mary came forth, she put you in that meditative state where you began to think of Source from different reference points. And if you will listen to this recording and put yourself in that space and recognize the emotion that is merged with that thought in relation to Source, in its Masculine-Feminine Unity, and the thoughts that are thought in regards to who Source is and how that relates to you and your Image and what the feeling is.

This is the primary in this session, is to get in touch in your mental-emotional body, which is the vehicle for your creation, creating form in form, and that alteration in the consciousness where you recognize the thought is changing, how it is changed, and the feeling that you are feeling in relationship to that. That's how that consciousness gets seated in your physical body.

So when you began to see the Sacred Heart differently, from not just from that feminine perspective but from the Divine Masculine in a merged state, your consciousness or your thought about Prime Creator is different, is altered. And therefore the emotion that you feel is more harmonious and peaceful, because it doesn't have the edge of an aggressive power or a very recessive positioning. There is power, there is Love, but it is not intimidating. It is peaceful, harmonious, loving, and most importantly – unified. So your thought and your emotion in that regard is unified.

And this is a huge step that you take in this Unity Consciousness, because you are beginning to see Source from a much different state of consciousness. And the emotion that you feel in that regard has no energy of separation or fear or dominance over; it is just this vast harmonious expression. And you recognize your Image: you, as that Image, are also That. And the harmony that you feel and the Love that you feel is extensive.

And then it is more palatable for you to Love yourself, to value who you are, and to cherish yourself – cherish you as the Image of Source. This is where you will find that state of consciousness in your mental-emotional body, because that's what relates to your body, to form. Do you see?

.....

THE TRIAD SPEAKING AFTER THE Q&A SESSION: [72:18]

Before we leave this vehicle of expression, the expression through this Beloved vehicle, we wish to invite you to rest in this state of consciousness and to examine this state of consciousness, not through your rational mind, but through your Sacred Heart. This is a state of being -- it's not a location, it's a state of consciousness.

And as you examine it from that state of consciousness, then bring it into that mental-emotional body. And be aware of your thought and your emotion, most importantly, that emotion, because that's what manifests it in your reality.

So these four sessions that we have just completed with you are very important sessions, especially this one, because you are changing a consciousness in your body, in your mental-emotional body, which is a vehicle for your manifesting this reality in your body. So because it is such an important state of developing your consciousness from the vastness of your Being, from the vastness of your SoulSpirit, we ask you to rest in this consciousness -- explore it. Don't qualify it, don't categorize it, but allow the extensiveness of it. Feel it in your body, through your mental-emotional body.

So we are giving you an opportunity here to embody this state of consciousness. So we are asking that you be gentle, kind, and loving with yourself. Cherish yourself as Divine.

We will not meet next week to give you this opportunity to move very slowly, gently, and absorb at a very extensive level. So when we gather together in this vast Collective Consciousness that we have created, in a beautiful, coherent receptacle of the Sacred Heart, we will gather and explore more the tetrahedron and the energetic configuration of this consciousness. So we look forward to our next communication in two weeks time, of your time.

But oh Beloved, we do not ever, ever separate ourselves from you. We have built this beautiful Collective with you that is very coherent and it can never be separate again.

Thank you for participating with us and creating with us.
Blessings!

JOHN: [76:44]

Thank you all for blessing us with your Presence this evening. Your energy is awesome and loving, and we are so thankful.

CLOSING PRAYER: [Twyla]

In the infinity of Life where I am, all is perfect, whole, and complete.

I recognize my body as a good friend.

Each cell in my body has Divine Intelligence.

I listen to what it tells me and know that its advice is valid.

I am always safe and Divinely guided and protected.

I choose to be healthy and free.

All is well in my world.

So Be It and So It Is!

JOHN: Thank you, that was wonderful!

JOAN: Perfect!

JOHN: Again in closing, thank you all again for joining us this evening. And in honoring our Triad's request, we will have a week of rest and integration next week. And we will look forward to being with you again in two weeks on June the 10th, same time, same place.....

Have a great evening, all, and Blessings!

JOAN: Thank you all. Good night!