

JOHN:

Welcome back! Thanks, you all, for joining us this evening. We're very pleased to have you all.

JOAN:

And I say my hello; this is Joan. Good to have everyone with us again. I think these are very auspicious times and the energies that we are creating together are magnificent.

JOHN:

You know what continues to blow us away is the emphasis that our Friends are putting into this project and the importance that they have put on the energy of this group and what it means to humanity. So, pat yourself on the back, will you please!

Now the process for tonight's session is going to be a little different than the previous four, so we ask you to please listen closely to the instructions, OK?

Now to get started, let's all take a deep breath and help Joan bring forth Archangel Gabriel to lead us in our centering meditation.

ARCHANGEL GABRIEL CENTERING MEDIATION, THROUGH JOAN:

Greetings, Beloveds, it is I, Gabriel!

I come to be with you, as do many of the Archangelic Realm, for we stand with you, support you in what you are creating at this time in your bodies and in your consciousness.

So if you will take a deep breath, and as you exhale, begin to relax, get very centered.....

Now focus your attention in your Heart Center, in your Sacred Heart, and begin to see that beautiful luminescent Star Tetrahedron that is holding this magnificent template of the Sacred Divine Masculine and Feminine Template, in Unity, as it is held in the energetics that can be received into the physical realm.

This beautiful Tetrahedron is filled with that Undifferentiated Light and Love. But in this particular configuration, it has another aspect, not just the Divine Masculine and Feminine component, but it brings an equilibrium into the world of form that is so separated and polarized. It also brings a form of Unity that is so important in these times as we raise a planetary system from 3rd/4th dimensions into a multidimensional state.

So see this luminous Star Tetrahedron and the Radiant Light that is present within it, pure white luminous Light.....

Now place you, your consciousness, your physicality in the center of this Star Tetrahedron, so that you can absorb these energetics fully and completely.....

Recognize that you are part of this Tetrahedron, for it represents who you are in that multidimensional state of consciousness, and it holds the energies of Unity, Equilibrium, and that Divine Masculine-Feminine template. And it allows you to resonate it throughout your physicality, throughout your physical body. These energies are very potent, and as you absorb them, they are magnified for all humanity to use and receive.....

As you place your attention into this Tetrahedron, into your Presence within it, it not only surrounds you, Beloveds, but it penetrates you at every level of your Being. It is within you.....

Feel the Unity that is occurring within your consciousness and within your body – the consciousness of your body: very balanced and very precise.

[Pause]

Now remain in this state of consciousness. Remain in this Star Tetrahedron, as you direct a portion of your consciousness back into the group, back into this gathering.

JOHN:

Thank you, Gabriel, for sharing your wonderful energy with us this evening. We are always grateful to have you in our Presence and feel very, very blessed.

Thank you!

[9:09] Now let's get started on Session #5, with a little different approach though tonight from our Friends. Jeshua and Master Kuthumi in a combined person are interested in hearing what each of us is feeling and experiencing after the first four sessions. So, they would like these comments for you to make if you feel you can share these. You know, you're in a safe place here. And so, we'd like to have you join us with this. And I'll go through the same process as we always do, with the *6 and the 1.

This should take probably about 30 minutes or so.

Now to start off with, Joan and I will let you in on what is happening in our lives, just to give you an idea about how this is affecting us. I get to go first [chuckle].

JOHN: Years ago, it's funny how things come across your presence and your knowing, and I somehow acquired a amethyst crystal, star tetrahedron, years ago, and it was just sort of laying on my dresser. And then a couple of years ago, it just seemed to be glowing and getting nearer and nearer to me and kept asking me to pick it up, which of course I did. And after the last four weeks, I actually physically take it into my hand, and as I'm meditating, I can literally physically feel it coming up my arms and into my Sacred Heart. It's just something that I use. It doesn't mean that everybody needs to do that, because everybody has a different process. But I just wanted to explain mine. And actually sometimes my chest actually hurts, and I know it's there and I can feel it, and this has been a real wonderful feeling and a real awakening. Joan – how have you been feeling? [Laughter]

JOAN: All over the board!

I find that I go from not sleeping well to requiring more sleep, so I know there's a lot of activity going on in absorbing energies within my body.

The one thing that I have noticed as I've contemplated the last few days is how my consciousness is being expanded in the way that I think about Source, Prime Creator, in that more balanced perspective. And this division of Prime Creator being above me or outside of me is kind of making a transition to where I have had fleeting awarenesses that that is so much a part of me that I don't fully understand yet. But this is what's been occurring in this last week. We had that week off, so I made it a point to really work with the energies of that Star Tetrahedron in my meditation. And so then as I have sat quietly and kind of reflected on how things are shifting within me, these are the two things that I came up with.

So I just, you know, John and I just wanted to share that with you so that you understand that we're so much a part of this Collective of all of you that has gathered now. So, we have experiences, too, even though sometimes, you know, people like to think of us as teachers or channels or whatever, all of this, even though it comes through us because we're used as a vehicle, because we have a certain skill set that we use and we share, but we are also being taught. We are also being expanded, just as you are. So this is as much for us as it is for you. We're just the vehicle for that to be transmitted.

John: OK, so what we're going to do is, we'd like you take a nice deep breath and assist Joan in bringing forth Jeshua and Master Kuthumi, and basically, they're going to facilitate the rest of the evening.

So, if you would please, take a deep breath.....

[14:30] CONVERSATION WITH JESHUA AND MASTER KUTHUMI, THROUGH JOAN:

Greetings, it is I, Jeshua and Master Kuthumi. [John: Greetings!]

We come in a merged state as Master Teachers to guide you further in this seating of the Holiness of the Divine Masculine and Feminine. We come now in this session to not only give you concepts or ideas, teachings, but this session is more of a working session. It's a session where we begin to work with this Star Tetrahedron, the energetics of it, and help you in this absorption of these energetics.

So, before we get started with the energetic piece, we are very interested in getting your comments, your experience of what has been seated already, how you have experienced it in your life and in your consciousness. And we also want you to ask any questions that have come up in the last two weeks as you have examined this last session and the previous ones. So, in the next several minutes of your time, we would invite you to speak with us so that we can hear your experience and others in the group can hear your experience, and also to ask any questions that are relevant to this process that has been going on in the last several weeks of your time.

So please, engage with us in a conversation. We know that some of you might be reluctant to voice and others are finding difficulty in the language, in voicing what is happening within, because the languaging in these regards, when you're talking about this level of Divinity, sometimes languaging is very, very limiting.

[17:30] John: You're on with Jeshua and Master Kuthumi

(1) Yes, Greetings, this is Jackie. How I've been experiencing my last months is that I find myself wanting to be more at peace within myself. So I tend to be more alone and wanting to stay centered and less reactive. But there is one thing, or two things that have been occurring, is my bones are hurting, my hips are hurting. I have a difficulty climbing stairs, and this body never hurt before. So now I have a pain in my hips.

And then the second issue is that I have a tendency to, if I sit somewhere quietly, I just leave my body. And sometimes that's dangerous when I'm driving a car, because I have a tendency to slip out of my body. So I try to anchor myself a bit more. So I just want to share that. I'm sure that some of the other girls are feeling pain somewhere also. So I'd like to see what you have to say. So Thank You for this evening!

Jeshua/Master Kuthumi merged:

You are very welcome!

These are very good points and this, as you all know, many of you call them Ascension symptoms. And of course the skeletal system of the body is the most dense part of you. So, when you are having discomfort in this way, regardless of whether it's the bones, the hips, the joints, or other parts of your body, it's in that when you get such an influx of energy into the physicality, it's very difficult for the body to receive that level. And what happens is it pushes out all of the anomalies that are stored within the bones or the various organs of the body. They are being pushed out by the Light and often there is discomfort.

So, it's not so much about trying to get rid of the discomfort, but it is reflecting on that these anomalies or these patterns are leaving your physicality so that the physicality, the vibration of that, can be upgraded and uplifted to a more refined state that is more resonant with your consciousness and the consciousness that is being brought into the physical realm. You are the vehicle for that entry into the physical.

So there is a descension, a bigger descension of your Spirit that is trying to enter into the physical world, that is occurring at this time. And it has to push out all of those patterns that are not in alignment with that multidimensional state.

So here is where we encourage you to nurture yourself. Don't push it away; don't focus on it; but allow it. And know that it is a transitory state, that this too will pass when these energies are seated a little more fully. So it is in those states of rest or in just taking care of yourself. Loving yourself is one of the most important things that you can do when these sort of discomforts surface in your physicality.

This is a huge step in consciousness that you all are taking – huge – to begin to see Source from a much larger perspective that you have not ever been able to see previously. The energetics of that alone are tremendous. So is it any reason, even though you haven't had those discomforts previously, that you might be experiencing them now, because of the vastness and the hugeness of the energetics that are being seated within your consciousness at this time.

So be gentle with yourself; nurture yourself; hold yourself in great Love, so that you, your body, will not be so rigid and will be more accepting of what you're asking it to receive.

The other thing about leaving the body – it is very important in these transitional times, because of the vastness of these energetic templates, that you use that grounding cord that you all know about. But instead of just sending it down into the Earth, send it down into that Christed Matrix, because, even though that Christed Matrix in the Earth isn't fully activated, there is a level of Christ Consciousness that is available. But by sending that grounding cord into the Earth and then into that Christed Matrix, it really assists the body to not push away these energies, so that you want to escape the body because it's not really compatible with your consciousness at this time, as you absorb these vast energies.

So, if everyone, whether you're experiencing this or not in your life at this moment, will use that grounding cord, it's a very important tool that many of you over the years have forgotten. And anytime that you are receiving the type of energies that you are receiving now, it is always a good idea to ground yourself into the Earth, so you can stay present in the body and assist the body in raising its vibration to a more refined level. And you also help the Earth and the Elementals, because you are reflecting a beautiful, expansive state of consciousness.

[25:09] John: You're on with Jeshua and Master Kuthumi

(2) Thank you, hello. [Hello] I would like to share my experience, the first part like the previous person, and is I feel that I want to sit down and meditate or be in the OverSoul or my Heart more often than before. The second part, sometimes during the day I don't know where I am, in the sense that I don't know what to do, I don't know where to go, I am here in the friend's house, I go back to my apartment. So I need to sit down again in the middle of the afternoon and I use my [?] everyday, the rose, and other type of roses, so physically I am very energized, I feel great. But this sensation of not being, not knowing where I am. I mean, maybe I'm leaving the body, not purposefully intending to. So it's like I don't know where I am physically, nor mentally, so I need to sit down. I just don't know what to do. So after I feel better but this

And the second question is about mother and father image – is it different than female and male energies? Thank you.

Jeshua/Master Kuthumi merged:

Let us address first this state of feeling, not knowing where you are. As I have said previously, these are huge energetics that are being drawn into your consciousness and in your body. I think that if you will use that grounding cord every day, it will help you. Also, when that occurs, you are very wise – you sit and you rest and you gather yourself, and it passes. So just know that this is one of the things that you are experiencing, and you have to allow for it and nurture your body. And just rest for a moment, knowing that it will pass. But the grounding cord will help you.

Secondly, in regards to your question – the Divine Mother and Father aspect is just an aspect of that Divine Feminine-Masculine. It is a way in which it's expressed. But it is not the totality of what that Divine Masculine-Feminine template is. It is just an aspect of it. It is the part where the creation begins.

[Thank you] You're welcome!

[28:20] John: You're on with Jeshua and Master Kuthumi

(3) This is not so much a question, just kind of where I'm at, which is, I've been studying the alchemy program for years and years. And I finally feel as though it's integrating. I mean, there's a relaxing into the absorption. There is more of that allowing and that freedom and that ease.

And the experience that's taking place and that balance of masculine and feminine doesn't even look like a masculine and feminine. It's just an awareness of who I am in every aspect, every activity, every..... you know. It's not thinking about it any more, it's actually being it. And so there's been like a crossing of a mastery. I like to think of it as a stepping into, out of the student and into the master, where I'm feeling it and I'm loving it and I'm appreciating it so, so much, and just wanted to share that with everybody. And yeah, there's little bits, and like those smudges on the mirror. You know, they're still there, but I'm so allowing that to just be what it is and it not mean anything. And really feeling that [laughter], like really feeling that, not just telling me I'm supposed to feel that way, but really feeling that way! So I want to thank you.

Jeshua/Master Kuthumi merged:

You are very welcome, Beloved. You are so exactly right. It is not so much about this masculine-feminine or the Divine aspect of the masculine and feminine. It is about the Unity of you and the awareness that you are a vast, vast Being of Light. And you are uniting all parts of your consciousness into the wholeness of who you are as a vast Being. So it no longer becomes about masculine or feminine, because you are providing a Unity through the exploration of the Divine aspects of the masculine and feminine that then operate as a unit. And there is no separation; it isn't gender related. It is whole and complete in itself and represents the vastness of who you are. So, your experience is exquisite. Thank you for sharing!

[Well thank you for being there to share it with!]

[31:34] John: You're on with Jeshua and Master Kuthumi

(4) Yes, I wanted to state that I do feel the energy, that it has really softened, I mean, very blended and intense. And some days I have mega energy and some other days I need to rest and that is what I do. And so I just wanted to say that.

Jeshua/Master Kuthumi merged:

Thank you. So you are stepping into the power, Beloved, the power – not dominance over or any form of separated power, but the power of a vast Divine Being. So this is what you're feeling in the hugeness of this energy. And good for you for taking time to nurture yourself and to love and appreciate yourself. Thank you for sharing! [Thank you]

[32:42] John: You're on with Jeshua and Master Kuthumi

(5) Yes, hello. [Hello] I'm experiencing much of what other people are speaking of. There's a sense of that, there is no more doing meditation or doing yoga or whatnot or even doing a creation with an intention, but rather a merging into a being about it. And I won't say a disregard, as you've just been speaking, but a falling away, just a sort of a very light falling away of any sense of considering masculine or feminine.

Jeshua/Master Kuthumi merged:

Yes, because the Unity is now being absorbed into the consciousness, and you realize that there is no separation between masculine or feminine, Divine Masculine-Divine Feminine. You, Source, you are all part, you are, everyone of you in this Collective, are starting to experience the vastness and the Unity of yourself.

(5 cont'd) So that brings me into a flowing state. Not.....there's no lost-ness about it; it's vast but it's anchored and present and allows me a feeling of intimacy with Source and Prime Creator. [Yes] Whereas I can recall from operating in a more 3rd and 4th dimensional programming and conditioning that we received with our bodies coming in of this vast chasm, you know, in the concept between personality and Source or Prime Creator. And now it has just merged and..... So the feelings are really of Beauty and Quietude and..... I have no words....

Jeshua/Master Kuthumi merged:

No.... Thank you for sharing.

[35:06] John: You're on with Jeshua and Master Kuthumi

(6) Hi, I just wanted to validate everyone that's speaking. I'm feeling very much the same energies and what Jeshua and Kuthumi are speaking of. It's a totally..... I've made a big change in my life and my Heart in that Sacred Heart space with this new Tetrahedron. And it's a place that to me, it's just, in the past I would have felt like I was, like something was wrong, because there's nothing happening. It's a place that feels like nothing. But yet it is so calm and peaceful and loving, and it feels like it needed nothing. [Yes!] And it feels just wonderful.

Jeshua/Master Kuthumi merged:

Do you feel the Joy? Do feel the Joy? Because finally you are free of all of the trappings of separation.....finally And you are free to experience that at a Spirit level -- while you are in the body.

Now does that mean that won't dabble from time to time in the collective consciousness of separation? Probably..... But if that occurs, don't judge yourself. Just take a deep breath and go back into the centeredness of the vastness of your Being. Call it forth. Thank you for sharing. I could feel your Joy. And we're very excited to hear your experience.

[37:05] **John: You're on with Jeshua and Master Kuthumi**

(7) Hello everyone, Greetings Jeshua and Kuthumi. Thank you so much everyone that put this on. This is Joe Jett. [Hi Joe] Hi. You know lately, especially the last couple of days in my morning meditations, I have felt such soft Peace coming in from above. And I can feel it starting out in the Heart and then spreading into the lower three chakras, into the solar plexus, really reconfiguring those chakras into such a softer space, the energy, you know, so that in the solar plexus, you know, we know that's like the power center, but you know, it's taking this Love and it's amplifying it and expanding it. And it's really an interesting feeling to feel the solar plexus pushing out a soft energy in a powerful way. And I've also been faced with a little bit of adversity and in being able to respond to that, you know, with compassion and not being drawn into the anger and things like that. And what a gift, just really really incredible! So, thank you!

Jeshua/Master Kuthumi merged:

You are very welcome. All of these things are very real. And as you experience the power of this Unity that is taking place within you, all parts are being unified through your mental-emotional body. And when you sit in that loving energy, you can feel that Unification taking place within you. And there is Joy and Peace. And yes, that Undifferentiated Light and Love is always a part of every part of creation. So when you are faced with adversity, that most often is based in this separation template which you know. You are very wise to just take a breath and withdraw inside of you and touch into that Sacred space, so that you aren't in reaction, and that you can hold that Love and that Unity always, and then respond appropriately. That is how this Divine Masculine-Feminine exhibits itself, not in separation but in that Unified Field of directing through compassion and Love and not reacting. Wonderful! Thank you for sharing.

Jeshua/Master Kuthumi merged, discussing the energetics of the Star Tetrahedron:

[40:19] Now before we continue in this session I want you to understand here, Beloveds, that you have taken a huge step, not just tonight, not just in the last session, but in all of these sessions. All of we Archangels, Lords of Light, as well as the Master Realm gather with you each and every time. And we assist you in not only absorbing the concepts that we are teaching but the energetics, so that they can be very easily but yet powerfully absorbed in the most expanded way that you can take in. So we appreciate the sharing that you have all participated in this evening.

And now we would like to have you focus your attention back into that Star Tetrahedron and the Sacred space of your Sacred Heart. For, as we have said previously, it is not a location. Your Sacred Heart is not a location; it is a state of consciousness. And the Star Tetrahedron, this White, luminous White, Star Tetrahedron is the geometric configuration of energy that can then be transmitted into the world of form. It is held in that Star Tetrahedron.

The Star Tetrahedron becomes a physical example or a physical energetic of a nonphysical event. And the nonphysical event of which we speak is that state of consciousness of Unity, where there is no division, where you begin to recognize that you are not your body and most specifically, you are not the gender of the body, but that you are a vast consciousness that is always in Unity with Source and that there is no separation. You begin to feel it in your body, because you have this Star Tetrahedron that holds that energy, those vast energies, that can be transmitted into the world of form, into all levels of your body: your physical body, your etheric body, your Causal Body, your OverSoul, and your Christed OverSoul -- all parts of you. It emanates through every part of you, throughout your Unified Field. Every energetic, every chakra in your body is resonating with the vibration of this vast energetic template.

So you have created a physical expression of a nonphysical event. And you are not only opening your consciousness to the vastness of your Being, but you are opening your consciousness as it relates to that Unity of who you are as that vast Being, in total expression with Prime Creator.

So we would like to work with you a little bit here, with the energies of that Star Tetrahedron. Archangel Gabriel began to seat that a little bit in this centering meditation.

Jeshua/Master Kuthumi merged, leading a meditation further seating the energetics of the Star Tetrahedron:

[45:05] So if you will take a deep breath and come with us now into the center of your Being, into the Sacred space of who you are.

And enter into that Star Tetrahedron.

See how it is composed, the energetics of which it is composed. You have the masculine influence. One of the Tetrahedrons represents the masculine, the Divine Masculine, not the separated, but the Divine Masculine. And then you have the other Tetrahedron of that Divine Feminine. Neither are dominant. They are unified and connected. And there is no separation in that Star Tetrahedron, even though they are composed of many different aspects of the Divine, of Prime Creator.

So as you center yourself in the middle of that, you can feel that Unity and the Power. And it no longer becomes any division of masculine or feminine, or Divine Masculine-Divine Feminine. It is the wholeness. It represents the wholeness of who you are as a vast Being of Light.

Allow that Energy to enter all parts of you at this moment, whether it be physical or nonphysical – every part of your Being is being infused with this vast consciousness of the Divine..... And you recognize that there is no separation, that you are whole and complete, and you are Divine, the Divine Expression who has taken on a body, not to express division or separation, but to fully express your Divinity.....

As you recognize this, you uplift and upgrade the body, its purpose, so that it begins to experience itself from the perspective of Unity, Love, and complete wholeness..... There is respect, value for all parts of you.....

It impregnates every part of your consciousness..... It replaces all thoughts of division. It replaces every thought that you think from your mental-emotional body with the Thought of Source, because you are merged in that state of consciousness. So every thought is thought from that level of consciousness..... The emotions begin to take on that Unity consciousness and they reflect your Divine Thought through Joy, Harmony, Ecstasy..... And there is a completeness that you feel as you embrace and absorb these magnificent, vast Energies.....

You have waited for this moment.....

Recognize this state of consciousness that you are holding at this moment.....

Return often to this Sacred space, so that you reinforce this template time and time again, so it can be fully absorbed into your body.

The body is still slow to absorb such vast energies. Be patient.....

Every time you visit this Sacred space, you reinforce this energetic template in your body.

You have absorbed it into your consciousness, Beloveds, and you recognize the vastness of who you are. You don't need us to tell you this. You have experienced it; you know it. And now truly, we come together in this gathering, Heart to Heart, Soul to Soul, Spirit to Spirit.....

For in Truth, there has never been any separation in any part of Creation.....

[Pause]

The luminous White Light begins to enter your body, and because of the Radiance and the Light, the Undifferentiated Light and Love that it contains, it will push out any anomaly, any fragmented pattern in your mental-emotional body that directly correlates with your physicality. And this process will continue, sometimes very subtly, sometimes more intensely, for the body is slow to respond and absorb.

But your consciousness, Beloved, is the Guiding Light. It guides and directs this luminous White Light into the physical realms, into the Earth, most importantly into the body. And it is through your Love, for yourself and for your body, that you very gently encourage it, nurture it. And it is through that Love that the body begins to relax and absorb this Radiance of your Spirit.

So you have descended; your Spirit has begun the descension into the realm of form, into your body, so that the body then can ascend. So there has to be a descension for there to be an Ascension. So it is through this Star Tetrahedron, of which you are a part. Your Spirit is the nonphysical expression that enters and descends into the body, because you have created an atmosphere and an energetic template to relax the body and open all the channels of the body to receive the descension of the vastness of your Being into form, transforming that form into Light.

This is important for you to recognize these energies at this moment. For many of you have worked with activation of the Light Body. The Light Body has to come into a resonance with the physical body, therefore ascending that physical body into a Light form. So it is more than merging your Light Body with your physical body. It's all about creating a receptacle that will hold your Light Body in form, so that it can ascend into those more refined realms of Creation.

And this Star Tetrahedron that holds that Unity and the vastness of your Being is the vehicle that provides that opening.....

Use it daily, gently. Open up that physical body so that as it relaxes and expands, it will receive the vastness of who you are in that Light Body, and there will be an Ascension of your physicality.....

Have no expectations here, Beloved – very important! Just allow, relax, expand. Do not put a time frame on it; have no expectations, but just allow.....

Sit in this glorious state of being.....

[Long Pause]

Now, take a deep breath..... Do not leave this state of being. Be very conscious of what you hold within you. And also be very conscious of your Presence in this gathering. For this is how you must navigate now, fully conscious of yourself as Spirit and fully conscious of yourself as Spirit in a body. This will take practice. It is much more than a meditative state; it is bringing consciousness into your daily life....

[Pause]

As we sit together in this vast state of conscious awareness, you in your body, let us close this gathering now, so that you might fully sit in these energies and begin to absorb and utilize them in their fullest expression.....

So as to accommodate this absorption, we will leave you there with us. And we look forward to our gathering in one week, so that we might discuss further your experience and your awareness, your conscious awareness of how that applies and is utilized in your daily life.

Blessings, Beloveds, Blessings!

[71:39]